

Introduction

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Hight-Weigh

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# Regression Analysis What and Why?

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#### Example: Hight-Weight chart

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What is Considered the Right Weight for My Height?

\*The table below has been updated to show both Metric and Imperial measurements i.e. Inches/Centimeters - Pounds/Kilograms.

Adults Weight to Height Ratio Chart		
Height	Female	Male
4' 6"	63/77 lb	63/77 lb
(137 cm)	(28.5/34.9 kg)	(28.5/34.9 kg)
4' 7"	68/83 lb	68/84 lb
(140 cm)	(30.8/37.6 kg)	(30.8/38.1 kg)
4' 8"	72/88 lb	74/90 lb
(142 cm)	(32.6/39.9 kg)	(33.5/40.8 kg)
4' 9"	77/94 lb	79/97 Ib
(145 cm)	(34.9/42.6 kg)	(35.8/43.9 kg)
4' 10"	81/99 lb	85/103 lb
(147 cm)	(36.4/44.9 kg)	(38.5/46.7 kg)
4' 11"	86/105 lb	90/110 lb
(150 cm)	(39/47.6 kg)	(40.8/49.9 kg)
5' 0"	90/110 lb	95/117 lb
(152 cm)	(40.8/49.9 kg)	(43.1/53 kg)
5' 1"	95/116 lb	101/123 lb
(155 cm)	(43.1/52.6 kg)	(45.8/55.8 kg)
5' 2"	99/121 lb	106/130 lb
(157 cm)	(44.9/54.9 kg)	(48.1/58.9 kg)
5' 3"	104/127 lb	112/136 lb
(160 cm)	(47.2/57.6 kg)	(50.8/61.6 kg)
5' 4"	108/132 lb	117/143 lb
(163 cm)	(49/59.9 kg)	(53/64.8 kg)



#### Example: Hight-Weight chart

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Adult Male and Female Height to Weight Ratio Chart <sup>1</sup>

Author: Disabled World: Contact: www.disabled-world.com

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<sup>&</sup>lt;sup>1</sup>Ref: https://www.disabled-world.com/calculators-charts/height-weight.php



#### Weight-Hight regression

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200 Weight (pounds) 120 100 72 76 60 62 Height (inches) 74

Females

Figure: Weight vs Hight

Relationship between Height and Weight



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## Example: Obesity

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Least square Estimation ■ Worldwide, at least 2.8 million people die each year as a result of being overweight or obese, and an estimated 35.8 million (2.3%) of global DALYs are caused by overweight or obesity. <sup>2</sup>

- What are obesity and overweight?
  Overweight and obesity are defined as abnormal or excessive fat accumulation that may impair health.
- For adults, WHO defines overweight and obesity as follows:
  - overweight is a BMI greater than or equal to 25; and
  - obesity is a BMI greater than or equal to 30.
- Body mass index (BMI) is a simple index of weight-for-height that is commonly used to classify overweight and obesity in adults. It is defined as a person's weight in kilograms divided by the square of his height in meters  $(kg/m^2)$ .



### Example: Obesity chart for girls (5-19yr)

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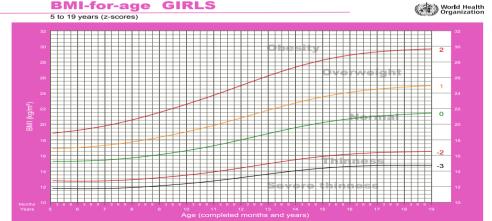
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## Example: Obesity chart for boys (5-19yrs)

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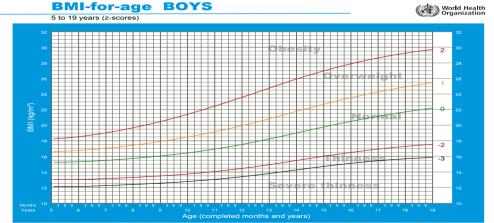
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### What is the value of 'g'?

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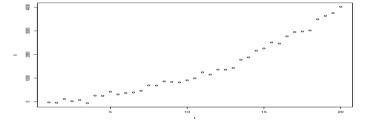


Figure: Free fall

$$S = ut + \frac{1}{2}gt^2$$





#### Two treatment comparison

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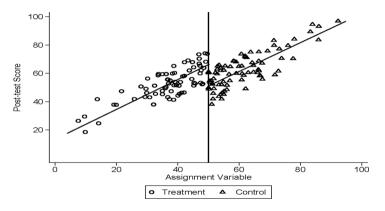


Figure: Linear Treatment effect model





## Why regression?

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Least square Estimation Regression is a very natural attempt to answer many queries that come in human mind and scientistic work.

- The information we gather about a natural phenomena or a controlled experiment are often incomplete.
- Regression is one of the ways to make these information complete based on the available data.
- In other words, it an attempt to access beyond than that has been already observed.



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