Extreme sports such as sky diving and skiing are very dangerous and should be banned. To what extent do you agree or disagree with this view?

It is true that a number of citizens have insisted that extreme sports including sky diving and skiing should be prohibited for several reasons. Although these sports could threaten someone's life, in my opinion, I totally disagree with the notion with various reasons.

To begin with, these extreme sports are not so dangerous and even are more safer than riding a vehicle on the road. First and foremost, regulations, procedures and safety measures on the extreme sports are significantly strict, whereby the possibility of accidents is substantially lower than other incidents such as car accidents. Secondly, training and preparation of the extreme sports is considerably intensive. For example, sky diving course for beginners normally take at least three weeks, in addition, improving equipment and technology can also guarantee people's safety.

At the same time, it would be wrong to ban these sports, and difficult to enforce a ban. Since citizens have a freedom of choice and the right to enjoy themselves, if the authorities attempted to force to restrict these activities, it would violate the law. Moreover, it is extremely difficult to decide which sports are the extreme sports given the fact that regular sports such as rugby or cricket also cause fatal injuries among players during the game. Thus, it can be ambiguous to judge which sports are more dangerous between regular sports and extreme sports.

In conclusion, although extreme sports are considerably dangerous and considered to be prevented by some people, these sports are actually more safer than other activities; moreover, people possess a right to pursue their happiness through these sports. Therefore, the insistent of banning extreme sports should be reconsidered and reevaluated.