

# Programming Refresher: 20-Day Milestone-Based Study Plan

## Overview

- **Duration:** ~20 days (2-3 hours per day)
  - **Structure:** 10 milestone-based checkpoints
  - **Focus:** Core programming concepts through intermediate DSA
  - **Based on:** Striver's A2Z DSA Sheet (Sheet-2)
  - **Excludes:** Dynamic Programming (can be added later)
- 

## Milestone Breakdown

### Milestone 1: Refresh Core Programming Basics

**Goal:** Be comfortable writing small programs, loops, and functions again.

#### Topics Covered:

- Variables, data types, operators
- Conditionals, loops
- Functions & recursion basics

#### Practice Problems:

- Factorial calculation
  - Prime number check
  - Palindrome detection
  - Reverse a string/array
- 

### Milestone 2: Arrays & Searching Foundations

**Goal:** Build fluency in handling arrays & searching techniques.

#### Topics Covered:

- Basic operations: traversal, min/max, reverse, rotate
- Sorting algorithms (bubble, selection, insertion)
- Binary search (1D + simple 2D)

### **Practice Problems:**

- Two Sum
  - Merge Sorted Array
  - Search Insert Position
  - Peak Element
- 

## **Milestone 3: Strings & Hashing**

**Goal:** Manipulate strings & use hashing for faster lookups.

### **Topics Covered:**

- String operations (substring, anagrams, character frequency)
- HashMap & Set (duplicate detection, frequency maps)

### **Practice Problems:**

- Valid Anagram
  - Group Anagrams
  - Longest Unique Substring
- 

## **Milestone 4: Linked Lists**

**Goal:** Understand and solve classic linked list interview problems.

### **Topics Covered:**

- Singly linked list traversal, insert, delete
- Reverse a linked list (iterative + recursive)
- Detect cycle in a linked list

### **Practice Problems:**

- Reverse Linked List
  - Middle of Linked List
  - Linked List Cycle
- 

## **Milestone 5: Stacks, Queues & Sliding Window**

**Goal:** Strengthen data structure usage for real-world problems.

### **Topics Covered:**

- Stack basics (LIFO, valid parentheses, min stack)
- Queue basics (FIFO, circular queue, deque)
- Sliding window technique (fixed & variable size)

### **Practice Problems:**

- Valid Parentheses
  - Next Greater Element
  - Maximum Subarray
  - Longest Substring without Repeating Characters
- 

## **Milestone 6: Recursion & Backtracking**

**Goal:** Comfort with recursion patterns and basic backtracking.

### **Topics Covered:**

- Recursive patterns (factorial, Fibonacci, subsets)
- Backtracking (generate permutations, subsets, n-queens basics)

### **Practice Problems:**

- Subsets
  - Permutations
  - Generate Parentheses
- 

## **Milestone 7: Bit Manipulation**

**Goal:** Use bitwise tricks for elegant solutions.

### **Topics Covered:**

- Bitwise operators & masks
- Common bit manipulation patterns

### **Practice Problems:**

- Single Number
- Power of Two

- Number of 1 Bits
- 

## Milestone 8: Trees

**Goal:** Master tree basics & traversal techniques.

### Topics Covered:

- Binary tree traversals (inorder, preorder, postorder)
- BFS / Level-order traversal
- Height & depth of a tree

### Practice Problems:

- Maximum Depth of Binary Tree
  - Symmetric Tree
  - Binary Tree Level Order Traversal
- 

## Milestone 9: Graphs

**Goal:** Be able to handle graph basics and standard traversal.

### Topics Covered:

- Representations (adjacency list, adjacency matrix)
- Graph traversals: BFS, DFS
- Connected components, island problems

### Practice Problems:

- Number of Islands
  - Flood Fill
  - Clone Graph
- 
- 

## How to Use This Plan

1. **Start with Milestone 1** and work through each topic thoroughly
2. **Practice the suggested problems** until you feel confident
3. **Don't rush** - if you need extra time on a milestone, take it

4. **Track your progress** by checking off completed topics
5. **Review weak areas** before moving to the next milestone
6. **Use Striver's A2Z DSA Sheet** for additional problems and detailed explanations



## Progress Tracking

Create a simple checklist for each milestone:

- ☐ Milestone 1: Core Programming Basics
- ☐ Milestone 2: Arrays & Searching
- ☐ Milestone 3: Strings & Hashing
- ☐ Milestone 4: Linked Lists
- ☐ Milestone 5: Stacks, Queues & Sliding Window
- ☐ Milestone 6: Recursion & Backtracking
- ☐ Milestone 7: Bit Manipulation
- ☐ Milestone 8: Trees
- ☐ Milestone 9: Graphs



## Resources

- **Primary Resource:** [Striver's A2Z DSA Sheet \(Sheet-2\)](#)
- **Practice Platform:** LeetCode, HackerRank, or GeeksforGeeks
- **Time Allocation:** 2-3 hours per day