



Training Chart- This chart is used for educational purposes only

Date: December 12, 2015

**HPI:**

<b>Chief Complaint</b>	cough and wheeze for 1 week needing more inhalers
<b>History Obtained from</b>	patient
<b>Mode of Arrival</b>	walking
<b>Accompanied by</b>	family member
<b>Additional HPI</b>	yr male with hypertension, diabetes-2, dyslipidemia and h/o TIA, admitted westchester for TIA, MRI no acute stroke, ldl and a1c normal there, started on aggrenox, now came with yolanda., BP at home 105/56, 120/66, 136/61, 127/65, sugars 60s fasting feels dizzy,

**Problem List:**

- Nocturia:
- Full dentures- PRELIMINARY IMPRESSIONS:
- Social problem: (V62.9)
- Screening for tuberculosis: (V74.1)
- Need for vaccination for Strep pneumoniae:
- Osteoarthritis of shoulder due to rotator cuff injury:
- Rotator cuff injury:
- Poor dentition:
- HEARING LOSS NOS: (389.9)
- Sensorineural hearing loss, bilateral: (389.18)
- NEUROPATHY IN DIABETES:
- ATHEROSCLER-EXTREMITY NOS:
- Excessive ear wax:
- Dizziness:
- OM (onychomycosis):
- Need for prophylactic vaccination with tetanus-diphtheria (TD): 09:29
- Dysfunction, eustachian tube:
- Tympanosclerosis:
- Bilateral leg weakness:
- Moderate nonproliferative diabetic retinopathy of both eyes: 12:31
- Posterior vitreous detachment:
- H/O: CVA
- Asthma:
- Type II/unspec diabetes w/neurological manifestation, not uncontrolled:
- Right shoulder pain:
- Age-associated hearing loss:
- VACCINATION - INFLUENZA:
- OTHER ACUTE PAIN:



- **BENIGN HYPERTENSION:**
- **DM MANIF NEC TYP II**
- **DIABETIC MACULAR EDEMA:**
- **PRESBYOPIA:**
- **SENILE CATARACT NOS:**
- **PTERYGIUM NOS:**
- **B12 DEFIC ANEMIA NEC:**

**Basic Screen:**

- **Are you being hurt, hit, or frightened by anyone at home or in your life?:** no
- **During the last month have you often been bothered by having little interest or pleasure in doing things?:** no
- **Has there been any significant weight loss, or gain recently?:** no
- **Is there increased fall risk?:** yes
- **Patient was referred to the following service::** OT, patient advised on fall prevention and home safety
- **Do you smoke cigarettes?:** no
- **During the last month have you often been bothered by feeling down, depressed or hopeless?:**  
no
- **Are you having pain not controlled at this time?:** no

**Learning Preference:**

- Patients' preferred method of learning: verbal instructions and discussion.
- Barrier(s) to Learning: none.
- Provided education in the language that patient/family understands.

**Past, Family and Social History:**

- **Past Medical History:** positive
- **Cardiovascular:** coronary artery disease, hyperlipidemia, hypertension
- **Respiratory:** asthma
- **Endocrine:** diabetes mellitus
- **Diabetes Mellitus Type:** non-insulin dependent
- **Neurological/Psychiatric:** CVA, TIA
- **Past Surgical History:** noncontributory
- **Family History:** positive
- **Conditions:** diabetes
- **Family Member with Diabetes:** children
- **Social History:** noncontributory
- **Additional PFSH:** Living with daughter.

**Review of Systems:**

- **General:** see HPI
- **Skin/Breast:** negative
- **Ophthalmologic:** negative
- **ENMT:** negative
- **Respiratory and Thorax:** negative
- **Cardiovascular:** negative

- **Gastrointestinal:** negative
- **Genitourinary:** negative
- **Musculoskeletal Symptoms:** arthralgia
- **Neurological:** negative
- **Psychiatric:** negative
- **Hematology/Lymphatics:** negative
- **Endocrine:** negative
- **Allergic/Immunologic:** negative

**Vital Signs:**

- **Height (feet):** 5 feet
- **Height (in):** 2 inch
- **Height (cm):** 157.4 cm
- **Weight (lbs):** 120 lb
- **Weight (kg):** 54.431 kg
- **BMI (kg/m2):** 21.9 M2
- **Pulse bpm:** 78 bpm
- **BP Systolic (mm Hg):** 124
- **BP Diastolic (mm Hg):** 72
- **BP Site:** right arm
- **Comments:** manual and home BP

**PE:**
**General/Skin/HEENT:**

- **General:** well-developed; well-groomed; well-nourished; no distress
- **Head:** no tenderness; scalp normal; no apparent injury
- **Neck:** normal; supple; no JVD; normal thyroid gland

**MS/Neuro/Psych/Lymph:**

- **Additional PE:** walking with cane

**Heart Disease/Cholesterol Risk Assessment:**

- **History of Sudden Cardiac Death in Parents / Grandparents < 55 Years of Age:** no

**STD/HIV Risk Assessment:**

- **History of STD:** no

**TB Risk Assessment:**

- **Exposure to TB:** no

**Result by Order:**
**General Chemistry:**

Hemoglobin A1C, Plasma				
Result	Value	Abn	Range	Text
Hemoglobin A1C, Plasma	7.8	†	[4.7 - 6.4 %]	
Prostate Specific Antigen				
Result	Value	Abn	Range	Text
Prostate Specific	1.77		[0.00 - 4.00 ng/mL]	This test is



### Antigen

performed using the Roche chemiluminescent method. This is a screening test only, and should not be used exclusively to diagnose or rule out cancer. Values obtained for this test using different assay methods cannot be interchanged.

### Consults Reviewed:

- **Details:** neurology  
rheumatology  
podiatry

### Today's Assessment:

#### Active Issues:

1. **HYPERTENSION NOS:**  
Hypertension controlled goal 130/80, hold meds if BP less than 90 systolic or 60 diastolic  
DASH diet and exercise, 2 gram salt diet  
Meds refilled, continue current tt  
cbc chem 7 before next visit  
Ophthalmology/up to date
2. **DIABETES**
3. **Mild asthma exacerbation:**
4. **Diabetes mellitus with hypoglycemia:**

### Assessment and Plan:

Plan of care discussed with patient and family member 1- Hypertension controlled goal 130/80, hold meds if BP less than 90 systolic or 60 diastolic  
DASH diet and exercise, 2 gram salt diet  
2-Diabetes with hypoglycemia well controlled on current medication A1c  
-Medical Nutrition Therapy, meds refilled, to keep fasting finger stick less than 120  
reduce glipizide to 5 mg  
3- Bronchial asthma acute exacerbation  
prednisone for 5 days, albuterol

colonoscopy 2004,  
RTC Dr Narula 1 month.

### Patient Self Management Goals:

The patient set the following goal(s) on 16-Nov-2011 taking medications.

Medication goals include: take medications as prescribed. Patient Confidence Level about



achieving goal is 5.

Follow up visit scheduled in 1 month.

Taking medications goals continued.

**Electronic Signatures:**

(Signed

**Entered:** HPI, PROBLEM LIST, BASIC SCREEN/LEARNING PREFERENCE, PFSH,  
ROS, VITAL SIGNS, PE, SCREENING, LABORATORY RESULTS, CONSULTS  
REVIEWED, TODAY'S ASSESSMENT,

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