

FFSC SCHEDULE

October 2-15, 2023

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	10/2	10/3	10/4	10/5	10/6	10/7	10/8	10/9	10/10	10/11	10/12	10/13	10/14	10/15
BRONZE														
Swim	6:15-7:15	6:15-7:15	OFF	6:15-7:15	OFF	MEET	MEET	6:15-7:15	6:15-7:15	OFF	6:15-7:15	OFF	11:30-12:30	OFF
													AM-PM	
SILVER														
Dryland	7:00-7:15	7:00-7:15		7:00-7:15				7:00-7:15	7:00-7:15		7:00-7:15			
Swim	7:15-8:30	7:15-8:30	7:00-8:30	7:15-8:30	6:15-7:45	MEET	MEET	7:15-8:30	7:15-8:30	7:00-8:30	7:15-8:30	6:15-7:45	7:45-9:15	OFF
													AM	
GOLD														
DL/Swim	6:15-8:30	6:15-8:30	6:15-8:30	6:15-8:30	6:00-7:45	MEET	MEET	9:30-11:30	6:15-8:30	6:15-8:30	6:15-8:30	6:00-7:45	7:00-9:15	OFF
					AM			AM				AM	AM	
NEWS & EVENTS														
						BNSC Rachel Dean Meet								

Notes & Reminders

- > New parents: Don't forget to check out the Meet FAQ page under the Team Resources tab on the left taskbar. You must be logged in to your account to view this page.
- > **Please remember that the elevated parking lot behind the pool is for IWU staff only and may NOT be used for parking, drop-off, or pickup.**