

Subsystems Report

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1 Introduction

A food desert is an area where access to fruits and vegetables is limited, too expensive, or nonexistent due to a lack of grocery stores and farmers markets within a convenient walking distance [1]. People living in food deserts often rely on fringe food retailers and discount stores, such as gas stations and dollar stores, for food. These retailers tend to sell high-fat and processed foods which contributes to higher rates of obesity and diabetes in those food desert areas. According to the US Department of Agriculture, there is a food desert in the Wheat Ridge area located between Wadsworth, 32nd Avenue, and 38th Avenue [2].

The team's goal is to empower English and Spanish speaking Wheat Ridge residents over 65 years in age who live in a food desert and rely on food stamps to utilize a self-sustaining plant growing system. Most of the system will come prepackaged for safe installation and use and will partially use materials that can be sourced in the Wheat Ridge neighborhood. The net cost will be neutral or better after two years of plant harvest and will include features that consider the potential physical limitations of the stakeholders.

2 Solution Description

The team's design addresses the problem with a system composed of five distinct and interconnected subsystems. The structural subsystem involves a three-tiered structure that is compact, lightweight, and cost-effective, so that the stakeholder can easily install and maintain it. With its 12 hole design and the reservoir at its base, the structure is the key connection between the hydroponic soda bottle system and the watering system. Furthermore, the watering system consists of two symbiotic subsystems: the reservoir and the cascading water system. The reservoir system uses four separate water tanks, which correspond to each growing stage in the plant cycle. The water is delivered to each plant by pumping water to the bottles in the top tier of the structure; the water then cascades down to the next two rows through tubing that connects the bottles together and finally returns back to the reservoir. This system only requires the stakeholder to refill the reservoirs one time per week. The nutrient subsystem is housed partially within the reservoir. Along with the structure and watering system, the stakeholder will receive packages of pre-measured nutrients that correspond to the growing cycle of the plants. Using a color-coding system, the stakeholder simply has to fill the reservoirs with the nutrients and water, which will then be delivered to the plants via the water delivery system. Finally,

the hydroponic (soilless) soda bottle system is composed of re-purposed 2-liter soda bottles and materials that can easily be sourced in the Wheat Ridge food desert. The soda bottles are the foundation for the snow peas, lettuce, and spinach to grow. The water-nutrient mixture is pumped into the bottles and is carried to the plant via a wick. This design prevents the stakeholder from overwatering and underwatering the plants and lowers the cost of the entire system by using easily-sourced substrate in lieu of soil. The final solution also includes a tool which will allow the stakeholders to easily construct the bottle systems themselves despite their physical limitations. These five interconnected subsystems comprise our final solution: an elegant, easy-to-maintain food growing system designed with the stakeholders' needs in mind.

3 Subsystem Description

The water delivery subsystem transports water from the reservoirs to the top set of bottles and from the top bottles to the lower bottles. The three major components of the water delivery are as follows:

1. **Reservoir Ceiling Connection:** The water must be pumped out of the reservoir through the ceiling of the reservoir. This connection point is the boundary of the water delivery subsystem. The connection at this interface point must be watertight.
2. **Tubing:** From the reservoir ceiling, $\frac{1}{2}$ " tubing will carry the water to the top bottle. Light causes nutrients to decompose, thus this tubing will be black to reduce the water's exposure to light.
3. **Connections to Bottles:** The tubing connects to the bottles at two points: the top entry and the drain exit.

4 Subsystem Interfaces

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5 Subsystem Analysis

6 Summary

References

- [1] Centers for Disease Control and Prevention (2012). *A Look Inside Food Deserts* [Online]. Available: <http://www.cdc.gov/features/FoodDeserts/index.html>. [Accessed 11 Sept. 2016].
- [2] United States Department of Agriculture Economic Research Service (19 Oct. 2016). *Food Access Research Atlas* [Online]. Available: <http://www.ers.usda.gov/data-products/food-access-research-atlas/go-to-the-atlas.aspx>. [Accessed: 28 Oct. 2016].