



### 33. Not-Self – Description (122-123)

देहेन्द्रियप्राणमनोऽहमादयः सर्वे विकारा विषयाः सुखादयः ।  
व्योमादिभूतान्यखिलं च विश्वं अव्यक्तपर्यन्तमिदं ह्यनात्मा ॥ १२२ ॥

*dehendriyaprāṇamano'hamādayaḥ  
sarve vikārā viṣayāḥ sukhādayaḥ,  
vyomādibhūtānyakhilam ca viśvaṁ  
avyaktaparyantamidaṁ hyanātmā. (122)*



माया मायाकार्यं सर्वं महदादिदेहपर्यन्तम् ।  
असदिदमनात्मतत्त्वं विद्धि त्वं मरुमरीचिकाकल्पम् ॥ १२३ ॥

*māyā māyākāryaṁ sarvaṁ mahadādidehaparyantam,  
asadidamanātmatattvaṁ viddhi tvam marumaricikākālpam. (123)*

122. The body, sense organs, prāṇas, mind, ego and so on, and all their modifications; the sense objects and their pleasures and so on; the gross elements such as ether and so on; the whole universe upto the unmanifest – these constitute the not-Self.

123. Everything is due to the effect of māyā – from mahat down to the gross body. Know thou, that these and māyā itself are the not-Self, therefore, they are unreal, like the mirage waters in the desert.

So far, all that constitutes the anātman (not-Self) has been explained. All equipments – body (deha), sense organs (indriya), physiological functions (prāṇa), mind (mana) and the ego (aham), all modifications (vikāra) like pain and pleasure and so on (sukhādayaḥ), all sense objects (viṣaya), the gross elements