

Terms and Terminologies evolved by Upaniṣads

| MICROCOSM (VYĀSTI) | MACROCOSM (SAMĀSTI) |
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| 1. Represents an individual entity – jīva | Represents the entire world of plurality put together (totality), the cosmos – jagat |
| 2. The supreme Consciousness functioning through a given gross body is called 'Viśva', and because It expresses itself in the waking condition, It is called the 'waker'. | The supreme Consciousness functioning through the aggregate of all the gross bodies is called 'Virāt'. This is the cosmic form of the waker. |
| 3. The supreme Consciousness, functioning through the individual subtle body is known as 'Taijasa'. It expresses Itself in the dream condition and so is called the 'dreamer'. | The supreme Consciousness functioning through the aggregate of all subtle bodies (the total mind and intellect) is called 'Hiranyagarbha', the Creator. |
| 4. The supreme Consciousness functioning through the causal body, the vāsanās (ignorance), the non-apprehension of Reality, the avidyā is called 'Prajña'. It expresses Itself in the deep sleep condition and hence is called the 'sleeper'. | The supreme Consciousness functioning through the aggregate of all causal bodies (the non-apprehension of Reality), the māyā, is called 'Īvara', the great Lord. |

the jīva. Hence when the individual vāsanās are exhausted, the individual concept also ends, the microcosm gets annihilated, the jīva is no more. When jīva is annihilated there is no one to recognise the macrocosm and so the macrocosm also ends. Thus the oneness