

In fact, the pot space was never separate from the total space, even while the pot was existing. The existence of pot space was only an illusion created by the mud walls of the pot.

Similarly, Consciousness conditioned by the physical body appears as the jīva. The concept of individuality has arisen because of the Consciousness identifying with the physical body.¹ When this identification is removed, the limited Consciousness is experienced as the Consciousness present everywhere, Absolute and Infinite.

Thus gain the quietude of mind and intellect (tūṣṇibhāva). May the individual who is reflecting upon the Truth as explained in Upaniṣads become quiet and serene, having experienced the merger directly in his own heart. Knowing this, one attains the highest intelligence and becomes one who has accomplished all one's duties , O Bhārata!²



स्वप्रकाशमधिष्ठानं स्वयंभूय सदात्मना ।

ब्रह्माण्डमपि पिण्डाण्डं त्यज्यतां मलभाण्डवत् ॥ २८९ ॥

*svaprakāśamadhiṣṭhānaṁ svayambhūya sadātmanā,
brahmāṇḍamapi piṇḍāṇḍam tyajyatām malabhāṇḍavat. (289)*

289. Yourself becoming the Self-luminous Brahman, the sole substratum of all things, reject the macrocosm and microcosm, like two unclean parcels.

The causal, the subtle and the physical bodies function because of the Consciousness in us. When It is not expressing, the physical body is dead. Hence this Life Principle, this Spark of Existence is considered the ground, the substratum which holds them all together. This substratum is self effulgent because It is the divine Consciousness. Come to apprehend this Truth in yourself.

¹ *buddhyādyupādhiṇā parātmā jīva uccyate*

² *etad-buddhvā buddhimānsyātkr̥takṛtyaśca bhārata – Bhagavad-gītā -15.20*