

He thereafter lives indifferent to tragedies and comedies that visit the flesh and its mind and intellect. Such an attitude towards his own equipments is the sign of a Jīvanmukta.



विज्ञात आत्मनो यस्य ब्रह्मभावः श्रुतेर्बलात्।
भवबन्धविनिर्मुक्तः स जीवन्मुक्तलक्षणः ॥ ४३८ ॥

*vijñāta ātmano yasya brahmabhāvaḥ śruterbalāt,
bhavabandhavinirmuktah sa jīvanmuktalakṣaṇah.* (438)

438. Deep rooted knowledge that the Self is Brahman, affirmed by the scriptures, and free from the bondage of transmigration – this is the indication of a Jīvanmukta.

He who has understood that the Self in him is the Self everywhere, aided by the study of the Upaniṣads, is the Liberated one. By a method of systematic analysis he, who has come to experience that the one matrix upon which the entire world is playing about is his very own Self is the Realised sage. When the identification with the BMI is completely dropped, and when he has risen to the higher plane of Consciousness, he suddenly realises that not only is he the pure Consciousness, but the whole universe too is nothing else but the supreme Self.

One, who has experienced thus, becomes completely liberated from all ‘becoming’ (transmigration).¹ He is not affected by the changes that take place outside him and subjectively within him.



देहेन्द्रियेष्वहंभाव इदंभावस्तदन्यके ।
यस्य नो भवतः क्वापि स जीवन्मुक्त इष्यते ॥ ४३९ ॥

*dehendriyeṣvahambhāva idambhāvastadanyake,
yasya no bhavataḥ kvāpi sa jīvanmukta iṣyate.* (439)

¹ *sakala avidyābhrāntinirmuktah bhavabandhavinirmuktah.* – totally liberated from all changes.