

170. In the dream state, even though there is no contact with the outside world, the mind alone projects the entire dream universe of enjoyer and so on. Similarly, the waking state is no different, all this (world of pluralistic phenomena) is but a projection of the mind.

During the dream when there is in fact no connection with the waking world, the mind out of itself creates the dreamer, the dreamworld and the dream experience. The experiencer, the experienced and the experiencing in the dream are all created by the mind alone. The mind is the dream subject, the mind is the dream object and the mind again is the dream experience of joy and sorrow.

Similarly, in the waking state also, there is no reality at all. Just as in the dream, the mind creates a world of its own which has an appearance of reality, so too, the apparent reality of the universe perceived in the waking world is but a hallucination. All that we see around is a projection of our mind. Stop the mind and the world ends. One may say, 'How about the other man seeing it?' But the other man is also the perceiver's own creation only.

So the mind in all of us is the cause which gives rise to the feelings and experiences of the pluralistic world.

Therefore, get out, get out, roll up the universe, carry it as a seat under your arm. Turn around, turn inside out, step into another dimension. Stop the mind.



सुषुप्तिकाले मनसि प्रलीने  
नैवास्ति किञ्चित्सकलप्रसिद्धेः ।  
अतो मनःकल्पित एव पुंसः:  
संसार एतस्य न वस्तुतोऽस्ति ॥ १७१ ॥

*suṣuptikāle manasi pralīne  
naivāsti kiñcitsakalaprasiddheḥ,  
ato manahkalpita eva pūṁsaḥ  
saṁsāra etasya na vastuto'sti. (171)*