

spiritual vāsanās can bless himself. Such an individual crosses saṁsāra by his own illumination, when he studies and thinks independently and is helped by his Teacher from time to time.



स्वानुभूत्या स्वयं ज्ञात्वा स्वमात्मानमखण्डितम् ।  
संसिद्धः सम्मुखं तिष्ठेन्निर्विकल्पात्मनाऽऽत्मनि ॥ ४७८ ॥

*svānubhūtyā svayam jñātvā svamātmānamakhaṇḍitam,  
saṁsiddhah sammukham tiṣṭhennirvikalpātmanā''tmani. (478)*

478. *Knowing his own absolute Self through Realisation, becoming perfect, a man should stand face to face before the Ātman, with mind free from all concepts of dualism.*

The Self is apprehended in yourself, by yourself. When the unagitated intellect is rendered steady, one can sit face to face with one's Self, in one's Self, by one's Self.

'To sit face to face' is to become one with. When you have moved away from sleep and dream, you are face to face with the waker. When you have moved away from the BMI, PFT, OET, you are face to face with Brahman.



वेदान्तसिद्धान्तनिरुक्तिरेषा  
ब्रह्मैव जीवः सकलं जगच्च ।  
अखण्डरूपस्थितिरेव मोक्षो  
ब्रह्माद्वितीये श्रुतयः प्रमाणम् ॥ ४७९ ॥

*vedāntasiddhāntaniruktireṣā  
brahmaiva jīvaḥ sakalam jagacca,  
akhaṇḍarūpasthitireva mokṣo  
brahmādvitiye śrutayaḥ pramāṇam. (479)*