

318. *When the longing to be one with Brahman has vividly risen to expression, the egocentric vāsanās will readily disappear, as the most intense darkness completely disappears to the glow of the rising sun.*

The last line of an earlier verse<sup>1</sup> declared, ‘By the increase of spiritual vāsanās, these three will get annihilated.’ Here we have a lucid annotation for this daring declaration. When the Nārāyaṇavāsanā becomes stronger, the sensuous ‘vāsanās’, ‘thoughts’ and ‘actions’ will automatically get annihilated.

The ‘vāsanās for the Reality’ (Sat-vāsanā) are cultivated more and more when the seeker lives a life engaged in his sādhanā of hearing, reflection and meditation. When the Sat-vāsanā has started expressing itself, a total change will come about in all his physical, mental and intellectual relationships. When we recognise only one Nārāyaṇa, ever-present everywhere, we will have no likes or dislikes. Love, kindness, tolerance, and mercy will thereafter come to express automatically, through all our relationships in the world around us. The ego and ego prompted vāsanās, the selfish, arrogant misappropriating attitudes, at the body-mind-intellect levels will get dissolved, to be replaced by the new vāsanās that have been now generated. So, asat vāsanās are eliminated by ‘tendencies created in the mind by constant remembrance of the Reality’ (Sat-vāsanās).

At present, we are living a life of identification with the unreal, and hence asat-vāsanās are predominant in our hearts. Therefore, we madly behave the way we do. They can be eliminated, and a brilliant spiritual life of beauty and joy can be substituted, by the newly cultivated vāsanās for the Reality.

‘Aruṇa’ is the charioteer of the Lord Sun. Aruṇa is the ‘early dawn’, the beautiful silent glow that heralds the morn, when the sun has not actually risen above the horizon. Like the pilot car of the President, Aruṇa comes first, and then soon the sun emerges. The pitch darkness of the night, however dreadful it might have been, gets dispelled with the advent of the ‘light of the dawn’

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<sup>1</sup> ibid. verse – 316

(Aruṇa). The entire darkness is dissolved effectively and totally. Then the sun rises; the sun never sees darkness. The sun cannot be where light is not, light being its very existence.

The Ātman, the pure Knowledge, can never be compatible with ignorance. There is no ignorance in Ātman, the Self; when the sun emerges, there is no darkness. The President of a country, as long as he is the President, can never experience a traffic jam in any town.

At the moment of the experience of Brahman, there is no more any ignorance to be removed. Ignorance gets removed during the sādhanā itself. When positive vāsanās (sad-vāsanās) have removed negative vāsanās (asad-vāsanās), where ignorance has been already removed, Knowledge dawns. Vāsanās, incessantly weaving the egocentric individuality, constitute the ‘darkness’. Selfish and arrogant ideas are the darkness that bring about all the sorrows of existence. They are all lifted at the very presence of the thoughts of the Higher.

Sad-vāsanās remove the asad-vāsanās. When the asad-vāsanās are all removed, one is ready for the reception of the great Lord. Therefore, the moral preparation and ethical adjustments for the resurrection of the individuality from its ego and egocentric assumptions is the very beginning of spirituality – nay, it is also the very culmination of all efforts. This is all that you can accomplish. More than that is not for you to achieve, it will automatically come to you. With such a prepared bosom, sit in a thrilled patience of ecstatic expectancy, like a lover waiting for the promised visit of his beloved. This hopeful and expectant waiting for Awareness to reveal Itself is called ‘meditation’.



तमस्तमःकार्यमनर्थजालं  
न दृश्यते सत्युदिते दिनेशो ।  
तथाऽद्वयानन्दरसानुभूतौ  
नैवास्ति बन्धो न च दुःखगन्धः ॥ ३१९ ॥