

A doctor knows the technique of analysing the symptoms and diagnosing the disease. Similarly, at the beginning of his career, a lawyer will have to practise with other proficient lawyers and achieve mastery over thinking in line with the existing laws of the land. In all professions, there is a way of thinking. The intellect that has been trained in the technology of logical thinking in the science of Reality alone can come to experience this Truth without a trace of doubt. Just as, if one is holding a spoonful of water in the hollow of one's palm one can have no possible doubt about it.

“By such a direct experience, reach the state of Realisation of the Self, which is beyond all doubts and despairs,” says Ācārya Śaṅkara.



स्वबोधमात्रं परिशुद्धतत्त्वं  
विज्ञाय सङ्घे नृपवच्च सैन्ये ।  
तदाश्रयः स्वात्मनि सर्वदा स्थितो  
विलापय ब्रह्मणि विश्वजातम् ॥ २६५ ॥

*svabodhamātram pariśuddhatattvaṁ  
vijñāya saṅghe nṛpavacca sainye,  
tadāśrayaḥ svātmani sarvadā sthito  
vilāpaya brahmaṇi viśvajātam. (265)*

265. In this cause-effect bundle, realising Knowledge Absolute free from ignorance and its effects, like the king in an army, resting in that Knowledge, ever established in your own Self, merge the universe into Brahman.

Brahman is pure Consciousness; not the consciousness of things but objectless Awareness (bodha-mātram).<sup>1</sup> It is to be realised

<sup>1</sup> *sva – ātmānam; bodhamātram – sarvāvabhāsakajñānamātram dṛśyasambandharahitam*