

Undecaying (avyayam) – There is no decay for this bliss of Brahman.

All these terms are as many arrow marks pointing the direction of our attention in meditation towards the Supreme; they are not ‘definitions’ of Truth. They are only guideposts enroute to Truth, to help the human mind reach It.

‘This Reality thou art’. These ten verses are a great help to meditation. All serious students of Vedānta make them their own and grow in their meditation.



उक्तमर्थमिममात्मनि स्वयं
भावयेत् प्रथितयुक्तिभिर्धिया ।
संशयादिरहितं कराम्बुवत्
तेन तत्त्वनिगमो भविष्यति ॥ २६४ ॥

*uktamarthamimamātmani svayam
bhāvayet prathitayuktibhirdhiyā,
saṁśayādirahitaṁ karāmbuvat
tena tattvanigamo bhaviṣyati. (264)*

264. One must meditate with the intellect in one’s heart on the Truth indicated above by means of scriptural arguments. By these means, one will realise Truth without any doubts and the like, just like water in the hollow of one’s hand.

The deeper significance of what has been declared earlier in the set of meditative verses is to be contemplated upon in the heart. ‘Thoughtfully feel’ within yourself to experience it, with an intellect that has been trained to argue and discuss in the line of the great scriptures. Hence the term, ‘recognised arguments’ (prathita-yuktibhiḥ) has been used here.

Every science has its own technique of analysis and a student of that science alone knows how to analyse the theme.