

Absolute, go completely beyond the pluralistic world which is a projection of thy own mind."

The BMI, PFT and OET are not the Self. We have the idea that we are them. This is a delusion. Having removed this delusion, he who has awakened to the higher plane of Consciousness is liberated from all weaknesses of mortals, (adhyāsa-rūpa-bandha-mukta). May you too, become fulfilled, fully awakened to the higher plane of Consciousness.



समाधिना साधु विनिश्चलात्मना
पश्यात्मतत्त्वं स्फुटबोधचक्षुषा ।
निःसंशयं सम्यगवेक्षितश्चे-
च्छ्रुतः पदार्थो न पुनर्विकल्प्यते ॥ ४७४ ॥

*samādhinā sādhu viniścalātmanā
paśyātmatattvam sphuṭabodhacakṣuṣā,
niḥsamśayam samyagavekṣitaścecchrutaḥ
padārtho na punarvikalpyate. (474)*

474. Perceive the nature of the Self with the eye of perfect knowledge through samādhi where the mind has been brought to complete quietude. If the declarations of Śruti (heard from the Teacher) are perfectly understood without a trace of doubt, it can lead to no more scepticism.

A steady mind is one which does not oscillate under the fascination of objects, emotions and thoughts. The mind which is steadily trained to withdraw from the storms of passions of the OET and which has come to rest quietly in a single pointed contemplation of the non-dual Brahman, sees the Reality. ‘Seeing’ here does not mean seeing with the eyes. When you see a thing with your eyes, you have no doubt about its existence. A quietened mind apprehends Reality beyond all doubt and hence it is said, it ‘sees’. The mind sees this great Self with the clear eye of Knowledge. ‘Clear eye of Knowledge’ means, ‘with steady mind and intellect’.