Voyageur Press

a member of the Quayside Publishing Group 400 First Avenue North, Suite 300 Minneapolis, MN 55401 USA

Phone: (800) 328-0590 Fax: (612) 344-8691

FOR IMMEDIATE RELEASE

Contact: Maurrie Salenger Marketing Manager (612) 344-8154 msalenger@mbipublishing.com www.mbipublishing.com

The Minnesota Homegrown Cookbook –100 recipes from 31 of Minnesota's best restaurants using fresh, locally grown ingredients from regional farmers, markets, and organic producers.

This photography rich book is a love song for local food. Through narrating the stories of 31 Minnesota chefs and restaurants, the *Minnesota Homegrown Cookbook* offers 100 recipes that celebrate cooking with local, sustainably grown food. The passion of these chefs, and the farmers they work with, sings throughout the pages.

This cookbook combines rich traditions and delightful innovations. The mouth-watering fare of world-class bed-and-breakfasts is here, alongside the saucy mix of cultural cuisines from kitchens at the Twin Cities' Café Brenda, Spoon River, Lucia's, Heartland, and the delectable slow cooking of eateries like the New Scenic Café in Two Harbors and Minwanjige Café in Strawberry Lake. Mixing the familiar comfort food of Minnesota's roots in the culture of Northern Europe with the fine new flavors of world cuisine, these recipes comprise a travel guide through Minnesota, with illustrated profiles of chefs and farmers, of food and farms.

"The chefs and growers featured in this book support local agriculture because its the right thing to do for both flavor and future generations," explains Jan Joannides, founder of Renewing the Countryside and one of the visionaries behind this book. "They're not jumping on some hip, green marketing bandwagon. These are the principles and values by which they have always led their lives and businesses. We hope these stories, along with the delicious recipes, help inspire others to follow these Minnesota culinary leaders."

About the Project:

The Minnesota Homegrown Cookbook is the newest release from Renewing the Countryside (RTC), a Minnesota-based non-profit organization that champions the positive stories of rural revitalization. This is RTC's eighth publication and the first to include recipes. In additional to developing books, RTC produces educational programming around local foods and sustainable agriculture including the Local Food Hero radio show, the Healthy Local Foods exhibit at the State Fair's EcoExperience and Green Routes—a sustainable tourism initiative. A cornucopia of people contributed to the vision and production of this book. Among them are writers Alice Tanghe and Tim King, creative director Brett Olson, project director and series editor Jan Joannides, and photographer Anthony Brett Schreck.

The Minnesota Homegrown Cookbook: Local Food, Local Restaurants, Local Recipes

Author: Renewing the Countryside; Lead writers: Tim King, Alice Tanghe

Lead photographers: Anthony Brett Schreck and Brett Olson

Foreword by: Garrison Keillor

ISBN-13: 978-0-7603-3142-2 **Pub Date: April 2008**

Retail: \$29.95US · \$32.95CAN · £18.99

Hardcover / 9.25 x 10.875 / 160 pages / 200 color photos

Available in bookstores everywhere or through <u>www.voyageurpress.com</u>. For trade inquiries, contact us at <u>trade@mbipublishing.com</u> or (800) 458-0454.

About Voyageur Press

Voyageur Press, a member of the Quayside Publishing Group, features books about nature and the environment, American heritage, country life, crafts, trains, boats, sports, collectibles and travel.

