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Jamie Smart***

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Jamie Smart is a British author and speaker. He is most known for writing CLARITY: Clear Mind, Better Performance, Bigger Results, a book about achieving mental clarity. In 2015, he published his second book, titled Little Book of Clarity: A Quick Guide to Focus and Declutter Your Mind

Jamie Smart (author) - Wikipedia

5 Preface This book's predecessor, CLARITY: Clear Mind, Better Performance, Bigger Results, evoked a "Marmite" response when it was launched in early 2013. Many people loved CLARITY (the book became an international number 1 bestseller, a gratifying response for any author).

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