

Being Genuine Stop Nice Start Real Thomas Dansembourg

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Being Genuine Stop Being Nice Start Being Rea by ...

The nice element of this book is also the focus on authenticity itself and the (self-empathic) way of getting a more authentic person, therefore the subtitle "stop being nice, start being real". It is in part autobiographic as Thomas describes his own experiences in becoming more real and this through honest and "real" communication towards ...

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