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Ella Woodward-Mills is all about embracing healthy living. In addition to her debut cookbook, Deliciously Ella, the bestselling debut cookbook ever in the UK, she is also the author of Deliciously Ella Every Day; Deliciously Ella, Smoothies and Juices; and Natural Feasts. Ella's blog gets over six million hits a month, her app has been a ...

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A self-confessed sweet tooth, Ella taught herself how to make delicious, plant-based meals that delight the palette and improve overall well-being. Deliciously Ella is an essential, how-to guide to clean, plant-based eating, taking you through the best ingredients and methods for preparing easy, exciting meals.

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