



Look and fill in the blanks.



____ eat so much fried chicken just now.



Look and fill in the blanks.



2. He has a _____,he

drink more water and have a good rest.





1. I drink plenty of water and take good care of myself / herself.





2. Jenny, Fred and I are trying to take better care of **ourselves/ themselves**.

Tips: 1. Have students complete the questions read the sentences twice;

^{2.} Make more sentences to have students answer. For example, My grandparents are 80. They take good care of _____. (2-3 min)

Complete the sentences. Choose the correct word.

3. She needs more sleep. She doesn't take good care of yourself / herself.





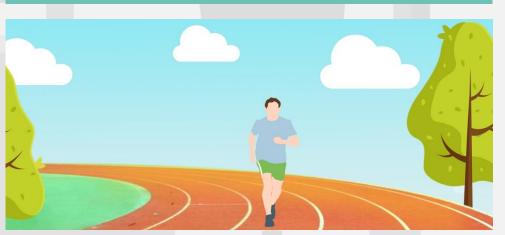
4. One way you can take better care of **himself** / **yourself** is to get more exercise.

Tips: 1. Have students complete the questions read the sentences twice;

^{2.} Make more sentences to have students answer. For example, My grandparents are 80. They take good care of _____. (2-3 min)

Complete the sentences. Choose the correct word.

5. He exercises every day. He takes good care of myself / himself.





6. I eat healthy food every day. I can take good care of myself / herself.

Tips: 1. Have students complete the questions read the sentences twice;

^{2.} Make more sentences to have students answer. For example, My grandparents are 80. They take good care of _____. (2-3 min)

Complete the sentences. Use the words from the box.

headache scrape sore throat stomachache



has a ______

2. Jack is sad because he fell and hurt himself on

the playground. He has a ______



Tips: 1. Have students complete the question independently;

^{2.} Read the sentences twice. (1 min)

Complete the sentences. Use the words from the box.

iallergies headache scrape sore throat stomachache

3. George is sad because his throat hurts and he

can't talk. He has a ______.

4. Lynn is sad because her head hurts and she can't

read. She has a _____.

Tips: 1. Have students complete the question independently.

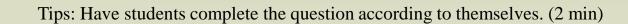
^{2.} Read the sentences twice. (1 min)



Talk.









Talk.

What can we do to protect ourselves from germs? Explain.



List three things that are unhealthy. Write sentences.







What do you do to keep healthy? Write three sentences.





