





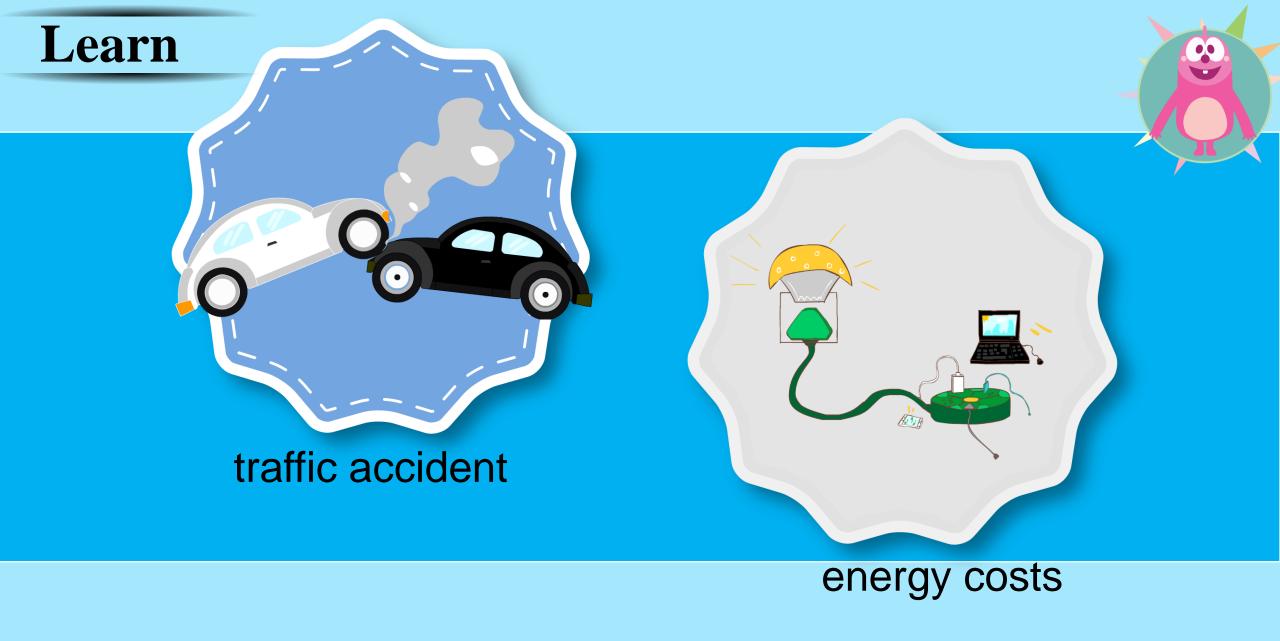


forward



Daylight Saving Time

- Tips: 1. Review the words, and have students read them at least three times;
 - 2. Correct the mistakes. (1-2 min)

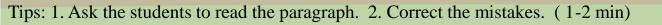


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Daylight Saving Time

Daylight Saving Time (DST) is the practice of setting the clocks forward 1 hour from standard time during the summer months, and backward again in the fall.





Daylight Saving Time in the USA

Starting in 2007, DST begins in the United States on the second Sunday in March, when people move their clocks forward an hour at 2 a.m. local standard. Daylight Saving Time ends on the first Sunday in November, when clocks are moved backward an hour at 2 a.m. local daylight time.



British Summer Time

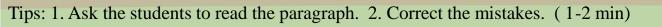
British Summer Time starts: Last Sunday in March British Summer Time ends: Last Sunday in October British Summer Time clocks change at 01:00 (1 a.m.) Greenwich Mean Time^[1] (GMT).

[1] the time at Greenwich, Greater London, that world time zones are based on.



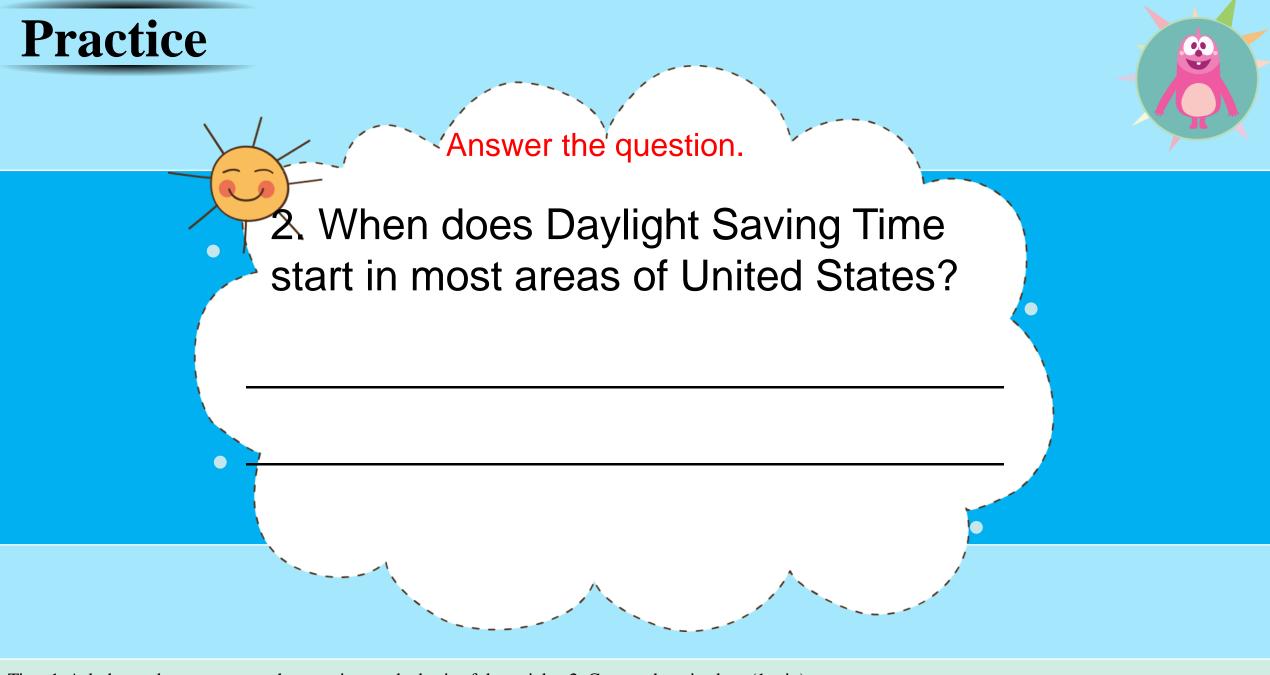
Daylight Saving Time

DST helps stores stay open until people get off work, but it hurts farmers and others whose hours are set by the sun. It cuts traffic accident rates. Sometimes it can reduce energy costs, but it can also increase them.

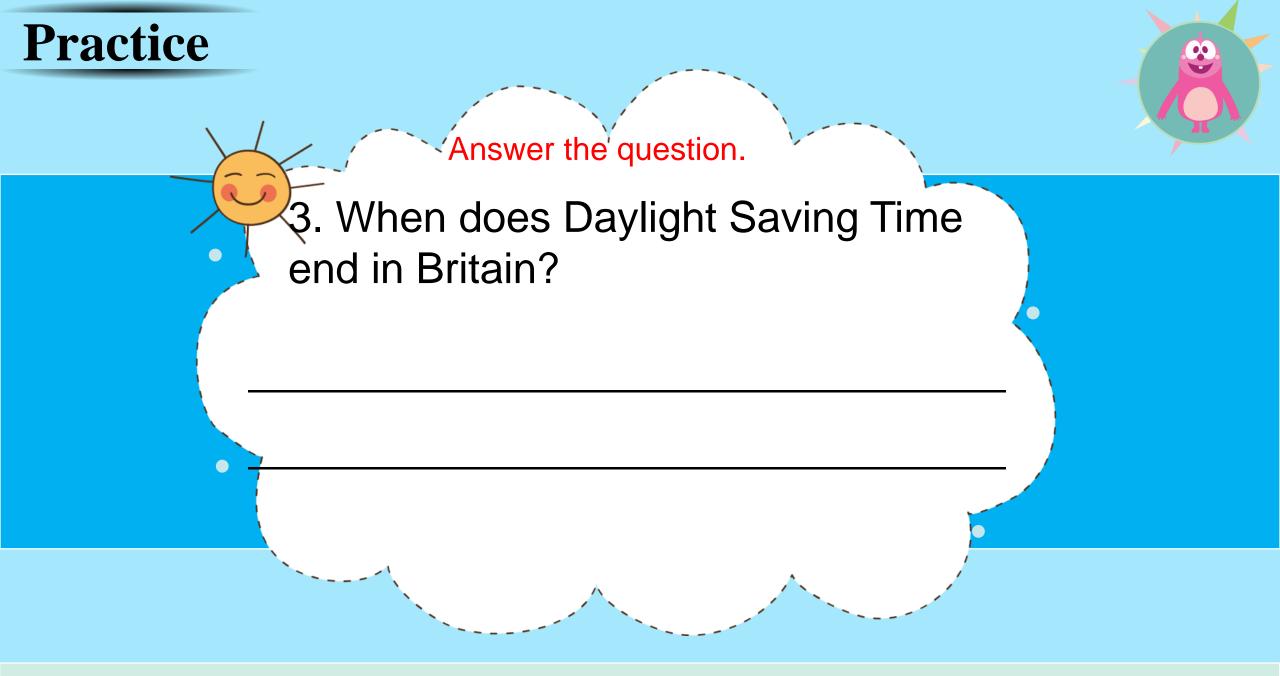




Tips: 1. Ask the students to answer the question on the basis of the article. 2. Correct the mistakes. (1 min)



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True or False.

forward

1. People set the clock backward by one hour during the DST.

F

2. British summer time starts on the first Sunday in March.

F

True or False.

3. DST begins in the United States on the second Sunday in March.

T

4. DST can reduce energy costs. sometimes





Write the full name and fill in the blanks.

DST Daylight Saving Time

DST begins in the United States now. it is 2 a.m., people should move the clock to 3 a.m.

2. British Summer Time starts now. It is 1 a.m., people should move the clock to 2 a.m.



Let's do a research.



Talk about the history of Daylight Saving Time in China.



Tips: 1. Ask some more questions further. 2. Guide the students to show their own thoughts. The teacher can tell the students they can search the Internet and some books. 3. Correct the mistakes on grammar and pronunciation. (1 min)



Conclusion

1. We have learned the phrases:

set the clock, forward, Daylight Saving Time, traffic accident, energy costs





Conclusion

2. We have learned the sentences:

Daylight Saving Time is the practice of setting the clocks forward 1 hour from standard time during the summer months, and backward in the fall.

DST begins in the United States on the second Sunday in March.

British Summer Time ends on last Sunday in October. It cuts traffic accident rates.

Sometimes it can reduce energy costs.



