

# Learn Germs can spread to your hands by sneezing, coughing, or rubbing your eyes, and then they could be transferred to other family members or friends.

Tips: 1. Ask the students to read the paragraph. 2. Correct the mistakes. (1-2 min)

#### Learn





#### Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.



#### Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.



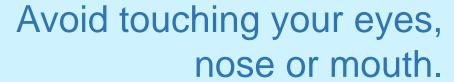
## Learn



## Clean your hands.

\*

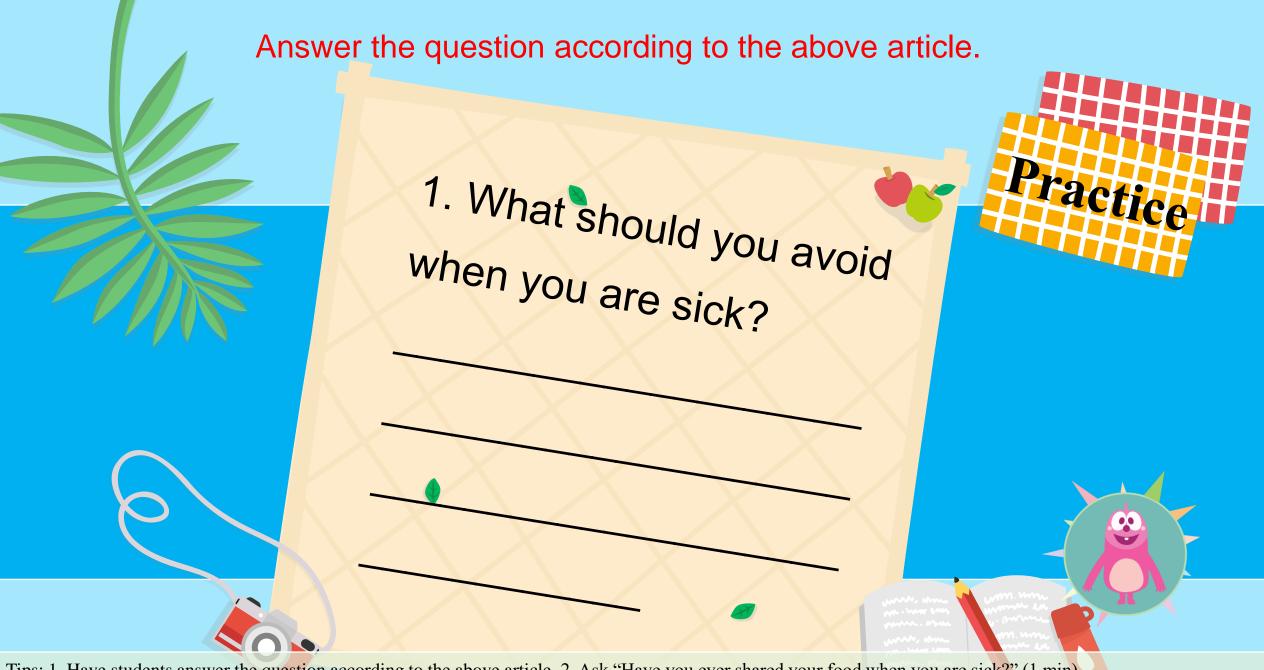
Washing your hands often will protect you from germs.



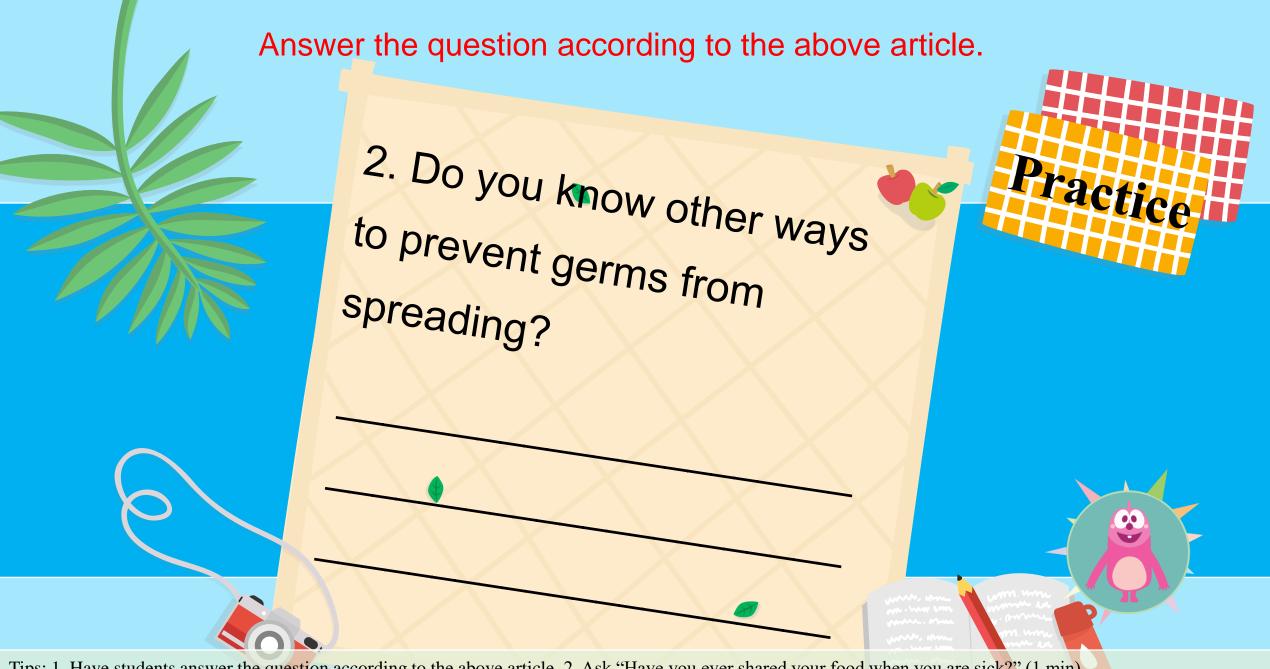


Germs are often spread when a person touches a surface or object that is contaminated with germs and then touches his or her eyes, nose, or mouth.





Tips: 1. Have students answer the question according to the above article. 2. Ask "Have you ever shared your food when you are sick?" (1 min)



Tips: 1. Have students answer the question according to the above article. 2. Ask "Have you ever shared your food when you are sick?" (1 min)

#### True or False.



- 1. When you are sick, keep your distance from others to protect them from getting sick.
- 2. You can keep close contact with people

who are sick.

True or False.



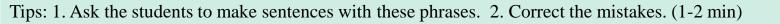
- 3. You should stay home when you are sick.
- 4. You can eat food after you touch things.



Make sentences with these phrases.

1. prevent...from

2. protect ... from





Read and write advice for good hygiene.

Anne has a bad cold and coughs a lot. What should she do?

Jack and George just came in from playing outside. What should they do before eating a snack?









Lynn wants to share her ice cream. What should her friend do?

Tom has a fever at school. What should he do?

04

05

Sue took out the trash. What should she do before dinner?



# **Conclusion**

1. We have learned the key words:

prevent...from, spread, rub, avoid,

protect ... from





# **Conclusion**

# 2. We have learned the key sentences:

Germs can spread to your hands by sneezing, coughing, or rubbing your eyes.

Avoid close contact with people who are sick.

Stay home when you are sick.

Washing your hands often will protect you from germs. Avoid touching your eyes, nose or mouth.



