



#### What Is a Timetable?

A timetable is a list of the times at which some events are planned to happen.

Tips: 1. Ask the students to read these sentences. 2. Correct the mistakes. (1-2 min)



#### Make a Suitable Timetable

Making a suitable timetable is necessary and important for us to make good use of our time. A well thought-out timetable basically helps you take control of your day from one hour to the next.

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#### Make a Plan for our daily activities.

Gather information on what you need to get done daily. It is important for your plan to be written down on the timetable. Without a plan, the days' distractions will quickly take over.



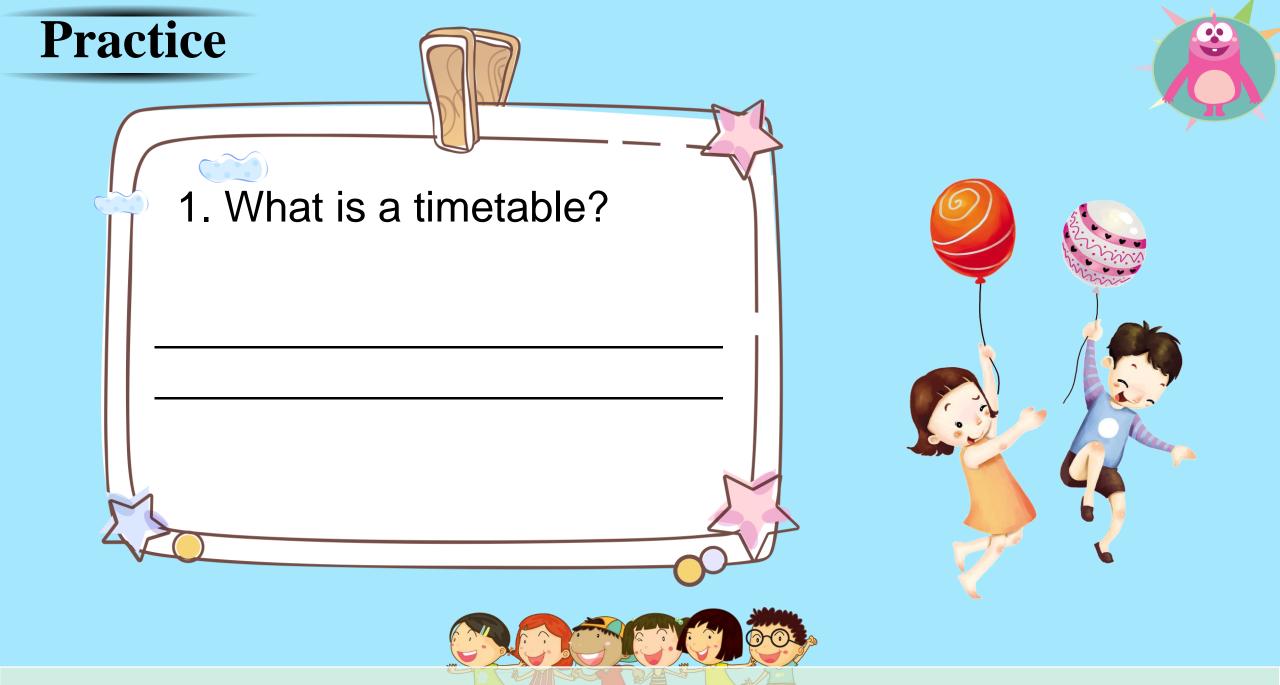
#### Identify the things that you must do.

There may be parts of your day that seem to waste time. Take a look at your schedule and figure out the moments in which time is wasted.

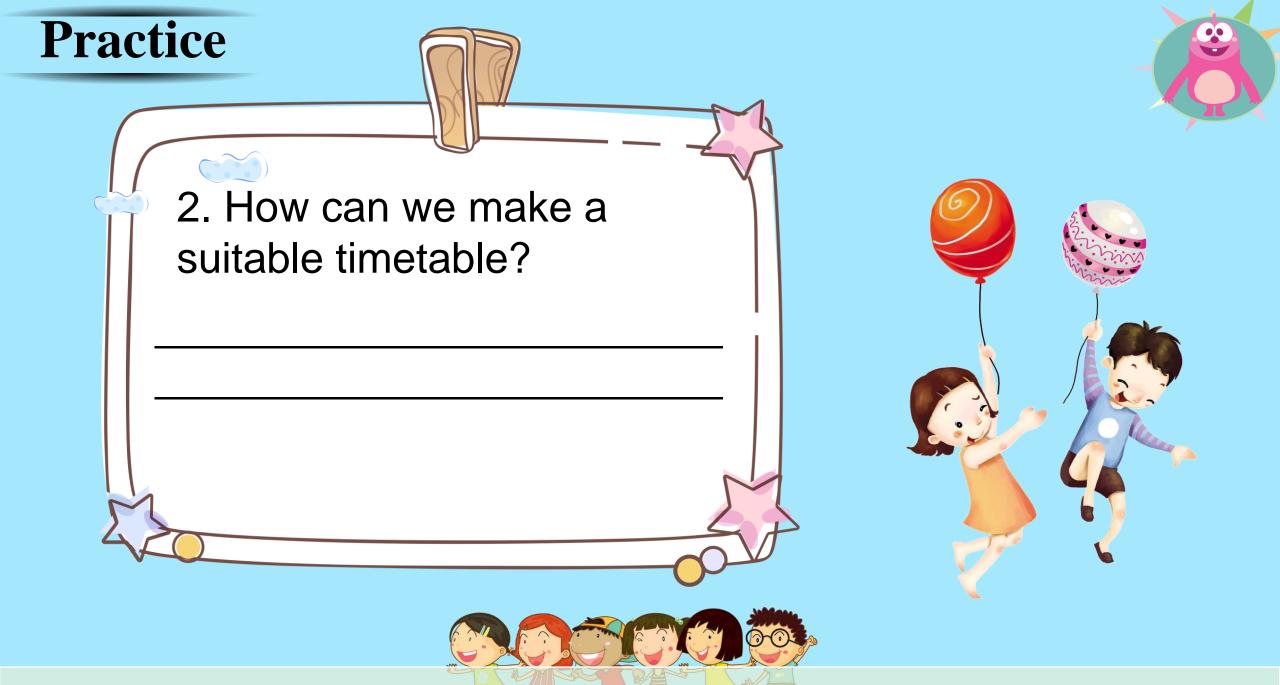


#### Overcome a bad habit.

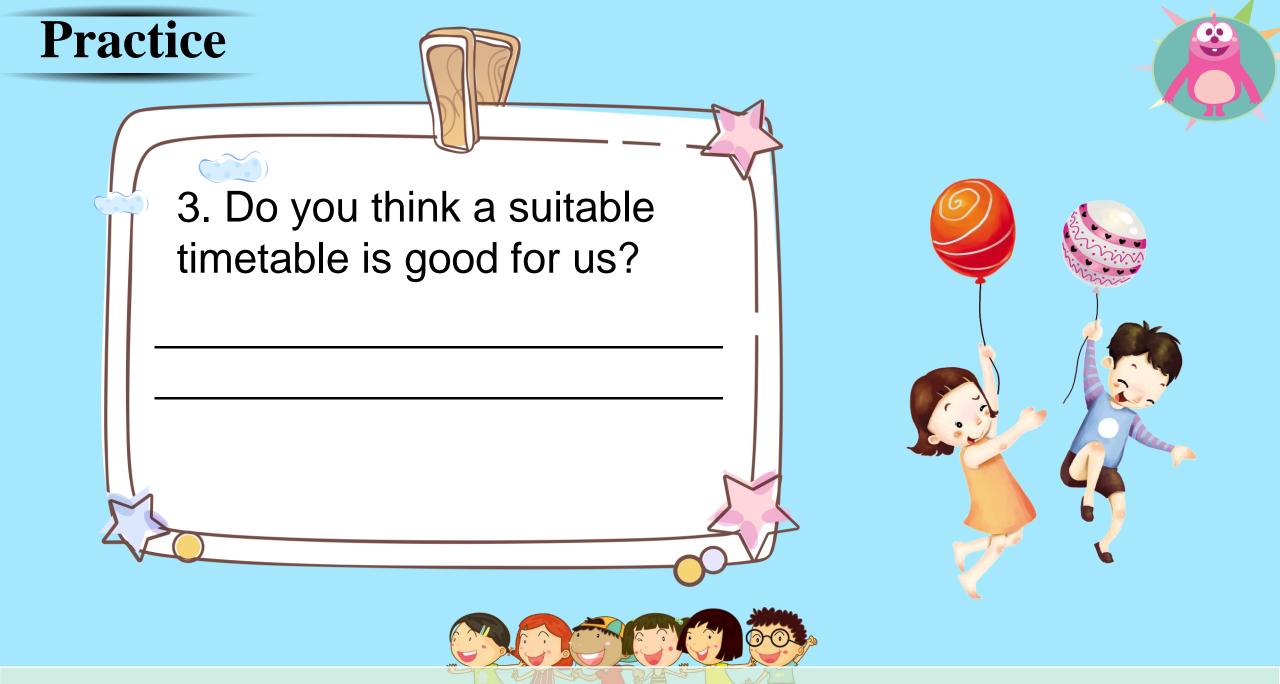
Watching TV too much is a bad habit. So, you should write it down on your timetable. You should overcome your bad habits with the help of your timetable.



Tips: 1. Have students complete the question on the basis of the article. 2. Correct the mistakes. (2 min)



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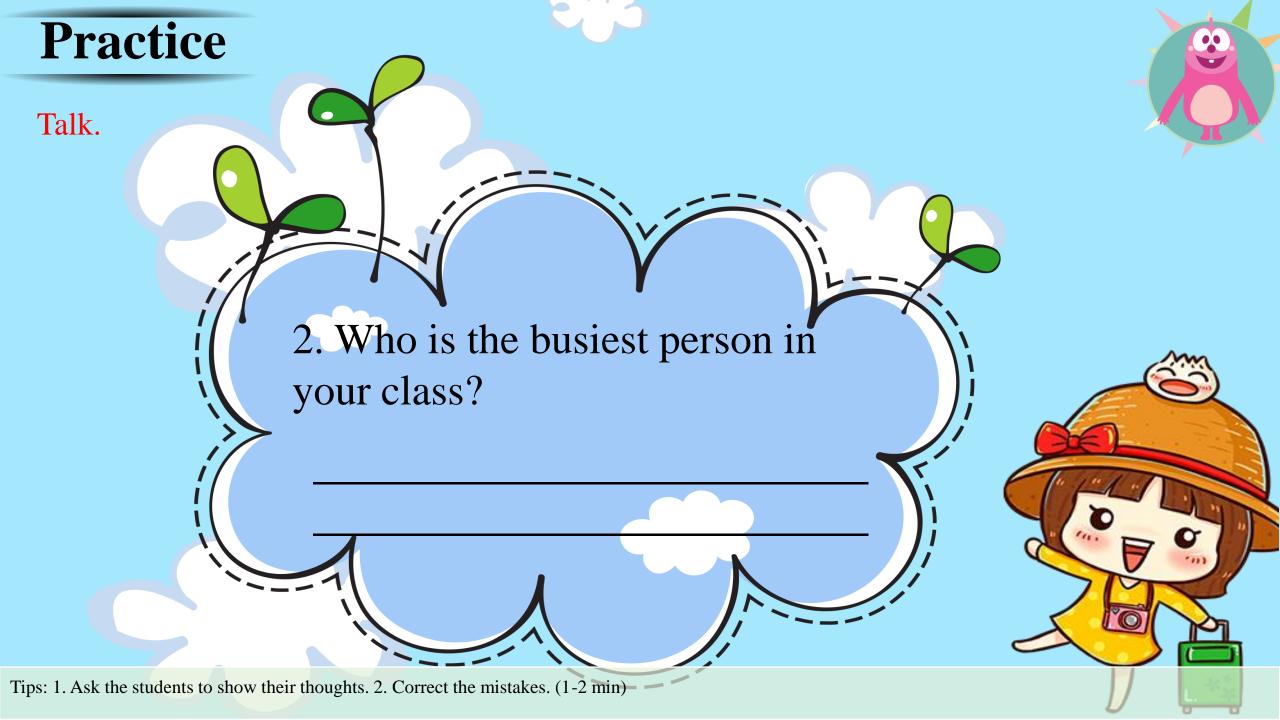


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# **Conclusion**

1.We have learned the words: timetable, make good use of..., make a plan, identify, overcome

#### 2. We have learned the sentences:

Making a suitable timetable is necessary and important for us to make good use of our time. Make a plan for our daily activities. Identify the things that you must do. Overcome a bad habit.



