



# **Home Remedies Around the World**



**G4-U4-L8**

# Learn



ginger

home  
remedies



upset  
stomach

minor  
burns



Tips: 1. Ask the students to look at these pictures and read these words. 2. Correct the mistakes. (2 min)

# Learn



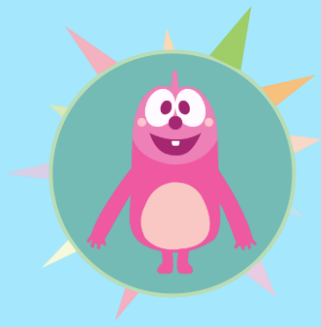
Most of us remember our parents or grandparents administering home remedies for cold and flu symptoms when we were kids. Maybe it was tea with lemon or sitting in a steamy bathroom. There are many variations of natural remedies used in different countries.

# Learn

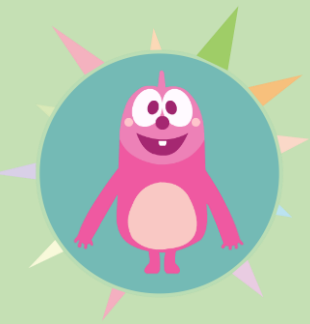
## China

### -- Upset Stomach

Add four slices of fresh ginger to a cup of black tea. A British medical journal found that ginger is incredibly effective when used for alleviating motion sickness. This is old news to Chinese medicine, which has made use of it for thousands of years.



# Learn



## America -- Minor Burns

Apply egg whites to the burn and let it dry. Reapply as necessary until the pain subsides. Egg whites will cool down your skin and prevent scarring.



Tips: 1. Ask the students to read the paragraph. 2. Correct the mistakes. (2 min)



# Learn

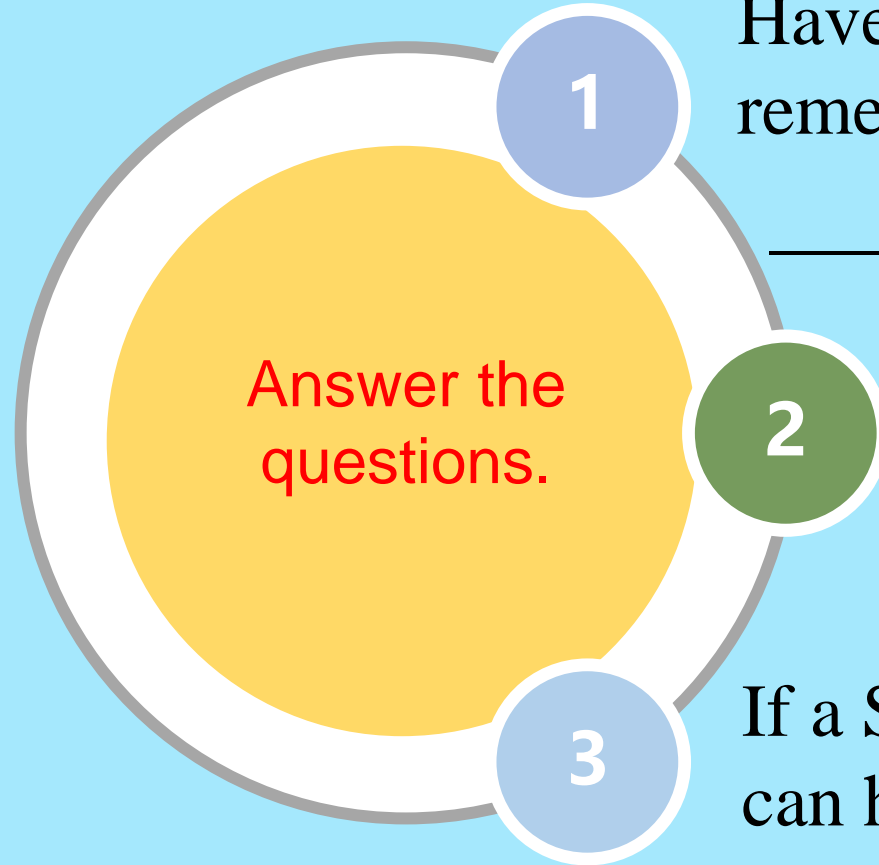
## Spain

### -- Upset Stomach

Boil some water and throw in a handful of celery leaves (make sure to rinse them first). Let the leaves steep for five minutes, strain, and then drink the tea. Celery is the enemy of acid buildup.



# Practice



Answer the  
questions.

1

Have you ever tried one of these home remedies? Explain.

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2

If an American suffers minor burns, what can he or she do at home?

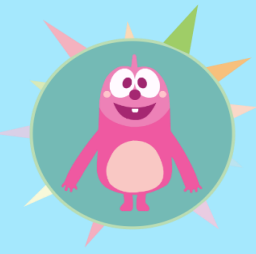
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3

If a Spanish person has a stomachache, what can he or she do?

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# Practice



Are egg whites helpful for minor burns?  
Explain.

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What is the enemy of acid buildup?

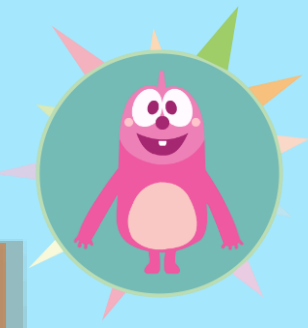
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# Practice

Answer the questions.



Do you think home remedies like these really work? Why or why not?

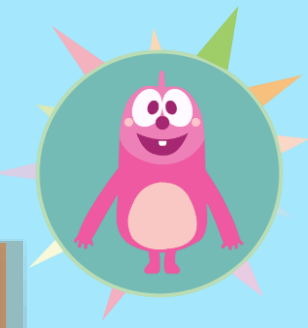
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Tips: 1. Have students answer the question. 2. Correct the mistakes. (2 min)

# Practice

Answer the questions.



Do you know any ingredients used in popular home remedies?

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Tips: 1. Have students answer the question. 2. Correct the mistakes. (2 min)



## Conclusion

1. We have learned the words:

ginger, home remedies, upset stomach, minor burns

2. We have learned the sentences:

There are many variations of home remedies used in different countries.

Add four slices of fresh ginger to a cup of black tea.

Apply egg whites to the burn and let it dry.

Boil some water and throw in a handful of celery leaves.



