





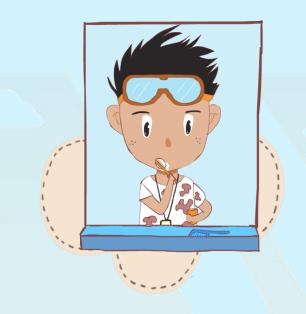
# We Need to Keep the Body Clean

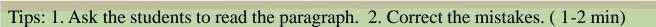
Keeping our body clean is an important part of keeping us healthy and helping us to feel good about ourselves.

Tips: 1. Ask the students to read the paragraph. 2. Correct the mistakes. (1-2 min)



Look after your teeth. Children should clean their teeth at least twice a day, in the morning and especially before they go to sleep at night. And brush your teeth for at least two minutes at a time.







Take good care of your skin. Make sure you wash your face twice a day, once in the morning when you wake up and once when you go to bed. You should try to shower twice or three times a week.



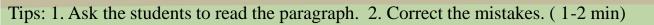
# Learn Wash your hair. Your hair type will determine how often you need to wash your hair. Finer, thinner hair often requires more frequent washing.

Tips: 1. Ask the students to read the paragraph. 2. Correct the mistakes. (1-2 min)



Wash your hands. Washing your hands with soap and water is simple and easy. Wash your hands before eating or touching food, after playing outside and any time your hands become dirty.

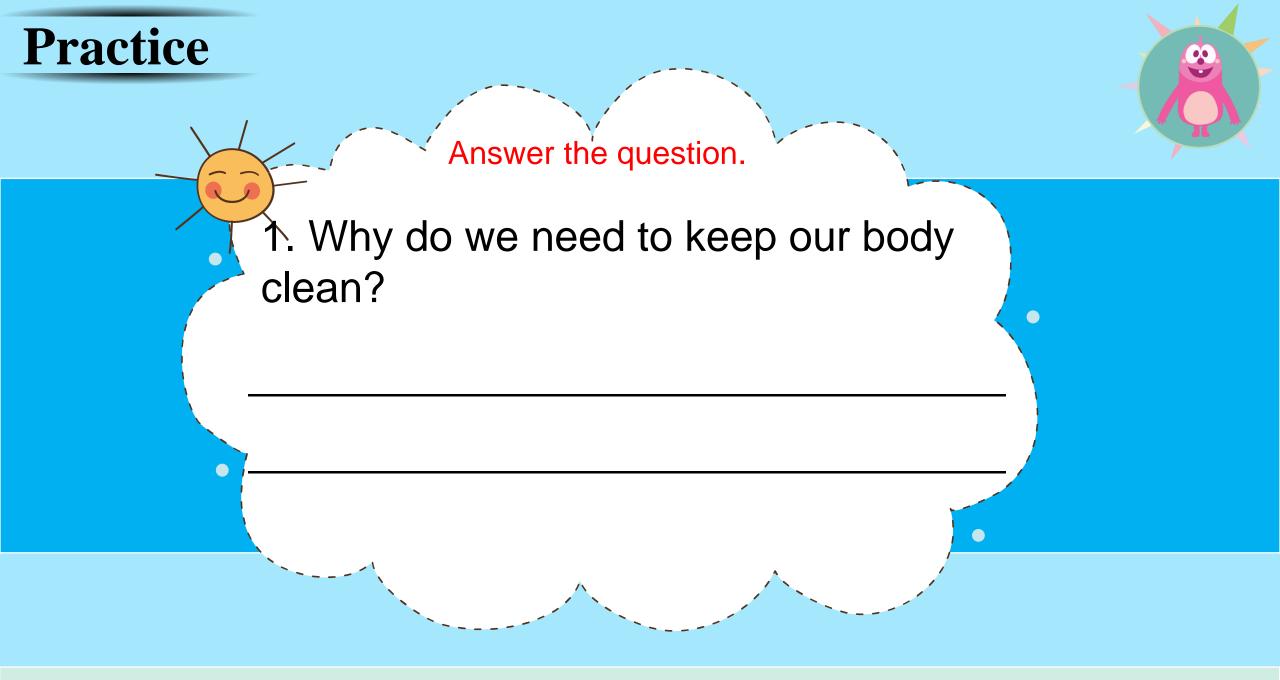




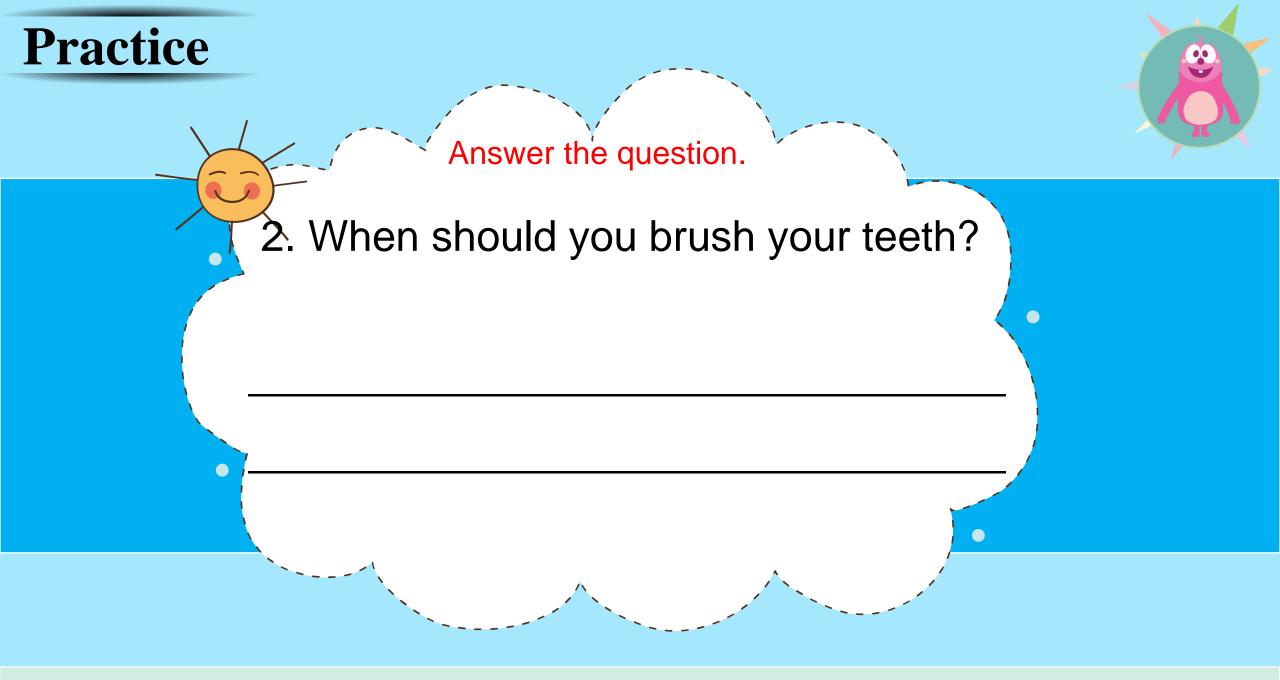


1. Before you wash your hands, they are dirty.

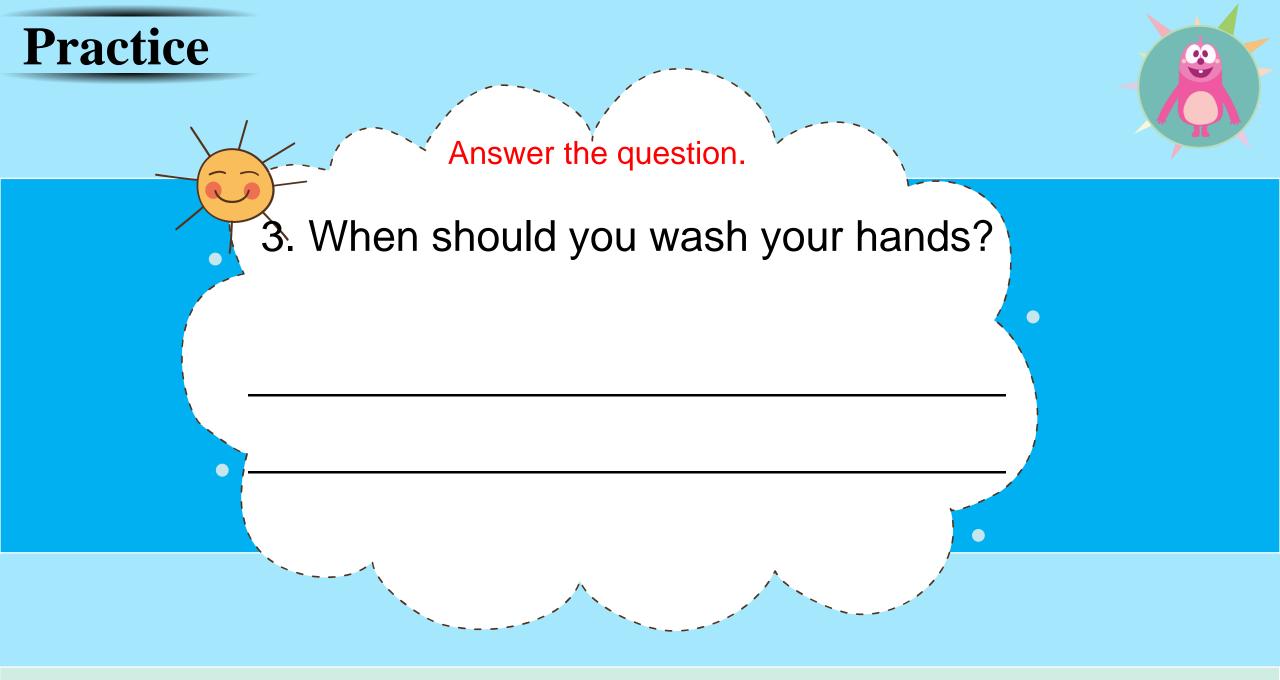
2. After you wash your hands, they are clean.



Tips: 1. Ask the students to answer the question on the basis of the article. 2. Correct the mistakes. (1 min)



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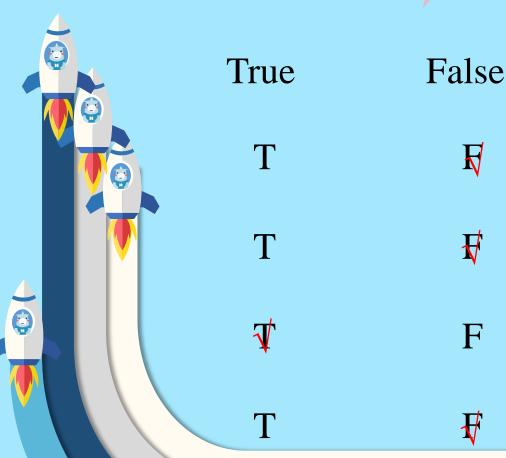
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#### **Practice**



#### True or False.

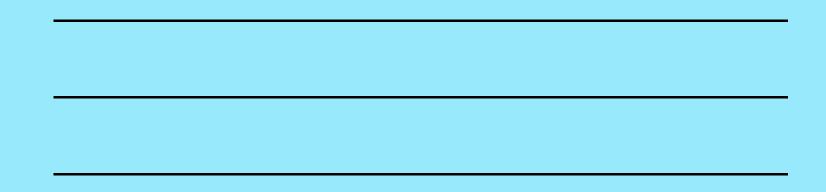
- 1. Wash your hands only once a day
- 2. Wash your hands after you take a shower.
- 3. Brush your teeth for at least two minutes at a time.
- 4. Brush your teeth five times a day.



#### **Practice**

Let's talk.

Do you know other ways to keep our body clean? Explain.





Tips: 1. Ask the students to answer the question. 2. Correct the mistakes. 3. Talk more about that question. (1-2 min)



#### **Conclusion**

1. We have learned the word and phrases:

shower, wash your hair, wash your hands

2. We have learned the sentences:

Keeping our body clean is an important part of keeping us healthy and helping us to feel good about ourselves.

Look after your teeth.

Take good care of your skin.

Wash your hair.

Washing your hands with soap and water is simple and easy.



