

[00:00:00.284] - Sarah Edmondson  
(Recites the initial statement) Please brand me, it would be an honor. Oh, an honor I want to wear for the rest of my life. (Sarah gets on the table. For the rest of the transcript, every time it says "dialog exchange," assume it's a secret of the sisterhood).

[00:00:07.184] - Woman A  
(As she positions herself to hold Sarah's leg). So tell me how this feels..."

[00:00:18.424] - Sarah Edmondson  
I need more...

[00:00:18.424] - Woman A  
On the other leg?

[00:00:18.424] - Sarah Edmondson  
(Moving her arms to indicate that they are movable). Like on my elbow, like...

[00:00:24.472] - Woman B  
(Woman B moves to support the elbows, gains visual agreement on what is needed – removes support to wait for the process to begin.)

[00:00:24.904] - Woman A  
Is this ok, the way I'm sitting now?

[00:00:24.904] - Sarah Edmondson  
Yeah.

[00:00:28.004] - Sarah Edmondson  
Sarah closing her eyes, starts doing what she referred to as deep yoga breathing. There's a bunch of talking... Danielle is getting the equipment ready, etc. Sarah continues to breathe deeply.

[00:00:28.097] - Danielle Roberts  
Cold Sarah, OK? Might not be so cold after your sisters actually.

[00:00:59.304] - Sarah Edmondson  
Ok. (breathing deeply)

[00:00:59.304] - Danielle Roberts  
Mind turning that up just a little bit?

[00:01:01.224] - Woman A  
What?

[00:01:01.794] - Danielle Roberts  
The number, try four and a half. That's right

[00:01:05.094] - Woman A  
This one?

[00:01:05.094] - Danielle Roberts  
Yep.

[00:01:05.734] - Woman A  
The line that goes up here to...?

[00:01:08.494] - Lauren Salzman  
no, she can see it. You can see it

[00:01:09.306] - Danielle Roberts  
Yeah...

[00:01:11.124] - Lauren Salzman  
You can see it from where you are, so she can see it from where she is.

[00:01:18.724] - Danielle Roberts  
Ok, Ready Sarah?

[00:01:18.868] - Sarah Edmondson  
Almost...

[00:01:18.724] - Danielle Roberts  
I'm not. (woman C laughs) Let's do that again. You can get a little cat nap in ok?

[00:01:40.607] - Sarah Edmondson  
Mmmm

[00:02:10.334] - Lauren Salzman  
Do we have personality studies in the morning? (we were to start a training the next morning and we were assessing what time we needed to arrive). It's not quite clear what is said, but SE smiles in response

[00:02:12.914] - Woman A  
What?

[00:02:13.094] - Lauren Salzman  
Do we have personality studies in the morning?

[00:02:14.954] - Woman A  
Yeah.

[00:02:15.504] - Lauren Salzman  
In audible joke about the personality study (everyone laughs).

[00:02:19.674] - Woman C  
Again and again and again... (joking about how many times we have filled out the paperwork for the study) Everyone laughs

[00:02:25.094] - Sarah Edmondson  
I am apt to show off my body (joking about a question on the paperwork) Everyone laughs and SE has a big smile on her face

[00:02:30.644] - Woman D  
"I'm apt to show off my body" is one of the questions

[00:02:35.024] - Woman B  
(who is sitting above Sarah holding her hands - leans down and says something unclear to Sarah. Sarah responds), Sure. (Sarah says something unclear back to Woman B, Woman B responds "Ok, you tell me when.")

[00:02:37.344] - Sarah Edmondson  
I feel like I'm going to fart though actually (laughing)

[00:02:41.004] - Woman C  
It's ok

[00:02:42.004] - one of the women  
We won't be able to smell it over the smell of burning skin.

[00:02:43.674] - Sarah Edmondson  
Are we using a new needle?

[00:02:43.674] - Danielle Roberts  
Yes

[00:02:43.674] - Sarah Edmondson  
What happened?

[00:02:43.674] - Multiple women  
Dropped it

[00:02:43.674] - Sarah Edmondson  
oh, ok... Thank you.

[00:02:50.474] - Lauren Salzman  
Drop that shit like Drake. (laughing)

[00:02:53.484] - one of the women  
Drop it like its hot, yo. (laughing)

[00:03:01.424] - Danielle Roberts  
So, we'll just do the touch first, so you know what it feels like. (It's brief, you can hear the sound of the tool touching the skin. Sarah's face can be seen. Her facial expression does not change with the test). We'll do a three count at first. (as she counts she is moving the branding tool, which looks like a pen across the stencil, about a 1/3 of the way across the top line of the design.) Ready? Here we go. one, two, three. Nice job.

[00:03:25.834] - one of the women  
You're doing so good Sarah (SE can be heard breathing deeply in and out)

[00:03:29.334] - another woman  
Wow

[00:03:29.334] - Danielle Roberts  
OK, three count again. Inhale. And... Here we go. One, two three. (Danielle finished the rest of the line)

[00:03:39.694] - Lauren Salzman  
Fucking awesome!

[00:03:39.894] - Danielle Roberts  
Two little touch ups, oK? Ready? here we go... (does one touch up). One more. One um, maybe two more. (Sarah hums as she exhales in a yoga breath) Ready? Here we go... One more, ready? here we go. (Sarah hums again in exhale)

[00:04:14.764] - Danielle Roberts  
Good. (Camera moves to her face. She takes a deep breath in and out. At this point she shows emotion)

[00:04:17.354] - Lauren Salzman  
That was awesome!

[00:04:21.014] - Woman D

That was one shot baby.

[00:04:22.163] - Sarah Edmondson

"We did it!" (there is a positive/soft tone in her voice – she takes a deep breath in and sighs as she lets it out).

[00:04:22.514] - Lauren Salzman

Yeah dude, Fucking warrior!

[00:04:23.744] - Woman B

That was how long?

[00:04:25.544] - Woman C

About five minutes, but like a two minute interlude, so... (It's been about 2 minutes, but the actual branding was approximately less than 10 seconds).

[00:04:29.444] - Woman B

Good breathing Sarah

[00:04:32.444] - Lauren Salzman

Gonna break some records

[00:04:33.494] - Danielle Roberts

Yoga's helpful

[00:04:35.474] - Sarah Edmondson

...And birth. (referencing that she had used the same breathing process during her labor for child birth)

[00:04:36.274] - none

There is a break at this point - Video is cut

[00:04:44.094] - Lauren Salzman

Ready?

[00:04:44.094] - one of the women

So you can squeeze my hand if you want

[00:04:50.304] - Sarah Edmondson

Which line is next?

[00:04:50.614] - Danielle Roberts

I'm gonna show you where we're at... We have the inside one, the inside triangle. Ok, so just a touch. Ready? Touch. Good. Ready, one, two, three.

[00:05:12.604] - Lauren Salzman

That was awesome. More than halfway.

[00:05:32.384] - Danielle Roberts

Ready, here we go... One, two, three. Gonna go over that one a little bit. Ready, here we go. One... One more little part, ready? (Sarah nods that she is ready, big inhale and exhale)

[00:06:13.264] - Danielle Roberts

K, here we go, hold on a sec. So I'm going to leave it. I'm going to see. I'm going to compare it to the other side. No electricity. (she goes over the line just with the needle tip, this can't be felt)... ok.

[00:06:32.464] - Sarah Edmondson

You're doing great. Fucking awesome!

[00:06:32.464] - Lauren Salzman  
Thank you

[00:06:32.464] - one of the women  
Warrior Bitches.

[00:06:32.649] - Sarah Edmondson  
Thank you for choosing me. (Lauren kisses SE on her cheek. Sarah says something that's not audible and then)... This means a lot... (Lauren strokes Sarah's face) Thank you... I love you.

[00:06:32.649] - Lauren Salzman  
I love you (Lauren kisses her again on the cheek and strokes her hair, returns her hand to Sarah's heart)

[00:06:32.649] - Sarah Edmondson  
k... (a moment elapses) ... it's so funny, I was auditioning for a fucking hallmark movie yesterday. (Everyone laughs) ... Bridal Bootcamp... (the title said in a humorous mocking way - SE shakes her head from side to side and says) ... fuck... (and laughs).

[00:07:18.494] - another woman  
Bad ass bootcamp

[00:07:18.494] - Sarah Edmondson  
SE is making jokes, but it's hard to hear what she says. (something... On my fucking life... oh, yeah, so good, thank you... warrior bootcamp, bitches!

[00:07:18.494] - one of the women  
(laughing)

[00:07:20.694] - Danielle Roberts  
Ok, here we go. (Sarah closes her eyes and breathes deeply in and out)

[00:07:36.514] - Danielle Roberts  
OK, just a touch first. Ready, touch. K, I'm going to go right up that line. Ready, here we go... One, two, three... (Sarah takes several deep breaths in and out). Sarah exhales loudly... then says "sorry" (I think it was to woman C for squeezing her hands tightly. - Woman B brushes SE's chest lightly to help her clear the state). Just some touchups. OK, ready, here we go... one, two, three.

[00:09:12.474] - Sarah Edmondson  
That was the worst one

[00:09:14.814] - Danielle Roberts  
One more touch up. Ready, here we go... (Sarah breathes in and out. Danielle does a few quick touches)

[00:09:23.694] - Sarah Edmondson  
Touch ups are always the worst

[00:09:25.244] - one of the women  
(agrees) They are the worst.

[00:09:27.854] - Danielle Roberts  
No electricity

[00:09:29.294] - Lauren Salzman

Looks good.

[00:09:30.704] - another woman  
Looks great.

[00:09:32.264] - Sarah Edmondson  
Three quarters done?

[00:09:33.674] - Lauren Salzman  
Even more because of all the big lines done.

[00:09:36.394] - Sarah Edmondson  
(gets emotional) ...This is so important... (Lauren kisses her head and puts her hand on Sarah's heart, sits next to her. Dialog exchange)

[00:10:17.934] - Danielle Roberts  
K, so touch first. Here we go, one, two, three...

[00:10:21.024] - Lauren Salzman  
That's the whole line.

[00:10:24.144] - Sarah Edmondson  
(exhales) Yesssss

[00:10:25.724] - Lauren Salzman  
That was awesome.

[00:10:27.334] - Danielle Roberts  
Little touch. Ready... here we go. (Sarah inhales and exhales) No electricity.

[00:10:54.474] - Danielle Roberts  
That's good.

[00:10:54.624] - Lauren Salzman  
Awesome.

[00:10:54.624] - Women  
(talking, it's unclear what's being said, something about tiny lines - Dialogue exchange - Sarah is smiling during this and nodding her head in agreement)

[00:10:56.304] - Sarah Edmondson  
I got your back.

[00:10:58.734] - Lauren Salzman  
I got yours (they laugh)

[00:11:01.854] - Sarah Edmondson  
You got my whole body right now (continuing to laugh)

[00:11:04.794] - Danielle Roberts  
OK, Sarah. Touch. (Sarah exhales) Ready? Here we go..." (one touch. SE inhales and exhales). Ready, here we go..." (touch for two counts). Sorry I'm just trying to figure out where to anchor...

[00:11:36.904] - Sarah Edmondson  
My hip bones are boney.

[00:11:36.904] - one of the women

Your what?

[00:11:36.904] - Sarah Edmondson  
I said, my hip bones are boney.

[00:11:38.614] - Lauren Salzman  
It's just a funny angle.

[00:11:38.614] - Sarah Edmondson  
Yeah. (imitating her husband) Want me to flex, does that help? (laughs and everyone laughs.. making more flexing faces like her husband does)

[00:11:43.044] - Lauren Salzman  
(In a low voice but continuing the joke) I'm stronger... (something Sarah's husband shouts when he leaves the gym)

[00:11:43.044] - Sarah Edmondson  
(In a soft humorous voice) Troy (her son) goes, "I gotta go to the gym and get stronger and muscles like daddy!"

[00:11:43.044] - Lauren Salzman  
aww... (Laughing...)

[00:12:01.524] - another woman  
That's sweet.

[00:12:02.894] - Danielle Roberts  
OK, Ready? Here we go....one, two, three. (Sarah yoga breathing, exhaling with a low rumble) K, we're going to go over that one. Ready? one, two, three...

[00:12:29.484] - Sarah Edmondson  
That was way worse, is it done?

[00:12:32.594] - Danielle Roberts  
Two touch ups.

[00:12:35.814] - Sarah Edmondson  
ok

[00:12:35.814] - Lauren Salzman  
very good.

[00:12:35.814] - Danielle Roberts  
Ready, here we go... one more touch up... ready, here we go... just elec, uh, just no electricity.

[00:13:33.524] - Lauren Salzman  
Looks really good. Just have two dinky ones

[00:13:33.722] - Sarah Edmondson  
(Laughing) Dinky... I love the word dinky!

[00:13:33.524] - Danielle Roberts  
Touch first... k, ready? Here we go, one, two.... I'm gonna go over that one one more time. Ready, here we go, one, two. (Sarah breathing as Danielle goes over it with no electricity). Little touch... here we go... (quick touch). No electricity... ok.

[00:14:35.874] - Sarah Edmondson

We did it

[00:14:35.874] - Lauren Salzman  
last one...

[00:14:35.874] - Sarah Edmondson  
(Sarah, big smile to Lauren) How am I doing?

[00:14:35.874] - Lauren Salzman  
Awesome! Fucking inspiring! (Sarah is beaming)

[00:14:46.724] - Danielle Roberts  
Ok, ready? Ok, here we go...

[00:14:46.802] - Lauren Salzman  
That was awesome!

[00:14:46.724] - Danielle Roberts  
Hang in there, just a little touch ups now. (Sarah exhales). Ready, here we go. OK, I'm just going to open this side a little bit? OK, it's going to be the one towards the inside, OK?

[00:15:00.044] - Lauren Salzman  
This one's gonna hurt, ok. (preparing Sarah).

[00:15:00.044] - Danielle Roberts  
Ready, here we go. (Sarah winces). Nice, Almost there.

[00:15:19.904] - Sarah Edmondson  
(breathes in and out, calmly says) Just finish it...

[00:15:19.904] - Danielle Roberts  
Ok, I think we're good. (Sarah puts her hands in namaste, first to her forehead and then to her heart. Releases a bit of emotion. Lauren sits next to Sarah and stokes her hair and the side of her face during the last dialog exchange. When it is complete Sarah laughs and expresses emotion. Lauren kisses her on the cheek twice and they embrace for some time.

[00:15:22.424] - Lauren Salzman  
(Still in the embrace) You did awesome!!

[00:15:22.424] - Sarah Edmondson  
(Sarah emotional) This is such an honor thank you... (Lauren kisses her again twice). Thank you for helping me push!

[00:15:45.044] - Lauren Salzman  
You did so good. I'm so proud of you!

[00:15:45.884] - Sarah Edmondson  
Thank you. (she says something else that's hard to hear... something "to control it" she may have been referring to her emotional release at the end, it's not clear)

[00:15:49.114] - Lauren Salzman  
That was really, really awesome. You did fucking awesome! (Video Ends).