Flavr Rituals - Phase 2: Recipe Card Generation (Dedicated Prompt 1)

GOAL:

Generate 3 Tinder-style recipe idea cards per day based on the users inputs for that day (stored from Phase 1). These recipe cards are previews, not full recipes. The user selects one recipe per day, and this selection will later drive the shopping list and full recipe generation.

IMPORTANT:

Phase 2 uses the **Prompt 1 structure** (same as Shopping Mode) but as its **own dedicated prompt** specifically tailored to Flavr Rituals. Do not reuse Shopping Modes prompt directlythis must reflect Rituals-specific context, constraints, and logic.

1. INPUTS:

Use the inputs from each days quiz (stored in ritualInputContext), including:

- mood

- ambition

- dietary requirements

- time

- budget

- equipment

- cuisine

- creative guidance (optional)

- variation seed (optional)

2. GPT INTEGRATION:

Use the Rituals Prompt 1 structure to call GPT for each days inputs:

- Pass inputs to the model

- Get back exactly 3 recipes per day

- Format: [{ title: "", description: "" }]

3. UI REQUIREMENTS:

- Display a weekly calendar view (MonSun)

- Each day shows 3 Tinder-style recipe preview cards

- Each card includes:

  * Title

  * One-sentence description

  * Placeholder image (optional, image gen is not yet required)

- User must select 1 recipe per day (or skip that day)

- Highlight selected card visually

- Store selection per day in state: ritualsRecipeSelections

4. LOGIC:

- Do not allow progression without all unskipped days having a selection

- Ensure selections are saved for future use

- Disable GPT calls for skipped days

5. STYLING:

- Match Flavr's mobile-first card layout (rounded, swipeable, stacked)

- Use consistent fonts, colors, and animations

- Add loading state while GPT generates recipe ideas

6. DO NOT YET:

- Generate full recipes

- Generate shopping list

- Show recipe detail card

- Call Prompt 2

- Connect to Zest or chatbot

- Gate functionality behind Flavr+

7. CHECKLIST:

Use dedicated Prompt 1 for Rituals to get recipe previews per day

Tinder-style 3-card selection UI per day

Store selected recipe in ritualsRecipeSelections

Use existing inputs from Phase 1

Weekly calendar interface with per-day logic