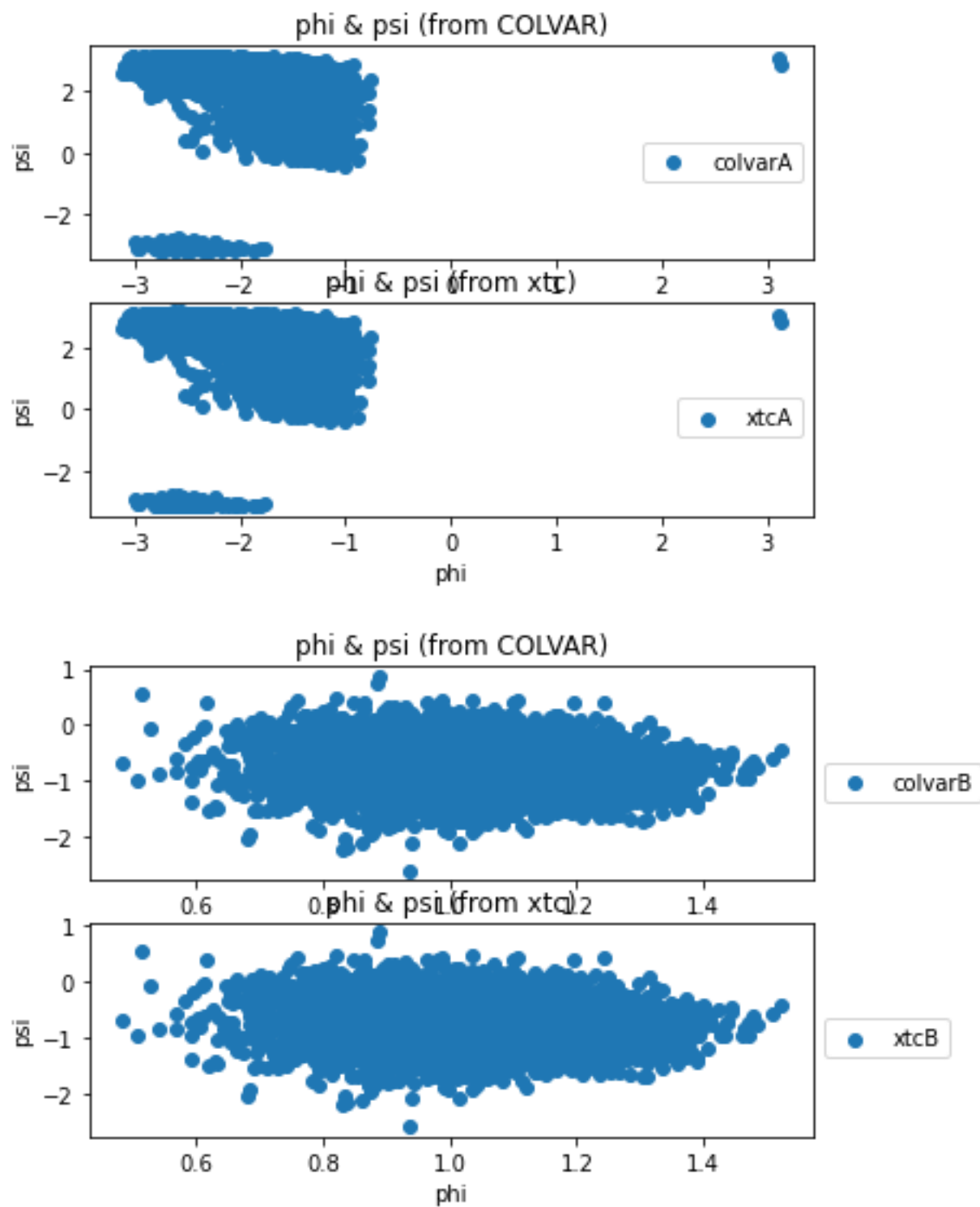
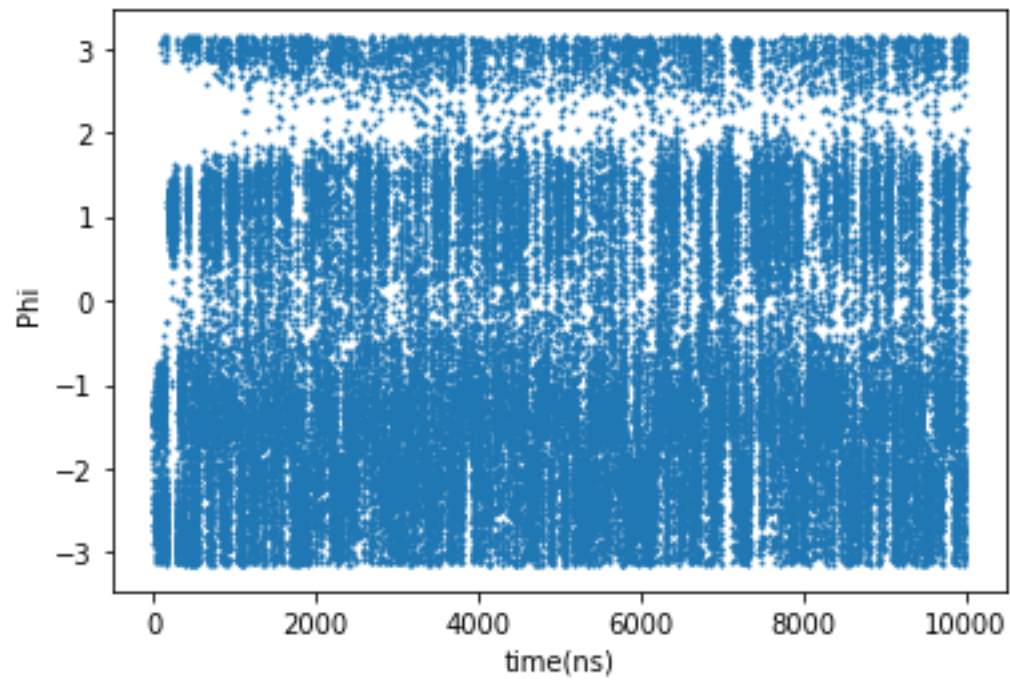


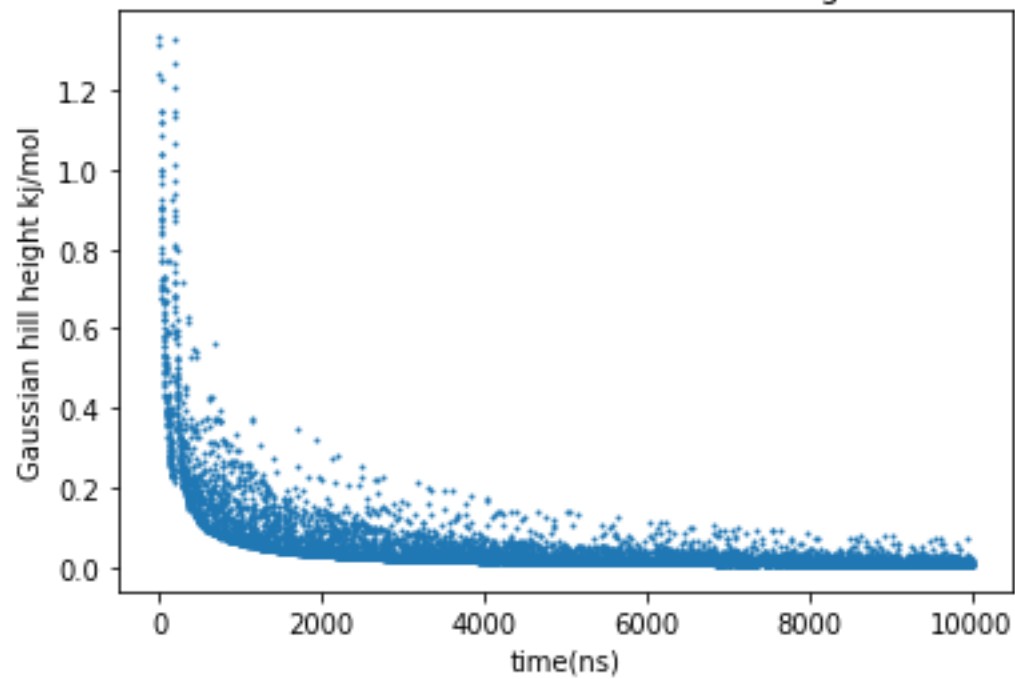
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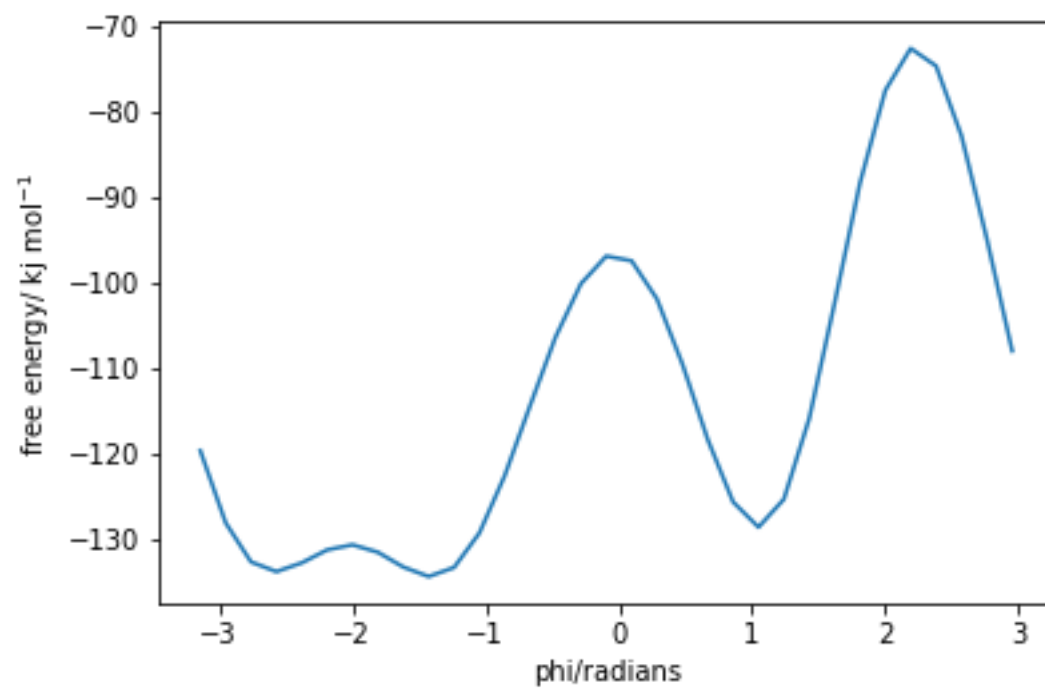
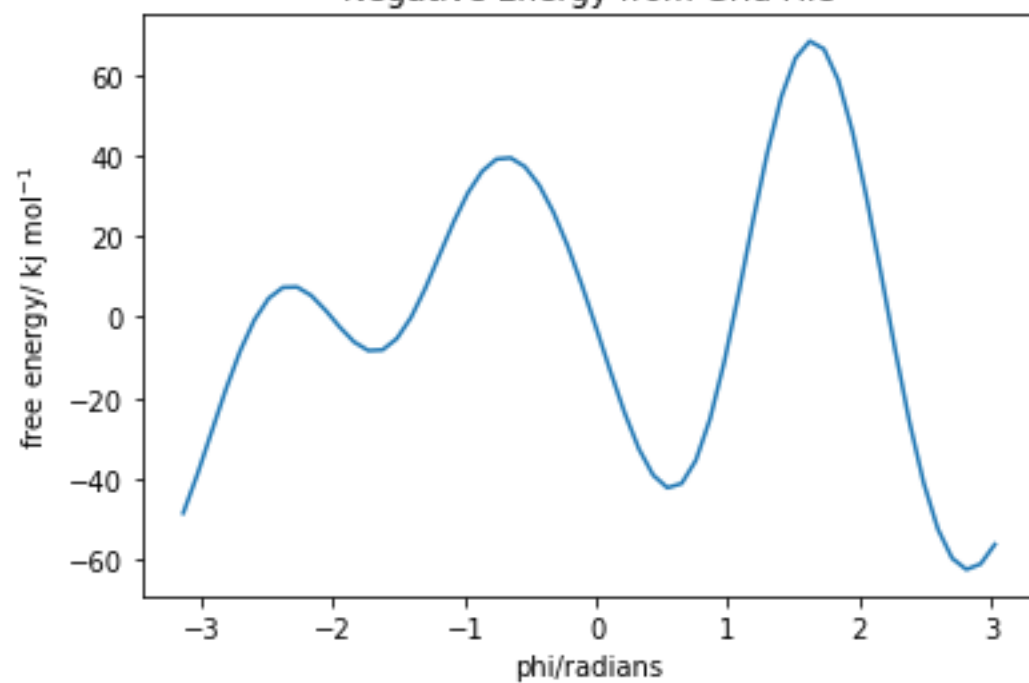
### 3. Lugano tutorial

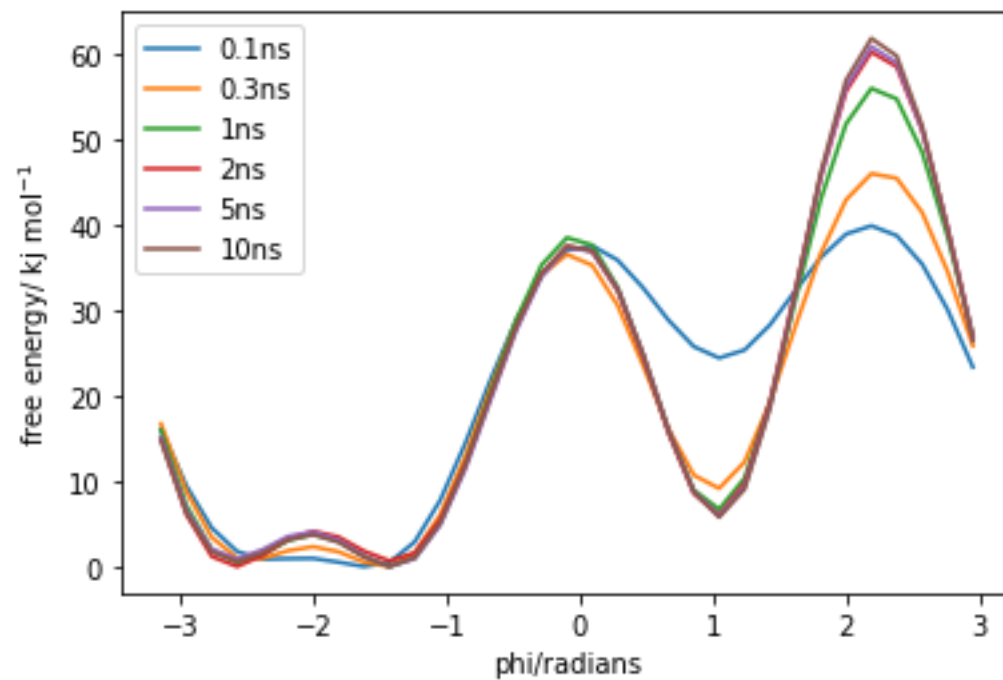


Time evolution of the Gaussian height



Negative Energy from Grid File





2d metadynamics

