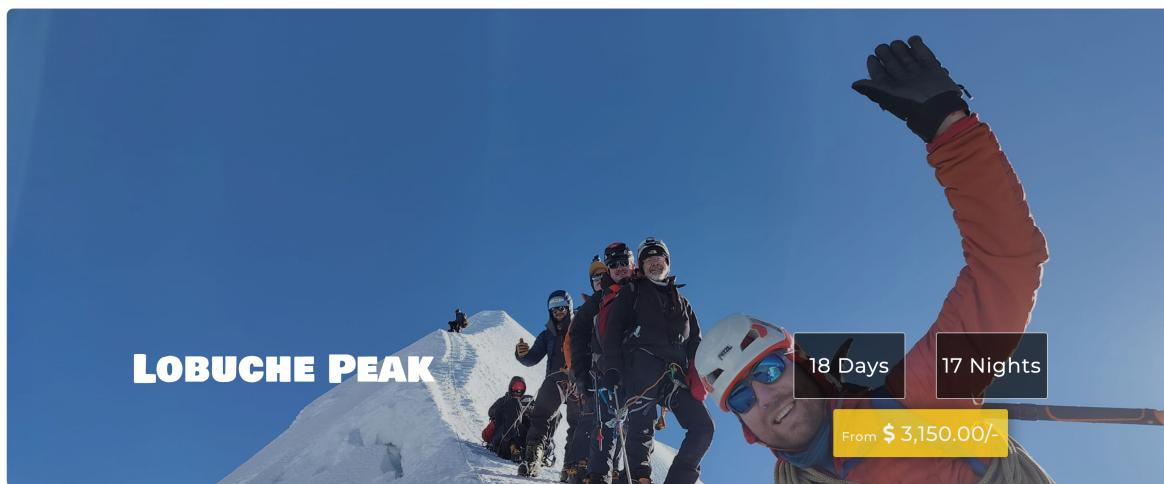




TREKKING ADVENTURE USEFUL INFO NEWS CONTACT US



#### HIGHLIGHTS

- ✓ Navigating steep rocky terraces and snow slopes
- ✓ Following a sharp snow ridge to the summit ridge
- ✓ Climbing steep and challenging snow slopes to the summit
- ✓ Stunning views of surrounding peaks and the Rongbuk side of Tibet
- ✓ Expert guides ensuring your safety and comfort throughout the trek
- ✓ Experiencing the local culture and cuisine of Nepal

#### THE COMPLETE GUIDE TO LOBUCHE PEAK CLIMBING

Lobuche East Peak, standing at an altitude of 6,119 meters (20,075 feet), is a more challenging trekking peak located in the Khumbu region of Nepal. It requires professional mountaineering skills and offers climbers an exhilarating and demanding adventure.

The climb involves navigating steep rocky terraces and snow slopes, following a sharp snow ridge to the summit ridge, and ascending steep and quite difficult snow slopes to the summit.

The view from the summit is superb, offering a breathtaking panorama of surrounding peaks and the Rongbuk side of Tibet.

#### ITINERARY

##### DAY 1 - PICK UP AT THE AIRPORT AND TRANSFER TO HOTEL

Arrive at Tribhuvan International Airport, where you will be greeted by our team. Transfer to your hotel in Kathmandu, where you can relax and prepare for the adventure ahead. Enjoy a welcome dinner and trek briefing in the evening.

##### DAY 2 - GUIDED TOUR AROUND KATHMANDU VALLEY. PREPARE FOR THE TREK

Take a guided tour of Kathmandu Valley, visiting key cultural sites such as Swayambhunath (Monkey Temple), Boudhanath Stupa, and Pashupatinath Temple. Spend the rest of the day preparing your gear and finalizing details for the trek.

##### DAY 3 - FLY TO LUKLA (2,800M) AND TREK TO PHAKDING (2,652M)

Fly from Kathmandu to Lukla, where you'll start your trek. After landing, begin your trek to Phakding. Enjoy the beautiful landscapes and the peaceful atmosphere of this Sherpa village. Overnight in Phakding.

##### DAY 4 - TREK TO NAMCHE BAZAAR (3,440M)

Trek from Phakding to Namche Bazaar, the gateway to the Khumbu region. The trail ascends through lush forests and crosses several suspension bridges over the Dudh Koshi River. Arrive in Namche Bazaar and enjoy the vibrant local market. Overnight in Namche Bazaar.

##### DAY 5 - ACCLIMATIZATION DAY AT NAMCHE BAZAAR

Spend a day acclimatizing in Namche Bazaar. Explore the town, visit the Everest View

Start Point : Lukla

End Point: Kathmandu

Distance : Varies

Group Size : 2-15 pax

Max Altitude : 6,119m / 20,075ft

Difficulty : Extreme

Skill Level: Professional

Best Season : Sep-Dec | Mar-May

Region : Khumbu

Download Pdf Itinerary

BOOK NOW

SEND ENQUIRY

Hotel for panoramic views of Everest and other peaks, and take short hikes to aid in acclimatization. Overnight in Namche Bazaar.

**DAY 6 - TREK TO TENGBOCHE (3,870M)**

Trek from Namche Bazaar to Tengboche, passing through beautiful rhododendron forests. Visit the Tengboche Monastery, one of the most important in the Khumbu region, and enjoy stunning views of Everest, Lhotse, and Ama Dablam. Overnight in Tengboche.

**DAY 7 - TREK TO PHERICHE (4,200M)**

Continue your trek to Pheriche, a small village in the valley. The trail offers great views of the surrounding mountains and includes a gradual ascent. Overnight in Pheriche.

**DAY 8 - TREK TO LOBUCHE (4,930M)**

Trek from Pheriche to Lobuche, passing through the Thukla Pass with memorials dedicated to climbers who lost their lives on Everest. Enjoy impressive views of the surrounding peaks. Overnight in Lobuche.

**DAY 9 - TREK TO GORAKSHEP (5,170M), HIKE TO EVEREST BASE CAMP (5,364M) IN THE AFTERNOON AND BACK TO GORAKSHEP**

Trek to Gorakshep, the last stop before Everest Base Camp. After lunch, hike to Everest Base Camp for a glimpse of the base of the world's highest peak. Return to Gorakshep for overnight stay.

**DAY 10 - ASCEND TO KALAPATHAR (5,545M) AND TREK TO LOBUCHE EAST BASE CAMP (4,950M)**

Early morning hike to Kalapathar for spectacular sunrise views of Everest and the surrounding peaks. Return to Gorakshep for breakfast, then trek to Lobuche East Base Camp. Overnight in Base Camp.

**DAY 11 - TREK TO LOBUCHE EAST HIGH CAMP (5,400M)**

Ascend from Base Camp to Lobuche East High Camp. The trek involves climbing steep sections and setting up camp at a higher altitude for the upcoming summit attempt. Overnight in High Camp.

**DAY 12 - SUMMIT TO LOBUCHE EAST (6,119M) AND BACK TO BASE CAMP**

Summit Lobuche East early in the morning. The climb involves navigating steep and challenging snow slopes. After reaching the summit, descend back to Base Camp for overnight rest.

**DAY 13 - RETURN TO PANGBOCHE (3,900M)**

Descend from Lobuche Base Camp to Pangboche. The trek offers a chance to enjoy the beautiful landscapes and relax in the village. Overnight in Pangboche.

**DAY 14 - RETURN TO NAMCHE BAZAAR**

Continue your descent from Pangboche to Namche Bazaar. Enjoy the familiar surroundings and relax after the climb. Overnight in Namche Bazaar.

**DAY 15 - RETURN TO LUKLA (2,800M)**

Trek back to Lukla, where you can celebrate the successful completion of your climb. Overnight in Lukla.

**DAY 16 - FLY BACK TO KATHMANDU**

Fly from Lukla back to Kathmandu. Enjoy the remainder of the day at leisure, exploring the city or relaxing after your trek. Overnight in Kathmandu.

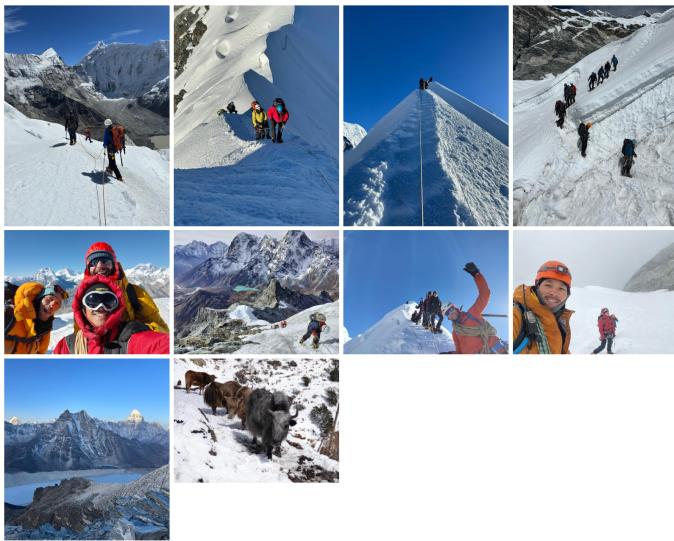
**DAY 17 - LEISURE IN KATHMANDU**

Spend a day at leisure in Kathmandu. Explore local markets, relax, or take part in optional sightseeing tours. Overnight in Kathmandu.

**DAY 18 - DEPARTURE FROM NEPAL TO DESTINATION COUNTRY**

Transfer to Tribhuvan International Airport for your departure. Fly back to your home country, concluding your Lobuche Peak adventure.

**TRIP ENDS HERE!**



#### MAP

#### WHAT'S INCLUDED

- ✓ All land transport in private vehicles including airport transfers, Support Vehicle.
- ✓ All meals as per itinerary.
- ✓ Professional and experienced guides with relevant qualifications
- ✓ All permits and entry fees.
- ✓ Porters for carrying your bags .
- ✓ Comfortable accommodation during the adventure
- ✓ Comprehensive support for all aspects of the trip
- ✓ A detailed adventure information pack
- ✓ Knowledgeable advisors to assist with trip planning
- ✓ Regular updates about the adventure itinerary
- ✓ Emphasis on safety and risk management

#### WHAT'S NOT INCLUDED

- ✗ Fees for visas to enter or exit the country
- ✗ Travel & Medical insurance (compulsory and must include helicopter evacuation)
- ✗ Medical costs that may be incurred during the trip
- ✗ Lodging expenses before and after the adventure
- ✗ Transportation to the adventure starting point
- ✗ Rental fees for equipment needed during the adventure

- ✖ Alcoholic and non-alcoholic drinks consumed during the trip
- ✖ Meals that are not part of the planned itinerary
- ✖ Personal purchases made during the adventure
- ✖ Optional additional activities that can be arranged for an extra cost.

#### **MANDATORY DOCUMENTS**

- ❑ Identification document
- ❑ Booking Receipt, if Booked Online (PDF will work)

#### **CANCELLATION POLICY**

- ❑ More than 30-days prior to departure - 50% refund.
- ❑ In Between 15-30-days prior to departure - 25% refund.
- ❑ Less than 15-days prior to departure - No Refund.

#### **FREQUENTLY ASKED QUESTIONS**

- + Who will be guiding us on the peak climbing expedition?
- + What level of physical fitness is required?
- + What equipment do I need to bring?
- + What if the weather conditions are not favorable?
- + How are meals and accommodations arranged during the expedition?
- + What should I do in case of altitude sickness?

#### **NOTE**

— Safety first: Always wear appropriate safety gear, including a helmet, gloves, and protective clothing.

#### **ADDRESS**

THE ALPINE EXPEDITIONS  
MAKALBARI , KATHMANDU  
NEPAL ( ZIP - 44600 )

#### **ADVENTURE**

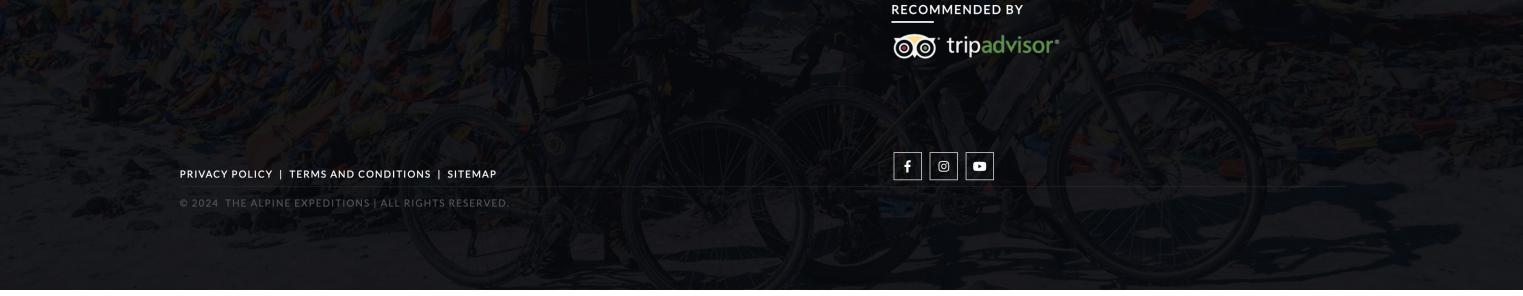
TREKKING  
PEAK CLIMBING  
WHITE WATER RAFTING  
ROCK CLIMBING  
BIKE TOURS

#### **CONTACT**

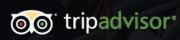
THEALPINEEXPEDITIONS@GMAIL.COM  
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+977-9863683851 [WHATSAPP](#)

#### **WE ACCEPT**





RECOMMENDED BY



[PRIVACY POLICY](#) | [TERMS AND CONDITIONS](#) | [SITEMAP](#)

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