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account Log in Pages for logged out editors learn more ContributionsTalk Contents move to sidebar hide (Top) 1Classification Toggle
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linkPage informationCite this pageGet shortened URLWikidata item Print/export Download as PDFPrintable version In other projects
Wikimedia Commons From Wikipedia, the free encyclopedia Rare medical conditions that result in easy blistering of the skin and
mucous membranes Parts of this article (those related to treatment with genetically modified skin grafts) need to be updated. Please help
update this article to reflect recent events or newly available information. (November 2020) Medical conditionEpidermolysis
bullosaOther namesButterfly children[1]A five-year-old boy with epidermolysis bullosaSpecialtyDermatologySymptomsPainful skin
blisters[2][3]ComplicationsEsophageal narrowing, squamous cell skin cancer, amputations[4][5]Usual onsetAt birth[5]DurationOften
lifelong[5]TypesEpidermolysis bullosa simplex, dystrophic epidermolysis bullosa, junctional epidermolysis bullosa, Kindler
syndrome[2]CausesGenetic[2]Diagnostic methodSkin biopsy, genetic testing[6]Differential diagnosisBullous pemphigoid, pemphigus
vulgaris, friction blisters, insect bites[5]TreatmentWound care, pain control, controlling infections, nutritional support[2]PrognosisDeath
usually occurs during early adulthoodFrequencyaround 1 in 500,000[5] Epidermolysis bullosa (EB) is a group of rare medical conditions
that result in easy blistering of the skin and mucous membranes. Blisters occur with minor trauma or friction and are painful. Its severity
can range from mild to fatal.[7] Inherited EB is a rare disease with a prevalence in the United States of 8.2 per million live births.[8]
Those with mild cases may not develop symptoms until they start to crawl or walk. Complications may include esophageal narrowing,
squamous cell skin cancer, and the need for amputations. EB is due to a mutation in at least one of 16 different genes. Some types are
autosomal dominant while others are autosomal recessive. [2] The underlying mechanism is a defect in attachment between or within the
layers of the skin. Loss or diminished function of type VII collagen leads to weakness in the structural architecture of the
dermalâ€"epidermal junction (DEJ) and mucosal membranes.[9] There are four main types: epidermolysis bullosa simplex (EBS),
dystrophic epidermolysis bullosa (DEB), junctional epidermolysis bullosa (JEB), and Kindler syndrome. The diagnosis is suspected
based on symptoms and confirmed by skin biopsy or genetic testing. There is no cure for the condition. Management involves wound
care, pain control, controlling infections, nutritional support, and prevention and treatment of complications.[7] About half a million
people are affected globally.[5] It occurs equally commonly in males and females.[10] Classification[edit] Epidermolysis bullosa refers
to a group of disorders that involve the formation of blisters following trivial trauma. Over 300 mutations have been identified in this
condition.[11] They have been classified into the following types:[12][13]: 596  Epidermolysis bullosa simplex[edit] Main article:
Epidermolysis bullosa simplex Epidermolysis bullosa simplex (EBS) is a form of EB that causes blisters at the site of rubbing. It
typically affects the hands and feet, and is typically inherited in an autosomal dominant manner, affecting the keratin genes KRT5 and
KRT14. Therefore, there is a failure in keratinization, which affects the integrity and the ability of the skin to resist mechanical stresses.
[citation needed] Junctional epidermolysis bullosa[edit] Main article: Junctional epidermolysis bullosa (medicine) Junctional
epidermolysis bullosa (JEB) is an inherited disease affecting laminin and collagen. This disease is characterized by blister formation
within the lamina lucida of the basement membrane zone[13]: 599  and is inherited in an autosomal recessive manner. It also
presents with blisters at the site of friction, especially on the hands and feet, and has variants that can occur in children and adults. Less
than one person per million people is estimated to have this form of EB.[14] Dystrophic epidermolysis bullosa[edit] Main article:
Dystrophic epidermolysis bullosa (DEB) is an inherited variant affecting the skin and other organs.
DEB is caused by genetic defects (or mutations) within the human COL7A1 gene encoding the protein type VII collagen (collagen VII).
[15] DEB-causing mutations can be either autosomal dominant or autosomal recessive. Epidermis bullosa pruriginosa and albopapuloid
epidermolysis bullosa (Pasini's disease) are rare subtypes of this disease. [16] Other genetic [edit] OMIM Name Locus Gene 609638
epidermolysis bullosa, lethal acantholytic 6p24 DSP Epidermolysis bullosa acquisita[edit] Main article: Epidermolysis bullosa acquisita
Acral peeling[edit] Main article: Peeling skin syndrome Pathophysiology[edit] The human skin consists of two layers: an outermost
layer called the epidermis and a layer underneath called the dermis. In individuals with healthy skin, there are protein anchors between
these two layers (Dermo epidermal junction) that prevent them from moving independently from one another (shearing). In people born
with EB, the two skin layers lack the protein anchors that hold them together, resulting in extremely fragile skinâte"even minor
mechanical friction (like rubbing or pressure) or trauma will separate the layers of the skin and form blisters and painful sores. [17] EBÂ
individuals manifest unremitting skin blistering that evolves into chronic wounds, inflammation, and fibrosis.[18] People with EB have
compared the sores with third-degree burns. Furthermore, as a complication of the chronic skin damage, people with EB have an
increased risk of malignancies (cancers) of the skin.[19] Virtually any organ lined or covered by epithelium may be injured in inherited
EB. External eye, esophagus, upper airway, and genitourinary tract are the epithelial surfaced tissues that are at particular risk.[20]
Diagnosis[edit] EB can be diagnosed either by a skin (punch) biopsy at the edge of a wound with immunofluorescent mapping, or via
blood sample and genetic testing.[citation needed] Treatment[edit] Treatment of the epidermolysis bullosa by transplantation of laminin5
modified stem cells The combination of birch bark extract from Betula pendula and Betula pubescens is used to treat epidermolysis
bullosa.[21][22] Research has focused on changing the mixture of keratins produced in the skin. There are 54 known keratin genesâ€"of
which 28 belong to the type I intermediate filament genes and 26 to type IIâ€"which work as heterodimers. Many of these genes share
substantial structural and functional similarity, but they are specialized to cell type and/or conditions under which they are normally
produced. If the balance of production could be shifted away from the mutated, dysfunctional keratin gene toward an intact keratin gene,
symptoms could be reduced. For example, sulforaphane, a compound found in broccoli, was found to reduce blistering in a mouse model
to the point where affected pups could not be identified visually, when injected into pregnant mice (5 \hat{1}^{1}/4mol/day = 0.9\hat{A} mg) and applied
topically to newborns (1 Î1/4mol/day = 0.2Â mg in jojoba oil).[23] As of 2008 clinical research at the University of Minnesota has
explored allogeneic bone marrow transplantation for RD and junctional EB, treating a two-year-old child who is one of two brothers with
EB. A second transplant has also been performed on the child's older brother. A Missouri boy has also successfully undergone the
transplant, as well as a 5 year old boy from Alabama. So far there have been 12 successful transplants. [24] Another transplant is
scheduled for a California baby. A clinical trial is planned for 30 subjects. [25] However, the immune suppression that bone marrow
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transplantation requires causes a risk of serious infections with large scale blisters and skin erosion. [26] Indeed, at least four people have
died in the course of either preparation for or institution of bone marrow transplantation for EB, out of only a small group of patients
treated so far. [26] The mechanism of action of this therapy is unclear as hematopoietic stem cells are not thought to contribute to
epithelial lineages. Rather, it is speculated that cross-correction from tissue-resident graft-derived immune cells contributes to the
observed clinical benefit. [27] A pilot study performed in 2015 suggests that systemic granulocyte-colony stimulating factor (G-CSF)
may promote increased wound healing in people with dystrophic EB.[28] Transplanting skin derived from genetically modified stem
cells onto the wound surfaces has been studied with a report of improvements in one person. [29] A 2017 clinical trial with male RDEB
(recessive dystrophic EB) patients conducted successful grafting of type VII gene corrected keratinocytes (COL7A1 gene correction
using retrovirus transduction), without any serious adverse effects. Type VII collage formation was observed at the dermis-epidermis
junction in significant amounts.[30] A 2020 study demonstrated the safe allogenic grafting of acellular dermal matrix/scaffolds in EB
patients without any observed infection or necrosis and instead noted fewer required dressing changes, promoted wound healing, pain
reduction, and an overall improvement in the quality of life of the patients.[31] Monitoring[edit] The Epidermolysis Bullosa Disease
Activity and Scarring index (EBDASI) is a scoring system that objectively quantifies the severity of EB. The EBDASI is a tool for
clinicians and patients to monitor the severity of the disease. It has also been designed to evaluate the response to new therapies for the
treatment of EB. The EBDASI was developed and validated by Professor Dedee Murrell and her team of students and fellows at the St
George Hospital, University of New South Wales, in Sydney, Australia. It was presented at the International Investigative Dermatology
congress in Edinburgh in 2013 and a paper-based version was published in the Journal of the American Academy of Dermatology in
2014.[32] Prognosis[edit] A 2014 study classified cases into three typesâ€"EBS, JEB and DEBâ€"and reviewed their times of death. The
first two types tended to die in infancy and the last in early adulthood.[33] In a survey of 11 families affected by the disease, lack of
awareness of the disease by both the public and health care providers raised concerns about the care provided.[5] Epidemiology[edit] An
estimated 20 per million live births are diagnosed with EB,[34] and 9 per million people in the general population have the condition. Of
these cases, approximately 92% are EBS, 5% are DEB, 1% are JEB, and 2% are unclassified. Carrier frequency ranges from 1 in 333 for
JEB, to 1 in 450 for DEB; the carrier frequency for EBS is presumed to be much higher than JEB or DEB.[citation needed] The disorder
occurs in every racial and ethnic group and affects both sexes.[35][36] Society and culture[edit] In 2010, Emma Fogarty, a campaigner
for DEBRA Ireland (the EB charity), was awarded a People of the Year Award.[37] Actor Colin Farrell has campaigned with Fogarty on
behalf of affected people.[38] In 2014, Pearl Jam lead vocalist Eddie Vedder together with his wife Jill McCormick co-founded the EB
Research Partnership, [39] a non-profit organization dedicated to finding a cure for EB. [40] McCormick is childhood friends with Ryan
Fullmer, whose son, Michael, was born with EB. Vedder, McCormick, Ryan Fullmer, and his wife, Heather founded Heal EB. In 2014,
they merged Heal EB with the Jackson Gabriel Research Foundation to create the EB Research Partnership. The EBRP hosts several
annual fundraising events. To date, they have raised $12 million to fund research to find a cure.[41] On March 1, 2019, heavyweight
boxer Luis Ortiz was named an honorary ambassador for the EB community by the EB Research Partnership. Ortiz's daughter,
Lismercedes, was born with EB.[42] Movies[edit] The condition was brought to public attention in 2004 in the UK through the Channel
4 documentary The Boy Whose Skin Fell Off, chronicling the life and death of Jonny Kennedy, an Englishman with EB.[43] In the
United States, HBO ran a documentary, My Flesh and Blood, in 2003. [citation needed] Additionally, the film Butterfly Girl follows
Abigail Evans with the disease. [44] In Canada, The Sports Network's award-winning documentary on Jonathan Pitre led to extensive
coverage on the boy's disease, treatment, and death. [45] [46] Other names [edit] Other terms used to describe those affected include
"butterfly children" as the skin is fragile as a butterfly's wings, [47] "cotton wool babies", [48] [49] or "crystal skin children". [50]
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GeneReviews/NCBI/UW/NIH entry on Epidermolysis Bullosa Simplex Questions and Answers about Epidermolysis Bullosa - US
National Institute of Arthritis and Musculoskeletal and Skin Diseases vteCongenital malformations and deformations of integument / skin
diseaseGenodermatosisCongenital ichthyosis/erythrokeratodermiaAD Ichthyosis vulgaris AR Congenital ichthyosiform erythroderma:
Epidermolytic hyperkeratosis Lamellar ichthyosis Harlequin-type ichthyosis Netherton syndrome CHIME syndrome
SjŶgrenâ€"Larsson syndrome XR X-linked ichthyosis Ungrouped Ichthyosis bullosa of Siemens Ichthyosis follicularis Ichthyosis
prematurity syndrome Ichthyosis–sclerosing cholangitis syndrome Nonbullous congenital ichthyosiform erythroderma Ichthyosis
linearis circumflexa Ichthyosis hystrix EBand related EBS EBS-K EBS-WC EBS-DM EBS-OG EBS-MD EBS-MP JEB JEB-H Mitis
Generalized atrophic JEB-PA DEB DDEB RDEB related: Costello syndrome Kindler syndrome Laryngoonychocutaneous syndrome
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Skin fragility syndrome Ectodermal dysplasia Naegeli syndrome/Dermatopathia pigmentosa reticularis Hayâ€"Wells syndrome Hypohidrotic ectodermal dysplasia Focal dermal hypoplasia Ellisâ€"van Creveld syndrome Rappâ€"Hodgkin syndrome/Hayâ€"Wells syndrome Elastic/Connective Ehlersâ€"Danlos syndromes Cutis laxa (Gerodermia osteodysplastica) Popliteal pterygium syndrome Pseudoxanthoma elasticum Van der Woude syndrome Hyperkeratosis/keratinopathyPPK diffuse: Diffuse epidermolytic palmoplantar keratoderma Diffuse nonepidermolytic palmoplantar keratoderma Palmoplantar keratoderma of Sybert Meleda disease syndromic connexin Bartâ€"Pumphrey syndrome Clouston's hidrotic ectodermal dysplasia Vohwinkel syndrome Corneodermatoosseous syndrome plakoglobin Naxos syndrome Scleroatrophic syndrome of Huriez Olmsted syndrome Cathepsin C Papillonâ€"LefÃ"vre syndrome Haimâ€"Munk syndrome Camisa disease focal: Focal palmoplantar keratoderma with oral mucosal hyperkeratosis Focal palmoplantar and gingival keratosis Howelâ€"Evans syndrome Pachyonychia congenita Pachyonychia congenita type I Pachyonychia congenita type II Striate palmoplantar keratoderma Tyrosinemia type II punctate: Acrokeratoelastoidosis of Costa Focal acral hyperkeratosis Keratosis punctata palmaris et plantaris Keratosis punctata of the palmar creases Schöpfã€"Schulzâ€"Passarge syndrome Porokeratosis plantaris discreta Spiny keratoderma ungrouped: Palmoplantar keratoderma and spastic paraplegia desmoplakin Carvajal syndrome connexin Erythrokeratodermia variabilis HID/KID Other Meleda disease Keratosis pilaris ATP2A2 Darier's disease Dyskeratosis congenita Lelis syndrome Dyskeratosis congenita Keratolytic winter erythema Keratosis follicularis spinulosa decalvans Keratosis linearis with ichthyosis congenita and sclerosing keratoderma syndrome Keratosis pilaris atrophicans faciei Keratosis pilaris Other cadherin EEM syndrome immune system Hereditary lymphedema Mastocytosis/Urticaria pigmentosa Haileyâ€"Hailey see also Template:Congenital malformations and deformations of skin appendages, Template:Phakomatoses, Template:Pigmentation disorders, Template:DNA replication and repair-deficiency disorder DevelopmentalanomaliesMidline Dermoid cyst Encephalocele Nasal glioma PHACE association Sinus pericranii Nevus Capillary hemangioma Port-wine stain Nevus flammeus nuchae Other/ungrouped Aplasia cutis congenita Amniotic band syndrome Branchial cyst Cavernous venous malformation Accessory nail of the fifth toe Bronchogenic cyst Congenital cartilaginous rest of the neck Congenital hypertrophy of the lateral fold of the hallux Congenital lip pit Congenital malformations of the dermatoglyphs Congenital preauricular fistula Congenital smooth muscle hamartoma Cystic lymphatic malformation Median raphe cyst Melanotic neuroectodermal tumor of infancy Mongolian spot Nasolacrimal duct cyst Omphalomesenteric duct cyst Poland anomaly Rapidly involuting congenital hemangioma Rosenthalâ€"Kloepfer syndrome Skin dimple Superficial lymphatic malformation Thyroglossal duct cyst Verrucous vascular malformation Birthmark ClassificationDICD-10: Q81ICD-9-CM: 757.39MeSH: D004820DiseasesDB: 31928External resourcesMedlinePlus: 001457eMedicine: derm/124Patient UK: Epidermolysis bullosa Authority control databases: National Israel United States Czech Republic Retrieved from "https://en.wikipedia.org/w/index.php?title=Epidermolysis bullosa&oldid=1184047463" Categories: GenodermatosesRare diseasesHidden categories: Webarchive template wayback linksArticles with short descriptionShort description is different from WikidataWikipedia articles in need of updating from November 2020All Wikipedia articles in need of updatingAll articles with unsourced statementsArticles with unsourced statements from September 2020Articles with unsourced statements from March 2009Articles with unsourced statements from April 2015Commons category link from WikidataArticles with J9U identifiersArticles with LCCN identifiers Articles with NKC identifiers Wikipedia medicine articles ready to translate This page was last edited on 8 November 2023, at 01:00Â (UTC). Text is available under the Creative Commons Attribution-ShareAlike License 4.0; additional terms may apply. By using this site, you agree to the Terms of Use and Privacy Policy. Wikipedia® is a registered trademark of the Wikimedia Foundation, Inc., a non-profit organization. Privacy policy About Wikipedia Disclaimers Contact Wikipedia Code of Conduct Developers Statistics Cookie statement Mobile view Toggle limited content width