

## **CARRS: Surveillance Study**

Household ID

# Instruction to the interviewer: HAS THE PARTICIPANT SIGNED THE INFORMED CONSENT? DO NOT PROCEED UNTIL THE **CONSENT FORM HAS BEEN SIGNED.**

Cluster ID

autopsy form

Cluster ID cluster_id	Household ID		hhp_id
Follow-up ID fu2_id	Interviwer Id		
Date of interview:  DD/MM/YY  in	terview_date Start Time(Hr:min)	HR MI	start_time N
Section- 1: Response and contact of the particip	ant		
Did the participant respond to the study?  f2_respond_study	[Yes =1; No =2]		If ' <b>2</b> ', go to Q-4
If YES, what is the present address  f2_present_add	Same as baseline survey/1 <sup>st</sup> follow up 1 Changed	2	If '1' go to question-6
If changed, note the current address:         f2_change_add			
4. If <b>NO</b> , what is the reason for non-response?  f2_non_response f2_non_response_other	Participant has relocated- non reachable/tra Not available after 3 subsequent visits Refused to participate Not Alive Others Please specify	aceable 1 2 3 4	
If the answer is 3 complete question-5.  If the answer is 4 for the above question skip this			

# Participant ID

5. If "Refused", Reasons for refusal:	1.	Not able to give time	Write all the options
	2.	Interviews are lengthy	applicable
f2_refused1	3.	Not interested in providing blood sample	
62 6 12	4.	Too much blood drawn	
f2_refused2	5.	Not satisfied with the lab report	
f2_refused3	6.	Need more medical attention/medicines	
12_fefused5	7.	Do not see any benefit in participating in the study	
f2_refused4	8.	Do not feel secure	
	9.	Do not want to give any reason	
f2_refused5	10.	Others	
		If others: Please specify in detail:	
f2_refused6			
f2_refused_othspecify			
12_iciuscu_omspecify		<del></del>	
Details of contacts			
6. Name of the 1 <sup>st</sup> contact f2_contact_name_1			
Address of 1 <sup>st</sup> contact			
f2_contact_add_1			
Telephone number of 1 <sup>st</sup> contact	f2_c	ontact_phone_1	
7. Name of the 2 <sup>nd</sup> contact f2_contact_name_2			
Address of 2 <sup>nd</sup> contact			
f2_contact_add_2			
Telephone number of 2 <sup>nd</sup> contact	f2_con	tact_phone_2	
8. Name of the Home Town contact	f2_ho	me_town_name	
Address of Home Town contact			
f2_home_town_add			
Telephone number of Home Town contact	f2_hc	ome_town_phone	

Participant ID
Household ID
Interviewer ID

DD/MM/YY		Start Time(Hr:min)	HR	MIN
Section-2: Tobacco and alcohol use				
Do you currently consume     tobacco? (within last 1 year)  tobacco_use	Yes= 1 No= 2			If 2, go to question-3
<ol> <li>If Yes, how often? [Regularly (≥once a week)=1; Occasionally (<once a="" week)="2;&lt;/li"> <li>No=3;</li> </once></li></ol>	Smoking form howofte	Cheven_smoke	howoften	Any other form  n_chew  howoften_other
Have you used alcoholic beverages in last one year?  use_alc	Yes =1 No=2 Do not remember=	=3		If 2& 3 go to Section-3
If Yes, How often did you consume?     yes_howoft_alc		egularly(≥ once a week nally(Less than once a		
Section – 3: Medical History				
Part-A: Cardiometabolic Diseases and their risk	factors			
			(Yes=1, NO= 2)	If YES, Since How long (Months)
started medication for) any of the following diseases?	Hypertension (Higmh_hbp Diabetes (High Blown Blo	ood Sugar)* mh_diab High Cholesterol) _heart		mh_hbp_howlong  mh_diab_howlong  mh_hyper_howlong  mh_heart_howlong  mh_stroke_howlong

\*Exclude pregnancy induced Hypertension and High Blood Sugar:

Cluster ID

Follow-up ID

Date of interview:

If the answer is **YES**' to any of the choices in Q. 1, then continue with this section, otherwise skip to **SECTION -4.** Ask for documented evidence, doctor's diagnosis/prescription/investigation report. Take a photocopy/photo of the evidence and attach with the questionnaire. Write the actual diagnosis/description below

Part B: Disease specific questions		
1. Hypertension		
a. Are you taking any Allopathic drugs (English / modern) for your blood pressure?	hbp_allopathic [Yes =1; No =2]	
b. If yes, were you advised by a physician (prescribed?)	hbp_advise [Yes =1; No =2]	
c. How often (number of times) do you miss the medication per week?	hbp_miss_med	
II. Diabetes		
<ul> <li>a. Are you taking any Allopathic drugs (English / modern) for your blood sugar/diabetes?</li> </ul>	dia_allopathic [Yes =1; No =2]	
b. If yes, were you advised by a physician (prescribed?)	dia_advise [Yes =1; No =2]	
c. How often(number of times) do you miss the m	edication per week? dia_miss_med	
III. Hyperlipidemia		
<ul><li>a. Are you taking any Allopathic drugs (English / modern) for your cholesterol/hyperlipidemia?</li></ul>	hyper_allopathic [Yes =1; No =2]	
b. If yes, were you advised by a physician (prescribed?)	hyper_advise [Yes =1; No =2]	
c. If yes, how often (number of times) do you miss	s the medication per week? hyper_miss_med	
Section 4: Hospitalization:		
Part A		
<ol> <li>Were you hospitalized for any illness in the Past 12 months?</li> <li>hosp_illness</li> </ol>	[Yes =1; No =2;Do not remember=3]	[If2 & 3, Skip to Section-5]

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3. Were you admitted for any of the following reasons?  hosp_admit_heart hosp_admit_stroke hosp_admit_diab  hosp_admit_comp hosp_admit_hbp hosp_admit_ckd	Heart Attack/Angina hosp_heart_times  Stroke hosp_stroke_times  Diabetes hosp_diab_times  Diabetic complications (infections, retinopathy, nephropathy, etc.) hosp_comp_times  High blood pressure hosp_hbp_times  Chronic Kidney disease hosp_ckd_times	If yes, How many times?
Part B: Disease Specific Questions  I. Heart Attack (fill in if ticked above)		
a. What intervention or procedure did you receive at or after your heart attack?  heart_proc_attack	Thrombolysis (Clot dissolving drugs) 1 Coronary angioplasty (balloon or stenting) 2 CABG (By- pass surgery) 3 Others 4 Please mention heart_proc_other	
<ul><li>a. Are you taking any Allopathic drugs (English / modern) for your heart disease? heart_med_hd</li></ul>	[Yes =1; No =2]	
c. If yes, were you advised by a physician (prescribed?) heart_presc_hd	[Yes =1; No =2]	
II. Stroke (fill in if ticked above)		
Is there residual:  stroke_dspeech  stroke_ur_incont  stroke_others stroke_others	Paralysis / Weakness  Defect of speech  Urinary incontinence  Other weaknesses  If others specify	
Section 5: Drug information		
In the past one week, have you taken any Allopathic drugs (English / modern) for any disease?      drug_pastweek	[Yes =1; No =2]	[If <b>NO</b> , go to section 6]
2. If yes, Provide details of all the medication tha	t the participant is taking at the time of survey in the below colu	umns
Name of the drug (write in capital letters)	Since when are you taking this drug? (Circle/tick the app	oropriate time measure)
1. drug1_name	drug1 years/Months/weeks/days timespecify_1	

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2.	drug2_name	drug2		years/Months/weeks timespecify_2	/days
3.	drug3_name	drug3		years/Months/weeks timespecify_3	/days
4.	drug4_name	drug4		years/Months/weeks timespecify_4	/days
5.	drug5_name	drug5		years/Months/weeks timespecify_5	/days
6.	drug6_name	drug6		years/Months/weeks timespecify_6	/days
7.	drug7_name	drug7		years/Months/weeks timespecify_7	/days
8.	drug8_name	drug8		years/Months/weeks/o	days
9.	drug9_name	drug9		years/Months/weeks timespecify_9	/days
10.	drug10_name	drug10		years/Months/weeks timespecify_10	/days
Sect	tion 6: COMPLICATIONS[This section will be	e applied to all pa	rticipants	not just for diabetes]	
	I. Amputations				
	a. In last one year, have you had an	[Yes =1; No =2;]			
	amputation? <mark>comp_amp</mark>				"2" go to Part II
b.	Level of amputation com_level_amp	Toe Below ankle		1 2	
		Below knee		3	
		Above Knee		4	
c.	What was the cause for amputation? com_cause_amp	Injury Diabetes	1 2		
con	n_cause_ampoth	Infection	3		Others specify
		Other s	4		
d.	Ask the participant to show the medical record	rds and photograph	į	com_med_records	
	II. Eyes				
a.	Did you have deterioration with your eyesight other than your ordinary power	I	Yes =1; No	o =2;]	
	glasses (spectacles)? com_eyesight				"2" go to Section-7
1.	KWEOL L. H. II O	B			2 go to section-7
b.	If 'YES', what was the diagnosis? com_diag	Physician-diagnos			
		Physician-diagnos Both	sea retinop	-	
		Others		3 4	
		Mention_		7	
	com diag oth	[Yes =1; No =2;]		<del></del>	
c.	Have you undergone laser therapy (Photocoagulation) at anytime com_laser_therapy	[165 = 1, NO =2;]			

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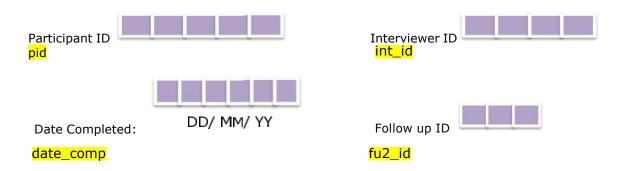
Section7: Kidney Disease						
		(Yes =1. No =2.)	If YES, since how long? (For Kidney stones: most recent)			
A. Have you <b>EVER</b> been told by a doctor that you have developed or suffered from	<ol> <li>Kidney stone</li> <li>kd_stone</li> <li>Kidney disease</li> <li>kd_disease</li> <li>Kidney failure</li> <li>kd_fail</li> </ol>		Yrs mths  kd_stone_yy kd_stone_mm  kd_disease_yy kd_disease_mm  kd_fail_yy kd_fail_mm			
b. If <b>YES</b> , for Kidney stones, what treatment was received	Only medication - 1 Surgery - 2 No treatment - 3 Others - 4 If others Specify					
c. If <b>YES</b> , for Kidney disease or kidney failure	Have you ever undergo Have you ever undergo transplant? (Yes =1; No =2)	-	kd_dis_dial kd_fail_trans			
Section 8: Female Reproductive History  Please complete this section for all the wom an participants						
<ol> <li>Are you having menstrual cycles?         <pre>frh_menstrual</pre></li> </ol>	Yes 1 No 2		If "1" go to question 3.			
2. If ' <b>No'</b> what is the reason?  frh_no_reason	Pregnancy 1  Lactation 2  Natural menopause 3  Surgical menopause 4  Other reasons(specifications)	4				
	Others, specify					
<ol><li>When was your last menstrual period? frh_last_menstr</li></ol>		DD/MM/YY				



3a. If the participant cannot recall the date	Years	orecall_yy frh_no Months	recall_mm frh_norecall_day  Days Ago
<ol> <li>What is the date of birth of your youngest biological child?   (If don't remember please go to "4a")</li> </ol>	frh_young_child	DD/MM/YY	
4a. What is the age of your youngest biological child?	frh_childage_yy Years	frh_childage_mm Months	

FORM - A

# CARRS: SURVEILLANCE STUDY BLOOD PRESSURE AND ANTHROPOMETRY



#### I. BLOOD PRESSURE AND PULSE RATE

Type of Measurement	1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading	Difference between 1 <sup>st</sup> and 2 <sup>nd</sup>	Tolerance	3 <sup>rd</sup> Reading (if necessary)
Systolic BP	sbp_fu2_1	sbp fu2 2		10 mm Hg	sbp_fu2_3
Diastolic BP	dbp_f2_1	dbp_f2_2		6 mm Hg	dbp_f2_3
Pulse rate	pulse_fu2_1	pulse_fu2_2			

### II. ANTHROPOMETRIC MEASUREMENTS

1. Weight (Kgs)		Instrument ID	
Weight <mark>weight_fu2</mark>	.	Comments: wt_fu2_cor	mment
2. Body circumfer	rences (cm)	Instrument ID	
Waist <mark>waist_fu2</mark>	Clothing(√) waist_fu2_cloth None	Hip hip_fu2	Clothing(√) hip_fu2_cloth
.	Light Heavy	_ -  -  -	None Light
	II Follow up Questionnaire	L CARRS - Surveillance: Version	Heavy

Participant ID	
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Attach the print-out of body composition / bio-impedance measurement of the participant along with this form. Note any specific comments on the back of this form.

15. Time interview ended:		:	
	HR		MIN

16. Questionnaire Quality Check:

Reviewer 1
Name
Signature
Date

	Reviewer 2
Name	
Signature	
Date	