

CARRS SURVEILLANCE STUDY: COHORT-1

4th follow up questionnaire- Part I

Cluster ID clu_id	Household ID hhp_id
Follow-up ID Interviewer ID iid	PID pid
Date of interview: DD/ MM/ YY	Start Time (Hr:min) start_t HR MIN

Does the participant agree to be interviewed?	[Yes =1; No =2]		std_res
			If ' 2 ', go to Q-4
2. If YES , what is the present address	Same as baseline survey/follow up 1, 2 & 3 Changed	1 2	std_res_y If '1' go to question-6
3. If changed, note the current address: add_change			



4. If NO , what is the reason for non-response?	Shifted not traceable Shifted, traceable but not interested Shifted but not approachable/out of area range Hard refusal Soft refusal Deceased Could not complete this survey and will available for next year follow-up	1 2 3 4 5 6 7	If "8" please specify std_res_n_sp
 If the answer in above question is 2, 4, 5 or 7 c If the answer in above question is 6; skip this q 	Others Complete question number 5.	8 opsy form	
5. If "Refused", Reasons for refusal:	A. Not able to give time B. Interviews are lengthy C. Not interested in providing blood so D. Too much blood drawn E. Not satisfied with the lab report F. Need more medical attention/med G. Do not see any benefit in participat H. Do not feel secure I. Do not want to give any reason J. Others If others: Please specify in detail:	icines	ref_rsn1 ref_rsn2 ref_rsn3 ref_rsn4 ref_rsn5 ref_rsn6 ref_rsn7 ref_rsn8 ref_rsn9

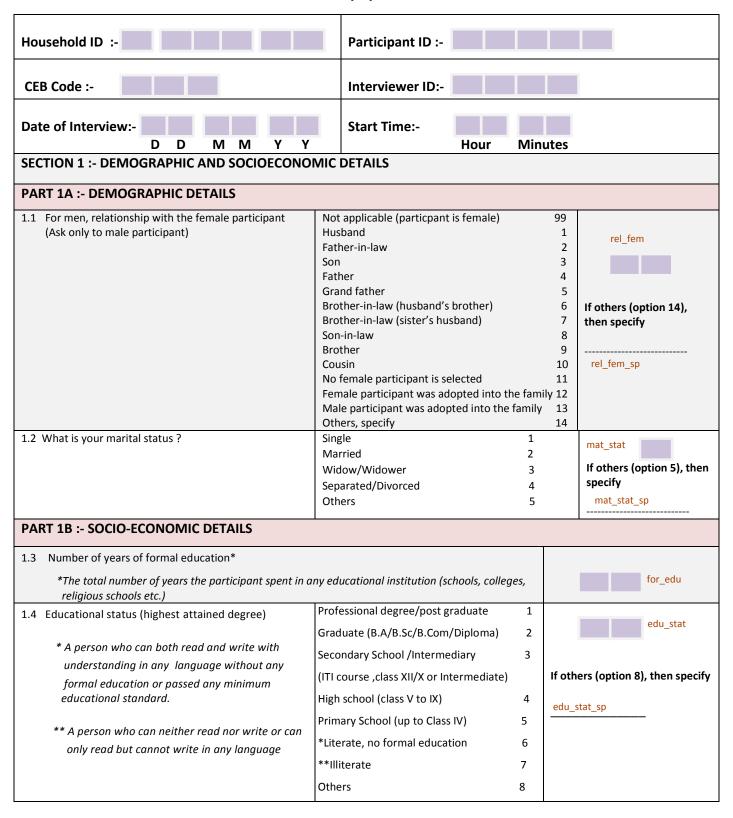


Part 1A:- Details of contacts	
6. Name of the 1 st contact	cont1_name
Address of 1 st contact	cont1_add
Telephone number of 1 st contact	cont1_ph
7. Name of the 2 nd contact	cont2_name
Address of 2 nd contact	cont2_add
Telephone number of 2 nd contact	cont2_ph
8. Name of the Home Town contact	h_con_name
Address of Home Town contact	h_con_add
Telephone number of Home Town contact	h_con_ph



CARRS SURVEILLANCE STUDY: COHORT-1

4th follow up questionnaire- Part II





			4 Follow up questionnaire
1.5 What is your employment status?	Employed	1	emp_stat
	Student	2	cp_stat
	Housewife	3	If other (option 6), then specify
	Retired Un-employed	4 5	emp_stat_sp
	Others	6	
1.6 If "Employed", what is your current occupation?			emp_cur_occ
			Please mention
[Use nearest applicable employment codes giver	n below]		emp_cur_occ_sp
Coding list for employment (for Q1.6)			
Professional, big business ,landlord (> 10 acre) , university	ersity teacher, class 1IAS/se	rvices officer, lawyer	1
Trained, clerical, medium business owner, middle leve Skilled manual laborer, small business owner, small fa Semi-skilled manual laborer, marginal land owner, ric Unskilled manual laborer, landless laborer	rmer (<1 acre)		charge), personnel manager 2 3 4 5
1.7 Have you been involved in any other occupation during past ten years?	Yes No	1 2	oth_occ
1.9 If "Vee" what was your proving a soundtion?			If "2" go to Q.1.9
1.8 If "Yes", what was your previous occupation?			pre_occ
			Please mention
[Use nearest applicable employment codes given	n belowj		pre_occ_sp
Professional, big business ,landlord (> 10 acre) , university Trained, clerical, medium business owner, middle levers Skilled manual laborer, small business owner, small factories, small business owner, small busines	el farmer (2-10 acre) , teach irmer (<1 acre)	ner, maintenance (in-	3 4
Unskilled manual laborer, landless laborer	*2000	1	5
1.9 What is your total household income per month?	<3000	1	
	3000-10,000	2	
[Please include income from all member who	10,001-20,000	3	
contribute to the household]	20,001-30,000	4	
	30,001-40,000	5	
	40,001-50,000	6	
	>50,000	7	hh_income
	· ·		
	Refused	8	
	Don't know	9	
1.10 Do you have a separate room for cooking (Kitchen)	? Yes	1	sep_kit
	No	2	sep_kit
1.11 What is the fuel used for cooking?	Coal/charcoal/kerosene		1 fuel_cook
ŭ	Induction/Electricity/ga		Tuci_cook
[If more than one source is used then note the	Wood/dung	as(Er O)/ Soldi / CNO(IGE)	3 sepcify
source that is most commonly used]	Others		fuel_cook_sp



1 Public source 1.12 What is the source of drinking water used at home? drink_water 2 Private source(Shared) If others (option 6), then Private source(Own) 3 [If more than one source is used then note the sepcify Bottled water 4 drink_water_sp source that is most commonly used] Purified tap water 5 6 Others Public toilet 1 1.13 What is the toilet facility you use? toilet_fac 2 Shared toilet If others (option 4), then Own flush toilet 3 sepcify toilet_fac_sp Others Television 1.14 Which of the following do you own? own_tv Refrigerator own_fridge Washing machine own_wash [Yes=1;No=2] own_mic Microwave/OTG own_mix Mixer-grinder own_mob Mobile phone own_dvd DVD player own_com Computer/Laptop own_car own_bike Motor Cycle/ Scooter own_bicy Bicycle



SECII	ON 2 :- TOBACCO and ALCOHOL CONSUMI	PHON AND PHYSICAL ACTIVITY		
PART	2A:- TOBACCO AND ALCOHOL USE			
	you currently consume tobacco? vithin last 1 year)	Yes No	1 2	con_tob
[Reg	es, how often? gularly (≥once a week)=1; Occasionally (<once gek) =2; No=3]</once 	Smoking form Chewed form Ann hw_smk hw_chw	y other form	n w_ot
2.3 Ha	ave you used alcoholic beverages in last one year?	Yes No Don't remember	1 2 3	con_alc 2& 3 go to Part 2B
2.4 If	yes, how often did you consume?	Regularly(≥ once a week) Occasionally(Less than once a week)	1 2	hw_alc
PART	2B :- PHYSICAL ACTIVITY			
even if Think f househ activitie	am going to ask you about the time you spend doing you do not consider yourself to be a physically active irst about the time you spend doing work. Think of voold chores, harvesting food/crops, fishing, seeking eles that require hard physical effort and cause large ir moderate physical effort and cause small increases	e person. work as the things that you have to do su mployment. In answering the following o ncreases in breathing or heart rate, 'mode	ch as paid o	or unpaid work, study/training, igorous-intensity activities' are
_				
Questi	ons			Response
	ons ACTIVITY AT WORK			Response
			Yes 1 No 2	
2B-I: - I	ACTIVITY AT WORK Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, di	gging or construction work] for at least		
2B-I: - I	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carr (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics	cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading to, cycle rickshaw driving)		viact
2B-I: - 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, care (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you	gging or construction work] for at least cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading cycle rickshaw driving] a do for at least 10 minutes at a time.	No 2	viact If "2", go to Q.2.8
2B-I: - I	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carr (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics	gging or construction work] for at least cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading cycle rickshaw driving] a do for at least 10 minutes at a time.		viact If "2", go to Q.2.8
2B-I: - 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, care (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you in a typical week (7 days), on how many days do you	cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading g, cycle rickshaw driving) u do for at least 10 minutes at a time. but do vigorous-intensity activities as	No 2	viact If "2", go to Q.2.8
2B-I: - 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carr (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you part of your work? "Typical week" means a week when a person is doi	gging or construction work] for at least cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading c, cycle rickshaw driving] a do for at least 10 minutes at a time. Ou do vigorous-intensity activities as ng vigorous intensity activities and not	No 2	viact If "2", go to Q.2.8
2B-I: 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carres, sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you line a typical week (7 days), on how many days do you part of your work? "Typical week" means a week when a person is doin an average over a period.	cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading g, cycle rickshaw driving) a do for at least 10 minutes at a time. Du do vigorous-intensity activities as ng vigorous intensity activities and not a is engaged in his/her usual activities.	No 2	viact If "2", go to Q.2.8
2 <i>B-I: - 2</i> 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carr (sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you are to your work? "Typical week (7 days), on how many days do you part of your work? "Typical week" means a week when a person is doi an average over a period. "Typical week" means a week when the participant. How much time do you spend doing vigorous-intent. Ask the participant to think of a typical day he/she	cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading c, cycle rickshaw driving) a do for at least 10 minutes at a time. bu do vigorous-intensity activities as ng vigorous intensity activities and not a is engaged in his/her usual activities.	No. of day	viact If "2", go to Q.2.8
2B-I: 2.5 2.5	Does your work involve vigorous-intensity activity or heart rate like [carrying or lifting heavy loads, did 10 minutes continuously? (USE SHOWCARD) Activities are regarded as vigorous intensity if they and/or heart rate [Sawing hardwood, forestry (cutting, chopping, carresponded for sugarcane), digging, grinding (with pestle), laboring furniture(stoves, fridge), instructing sports aerobics. Think only about those physical activities that you are to your work? "Typical week (7 days), on how many days do you part of your work? "Typical week" means a week when a person is doi an average over a period. "Typical week" means a week when the participant. How much time do you spend doing vigorous-intention.	cause as large increase in breathing rying wood, ploughing, cutting crops g (shoveling sand, loading g, cycle rickshaw driving) a do for at least 10 minutes at a time. The purpose of the same of th	No. of day:	viact If "2", go to Q.2.8



2.8	Does your work involve moderate-intensity activity that causes small increases in breathing or heart rate such as brisk walking [or carrying light loads] for at least 10 minutes continuously? (USE SHOWCARD)	Yes 1 No 2	miact
	Activities are regarded as moderate intensity if they cause as small increase in breathing and/or heart rate		If "2", go to Q.2.11
	[washing (bating and brushing carpets, wringing clothes (by hand),gardening, digging dry soil (with spade), weaving, woodwork (chiseling, sawing, softwood), mixing cement (with shovel), laboring (pushing loaded wheelbarrow, operating jackhammer, walking with load on head, drawing water, tending animals]		
	Do not include walking. Again, think about only those physical activities that you did for at least 10 minutes at a time.		
2.9	In a typical week (7 days) , on how many days do you do moderate-intensity activities as part of your work?	No. of days	miact_dy
2.10	How much time do you spend doing moderate-intensity activities at work on a typical day?	Hours : Minutes	
	Think of one day you can recall easily. Consider only those activities undertaken continuously for 10 minutes or more.		Hours : Minutes
	"Typical day" means a day when the participant is engaged in his/her usual activities.		miact_min
2R-II· -	Probe very high responses (over 4 hrs) to verify Travel to and from places		
	kt questions exclude the physical activities at work that you have already mentioned.		
worshi The int	vould like to ask you about the usual way you travel to and from places. For example: to words. Toductory statement to the following questions on transport-related physical activity is very ink about how they travel around getting from place-to-place. This statement should not be	important. It	
2.11	Do you walk or use a bicycle (<i>pedal cycle</i>) for at least 10 minutes continuously to get to and from places?	Yes 1 No 2	use_cyl If "2", go to Q.2.14
2.12	In a typical week (7 days) , on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places?	No. of days	use_cyl_dy
2.13	How much time do you spend walking or bicycling for travel on a typical day ? Ask the participant to think of a typical day he/she can recall easily in which he/she engaged in transport-related activities. Think of one day you can recall easily. Consider the total amount of time walking or bicycling for trips of 10 minutes or more.	Hours: Minutes	Hours : Minutes use_cyl_min
20 111.	Probe very high responses (over 4 hrs) to verify. Recreational activities		
ZB-III:	Recreational activities		
	ct questions exclude the work and transport activities that you have already mentioned. would like to ask you about sports, fitness and recreational activities (leisure).		
2.14	Do you do any vigorous-intensity sports, fitness or recreational (<i>leisure</i>) activities that cause large increases in breathing or heart rate like [<i>running or football</i>] for at least 10 minutes continuously? (<i>USE SHOWCARD</i>)	Yes 1 No 2	vispo If "2", go to Q.2.17
	Activities are regarded as vigorous intensity if they cause a large increase in breathing and/or heart rate.		11 2 , go to Q.2.17
	[Badminton, tennis, high-impact aerobics, aqua aerobic, fast swimming]		



2.15	In a typical week (7 days) , on how many days do you do vigorous-intensity sport fitness or recreational (<i>leisure</i>) activities?	s, No. of days	vispo_dy
2.16	How much time do you spend doing vigorous-intensity sports, fitness or recreati activities on a typical day? Ask the participant to think of a typical day he/she can recall easily in which he/s engaged in recreational vigorous-intensity activities. Think of one day you can recall easily. Consider the total amount of time doing vigorous recreational activities for periods of 10 minutes or more. Probe very high responses (over 4 hrs).	Minutes	Hours : Minutes vispo_min
2.17	Do you do any moderate-intensity sports, fitness or recreational (leisure) activiti that causes a small increase in breathing or heart rate such as brisk walking, cycl swimming, volleyball for at least 10 minutes continuously? (USE SHOWCARD) Activities are regarded as moderate intensity if they cause a small increase in breathing and/or heart rate. [Cycling, jogging, dancing, horse-riding, yoga, low-impact aerobics, cricket]		mispo If "2", go to Q.2.20
2.18	In a typical week (7 days) , on how many days do you do moderate-intensity spo fitness or recreational (<i>leisure</i>) activities?	rts, No. of days	mispo_dy
2.19	How much time do you spend doing moderate-intensity sports, fitness or recreational (<i>leisure</i>) activities on a typical day ? Ask the participant to think of a typical day he/she can recall easily in which he/s engaged in recreational moderate-intensity activities. Think of one day you can recall easily. Consider the total amount of time doing moderate recreational activities for periods of 10 minutes or more. Probe very high responses (over 4 hrs).	Hours : Minutes	Hours : Minutes mispo_hr mispo_min
2B-IV: - Se	dentary behavior		
desk, sittin (USE SHO	ing question is about sitting or reclining at work, at home, getting to and from place good with friends, travelling in car, bus, train, reading, playing cards or watching telever wear work. How much time do you usually spend sitting or reclining on a typical day?		
2.20		Hours : Minutes	Hours : Minutes
2.21	How many hours/ minutes do you spend sitting/reclining in each of the following on a typical day ?	A. At work at sit_dsk the desk	Hours : Minutes
		B. In class sit_clas_h during lectures	
		C. During travel (driving, traffic jams, bus, car, train, metro)	Hours : Minutes sit_trl_hr sit_trl_min
			AT HOME



			now ap questionnane
		D. During	
		watching	Hours : Minutes
		television	sit_tv_hr sit_tv_min
		E. In front of a	
		computer	Llours . Minutes
		F. Any other	Hours : Minutes
		F. Any other (chatting,	
		playing cards	Hours : Minutes
		etc.)	sit_ot_hr sit_ot_min
2.22	For how long you stand in a typical day? (Calculate only if the standing is more than 10 minutes continuously)	Hours : Minutes	
	more than 10 minutes continuously)		std hr std_min
			Hours : Minutes
2.23	Is there a park/open space/garden/children play ground near your house?	Yes 1 No 2	prk_hse
	If yes, in a typical week do you use the park/ open space/garden/ children	Yes 1	If 2, skip to Section 3
2.24	playground?	Yes 1 No 2	use_prk
			If 2, skip to Section 3
2.25	If yes, what do you use it for?	A. Walking/Yoga/ Jogging/Sports/	Yes=1; No=2
		other exercises	
			prk_jog
		B. Sitting/	
		Socializing/ Meditation/	prk_sit
		playing with or	
		supervising kids	
		C. Others	prk_ot
			prk_ot_spspecify



SECTION – 3:MEDICAL HISTORY (CARDIO METABOLIC DISEASES AND THEIR RISK FACTORS) PART 3A: DISEASE SPECIFIC QUESTIONS 3A-I: Fill this section if the answer for high blood pressure/ high blood sugar/high blood cholesterol is "YES" in PART 3A-I, Q.3.1. If the answer is 'YES' to any of the choices in Q. 3.1, then go to Q.3.2. 'OTHERWISE' skip the entire section and go to 3A-II *Exclude pregnancy induced Hypertension and High Blood Sugar 3A-I: HYPERTENSION (High Blood Pressure)/DIABETES (High Blood Sugar)/ HYPERLIPIDEMIA (High Blood Cholesterol) Hypertension Diabetes Hyperlipidemia (High Blood Pressure)* (High Blood Sugar)* (High Blood Cholesterol) 3.1 Have you EVER been told by a doctor that you have any of the hbp_dis dia_dis hyle_dis following diseases? [Yes =1; No =2; Don't know=3] 3.2 SINCE HOW MANY YEARS have you **Duration in Years / Month Duration in Years / Month Duration in Years / Month** had Hypertension/ Diabetes/ hbp_yr dia_yr hyle_yr Hyperlipidemia? Years Years Years hbp_mon dia mon hyle_mon Months Months Months 3.3 What treatment are you taking for it currently? [Yes=1; No=2] hyle_trt_diet hbp_trt_diet dia_trt_diet Prescribed dietary modification hyle_trt_exe hbp_trt_exe dia_trt_exe Prescribed physical exercise hyle_trt_trad dia trt trad Traditional medicine/Therapy** other hbp_trt_trad than yoga hyle_trt_all hbp_trt_all dia_trt_all Allopathic drugs(English/modern) hbp_trt_yoga hyle_trt_yoga dia_trt_yoga Yoga *Traditional medicine/therapy include Ayurveda, Unani, Homeopathy, Tibetan, Naturopathy, Meditation **3A-II: HEART DISEASE** 3.4 Have you **EVER** been told by a doctor that you hrt_dis have heart disease? [Yes=1; No=2; Don't know=3] If "2" or "3" skip to 3A-III 3.5 What did the doctor say it was? Heart attack dr_hrtatc В. Angina dr_ang [Yes=1; No=2; Don't know/Not sure=3] C. Heart failure dr_hrtfail Valve disease dr vadis Hole in the heart dr_hol Not informed about the nature of the problem dr_noinform G. Others dr_ot If "1" for other, please specify dr ot sp If "1" for heart attack then fill the following questions otherwise skip to Q3.14



3.6 If heart attack, how many attacks you have had till now?	hw_mattack		
	First event (Heart attack)	Second event (Heart attack)	Third event (Heart attack)
3.7 Date of heart attack	atk_1st_mon atk_1st_yr Month Year	atk_2nd_mon atk_2nd_yr Month Year	atk_3rd_mon atk_3rd_yr Month Year
3.8 What symptoms did you have during this event?	[Yes=1; No=2; Not sure=3]	[Yes=1; No=2; Not sure=3]	[Yes=1; No=2; Not sure=3]
A. Chest pain/ discomfort >20 minutes	sym_che_pain1	sym_che_pain2	sym_che_pain3
B. Pain radiating to arm, shoulder or neck	sym_pain_arm1	sym_pain_arm2	sym_pain_arm3
C. Sweating or vomiting	sym_swt_vom1	sym_swt_vom2	sym_swt_vom3
D. Others	sym_ot1	sym_ot2	sym_ot3
	If others please specify sym_ot_sp1	If others please specify sym_ot_sp2	If others please specify sym_ot_sp3
3.9 How long these symptoms were present before you met doctor? sym_metric s	st_dr_wk1 sym_met_dr_hr1 s Weeks Days Hours sym_met_dr_dy1	ym_met_dr_wk2 Weeks Days Hours sym_met_dr_dy2	vm_met_dr_wk3 sym_met_dr_hr3 Weeks Days Hours sym_met_dr_dy3
3.10 Were you hospitalized for this event? [Yes=1; No=2]	hosp_event1	hosp_event2	hosp_event3
	If yes, go to Q3.11 otherwis	e skip to Q3.12	
3.11 If hospitalized for this event, what procedure did they do in the hospital?	hosp_pro1	hosp_pro2	hosp_pro3
Angioplasty (Stent)=1	If others please specify	If others please specify	If others please specify
Coronary Artery bypass surgery (Bypass) =2	hosp_pro_sp1	hosp_pro_sp2	hosp_pro_sp3
Thrombolytic therapy =3			
Only medicines =4			
Others=5			
	If Q3.11 is filled then skip to	Q3.13	I
3.12 If not hospitalized for this event, where did you take treatment?	wh_tk_trt1	wh_tk_trt2	wh_tk_trt3
Visited allopathic doctor and took treatment as			
outpatient=1	If others please specify	If others please specify	If others please specify
Visited Ayurveda/homeopathic/other traditional	wh_tk_trt_sp1	wh_tk_trt_sp2	wh_tk_trt_sp3
healers =2 Others=3			
Guicis-5			



3.13 Ask the participant whether they have medical records related to the events and current medication and treatment. If so, please take pictures of every page of the record.	[Yes=1; No=2]	[Yes=1; No=2]	[Yes=1; No=2]
A. Discharge reports	hrt_rec_disrepo1	hrt_rec_disrepo2	hrt_rec_disrepo3
B. Consultant notes	hrt_rec_conote1	hrt_rec_conote2	hrt_rec_conote3
C. Prescription notes	hrt_rec_pres1	hrt_rec_pres2	hrt_rec_pres3
D. ECG	hrt_rec_ecg1	hrt_rec_ecg2	hrt_rec_ecg3
E. Lab reports	hrt_rec_lab1	hrt_rec_lab2	hrt_rec_lab3
F. Other	hrt_rec_ot1	hrt_rec_ot2	hrt_rec_ot3
	If others please specify	If others please specify	If others please specify
	hrt_rec_otsp1	hrt_rec_otsp2	hrt_rec_otsp3
3.14 Are you taking any treatment for heart	A. Allopathic drugs (English /modern\	cur_trt_all
disease currently?		ine (other than Yoga)	cur_trt_trad
[Yes=1; No=2]	C. Yoga	ine (other than roga)	cur_trt_yoga
	D. Others		Car_uyogu
	D. Others		cur_trt_ot
			If others please specify
			cur_trt_otsp
3.15 For all participants: Have you ever undergone coronary angioplasty or stent?	Yes 1 No 2		
(This is a procedure to put stent in the heart			ever_angio
blood vessels to destroy clots)			If "2" skip to 3A-III
3.16 If yes, when did you have latest procedure?	lst_prc_y	γr	
lst_prc_mon	Months Years		
3A-III: STROKE (Paralytic attack)			
3.17 Have you EVER been told by a doctor that		strol	ke
you have stroke (Paralytic attack)?		If "2" or "3" sl	kin to 3Δ-IIIa
[Yes=1 ; No=2; <i>Don't know=3</i>]		11 2 01 3 31	np to 3A mu
3.18 If yes, how many times?	Number of times	str_time	
	First Stroke	Second Stroke	Third Stroke
3.19 Date of the stroke	str_mon1 str_yr1	str_mon2 str_yr2	str_mon3 str_yr3
	Month Year	Month Year	Month Year



3.20 What symptoms did you experience?	[Yes= 1; No= 2; Not sure/ Don't remember=3]	[Yes= 1; No= 2; Not sure/ Don't remember=3]	[Yes= 1; No= 2; Not sure/ Don't remember=3]
A. Did you become unconscious or drowsy?	sym_uncons1	sym_uncons2	sym_uncons3
B. Was there loss of vision?	sym_los_vers1	sym_los_vers2	sym_los_vers3
C. Was there weakness in face or limbs?	sym_wk_fe1	sym_wk_fe2	sym_wk_fe3
D. Was there weakness in on limb/half of	sym_wk_by1	sym_wk_by2	sym_wk_by3
the body?			
E. Was there difficulty in speaking?	sym_dif_spk1	sym_dif_spk2	sym_dif_spk3
F. Was there disturbances of balance or	sym_disl_wk1	sym_disl_wk2	sym_disl_wk3
walking?			
G. Was there trauma to the head or	sym_trma1	sym_trma2	sym_trma3
neck?			
	If "2" or "3" in all the boxes sk	ip to Q3.22	
3.21Was duration of any symptoms > 24	[Yes= 1; No= 2; Not sure/	[Yes= 1; No= 2; Not sure/	[Yes= 1; No= 2; Not sure/
hours?	Don't remember=3]	Don't remember=3]	Don't remember=3] sym_24hr3
	sym_24hr1		Syll_24ill3
3.22Who diagnosed the stroke? MBBS doctor 1	dias_str1	dias_str2	dias_str3
MBBS doctor 1 Ayurveda/homeopathic/ 2			
traditional healer Others 3	If others please specify	If others please specify	If others please specify dias_str_sp3
Others 3 Not sure/ Don't remember 4	dias_str_sp1		
3.23Were you hospitalized for this stroke?	[Yes= 1; No= 2; Not sure/	[Yes= 1; No= 2; Not sure/	[Yes= 1; No= 2; Not sure/
0.20	Don't remember=3]	Don't remember=3]	Don't remember=3]
	hosp_str1	hosp_str2	hosp_str3
	If "2" skip to Q3.25 and if "3" s	kip to Q3.26	
3.24If hospitalized for this stroke, was CT scan or MRI done?	[Yes= 1; No= 2; Not sure/ Don't remember=3]	[Yes= 1; No= 2; Not sure/ Don't remember=3]	[Yes= 1; No= 2; Not sure/ Don't remember=3]
	str_ct_mri1	str_ct_mri2	str_ct_mri3
3.25 If not hospitalized, why?	hosp_nt1	hosp_nt2	hosp_nt3
Visited allopathic doctor and took treatment as outpatient 1			
Visited Ayurveda/homeopathic	If others please specify	If others please specify	If others please specify
/other traditional healers 2	hosp_nt_sp1	hosp_nt_sp2	hosp_nt_sp3
Others 3			
Not sure/ Don't remember 4			



3.26 Ask the participant whether they have medical records related to the events and current medication & treatment. If so, please take pictures of every page of the record.	[Yes=1; No=2]	[Yes=1; No=2]	[Yes=1; No=2]
A. Discharge reports	str_rec_disrepo1	str_rec_disrepo2	str_rec_disrepo3
B. Consultant notes	str_rec_conote1	str_rec_conote2	str_rec_conote3
C. Prescription notes	str_rec_pres1	str_rec_pres2	str_rec_pres3
D. ECG	str_rec_ecg1	str_rec_ecg2	str_rec_ecg3
E. CT scan reports	str_rec_ct1	str_rec_ct2	str_rec_ct3
F. MRI reports	str_rec_mri1	str_rec_mri2	str_rec_mri3
G. Lab reports		str_rec_lab2	str_rec_lab3
H. Other	str_rec_ot1	str_rec_ot2	str_rec_ot3
	If others please specify	rec_lab1 If others please specify	If others please specify
	str_rec_otsp1	str_rec_otsp2	str_rec_otsp3
2.270	l v		
3.27Do you have a residual disability in any part of the body?	Yes No	1 2	disab_body
part of the body:	NO	2	If "2" skip to Q.3.29
3.28If 'YES' , does it involve the following?			
[Yes=1; No=2]	A. Paralysis of leg/foo	t	para_leg
	B. Paralysis of arm/ha	nd	para_arm
	C. Weakness of leg/fo	ot	weak_leg
	D. Weakness of arm/h	nand	weak_arm
	E. Defect of speech		defect_speech
	F. Defect of vision		defect_vision
	G. Urinary incontinend	ce	urin_incon
	H. Any other weaknes	S	other_weak
	11. They other weakines	•	
	The 7th y other weakings		If other, please specify
	The yarry other weakness	•	If other, please specify other_weak_sp
2 20 Are you advised to continue any			other_weak_sp
3.29Are you advised to continue any medication after your paralytic attack?	Yes No	1 2	



3A-IIIA: Stroke free status (All stroke free part	icipants) {Fill only if the ans	wer to Q3.17 is	2 or 3}.
Questionnaire for Verifying Stroke-Free Status (QVSFS – Jones et al)		
Codes: Yes=1 No=2 Not sure/Don't know=3			
3.30 Were you ever told by a physician that you had	a TIA, ministroke, or transient isc	chemic attack?	tia_mini_ischemic
3.31 Have you ever had sudden painless weakness or	n one side of your body?		pless_wak_oneside
3.32 Have you ever had sudden numbness or a dead	feeling on one side of your body	?	dead_fel_oneside
3.33 Have you ever had sudden painless loss of vision	n in one or both eyes?		loss_vision
3.34 Have you ever suddenly lost one half of your vis	ion?		lost_onhalf_vison
3.35 Have you ever suddenly lost the ability to under	stand what people are saying?		lost_abli_ustand
3.36 Have you ever suddenly lost the ability to expres	ss yourself verbally or in writing?)	lost_abli_exp
3A-IV: KIDNEY			
3.37 Have you EVER been told by a doctor that you have:		Yes=1; No=2	If YES, since how long? (For kidney stones: most recent) YY MM
	A. Kidney stone kd_st		kd_sty kd_stmo
	B. Kidney disease kd_dis		kd_disy kd_dismo
	C. Kidney failure kd_fail		kd_faily kd_failmo
	If all the options in Q.3.37 is fil skip to "3A-V"	lled with "2"	
3.38 If YES for kidney stones, what treatment was received?	Surgery No treatment	1 2 3 4	If others (Option 4), then specify kd_st_trtsp
3.39 If YES , for kidney disease or kidney failure	A. Have you ever undergone di	alysis?	kd_dial
[Yes =1; No =2]	B. Have you ever undergone kid transplant?	dney	kd_trp
3A-V: CANCER			_
3.40 Have you EVER been told by a doctor that you have cancer? [Yes=1; No=2; Don't know=3]		If "2	ever_can 2" or "3" skip to "PART 3A-VA"



3.41A If yes, which site	3.41B How was it detected?	3.41C At what stage it was diagnosed?	3.41D When were you diagnosed with it?
a. Site 1 can_site1	can_dted1	can_stg1	Year of diagnosis can_diayr1
b. Site 2 can_site2	Can_dted2	can_stg2	can_diayr2
c. Site 3	can_dted3	can_stg3	can_diayr3
d. Site 4	can_dted4	can_stg4	can_diayr4
e. Site 5	can_dted5	can_stg5	can_diayr5
If "14", then specify can_site_sp			
Codes			
Oral =1; Esophagus (Food pipe) =2;	Participant had	Stage0/in situ stage=1;	
Stomach=3; Other pharynx= 4;	symptoms=1	Stage I= 2 ;	
Colo-rectum = 5; Larynx= 6; Liver =7;	At routine checkup	Stage II= 3 ;	
	or screening=2	Stage III= 4 ;	
Lung = 8; Breast = 9; Cervix = 10;	Not sure/Don't	Stage IV= 5 ;	
Ovary = 11; Prostate = 12; Gall	know=3	Don't know= 6	
bladder= 13; Others = 14; Unknown =15			
3.42What was the primary treatment?	A. Surgery		can_sur
[Yes=1; No=2]	B. Hormone thera	ру	can_hothy
[165-1, 140-2]	C. Radiology (X-ray	y for treatment)	can_radio
		(cancer cell killing drugs)	can_chemo
		nent (treatment to	
		ient (treatment to	can_pall_trt
	relieve pain)		can_non_allop
	F. Non-allopathic (
	Homeopathic/ t	raditional)	can_oth
	G. Others		can dtknow
	H. Don't know		Can_canion
			If others is "1", then specify
			can_oth_sp



PART- 3A-V	PART- 3A-VA: PERCEIVED CANCER STIGMA						
Codes: Yes	= 1; No = 2; Don't kr	now = 3; Refus	ed = 4				
3.43 If someo	ne in your commun	ity had cancer,	would they tell the n	eighbors?		can_comm	
3.44 Do peop	le in the community	avoid talking o	r eating with a perso	on having cancer?)	can_avoid	
3.45 Are peop	ole in your communi	ty afraid that ca	ancer can spread fro	m person to pers	on?	can_spread	
3.46 Do peop	le in the community	think that cand	er is a curse or resul	t of past sins?		can_past_sin	IS
PART-3 B: I	FRACTURE						
3.47 Have you	u ever had a broken	bone or fractur	e? Yes No		1 2	ever_fra	
	r				1	If "2" skip to "Q3.49"	
3.48 If yes	Which bone/part of your body was fractured (Yes=1, No=2)	Age at most recent fracture for that bone*	Was this due to fal height (example, fa bathroom, fall whil (Yes=1, No=2)	alling in	If no, what was the	e cause?	
Hip	hipfra	hipfra_age	hipfra_std		hipfra_cau		
Wrist	wristfra	wristfra_age	wristfra_std		wristfra_cau		
Spine/ Vertebra	spinfra	spinfra_age	spinfra_std	spinfra_std spinfra_cau			
Others	Others othfra Specify:- oth_sp						
* If they had i	multiple fracture not	e the age of mo	ost recent fracture				
3.49 Has eithe	er of your parents or	r siblings had a	fracture of the	Yes	1		
hip, wrist or spine? No Don't know			2 3	parfra			
PART- 3C: COMPLICATIONS (For all participants)							
3C-I: – FOOT ULCERS AND AMPUTATION							
3.50 Have you	u EVER had a non-he	ealing ulcer/sore	e Yes		1	ever_ulcer	
in the foot that took more than 4 weeks to heal? No 2							
3.51 Do you v	.51 Do you walk around bare foot? Yes No 2			wa_bfot			
3.52 Have you	u had an amputatior	of lower limb?	Yes No		1 2	amp If "2" go to "PART 3	BC-11"
3.53 If 'YES', vamputation?	3.53 If 'YES', when was your most recent amputation? Year amp_yr Month amp_mon						



3.54 On which lower limb (right, left or both) was the amputation?	Right Left	1 2	
	Both	3	low_limb
3.55 What was the level of amputation?	Toe Below ankle	1 2	
(If both legs had amputation, please note the highest level)	Below knee Above Knee	3	level_amp
3.56 What was the cause for the most recent amputation?	Injury Diabetes Infection Diabetes and Injury Diabetes and infection Others	1 2 3 4 5	If Others (option 6), then specify
3.57 Do you have medical records or prescriptions from the ulcer diagnosis or amputation?	Yes No Don't Know	1 2 3	amp_rec
3.58 Ask the participant whether they have medical i	records related to the events. If so,	please take pictures of eve	ry page of the record.
3C-II: — EYES			
3.59 Have you ever seen a doctor for difficulty with your eyesight other than your ordinary power glasses (spectacles)?	Yes No	1 2	If " 2" go to "Section 4"
3.60 If "Yes" , did the doctor ever tell you that you have:	Cataract Retinopathy Both Other	1 2 3 4	If Others (option 4), then specify
3.61 If 2 or 3 for Q3.60, when was the retinopathy diagnosed?	Year Month ret_dia_yr ret_dia_mon		
3.62 Have you undergone laser therapy (Photocoagulation) anytime?	Yes No	1 2	If "2" skip to Q3.64
3.63 If "Yes" for Q3.62, when?	Year Month		
3.64 Do you have medical records or prescriptions?	Yes No	1 2	eye_rec
3.65 Ask the participant whether they have medical r	records related to the events. If so,		ry page of the record. yedirec



Section	n:-4 DRUG INFORMATION	
4.1 In the	e past one week, have you taken any Allopathic drug (English / modern) for a disease?	take_drug
	[Yes= 1; No =2]	If "2" go to "Section 5"
4.2 If yes	s, provide details of all the medication that the participant is taking in the PAST WEEK of survey in	the below columns
Name of	the drug (Write in CAPTIAL letters)	
a.	drug_name1	
b. d	rug_name2	
C. dı	rug_name3	
d. dı	rug_name4	
e. dr	ug_name5	
f. d	rug_name6	
g. dı	rug_name7	
h. dru	g_name8	
i. dru	g_name9	
j. d	rug_name10	
Section	n-5: PATIENT HEALTH QUESTIONNAIRE -9 (PHQ-9)	
S.No	Over the last 2 weeks, how often have you been bothered by any of the following	1. Not at All
	problems (1-10)	2. Several Days
		3. More than half the time
	House little interest or placeure in doing things	4. Nearly every day
Α.	Have little interest or pleasure in doing things	
В.	Feeling down, depressed, or hope less	phq_2
C.	Trouble falling or staying asleep or sleeping too much	phq_3
D.	Feel tired or feel like having little energy	phq_4
E.	Poor appetite or overeat	phq_5
F.	Feeling bad about yourself – or that you are a failure or have let yourself or your family down	phq_6
G.	Trouble concentrating on things, such as reading the newspaper or watching television	phq_7
Н.	Moving or speaking so slowly that other people could have noticed Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	phq_8
ı.	Thoughts that you be better off dead, or of hurting yourself in some way	phq_9
1.		L Priva_3
J.	If you have checked off any problems, how difficult have these problems made it for you to	phq_10
	do your work, take care of things at home or get along with other people	Not difficult at all
		Not difficult at all Somewhat difficult
		3. Very difficult
		4. Extremely difficult



SECTION-6: QUALITY OF LIF			
Under each heading, please	mention the number that describes your health to	oday	
A. Mobility	I have no problems in walking about	1	
	I have slight problems in walking about	2	qolmob
	I have moderate problems in walking about	3	
	I have severe problems in walking about	4	
	I am unable to walk about	5	
B. Self- Care	I have no problems in bathing or dressing myself	1	
	I have slight problems in bathing or dressing myself	2	qolself
	I have moderate problems in bathing or dressing myself	3	
	I have severe problems in bathing or dressing myself	4	
	I am unable to bath or dress myself	5	
C. Usual Activities (e.g	I have no problems doing my usual activities	1	
work, study housework	I have slight problems doing my usual activities	2	qoluact
family or leisure actvities)	I have moderate problems doing my usual activities	3	_
	I have severe peoblems doing my usual activities	4	
	I am unable to do my usual activites	5	
D. Pain/ Discomfort	I have no pain or discomfort	1	
	I have slight pain or discomfort	2	qolpain
	I have moderate pain or discomfort	3	
	I have severe pain or discomfort	4	
	I have extreme pain or discomfort	5	
E. Anxiety/ Depression	I am not anxious or depressed	1	
	I am slightly anxious or depressed	2	qolands
	I am moderately anxious or depressed	3	
	I am severely anxious or depressed	4	
	I am extremely anxious or depressed	5	



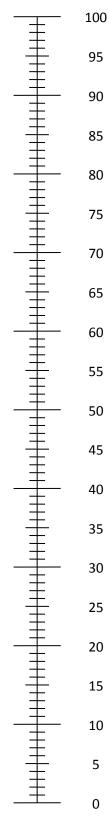
- We would like to know how good or bad your health is TODAY.
- This scale is numbered from 0 to 100.
- 100 means the **best** health you can imagine.

"0" means the worst health you can imagine.

- Mark an X on the scale to indicate how your health is TODAY.
- Now, please write the number you marked on the scale in the box below.

YOUR HEALTH TODAY=





The worst health

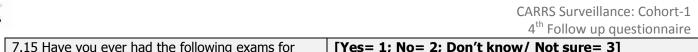
you can imagine



SECTION 7: FEMALE REPRODUCTIVE HISTO	ORY (Only for Female)
PART- 7A: THIS SECTION TO BE FILLED ONLY FOR SKIP THIS SECTION AND THANK THE PARTICIPANT	R THE FEMALE PARTICIPANTS. FOR MALE PARTICIPANTS
7.1 Are you currently having menstrual cycles?	Yes 1
7.2 If ' No' what is the reason?	Pregnancy 1 Lactation 2 Natural menopause 3 Surgical menopause 4 Others 5 If others (option 5), then specify frh_res_sp
7.3 If menopausal, since how long?	
[Ask if Q.7.2 is filled with option 3 or 4]	YY frh_menp_yr MM frh_menp_mon
7.4 When was your last menstrual period (LMP)?	
If the participant is able to recall skip to Q7.5 otherwise fill Q7.4a	D D M M Y Y frh_Imp
7.4a If the participant cannot recall the date of her LMP frh_nrcal_yr	Y Y M M D D
7.5 Are you currently using hormonal drugs or oral contraceptive pills? [Yes= 1, No=2]	frh_hmo_drg
7.6 Number of pregnancies so far? [also include miscarriages/abortions]	frh_preg If 00, skip to Q7.11
7.7 In the last pregnancy was the delivery :	Normal 1 Caesarian Section 2 Others 3 Not applicable 9 If others (option 3), then specify frh_last_del_sp
7.8 Were you diagnosed to have gestational diabetes in any of the pregnancies?	Yes 1 No 2 Don't know 3 Not applicable 9
7.9 Were you diagnosed to have hypertension in any of the pregnancies?	Yes 1 No 2 Don't know 3 Not applicable 9
7.10 What is the date of birth of your youngest biological child? If the participant is able to recall skip to Q7.11 otherwise fill Q7.10a	D D M M Y Y
7.10a What is the age of your youngest biological child?	YY age_child_yr MM age_child_mo



PART- 7B: CANCER SCREENING		
7.11 Have you ever had the following exams done by a physician, nurse or other health professional?	[Yes= 1; No= 2; Don't kn	ow/ Not sure= 3]
A. Breast examination B. Mammogram (A mammogram is an X-ray image of your breast used to screen for breast cancer)	exm_bre exm_mammo	
	If "2" or "3" skip to Q7.15	
7.12 If yes for "Q7.11" when was the last time you had?	Breast examination	Mammogram
<1 year ago 1	Ist_tillebre	lst_tmrmom
1-5 years ago 2		_
>5 years ago 3		
7.13 Do you know why the breast exam was done?		why_brexm
[Yes=1; No=2]		If "2" skip to Q7.15
7.14 If yes, why was this examination done?	A. General health check-	exm_gchk
[Voc=1: No=2: Not cure/Don't know=2]	up	
[Yes=1; No=2; Not sure/Don't know=3]	B. Doctor suggested to do the exam because of my age or family history of breast cancer	exm_fam_his
	C. I was having discomfort, pain or symptoms	exm_sym
	D. Others	exm_ot
		If others, please specify
		exm_otsp





cervical cancer done by a physician health professional?	_	[165-1, 110-2, 5011	t know/ Not suite = 5]	
A. Pap smear (Cervix is the uterus. Cervical cancer even before there are symmetests. In pap-smear a sample of cells from the ce	can be detected ptoms by several doctor takes a	exm_papsm		
B. Visual exam with acetic the mouth of the uterus. can be detected even be symptoms by several tests doctor look at the mouth paint some vinegar on it, are any changes that look limits.	Cervical cancer efore there are . In this test the n of the uterus, and see if there	exm_vis		
, ,	ŕ	If "2" or "3" thank the questionnaire	ne participant and end the	
7.16 If yes for "Q7.15" when was t	ne last time you	Pap smear	Visual exam with acetic acid	
had? <1 year ago 1-5 years ago >5 years ago	1 2	lst_papsm	lst_vis	
7.17 Do you know why these exam			why_exdo	
[Yes=1; No=2]			If "2" thank the participant and end the questionnaire	
7.18 If yes for Q7.17 A. General health check-up B. Doctor suggested to do the exam because of my age or family history of breast cancer C. I was having discomfort, pain or symptoms D. Others		[Yes=1; No=2] exdo_gchk exdo_fam_his exdo_sym exdo_ot	If yes for others please specify exdo_otsp —	
End time				
Hours : Minutes				
	FOR QUALITY CHECK			
REVIEWER 1	RE	VIEWER 2	DATA ENTRY/SCANNING	
NAME:	NAME:		NAME:	
SIGNATURE:	SIGNATURE:		SIGNATURE:	
DATE:/	1			



