

CARRS GEOHEALTH

FORM-1

Cohort1: 5th follow up questionnaire- Part I

Cluster ID	clu_id	Household ID	hhid		
Follow-up ID 1 0 5 fup_id Interviewer ID Date of interview: DD/ MM/	iid doi	PID Start Time (Hr:min) Hou	pid rs : Minutes str_tm		
Part-1: Response and contact of the part-1	articipant				
 Does the participant agree to be interviewed? agr_int 	[Yes =1,	: No =2]	If ' 2 ', go to Q-4		
2. If YES , what is the present address pres_add	1- Same as baseline su2- Changed	rvey/follow up 1, 2 , 3 & 4	If '1' go to question-6		
 If changed, note the current address [If filled, pleating chg_add] 	se skip to Part 1A]:				
4. If NO , what is the reason for non-response? resp_no	Shifted not traceableShifted, traceable b				
resp_no_sp 3- Shifted but not approachable/out of area range 4- Hard refusal					
	5- Soft refusal 6- Deceased				
	7- Could not complete for next year follow	this survey and will available -up			
15.1	8- Others				
 If the answer in above question is 2, 4, 5 or 7 complete question number 5. If the answer in above question is 6; skip this questionnaire and please complete verbal autopsy form 					



5.	If "Refused", reasons for refusal	
	reason_refu	
Par	t 1A:- Details of contacts	
6.	Name of the 1 st contact name_con1	
	Address of 1st contact add_con1	
	Telephone number of 1st contact ph_con1	
	relephone number of 1 contact pn_con1	
7.	Name of the 2 nd contact name_con2	
	Address £ 20d souts at 111 sou	
	Address of 2 nd contact add_con2	
	Telephone number of 2 nd contact	
	ph_con2	
8.	Name of the Home Town contact	
٥.	name_htown	
	Address of Home Town contact	
	add_htown	
	addom	
	Telephone number of Home Town contact	
	ph_htown	



CARRS COHORT GEOHELTH

FORM-1

5th follow up questionnaire- Part II

Cluster ID		Household ID	
Follow-up ID 1 0 5 Interviewer ID		PID	
Date of interview: DD/ DM/ MM/ YY		Start Time (Hr:min) Hours	: Minutes
SECTION 1:- DURATION OF STAY IN CITY		<u> </u>	
1.1 How long have you lived in the current city? (If participant responds since birth, please enter the current age of the participant) live_city		Years	
1.2 How long have you lived in your current home? (If participant responds since birth, please enter the current age of the participant in Years) live_cuhyr live_cuhmo		Years : Months	
1.3 Does the participant has adhaar card? Yes	1		
adhaar	2		
Don't ki refused	-	If 2 or 3, please s	skip to section 2
1.4 If yes, please write the adhaar card number adh	_no		
SECTION 2 :- OCCUPATION DETAILS			
2.1 Are you employed currently?	Yes -	1	
emp	No –	2	
	Don't kno	ow/ refused 3	If 2 or 3, please skip to section 3
2.2 What is your primary occupation (work)?			
prm_wrk			Specify the Occupation prm_wrk_sp
2.3 How long have you been working in this field?			
pri_	_tyr	<mark>pri_tmon</mark>	Years Months



2.4 Do you have ar	ny secondary occupa	tion?	Yes – No –		1 2	If 2, skip to sec	tion 3
2.5 If yes, what is y sec_occ_yes	our secondary occu	pation?				Specify the Ocseco_occ_sp	cupation
2.6 How long have	you been working ir	n this field? seco_tyr	sec	co_tmon		Years	Months
Codes for occupati	on:						
1. Profession	al (office workers/h	ealth profession	als/teacher	/banker/busir	ness own	er	
	machine operators a	and assembler [l	ndustrial site	e] (metal/glass	/ceramic	cs/wood/paper/o	chemical
processing) construction worker,	/manual lahor/ga	arhage colle	ctors)			
•	cupation (domestic l			ctorsj			
	(rickshaw/auto/bus		,,				
	al (farming/fishing/fo						
•	craft/trade (car me	•	• •	etal worker or			
welder/po	tters/glassmaker/wo	oodwork/leather)				
SECTION 3 :-TIME A	CTIVITY						
		o los sur la survisió	an an divisive	مام، دا			
Hours	EEKDAY, please let u Activity	Time spent outs	· · · · · · · · · · · · · · · · · · ·	Locati	on	Passive Smoki	ng Evnosuro
5-7 AM wdy_5_7	wdy_5_7_sp	wdy_5_7_spout	iue (III IIIII)	wdy_5_7_loc		wdy_5_7_psk	ing Exposure
7-9 AM wdy_7_9	wdy_7_9_sp	wdy_7_9_spout		wdy_7_9_loc		wdy_7_9_psk	
9-11 AM wdy 9 11	wdy_9_11_sp	wdy_9_11_ spout		wdy_9_11_loc		wdy_9_11_psk	
11-1PM wdy_11_1	wdy_11_1_sp	wdy_11_1_ spout		wdy_11_1_loc		wdy_11_1_psk	
1-3 PM wdyp_1_3	wdyp_1_3_sp	wdyp_1_3_ spout		wdyp_1_3_loc		wdyp_1_3_psk	
3-5 PM wdyp_3_5	wdyp_3_5_sp	wdyp_3_5_ spout		wdyp_3_5_loc		wdyp_3_5_psk	
5-7 PM wdyp_5_7	wdyp_5_7_sp	wdyp_5_7_ spout		wdyp_5_7_loc		wdyp_5_7_psk	
7-9 PM wdyp_7_9	wdyp_7_9_sp	wdyp_7_9_ spout		wdyp_7_9_loc		wdyp_7_9_psk	
9-11 PM wdyp_9_11	wdyp_9_11_sp	wdyp_9_11_ spout		wdyp_9_11_loo		wdyp_9_11_psk	
11-3AM wdyp_11_3	wdyp_11_3_sp	wdyp_11_3_spout		wdyp_11_3_loo		wdyp_11_3_psk	
3-5 AM wdy_3_5	wdy_3_5_sp	wdy_3_5_ spout		wdy_3_5_loc		wdyp_3_5_psk	



3.2 On a typical WEEKEND , please let us know how you spend your day?						
Hours	Activity	Time spent outside (in	Location	on	Passive Smoki	ng
		min)			Exposure	
5-7 AM wen_5_7	wen_5_7_sp	wen_5_7_spout	wen_5_7_loc		wen_5_7_psk	
7-9 AM wen_7_9	wen_7_9_sp	wen_7_9_spout	wen_7_9_loc		wen_7_9_psk	
9-11 AM wen_9_11	wen_9_11_sp	wen_9_11_spout	wen_9_11_loc		wen_9_11_psk	
11-1PM wen_11_1	wen_11_1_sp	wen_11_1_spout	wen_11_1_loc		wen_11_1_psk	
1-3 PM wenp_1_3	wenp_1_3_sp	wenp_1_3_spout	wenp_1_3_loc		wenp_1_3_psk	
3-5 PM wenp_3_5	wenp_3_5_sp	wenp_3_5_spout	wenp_3_5_loc		wenp_3_5_psk	
5-7 PM wenp_5_7	wenp_5_7_sp	wenp_5_7_spout	wenp_5_7_loc		wenp_5_7_psk	
7-9 PM wenp_7_9	wenp_7_9_sp	wenp_7_9_spout	wenp_7_9_loc		wenp_7_9_psk	
9-11 PM wenp_9_11	wenp_9_11_sp	wenp_9_11_spout	wenp_9_11_loc		wenp_9_11_psk	
11-3AM wenp_11_3	wenp_11_3_sp	wenp_11_3_spout	wenp_11_3_loc		wenp_11_3_psk	
3-5 AM wen_3_5	wen_3_5_sp	wen_3_5_spout	wen_3_5_loc		wen_3_5_psk	
Codes for Time activ	ity (Question 3.1 & 3.2)					
Activity		Location		Passive Smok	ing Exposure	
1- Sleeping /nappi	nσ	1-Indoor with closed wine	dows	1-Yes		
2- Cooking/doing h	_	2-Indoor with open wind		2-No		
<u> </u>	of-household work (mee	·		3-Don't know	/Not sure	
socializing)		bike/bicycle/rickshaw/au			,	
4- Occupation		4-Inside a closed vehicle				
5- Study		car)				
6- Travel/Commut	e	· ·				
(Commute to w	ork/drop to school/					
commute to s	shopping)					
7- Leisure/rest						
(Watching TV/re friends)	ading/chatting/visiting					
8- Leisure time (inc	cludes recreational					
games, exercise						
9- Others						
If other, then specify	1					



SECTION:-4 BIOMASS AND KEROSENE USE				
4.1 What is the type of cooking fuel commonly used in your home?		Yes, primary No, don't us	=1; Yes, second e=3	ary=2
, , , , , , , , , , , , , , , , , , , ,	A. LPG <mark>fuel_lpg</mark>			
	B. Electricity fuel_elet			
	C. Kerosene <mark>fuel_kero</mark>			
	D. Biomass(Biomass –includes biomass pellets, wood, coconut shells, dried leaves/ dung cake) fuel_bio			
	E. Other fuel_oth			
	If other, then specify fuel_otsp			
4.2 Do you use biomass or kerosene for		Yes, primary	=1; Yes, second	ary=2
other purposes other than cooking?	A. Lighting otpur_light		<u> </u>	
(Biomass –includes biomass pellets, wood, coconut shells, dried leaves/	B. Heating otpur_heat			
dunk cake)	C. Boiling water otpur_bowat			
	D. Others otpur_ot otpur_otsp If other, then specify ————			
SECTION 5:- TOBACCO AND ALCOHOL USE				
5.1 Do you currently consume tobacco?	Yes-1 No -2			
(within last 1 year) f5con_tob	NO -2	If	2, skip to Q5.3	
5.2 If yes, how often?		Smoking Form	Chewed Form	Any other Form
	1- Regularly (≥once a week) 2- Occasionally (<once 3-="" a="" no<="" td="" week)=""><td>con_tob_smk</td><td>con_tob_chw</td><td>con_tob_ot</td></once>	con_tob_smk	con_tob_chw	con_tob_ot
5.3 Have you used alcoholic beverages in last one year? f5use_alc	Yes -1 No -2 Don't remember -3	If	"2 & 3" go to Sec	ition 6
5.4 If yes, how often did you consume? hw_ofn_alc	1- Regularly (≥once a week) 2- Occasionally (<once a="" td="" week)<=""><td></td><td></td><td></td></once>			



SECTION 6:- DIET		
Part 6A:- Household Food Insecurity Acces	s Scale (HFIAS) Measurement Tool	
6.1 In the past four weeks, did you worry that your household would not have enough food? wor_fod	1- Yes 2- No (skip to Q6.2)	
6.1a How often did this happen? wor_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.2 In the past four weeks, were you or any household member not able to eat the kinds of foods you preferred because of a lack of resources? pref_fod	1- Yes 2- No (skip to Q6.3)	
6.2a How often did this happen? pref_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.3 In the past four weeks, did you or any household member have to eat a limited variety of foods due to a lack of resources? vari_fod	1- Yes 2- No (skip to Q6.4)	
6.3a How often did this happen? vari_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.4 In the past four weeks, did you or any household member have to eat some foods that you really did not want to eat because of a lack of resources to obtain other types of food? oth_fod	1- Yes 2- No (skip to Q6.5)	
6.4a How often did this happen? oth_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	



6.5 In the past four weeks, did you or any household member have to eat a smaller meal than you felt you needed because there was not enough food? sml_fod	1- Yes 2- No (skip to Q6.6)	
6.5a How often did this happen? sml_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.6 In the past four weeks, did you or any other household member have to eat fewer meals in a day because there was not enough food? few_fod	1- Yes 2- No (skip to Q6.7)	
6.6a How often did this happen? few_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.7 In the past four weeks, was there ever no food to eat of any kind in your household because of lack of resources to get food? no_fod	1- Yes 2- No (skip to Q6.8)	
6.7a How often did this happen? no_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	
6.8 In the past four weeks, did you or any household member go to sleep at night hungry because there was not enough food? nig_fod	1- Yes 2- No (skip to Q6.9)	
6.8a How often did this happen? nig_hw_oft	1- Rarely (once or twice in the past four weeks) 2- Sometimes (three to ten times in the past four weeks) 3- Often (more than ten times in the past four weeks)	



6.9 In the past four weeks, did you or any household member go a whole dand night without eating anything because there was not enough food? woe_fod	2- No (move to par	t 6B)	
6.9a How often did this happen? woe_hw_oft	1- Rarely (once or t four weeks) 2- Sometimes (thre the past four week 3- Often (more tha the past four week	ee to ten times in s) n ten times in	
Part 6B:- INDIVIDUAL DIETARY INFO	RMATION		
6.10 Are you a vegetarian? veg	Yes No	1 2	
6.11 Do you take eggs? egg	Yes No	1 2	
6.12Have you been advised a special diet? spl_diet	Yes No	1 2	If "2" go to Q.6.13
6.12a If YES, what diets are you currently following?	Type of diet	Response [Yes=1;No=2]	Since how many years are you on this special diet? Y Y: M M
	Diabetic diet dia_diet Weight reducing diet wred_diet Others (specify) oth_diet oth_diet_sp		dia_diet_yr dia_diet_mon wred_diet_yr wred_diet_mon oth_diet_yr oth_diet_mon
6.13How frequently do you use leftover oil?	Never	1	
<mark>left_oil</mark>	Less than once a month		
left_oil_sp	Once in a month	3	
	Twice in a month	4	
	2-3 times/week Daily	5 6	
	Don't know	7	



6.14 Which oil or fat do you	Type of oil/ fat		If yes,
commonly use for cooking?	Unsaturated fat:	[Yes=1;No=2]	Monthly consumption [in ml]
	Mustard oil usat_must		usat_must_con
	Sunflower oil usat_sun		usat_sun_con
	Soyabean oil usat_soya		usat_soya_con
	Groundnut oil usat_gnut		usat_gnut_con
	Ricebran oil usat_rbran		usat_rbran_con
	Palm oil usat_plm_con		usat_plm_con
	Sesame/til oil usat_til		usat_til_con
	Coconut oil usat_coc		usat_coc_con
	Olive oil usat_olive		usat_olive_con
	Others specify		usat_oth_con
	usat_oth usat_oth_sp		
	Saturated fat:	[Yes=1;No=2]	Monthly consumption [in grams]
	Butter <mark>sat_but</mark>		sat_but_con
	Ghee sat_ghee		sat_ghee_con
	Vanaspati <mark>sat_van</mark>		sat_van_con
	Others specify		sat_oth_con
	sat_oth		
	sat_oth_sp		
6.15 Usually what type of milk	None	1	
do you consume	Skimmed milk	2	
milk_con milk_con_sp	Double toned	3	
<u></u>	Toned/cow's milk	4	
	Full cream/buffalo's mil	lk 5	
	Don't know	6	
	Others specify	7	
6.16 How often is the meat you eat	Usually (and who do no	 It eat meat) 1	
usually trimmed of fat?	Sometimes	2	
[Don't ask this question to vegetarians]	Rarely or never	3	



6.17 In the PAST ONE YEAR, how often have you consumed foods from the following food groups? [Write in the appropriate column] Daily-1; Weekly-Approx. amount eaten at one time Frequency 2; Monthly-3, (refer to show cards) Never or less **Food items** No. of days per No. of times/ day Encircle one than once a month/ week month-4 1. Meats [lamb, mutton, goat, veal, con meat con meat pmo con meat dy con meat amt Bowl/Pcs rabbit, beef, pork; their curries] 2. Poultry [chicken, turkey, duck, con_poul_pmo con_poul_dy con_poul_amt Bowl/Pcs con poul pheasant, quail; their curries] 3. Organ meats [liver, kidney, brain, Bowl/Pcs con org con org pmo con org dy con org amt spleen, heart and sausages nihari, paya] 4. Fish [fresh-water and sea-water con fish con fish pmo con fish dy con fish amt Bowl/Pcs fish; preserved fish such as salted fish, canned fish, dried fish] Bowl/Pcs con sfish con sfish pmo con sfish dy con sfish amt 5. Shell fish and crustaceans [crab, squid, prawns, molluscs] 6. Eggs [Includes preserved eggs, con egg con_egg_pmo con_egg_dy con egg amt Pcs duck eggs] 7. Cooked green leafy vegetables con gleaf dy con gleaf amt Bowl con gleaf con gleaf pmo (spinach, fenugreek, bathua, mustard, turnip greens, amaranth etc.) Cooked other vegetables [beans, cauliflower, Bowl con otveg con otveg pmo con otveg dy con otveg amt brinjal, ladies finger, pumpkin, bottle/bitter gourd, carrot, radish, onion] con cveg amt Bowl con cveg con cveg pmo con cveg dy Cooked vegetables: roots and tubers[Potatoes, sweet potato, colocasia] con ucrow con_ucrow_pmo con ucrow dy con ucrow amt Bowl 10. Uncooked raw vegetables : salads 11. Fruits (1) banana, cheeko/sapota, mango, con fru1 con fru1 pmo con_fru1_dy con_fru1_amt Bowl/Pcs 12. Fruits (2) All other fruits con fru2 con fru2 pmo con fru2 dy con fru2 amt Bowl/Pcs con brice con brice pmo con_brice_dy con brice amt Bowl 13. Boiled rice, fried rice, briyani, pulav, semolina, sago, pasta 14. White bread, idli, taftan, con wbrd dy Bowl/Pcs con wbrd con wbrd pmo con wbrd amt sheermal, dosa 15. Whole wheat roti, brown bread, Bowl/Pcs con wwrot con wwrot dy con wwrot amt con wwrot pmo whole grain porridge, pearl millet, barley, ragi, oats con_legu con_legu_dy 16. Legumes and pulses [includes all con_legu_pmo con legu amt Bowl dals, black & white chana, rajma, lobia etc.)



	Daily-1; Weekly- 2; Monthly-3,	Frequency		Approx. amount eaten a (refer to show cards)	t one time
Food items	Never or less than once a month-4	No. of days per month/ week	No. of times per day		
					Encircle one
17. Milk & milk based drink	s <mark>con_mdrink</mark>	con_mdrink_pmo	con_mdrink_dy	con_mdrink_amt	Glass
18. Milk products [curd, front cheese, raita, lassi]	esh <mark>con_mprod</mark>	con_mprod_pmo	con_mprod_dy	con_mprod_amt	Bowl
19. Milk based desserts [custard, kho firni, kheer, milk puddings, mohalabeia, shameia]	oya, <mark>con_mdest</mark>	con_mdest_pmo	con_mdest_dy	con_mdest_amt	Bowl
20. Deep fried foods1 [chicken nuggets,onion rings, pakoras, namakparay, namkeen, French fr	con_fri1	con_fri1_pmo	con_fri1_dy	con_fri1_amt	Bowl
21. Deep fried foods 2 [samosas, egg rolls, kachori, cutlets, poori, patti		con_fri2_pmo	con_fri2_dy	con_fri2_amt	Pcs
22. Desserts1 [chocolate, tarts ,cand cakes, pies, ice-creams & pastries		con_des1_pmo	con_des1_dy	con_des1_amt	Pcs
23. Desserts2 [burfi,ladoo, jalebi, gulabjamum, rasgullah, rasmalai	con_des2	con_des2_pmo	con_des2_dy	con_des2_amt	Pcs
24. Carbonated beverages	con_carb	con_carb_pmo	con_carb_dy	con_carb_amt	Glass
25. Fresh fruit juices	con_frju	con_frju_pmo	con_frju_dy	con_frju_amt	Glass
26. Fruit juices [Frozen (tetr packed); Sherbets, Froo Maza etc.]		con_fzju_pmo	con_fzju_dy	con_fzju_amt	Glass
27. Nuts [peanuts, almonds cashews, walnuts etc.]	, con_nuts	con_nuts_pmo	con_nuts_dy	con_nuts_amt	Bowl/Pcs
28. Tea [tea without milk and sugar a any other tea]	end con_tea	con_tea_pmo	con_tea_dy	con_tea_amt	Glass/cup
29. Coffee consumption [coffee with and without milk and/sugar]	con_cof	con_cof_pmo	con_cof_dy	con_cof_amt	Glass/cup
30. Pickles & chutnies [acha pickled vegetables, saud and chutneys]		con_pick_pmo	con_pick_dy	con_pick_amt	Bowl/Pcs/ Spoon
31. Miscellaneous foods [biscuit, rusk, phen]	con_misc	con_misc_pmo	con_misc_dy	con_misc_amt	Pcs
32. Others 1	con_oth1 con_oth1_sp	con_oth1_pmo	con_oth1_dy	con_oth1_amt	Bowl/Pcs/ Spoon
33. Others 2	con_oth2 con_oth2_sp	con_oth2_pmo	con_oth2_dy	con_oth2_amt	Bowl/Pcs/ Spoon



SECTION 7:- MEDICAL HISTORY (CARDIO	O METABOLIC DISEASES AI	ND THEIR RISK FACTORS)	
Part 7A: Fill this section if the answer for high bloo	od pressure/ high blood sugar/hig	gh blood cholesterol is "YES" in PA	RT section 7A, Q.7.1. If the answer is
YES' to any of the choices in Q. 7.1, then go to C	Q.7.2. 'OTHERWISE' skip the entii	re part and go to Part 7B	
*Exclude pregnancy induced Hypertension and I			
Part 7A-: HYPERTENSION (High Blood Pressu	ure)/DIABETES (High Blood Su	gar)/ HYPERLIPIDEMIA (High B	lood Cholesterol)
	Hypertension (High Blood Pressure)*	Diabetes (High Blood Sugar)*	Dyslipidemia (High Blood Cholesterol)
7.1Have you EVER been told by a doctor that			
you have any of the following diseases?			
[Yes =1; No =2; Don't know=3]	<mark>hbp</mark>	diab	dys
7.2 SINCE HOW MANY YEARS have you had	Duration in Years /Month	Duration in Years /Month	Duration in Years /Month
Hypertension/ Diabetes/ Hyperlipidemia?	Years	Years	Years
	hbp_yr	diab_yr	dys_yr
	Months	Months	Months
7.3 What treatment is you taking for it	hbp_mon	diab_mon	dys_mon
currently? [Yes=1; No=2]			
4 Donatile delication and different or			
Prescribed dietary modification	hbp_diet	diab_diet	dys_diet
2. Prescribed physical exercise	hbp_phy	diab_phy	dys_phy
3. Traditional medicine/Therapy**	hbp_trad	diab_trad	dys_trad
other than yoga	hbp_allo	diab_allo	<mark>dys_allo</mark>
4. Allopathic drugs(English/modern)	hbp_yog	diab_yog	dys_yog
5. Yoga			
*Traditional medicine/therapy include Ayurveda	, Unani, Homeopathy, Tibetan, N	laturopathy, Meditation	
Part 7B: HEART DISEASE			
7.4 Have you EVER been told by a doctor that yo	ou have heart disease?	Yes-1	
<mark>hrt_dis</mark>		No-2 Don't Know-3	If "2" or "3" skip to Q7.14
7.5What did the doctor say it was?		1- Heart Attack hrt_atk	II 2 of 5 step to Q/II.
[Yes=1; No=2; Don't know/Not sure=3]		2- Angina hrt_agin	
		3- Heart Failure hrt_hrtfail	
		4-Valve disease hrt_val	
		5-Hole in the heart hrt_hole	
		6-Not informed about the	
		nature of the problem	
		hrt_ninfo	
		7-Other hrt oth	"If Other=1 then please specify"
		hrt_oth_sp	
If "1" for heart attack then fill the following que	stions otherwise skin to 07.12		



7.6 If "yes" for heart attack, date of MOST RECENT heart attack.	hrt_atk_yr hrt_atk_mon	
		YY MM
7.7 What symptoms did you have during this event?		[Yes=1; No=2; Not sure=3]
	1- Chest pain/ discomfort >20 minutes hrt_atk_sy1 2- Pain radiating to arm, shoulder or neck hrt_atk_sy2 3- Sweating or vomiting hrt_atk_sy3 4-Other hrt_atk_sy4 hrt_atk_sysp	"If Other=1 then please specify"
7.8 How long these symptoms were present before you met doctor? syppre_wk syppre_dys syppre_hr	Weeks Days	s Hours
7.9 Were you hospitalized for this event?	Yes-1	riours
hosp hosp	No-2	
If "1" in Q7.9, go to Q7.10 otherwise skip to Q7.11	1 112 2	
7.10 If hospitalized for this event, what procedure did they		[Yes=1; No=2]
do in the hospital?	1- Angioplasty (Stent) hosp_proc1 2- Coronary Artery bypass surgery (Bypass) hosp_proc2 3- Thrombolytic therapy hosp_proc3 4- Only medicines hosp_proc4 5- Other hosp_proc5 hosp_proc sp	"If Other=1 then please specify"
7.11 If not hospitalized for this event, where did you take		[Yes=1; No=2]
treatment?	1- Visited allopathic doctor and took treatment as outpatient hosp_no1 2- Visited Ayurveda/homeopathic/other traditional healers hosp_no2 3-Others hosp_no3 hosp_nosp	"If Other=1 then please specify"



$\textbf{C} \textbf{entre for cArdiometabolic Risk Reduction in South-Asia (CARRS)} - \textbf{Cohort Study: } 5^{th} \ \textbf{FUP}$

7.12 Ask the participant whether they have medical records		[Yes=1; No=2]
related to the events and current medication and treatment. If so, please take pictures of every page of the record	1- Discharge reports med_rec1 2- Consultant notes med_rec2 3- Prescription notes med_rec3 4- ECG med_rec4 5- Lab reports med_rec5 6- Other med_rec6 med_rec_sp	
		"If Other=1 then please specify"
7.13 Are you taking any treatment for heart disease currently?		[Yes=1; No=2]
	1- Allopathic drugs (English /modern) hrt_trt1	
	2- Traditional medicine (other than Yoga) hrt_trt2	
	3-Yoga hrt_trt3	
	4-Others hrt_trt4	
	hrt_trt_sp	"If Other=1 then please specify"
7.14 For all participants: Have you ever undergone coronary angioplasty or stent? (This is a procedure to put stent in the heart blood vessels to destroy clots) ever_snt	Yes-1 No-2	If "2" skip to Section 7C
7.15 If yes, when did you have latest procedure?	Years	Months ever set mon



Part 7C: STROKE (Paralytic attack)		
7.16 Have you EVER been told by a doctor that you have	Yes-1	
stroke (Paralytic attack)?	No-2	If "2" or "3" go to 7.28
stk	Don't Know-3	11 2 Of 5 go to 7.28
7.17 If yes, date of MOST RECENT of stroke (Paralytic		
attack). <mark>stk_yr</mark> <mark>stk_mon</mark>	Years	Months
7.18 What symptoms did you experience?		[Yes=1; No=2;
		Not sure/ Don't remember=3]
	1- Did you become unconscious or	
	drowsy? stk_sy1	
	2- Was there loss of vision? stk_sy2	
	3- Was there weakness in face or	
	limbs? <mark>stk_sy3</mark>	
	4- Was there weakness in on	
	limb/half of the body? stk_sy4	
	5- Was there difficulty in speaking?	
	stk_sy5	
	6- Were there disturbances of	
	balance or walking? stk_sy6	
	7- Was there trauma to the head or	
	neck? <mark>stk_sy7</mark>	
If "2" or "3" in all the boxes skip to Q7.20		
7.19 Was duration of any symptoms > 24 hours?	Yes -1 No -2	
stk_24hr	No -2 Not sure/ Don't remember -3	
7.20 Who diagraphs about 2		[Yes=1; No=2]
7.20 Who diagnosed the stroke?		[1es-1, NO-2]
	1- MBBS doctor stk_diammbs	
"If Other=1 then please specify"	2- Ayurveda/homeopathic/	
	traditional healer stk_diayda	
	3-Others stk_diaoth stk_diaoth_sp	
	4- Not sure/ Don't remember	
	stk_dianot	
7.21 Were you hospitalized for this stroke? stk_hosp	Yes -1 No -2	
	Not sure/ Don't remember -3	
If "2" skip to Q7.23 and if "3" skip to Q7.24		



7.22 If hospitalized for this stroke, was CT scan or MRI	Yes -1	
done?	No -2 Not sure/ Don't remember -3	
stk_mri 7.23 If not hospitalized, why? stk_nohop stk_nohop_sp	1-Visited allopathic doctor and took treatment as outpatient 2-Visited Ayurveda/homeopathic /other traditional healers 3-Others	"If Other=1 then please specify"
7.24 Aslabla markisinankuulaska makauskauskausanda	4- Not sure/ Don't remember	Diagram 21
7.24 Ask the participant whether they have medical records related to the events and current medication & treatment. If so, please take pictures of every page of the record.	1- Discharge reports stk_rec1	[Yes=1; No=2]
	2- Consultant notes stk_rec2	
	3- Prescription notes stk_rec3	
	4- ECG stk_rec4	
	5- CT scan reports stk_rec5	
	6- MRI reports stk_rec6	
	7- Lab reports stk_rec7	
	8- Other <mark>stk_rec8</mark>	
	stk_rec_sp	"If Other=1 then please specify"
7.25 Do you have a residual disability in any part of the body stk_disab	Yes -1	
	No -2	If "2" skip to Q.7.27
7.26 If 'YES' , does it involve the following?		[Yes=1; No=2]
	1-Paralysis of leg/foot stk_disab1	
	2-Paralysis of arm/hand stk_disab2	
	3-Weakness of leg/foot stk_disab3	
	4-Weakness of arm/hand stk_disab4	
	5-Defect of speech stk_disab5	
	6-Defect of vision stk_disab6	
	7-Urinary incontinence stk_disab7	
	0 4	
	8-Any other weakness stk_disab8 stk_disab_sp	"If other=1 then please specify"



7.27 Are you advised t						
medication after	your paralytic attack? <mark>stk_me</mark>	<mark>d</mark>	No	-2		
Part 7D :- Stroke free s	Part 7D :- Stroke free status (All stroke free participants) {Fill only if the answer to Q7.16 is 2 or 3}.					
Questionnaire for Veri	fying Stroke-Free Status (QVS	FS — Jon	ies et al)			
Codes: Yes=1 No=2 No	t sure/Don't know=3					
· -	told by a physician that yo	u had a	a TIA, ministrok	e, or transient		
ischemic attack? tia						
7.29 Have you ever had sudden painless weakness on one side of your body? bdy_wkness						
7.30 Have you ever	had sudden numbness or a	dead f	feeling on one	side of your body?		
bdy_numbn						
,	had sudden painless loss o					
7.32 Have you ever	suddenly lost one half of yo	our visi	on? <mark>half_vision</mark>			
7.33 Have you ev	ver suddenly lost the ability	to und	derstand what p	people are saying?		
7.34 Have you ever	suddenly lost the ability to	expres	s yourself verb	ally or in writing?		
Part 7E:- CANCER						
7.35 Have you EVER been told by a doctor that you have Yes -1						
cancer? <mark>cancer</mark>			No Don't Know	-2 -3	If 2 or 3, skip to Section 8	
	7.204 16	7.000		70004: 1 : .		
	7.36A If yes, which site	7.368	How was it	7.36C At what stage	7.36D When were you diagnosed	
	7.36A if yes, which site	(detected	it was diagnosed?	with it	
	7.36A If yes, which site	(_		
A. Site 1 can_st1	7.36A If yes, which site	can_st	detected::1_detc	it was diagnosed? can_st1_stg	with it Year of diagnosis can_st1_yr	
A. Site 1 can_st1 B. Site 2 can_st2	7.36A If yes, which site	can_st	detected	it was diagnosed?	with it	
	7.36A If yes, which site	can_st	detected::1_detc	it was diagnosed? can_st1_stg	with it Year of diagnosis can_st1_yr	
B. Site 2 can_st2	7.36A If yes, which site	can_st	detected :1_detc :2_detc	it was diagnosed? can_st1_stg can_st2_stg	with it Year of diagnosis can_st1_yr can_st2_yr	
B. Site 2 can_st2 C. Site 3 can_st3 D. Site 4 can_st4	7.36A If yes, which site	can_st can_st can_st	detected :1_detc :2_detc :3_detc	it was diagnosed? can_st1_stg can_st2_stg can_st3_stg	with it Year of diagnosis can_st1_yr can_st2_yr can_st3_yr	
B. Site 2 can_st2 C. Site 3 can_st3	If "14", then specify	can_st can_st can_st	detected :1_detc :2_detc :3_detc :4_detc	it was diagnosed? can_st1_stg can_st2_stg can_st3_stg can_st4_stg	with it Year of diagnosis can_st1_yr can_st2_yr can_st3_yr can_st4_yr	
B. Site 2 can_st2 C. Site 3 can_st3 D. Site 4 can_st4 E. Site 5 can_st5		can_st can_st can_st	detected :1_detc :2_detc :3_detc :4_detc	it was diagnosed? can_st1_stg can_st2_stg can_st3_stg can_st4_stg	with it Year of diagnosis can_st1_yr can_st2_yr can_st3_yr can_st4_yr	
B. Site 2 can_st2 C. Site 3 can_st3 D. Site 4 can_st4 E. Site 5 can_st5 can_sp		can_st can_st can_st can_st can_st can_st can_st	detected :1_detc :2_detc :3_detc :4_detc :5_detc pant had oms=1 tine checkup eening=2	it was diagnosed? can_st1_stg can_st2_stg can_st3_stg can_st4_stg	with it Year of diagnosis can_st1_yr can_st2_yr can_st3_yr can_st4_yr	



Gall bladder= 13; Others = 14; Unknown =15			
•			Yes=1 : No=2
7.37 What was the primary treatment?	1-Surgery can_trat1 2-Hormone therapy ca 3- Radiology (X-ray for can_trat3 4-Chemotherapy (canc can_trat4 5- Palliative treatment relieve pain) can_trat! 6- Non-allopathic (Ayur Homeopathic/ traditional) can_trat 7- Others can_trat7 8-Don't Know can_trat	er cell killing drugs) (treatment to vedic/	Yes=1; No=2
SECTION 8: FEMALE REPRODUCTIVE HISTORY	(Only for Female)		
THIS SECTION TO BE FILLED ONLY FOR THE FERTHANK THE PARTICIPANT 8.1 Are you currently having menstrual cycles? mens_cyl	MALE PARTICIPANTS. F Yes No	OR MALE PARTICIPA -1 -2	ANTS SKIP THIS SECTION AND If "1" skip to Q8.4
8.2 If 'No' what is the reason? no_res no_res_sp	1- Pregnancy 2-Lactation 3-Natural menopaus 4-Surgical menopaus 5-Others		"If other=1 then please specify
8.3 If menopausal, since how long? [Ask if Q8.2 is filled with option 3 or 4] menop_yr menop_mon		/Y MM	



8.4 When was your last menstrual period (LMP)?			
I <mark>mp</mark>	DD	MM	YY
If the participant is able to recall skip to Q8.5 otherwise fill Q8.4a			
8.4a If the participant cannot recall the date of her LMP			
recl_lmp_dy recl_lmp_mo recl_lmp_yr	DD	MM	YY
8.5 What is the date of birth of your youngest biological child?			
If the participant is able to recall end the	DD	MM	YY
questionnaire otherwise fill 8.5a	child_age		
8.5a What is the age of your youngest biological child?			
_		YY	MM
	child_age_yr	child_age_m	<mark>0</mark>
END TIME: - HOURS : MINUTES			

REVIEWER 1	REVIEWER 2	DATA ENTRY/SCANNING
NAME:	NAME:	NAME:
SIGNATURE:	SIGNATURE:	SIGNATURE:
DATE:/	DATE:/	DATE: