ABOUT ME

1. What SITUATIONS give me the most trouble? List any 3.

1.1. **Public Speaking:** I feel nervous when I have to speak in front of a group of people.
1.2. **Networking Events:** Meeting new people can be overwhelming for me, and I often don't know how to start a conversation.
1.3. **Job Interviews:** The pressure to impress interviewers makes me anxious, and I worry about answering questions correctly.

WHY do these situations trouble me?

1.1. **Fear of Judgment:** I worry about what others will think of me when I speak, which makes me anxious.
1.2. **Social Anxiety:** I often feel shy and believe people might not like me, making it hard to engage.
1.3. **Performance Pressure:** I feel like I need to do really well in interviews, which creates a lot of stress for me.

2. What sort of PEOPLE make me feel that I lack confidence? List any 3.

2.1. **Very Outgoing People:** Their confidence and energy can make me feel shy and less interesting.
2.2. **Highly Accomplished Individuals:** Being around people who have achieved a lot makes me doubt my own abilities.
2.3. **Critical People:** When someone is overly critical, it lowers my self-esteem and makes me feel inadequate.

WHY?
I feel this way because:

- **Comparison:** I tend to compare myself to others and feel I don't measure up.
- **Insecurity:** Their confidence highlights my own doubts, making me feel even more insecure.
- **Fear of Criticism:** I worry about being judged, which makes me hesitant to express myself.

3. What SITUATION(S) would I like to master? Why?
I would like to master **public speaking**, **networking**, and **job interviews**. These skills are important for my career development and will help me feel more confident in my professional life.

4. What situations am I particularly GOOD at?
I am particularly good at:

- **Working in Teams:** I enjoy collaborating with others and can contribute positively to group projects.
- **Problem Solving:** I love tackling challenges and finding effective solutions.
- **Listening:** I am a good listener, which helps me understand and support my peers.

5. What is the ONE thing that I would like to CHANGE about my appearance/personality?
I would like to become more **confident** in social situations and interactions with others.

6. How do I describe myself to people?
I describe myself as **thoughtful, creative, and friendly**. I enjoy helping others and love to learn new things.

7. How will my FAMILY & FRIENDS describe me?
My family and friends would describe me as **kind, supportive, and dependable**. They know they can count on me when they need help or someone to talk to.

My Time Management Log Sheet

Time	Activity	Quadrant	Alternate Time Saving Activity
6:00 AM	Study Java and DSA skills	Q2 – Important / Urgent	Use online courses for structured learning
7:30 AM	Breakfast and prepare for college	Q4 – Not Important / Not Urgent	Quick breakfast and prepare materials
9:30 AM	Attend college classes	Q2 – Important / Urgent	Take detailed notes during class
4:30 PM	Return home and relax	Q4 – Not Important / Not Urgent	Short break to recharge
5:00 PM	Work on MERN stack skills	Q2 – Important / Urgent	Focus on one project at a time
7:00 PM	Prepare for GATE CSE	Q2 – Important / Urgent	Use past papers for targeted practice
8:30 PM	Dinner and family time	Q4 – Not Important / Not Urgent	Enjoy meal and chat with family
9:00 PM	Review college notes and assignments	Q1 – Important / Not Urgent	Organize notes for easier revision
10:00 PM	Relax and unwind (reading, hobbies)	Q4 – Not Important / Not Urgent	Enjoy a book or hobby
11:00 PM	Prepare for bed	Q4 – Not Important / Not Urgent	Settle down early for good sleep

My Quadrant Analysis

Q1 – Important / Not Urgent

- Activities that are essential but do not have immediate deadlines.
    - **Examples:**
        - Review college notes and assignments

Q2 – Important / Urgent

- Activities that are crucial and require immediate attention.
    - **Examples:**
        - Study Java and DSA skills
        - Attend college classes
        - Work on MERN stack skills
        - Prepare for GATE CSE

Q3 – Not Important / Urgent

- Activities that may feel urgent but do not significantly contribute to your goals. (You can adjust this if needed.)

Q4 – Not Important / Not Urgent

- Activities that are neither urgent nor important. They can be reduced or enjoyed in moderation.
    - **Examples:**
        - Breakfast and prepare for college
        - Return home and relax
        - Dinner and family time
        - Relax and unwind (reading, hobbies)
        - Prepare for bed

My Goals Work-page

Period	Area	Goal	Action Step	Target Date	Proposed Evidence
This Year	Academic	Improve Java and DSA skills	Study for 2 hours daily and complete online courses	By May 2025	Completed online course certificate and practice problems
	Social	Make new friends in college	Attend college events and participate in clubs	Ongoing	Number of new friends made and club participation
	Health	Maintain a balanced diet and exercise regularly	Prepare healthy meals and exercise 4 times a week	Ongoing	Weekly meal plan and exercise log
	Family	Spend more quality time with family	Organize weekly family dinners or outings	Ongoing	Family activity log and photos
	Personal	Read 12 books this year	Read 1 book per month	By December 2024	List of completed books with summaries
	Career	Secure an internship in the tech industry	Apply to at least 5 internships and network	By July 2025	Confirmation of internship offer
Final Year	Academic	Achieve a GPA of 8.5 or higher	Focus on studies, complete assignments on time	By May 2026	GPA report card
	Social	Build a strong professional network	Attend networking events and connect on LinkedIn	Ongoing	Number of connections made
	Health	Run a 5K marathon	Follow a training plan and participate in a local marathon	By December 2025	Registration and completion certificate
	Family	Support younger siblings with their studies	Help them with homework and study sessions	Ongoing	Feedback from siblings and parents
	Personal	Improve public speaking skills	Join a public speaking club or practice regularly	By March 2025	Participation in speaking events and feedback
	Career	Land a full-time job after graduation	Prepare resume, apply to jobs, and attend interviews	By June 2026	Job offer letter and acceptance

A. Jeevan Yatra (Based on Class Activity)

Where do you see yourself from now?

Time Frame	Vision
In One Year	Completing my B.Tech degree, gaining skills in Java, DSA, and MERN stack, and securing a summer internship in the tech industry.
In Two Years	Graduating with a high GPA, having practical experience through internships, and being active in college clubs and networking events.
In Five Years	Working as a software developer at a reputed tech company, contributing to innovative projects, and pursuing certifications in advanced technologies.
In Ten Years	Leading a team in a tech company, mentoring juniors, and possibly starting my own tech startup focused on solving real-world problems.

B. Stakeholders and Their Genuine Expectations

Sn. No.	Name of the Stakeholder	Genuine Expectation/s from You
1	Country	Contribute to technological advancements and innovations that benefit society.
2	Society	Engage in community service and help in addressing local issues through technology.
3	School	Maintain a positive attitude, achieve good grades, and participate in extracurricular activities.
4	University	Excel in academics, represent the university in competitions, and contribute to research projects.
5	Parents	Focus on my studies, maintain good values, and secure a stable job after graduation.
6	Self	Continually improve my skills, pursue my passions, and strive for personal and professional growth.

C. My Vision Statement

Reason for Existence – How would you be remembered?

I want to be remembered as an innovative software developer who used technology to solve real-world problems, positively impacting society and inspiring others to pursue their passions.

My Mission Statement – My Guidelines for Achieving My Vision

a. **Commit to continuous learning** in programming and technology to stay updated with industry trends.
b. **Engage in teamwork and collaboration** to build strong relationships and enhance my skills.
c. **Contribute to community service projects** that use technology to improve lives and address societal issues.

My Mantra in Life

"Stay curious and keep learning every day. Embrace challenges as opportunities for growth and believe in yourself to turn dreams into reality."

D - My Goal

1. Where do I see my placement on completion of degree?

SMART GOAL:

- **Company:** Google
- **Salary:** ₹10,00,000 per annum
- **Location:** Bangalore
- **Designation:** Software Engineer
- **Action Steps:**
  - Build a strong portfolio showcasing my MERN stack projects and Java applications.
  - Network with industry professionals through LinkedIn and college events.
  - Prepare for coding interviews by practicing algorithms and data structures regularly.

2. VACATIONS GOAL: Dec 2024 (Project/Internship)

SMART GOAL:

- **Company:** Microsoft
- **Stipend:** ₹30,000 per month
- **Location:** Hyderabad
- **Key Points of Internship:**
  - Work on developing a web application using the MERN stack, focusing on front-end and back-end integration.
  - Participate in team meetings to enhance my collaboration skills.
  - Receive mentorship from experienced software engineers to improve my coding practices.

3. GOAL: June 2025 (Project/Internship)

SMART GOAL:

- **Company:** Amazon
- **Stipend:** ₹40,000 per month
- **Location:** Bangalore
- **Key Points of Internship:**
  - Focus on cloud computing projects using AWS, leveraging my knowledge of back-end development.
  - Assist in building scalable applications while learning about microservices architecture.
  - Present my project progress during weekly team meetings to enhance my communication skills.

4. GOAL: Dec 2025 (Project/Internship)

SMART GOAL:

- **Company:** IBM
- **Stipend:** ₹35,000 per month
- **Location:** Gurgaon
- **Key Points of Internship:**
  - Engage in AI and machine learning projects, utilizing my understanding of algorithms and data structures.
  - Work with data analytics to gain insights into real-world problems.
  - Collaborate with a diverse team to learn about different approaches to problem-solving.

PRESENTATION

	EMERGING (0-25%)	DEVELOPING (25%-75%)	MASTERY (75%-100%)
RELEVANCE/KNOWLEDGE OF CONTENT		✔	
ORIGINALITY OF CONTENT		✔	
TIME TAKEN	✔		
COMMUNICATION SKILLS		✔	
BODY LANGUAGE		✔	

E - MY SWOT Analysis

Strengths	Weaknesses
Strong programming skills in Java and DSA	Need to improve public speaking skills
Quick learner, especially in new technologies	Time management under pressure
Dedicated and disciplined in studies	Limited real-world project experience

Opportunities	Threats
Internship opportunities in tech companies	High competition for placements
Growing demand for software developers	Rapidly changing technology landscape

STUDENTS

	EMERGING (0-75%)	DEVELOPING (75-90%)	MASTERY (90-100%)
ATTENDANCE	✔		
REGULARITY IN SUBMISSION	✔		
COMMUNICATION SKILLS	✔		
MAINTENANCE OF WORK RECORDS		✔	
RESULTS OF ASSESSMENT		✔	

F) My Abilities (1-9 Scale)

Sn. No	Ability	Score (1-9)	Reference (Online Mock/Internal Aptitude Test)
I	Number aptitude	7	[Reference test link]
II	Verbal comprehension	6	[Reference test link]
III	Perceptual speed	5	[Reference test link]
IV	Reasoning	8	[Reference test link]
V	Spatial visualization	5	[Reference test link]
VI	Computational	9	[Reference test link]

My Skills (1-9 Scale)

Sn. No	Skill	Certification Name (Grade) / Project
1	Java	Completed "Core Java Bootcamp from Zero to Hero" (A+)
2	DSA	LinkedIn Certificate in Data Structures and Algorithms (A)
3	MERN Stack	Ongoing personal project for developing web applications
4	HTML & CSS	Completed "Learn HTML and CSS from Beginning to Advanced" (A+)
5	JavaScript	Completed "JavaScript Masterclass for Beginner to Expert" (A+)

My Personality Traits (Reference 16 PF/ MBTI)

Sn. No	Trait	One Incident (of any 4 you wish to highlight during the interview)
1	Analytical	Solved complex DSA problems in my coding challenge, demonstrating strong analytical skills.
2	Communicative	Led a discussion during a group project presentation in college, effectively conveying ideas to team members.
3	Adaptable	Adjusted to new programming languages quickly while working on different projects, showcasing adaptability.
4	Detail-oriented	Paid attention to every detail when designing my Online Library Management System, ensuring a smooth user experience.
5	Collaborative	Collaborated effectively in organizing a successful hackathon event, showcasing teamwork and collaboration skills.
6	Goal-oriented	Set clear targets for my studies and consistently worked towards achieving them, leading to successful outcomes.

My Values (Reference Rokeach Survey)

My Terminal Value:

- **Success:** Achieving personal and professional goals while making a positive impact on society.

My Instrumental Values (Top 5):

1. **Integrity:** Always maintaining honesty and transparency in my work.
2. **Hard Work:** Dedicating effort and time to achieve my goals.
3. **Learning:** Continuous self-improvement and acquiring new knowledge.
4. **Teamwork:** Valuing collaboration and supporting my peers.
5. **Innovation:** Embracing creativity and seeking new solutions to problems.

G) Detailed Plan for Achieving My SMART Goal

SMART Goal: Secure a placement at a reputable software company with a salary of INR 8 LPA or more by June 2025.

Detailed Plan:

1. **Specific:**
   - Target companies: Google, Microsoft, or any leading tech firm.
   - Desired position: Software Developer or Full-Stack Developer.
2. **Measurable:**
   - Complete at least three relevant internships by June 2025.
   - Achieve an average of 75% or above in my coursework related to programming and software development.

3. **Achievable:**
   - Utilize my existing skills in Java, DSA, and MERN stack to build a strong portfolio.
   - Attend workshops and webinars for industry insights and networking.
4. **Relevant:**
   - Align my learning and projects with the skills demanded in the job market, focusing on software development and emerging technologies.
5. **Time-bound:**
   - Complete my targeted internships by December 2024.
   - Finalize my portfolio and apply for placements by April 2025.

Action Steps:

- **Daily:** Dedicate 2 hours each morning for skill enhancement (Java, DSA).
- **Weekly:** Work on MERN stack projects every Saturday and Sunday.
- **Monthly:** Attend at least one tech event or hackathon to network and gain exposure.
- **By June 2025:** Regularly apply for jobs and prepare for interviews.

Skills Evaluation

Skill	Emerging (0-25%)	Developing (25-75%)	Mastery (75-100%)	Comments/Examples
SPOKEN SKILLS (50)				
- Fluency		☑ (60%)		Able to express ideas clearly, though needs practice.
- Pronunciation		☑ (70%)		Generally clear, but occasionally mispronounces words.
- Vocabulary		☑ (65%)		Good range but could expand further with reading.
- Voice Modulation		☑ (60%)		Uses modulation effectively but can improve variety.
- Content		☑ (75%)		Relevant and well-structured arguments in discussions.
RESUME WRITING (40)				
- Content		☑ (70%)		Strong content but can be more concise.
- Presentation		☑ (60%)		Visually appealing but needs formatting adjustments.
- Approach		☑ (75%)		Good approach tailored for tech positions.
- Objective		☑ (80%)		Clearly stated goals aligning with career aspirations.
BOOK REVIEW (30)				
- Content		☑ (70%)		Comprehensive reviews but could include more insights.
- Originality		☑ (75%)		Unique perspectives on themes and characters.
- Presentation		☑ (65%)		Generally well-organized but needs clearer structure.
GROUP DISCUSSION (40)				
- Involvement		☑ (75%)		Actively participates, shares ideas confidently.
- Active Listening		☑ (70%)		Good listener but sometimes interrupts.
- Content/Knowledge		☑ (80%)		Strong grasp of subject matter; contributes effectively.
- Time Management		☑ (75%)		Generally stays within time limits.
BODY LANGUAGE (20)				
- Posture		☑ (75%)		Generally maintains good posture during speaking.
- Hand Gestures		☑ (70%)		Uses gestures to emphasize points, needs refinement.
PRESENTATION (60)				
- Content		☑ (75%)		Well-researched and relevant content.
- Originality		☑ (70%)		Creative approach in delivering presentations.
- PPT Visibility, Clarity & Organization		☑ (80%)		Clear and well-organized slides, visually appealing.
- References		☑ (75%)		Cited sources correctly but can include more recent data.
- Time Limit		☑ (70%)		Mostly adheres to time limits; slight overruns sometimes.
- Confidence in Answering Questions		☑ (80%)		