

# Treating Teaching Transforming

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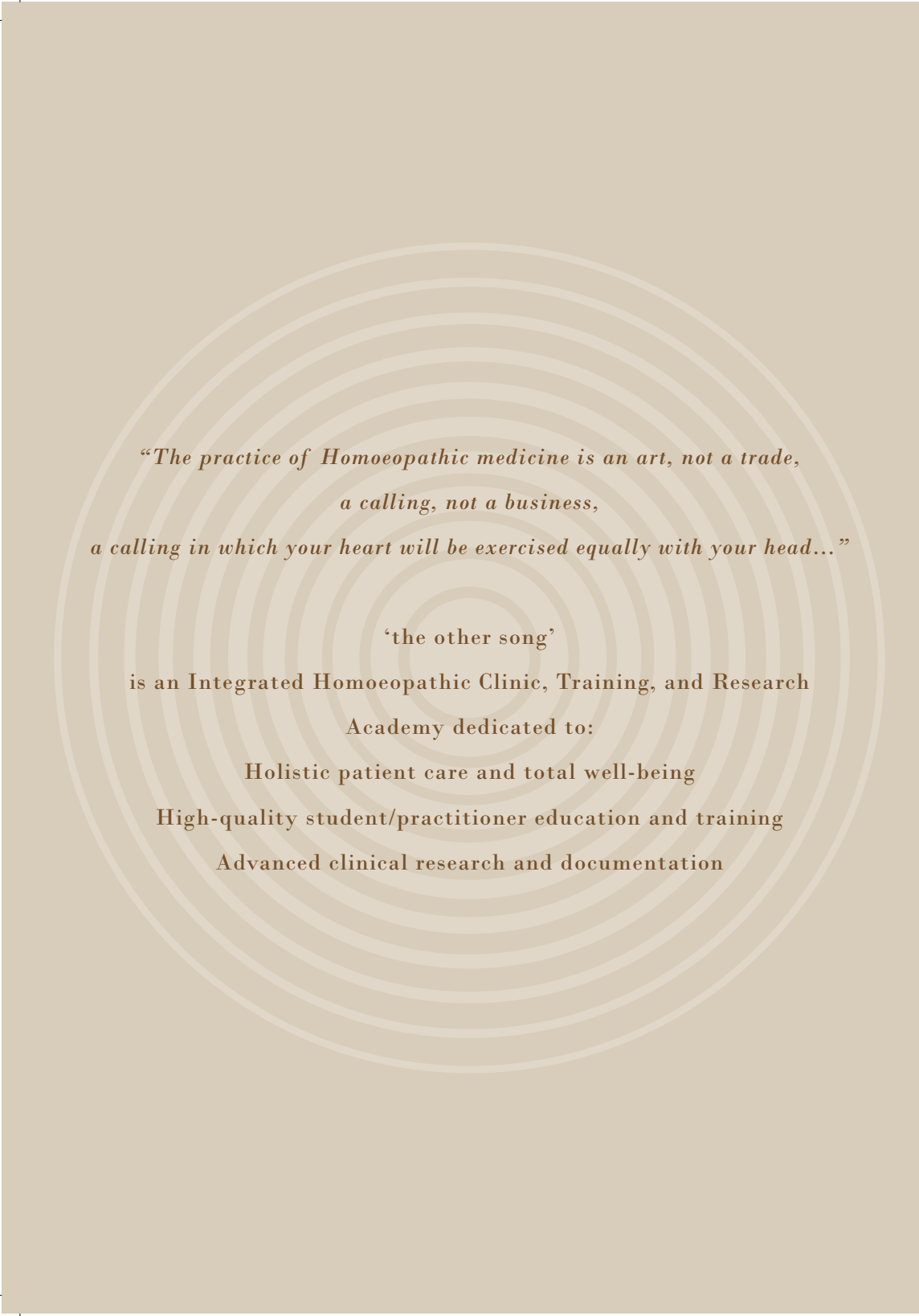
## **‘the other song’**

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A unit of ‘Foundation for Vital Healing’

‘the other song’- International Academy of Advanced Homoeopathy is registered  
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**the other song**  
International Academy of Advanced Homoeopathy



*“The practice of Homoeopathic medicine is an art, not a trade,  
a calling, not a business,  
a calling in which your heart will be exercised equally with your head...”*

‘the other song’

is an Integrated Homoeopathic Clinic, Training, and Research

Academy dedicated to:

Holistic patient care and total well-being

High-quality student/practitioner education and training

Advanced clinical research and documentation

## OUR OBJECTIVES:

- Facilitate the building of good quality Homoeopaths through a facility supported by highly experienced Homoeopaths
- Demonstrate the art of integrating Classical Approach with Sensation Method
- Demonstrate the art of case taking and understanding the core disturbance within every patient
- Enhance one’s skills in penetrating into every case and appreciate the disease that needs to be treated
- Exposition to the latest advancements in Homoeopathy
- Inculcating the belief into every Homoeopath that *‘Homoeopathy works on easily comprehensible principles’*

## OUR APPROACH

A world class, premium medical center, the Academy puts good health and well-being at the core of an Academic culture dedicated to patient care, extensive training, in-depth education and advanced clinical research.

At the Academy, students and practitioners are trained in advanced Homoeopathic practices, using new teaching methodologies and state of the art technologies, to create the finest doctors and teachers of Homoeopathy.

Top doctors and homoeopathic consultants from around the globe, with the pioneer of the Sensation Method, Dr. Rajan Sankaran at the helm, work together to make the Academy a nerve centre for homoeopathic, holistic, and integrated healing, in addition to a training and research center par excellence.

The academy is headed by Dr. Rajan Sankaran and supported by Homoeopathic Research Charities and the World Institute of Sensation Homoeopathy (WISH).



## ABOUT HOMOEOPATHY as taught at the Academy

Since Dr. Hahnemann's time, many eminent homoeopaths have contributed and expanded the basic principles of Homoeopathy, with outstanding results. One such contribution to the advancement of Homoeopathy is the Sensation Method.

**Originated by Dr. Rajan Sankaran and his colleagues, the Sensation Method is a path-breaking methodology that has revolutionized the practice of Homoeopathy. Today, thousands of Homoeopaths are successfully practicing this cutting-edge technique across the globe.**

The Sensation Method is based on the premise that deep inside each individual is a specific and distinct energy that shapes who we are—our likes and dislikes, the way we think, act, and feel, and finally, our illnesses and disease. This energy pattern is called 'the other song'.

‘the other song’ defines our state of being. It determines our perception and response to the world and forms an essential part of our individuality. ‘the other song’ manifests as a core inner sensation which is specific to each individual. It matches an element from one of the three kingdoms in nature –plant, animal and mineral. Our personalities, life patterns, underlying factors behind stress, physical problems and symptoms are all expressions of this core inner sensation.

The Sensation Method has also evolved a systematic method of understanding Homoeopathic remedies. It understands the remedies at a much deeper level, not just as a random collection of symptoms. Each remedy is understood in totality from the point of view of *Kingdoms, Sub-Kingdoms, Miasm classification, and Levels of Experience*. This enables a systematic, effective diagnosis and treatment of the core inner sensation within each patient.

## BENEFITS OF STUDYING AT ‘the other song’

The study and training at the Academy accrues several benefits to students and practitioners of Homoeopathy. The systematic and well-grounded procedures established within the Sensation Method seamlessly weave together the right and left brain function providing students and practitioners with an opportunity to hone their everyday skills and develop new ones.

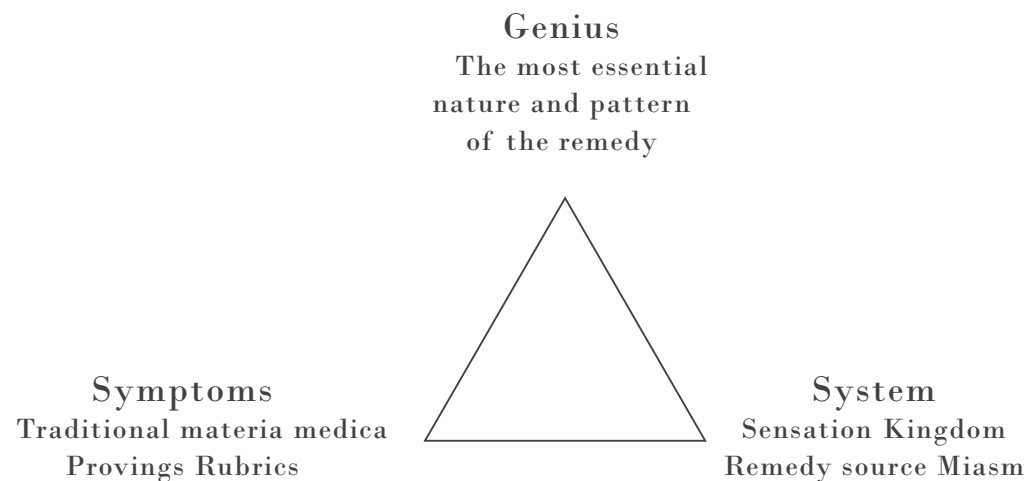
**The Sensation Method of Homoeopathy as developed and taught at the Academy harmoniously blends together a symptom-based approach with a systems-based approach. Students learn how to integrate conventional knowledge of materia medica and repertories with the recent advances in Kingdom Classification, Miasm Classification, and Levels of Experience, thereby learning how to combine facts and concepts.**

At the Academy, students and practitioners are taught how to recognize ‘the other song’, find the correct remedy that resonates with the inner core sensation of the patient, and dispense treatment geared to restore good health and harmony within the individual. As a result of this deep healing, patients find a release from their patterns, and consequently experience an overall sense of well being at all levels –physical, mental, and spiritual.

## THE SYNERGY IN HOMOEOPATHY

### An integrated approach to case-taking and analysis

Dr. Rajan Sankaran has further simplified the art and practise of Homoeopathy by introducing the concept of ‘The Synergy in Homoeopathy’ illustrated by the diagram.



- The apex of triangle is the “Genius”. Genius here means the prevailing spirit or distinctive character of something. This applies to the patient and also to the remedy. This general quality of the patient and of the remedy has also been called, by various authors in homoeopathy, essence, keynote, soul, red line, or the grand generals.

The great master, Dr. C.M. Boger, who wrote the following words: “*The strain which runs through every pathogenetic symptom complex has been called the **genius of the drug.***”

- Symptoms: Facts—as found in the characteristic symptoms, in the proving and in Repertory Rubrics.
- Sensation: Concepts/Experience—the Sensation; data from the Kingdom, Miasm, and Source.

These phenomena are two aspects of the same genius, like two sides of the same coin.

This diagrammatic representation illustrates a true balance between old and new, between right and left brain, between facts and concepts, between symptoms and system. Training at the academy largely incorporates this technique as it has produced huge benefits in practice, and students very easily relate to this.

***The art and practice of Homoeopathy is a clear, simple, accurate and reproducible system and there is a definitive way for practitioners to get constant and consistent results.***

## OUR LEARNING MODEL: TEACHING TOOLS AND METHODOLOGY

The only thing that Homoeopathy needs today is good quality Homoeopaths, which can only be produced by practical and clinical training. In the Homoeopathic world, only a handful of students get an opportunity to apprentice with a senior Homoeopathic doctor after graduation.

The Academic Program at ‘the other song’ fills this void by providing an opportunity for practical and clinical training to a large number of Homoeopaths—whether recently graduated or in practice for several years—under the apprenticeship of senior Homoeopathic doctors. Its only with this opportunity, that new graduates are able to practice as effectively as they could.

Bridging the gap between theory and practice is one of the basic tenets of the Academic Program at ‘the other song’. Formal education in Homoeopathy is deeply lacking in extensive practical clinical training for students, which in turn affects their ability to set up and start a successful practice on their own.

Teaching and training at the Academy is geared towards the all-round development of students and practitioners. The learning model adopted by the Program includes the following aspects (a combination of these teaching tools is used for different types of courses):

### ***Experiential Learning through live case-based practical and clinical training***

Homoeopathy is best learned when a student is exposed to an experienced practitioner in practice and observes the art of case-taking, understanding the totality and the process of coming to a remedy. The Academy provides this unique platform where sophisticated video technology connects our consulting rooms to training auditoriums where students witness live cases and follow-ups on a daily basis as part of their training program, followed by an in-depth discussion and analysis of the case with experienced Homeopaths, helping the viewer to connect seamlessly to the theoretic principles being applied in daily practice.

### ***Direct access to senior practitioners***

Students have direct access to the senior practitioners who they witness live in the consulting room. Students have the opportunity to engage in discussions and in-depth case analysis with the practitioner, who explains the process of case-taking and remedy selection of each individual case witnessed by live students.

### ***Exposure to diverse styles in practice***

Since the academic faculty at ‘the other song’ comprises of several internationally-acclaimed Homoeopaths, students are exposed to different styles of practicing the same method of Homoeopathy.

### ***Personal mentoring***

Each student is an apprentice, committed to learning skills and gaining knowledge under the mentorship and guidance of the faculty at the Academy, which comprises of senior Homoeopathic practitioners trained in teaching and research.

The senior mentor/guide models skills like acute observation, active listening, thoughtful discussion, and heightened self awareness, which are essential to learning the art of Homoeopathic practice as taught at the Academy.

This is achieved by giving hands on clinical training through either supervised case-taking or assisting the in-house homeopaths during case receiving and analysis sessions (CRA). Supported by extensive tutorial sessions after the lectures where the batch is split into smaller groups and each group has a mentor with them throughout their learning experience at the Academy. (This facility is not open for all batches.)

#### ***Large faculty***

The Academy has a team of full-time trained Homoeopaths on the premises including some very experienced practitioners, who are available to help and guide students at any given time.

#### ***Interactive learning and teaching***

Vibrant interaction between student and faculty, and among students themselves, is emphasized and encouraged. The focus is on learning through discussion and dialogue.

#### ***Archived video cases***

A huge library of archived video cases is readily available for reference, and is easily drawn upon to illustrate different aspects of the training program.

#### ***Small groups***

The number of participants in each training group does not exceed 60 students, thereby facilitating greater inter-personal and one-on-one discussions in the classroom and with faculty members.

#### ***Posting in allopathic hospitals***

For selected batches or as per requirement students are posted in an allopathic facility where training is given on bed side clinical training and differential diagnosis.

#### ***Scholarship tests***

Cases are given to solve as a test and deserving students are awarded with future courses. This scholarship is named after Dr. Sankaran's mother (Late) Mrs. Kamala Sankaran scholarship.

***This learning model enables students and practitioners to gain knowledge and experience in the following aspects of advanced homoeopathic practice:***

- ***How to approach each individual case –since different patients require different approaches***
- ***How to understand symptoms in their totality***
- ***How to understand the thought process behind every question***
- ***How to differentiate between common and characteristic symptoms***
- ***How to convert characteristics into rubrics***
- ***How to arrive at a remedy***
- ***How to select the right potency***
- ***How to undertake long term management of stress***

## OUR FACULTY

The faculty of the Academic Program comprises of experienced Homoeopathic practitioners who regularly attend to cases at ‘the other song’ Clinic that are integral to the live practical and clinical training aspect of the Academic Program. Dr. Rajan Sankaran heads the program and sees patients 5 days a week. He actively engages with each and every student in the program to teach practical and clinical skills, as do all the other faculty members, who are also experienced teachers and practitioners of the Sensation Method.

An extensive list of our faculty members can be found on our website: [www.theothersong.com](http://www.theothersong.com)

## ACADEMIC CURRICULUM

The courses are designed in a tiered system, with each level building on the next to provide students with a thorough grounding in and a systematic understanding of the Sensation Method. The academic curriculum at ‘the other song’ comprises of various courses:

6-days Foundation Course “An Overview in Sensation Method”	Recommended for beginners or practitioners interested in getting an overview on the Sensation Method
24-days Basic Course “Introduction to Sensation Method”	Recommended for Homoeopathic interns and beginner practitioners. The academy sponsors the course to bonafide interns. (Only for Indian students.)
24-days Advanced Course “In-depth study in Sensation Method”	Recommended for students and practitioners who have studied and/or are using the Sensation Method in their practice.
12-days Advanced Course “In-depth study in Sensation Method”	Recommended for students and practitioners who have studied and/or are using the Sensation Method in their practice.
6 Months (140 working days) Master’s Course in “Comprehensive Training in Sensation Method”	Extensive training for anyone who wishes to become a master practitioner. Special features: - live case based clinical training - hands on clinical training - extensive tutorials - posting in allopathic hospitals



6 Months part time Master's Course	Extensive training with LIVE case series, preferably by Dr. Rajan Sankaran, 3 times/week. Recommended for practitioners using the Sensation method in their practice
CME once a month sessions	Once a month session usually live/video cases
Customized courses	Tailor-made courses focused on specific requirements are available for a batch of at least 20 students. Details provided on request.
Collaborative activities	Courses conducted by our representatives at various cities/countries.

For details on Indian and International courses visit us at [www.theothersong.com](http://www.theothersong.com)

### Lecture Topics

Course lectures on the following topics:

- Live case based clinical and practical training
- Practical application of case taking techniques by integrating the fundamental principles of Classical Homoeopathy with concepts of the Sensation Method

- Detailed discussions with senior Homoeopaths on case-taking, case understanding, and case management
- Learning various questioning techniques with a parallel thought process of the Homeopath
- Case analysis
- Differentiating between common and characteristic symptoms
- Converting characteristic symptoms into Rubrics
- Practical application of the concepts of Miasms and Levels of Experience
- Understand and distinguishing between Delusion and Sensation
- Differentiating between Sensation Miasm
- Deepening students' understanding of well known remedies from the plant, mineral and animal kingdoms, and integrating them with the Sensation Method
- Selecting the right potency and repetition
- How to manage acute situations
- Further refinement in case taking techniques
- Understanding how to deal with patients in denial/projection/rationalization/intellectualization
- Determining how deep one should go into a case
- How to determine when case taking is complete
- Further exploring and assessing Miasms and Levels of Experience in a case

- Further exploring the three kingdoms:
  1. Plant Kingdom – differentiation between apparently similar families
  2. Mineral Kingdom – differentiation between the rows
  3. Animal Kingdom – differentiation between the classes
- Exploring rare remedy groups like halogens, nosodes, sarcodes

## GENERAL COURSE INFORMATION

### Course timings:

9:00 am to 5:00 pm, Monday to Saturday

### Course fees inclusive of:

- Tuition fee, locker fee, identity card, and library card
- Tea/Coffee – twice a day

\*Additional meal charges as applicable\*

### Group discount:

If 10 students join any course together as a group, they get 1 complimentary seat in the same course, or in any other advanced or teachers' training programs.

### Course Certification:

A certificate of participation will be issued to all students who complete the course successfully with minimum 75% attendance.

### Course Material:

Students are required to carry at least one repertory

## STUDENT TESTIMONIALS

*“After coming here I realized that Sensation Method and Materia Medica and Repertory knowledge – are complimentary and that Repertory, Materia Medica should be combined with Sensation method to get best results.”*

*“Doing a course from ‘the other song’ has helped me as a person also to see within myself. Basically it has calmed me. ‘the other song’ is a school where complete physicians are developed, Homoeopathically we are complete. So it’s very nice.”*

*“What I like about the Sensation method is that it heals holistically and how to use this knowledge along with Materia Medica and Repertory knowledge in practice is what I learnt from here.”*

## CONNECT WITH US ON

- Youtube: Watch series of lectures/talks/testimonials/discussions /seminars at <http://www.youtube.com/user/theothersong1>
- Facebook: [www.facebook.com/theothersongacademy](http://www.facebook.com/theothersongacademy)