Strike Circle Member Handbook

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Your mission

Strike Circles are local groups of 5-15 young people from the same school, college, workplace, or neighborhood. Strike Circle participants will go through a 6 week program together where you'll build relationships, learn how to win a Green New Deal, and take action to get your people at your school, workplace, or neighborhood to join a strike on Earth Day!

Anyone can sign up to host a small group of people in their high school, college, workplace or neighborhood through the 6 week program. At the end of the 6 weeks, your group will be ready to organize a big and powerful climate strike.

Your mission: a BIG % of your institution walks out to demand a Green New Deal this Earth Day.

How it works

Strike Circles are a group of people that work together to organize a strike to demand the Green New Deal. Strike Circle members do 2 things each week: Training (discussion prep + meeting) and Building.



Training

<u>Meeting Prep</u>: Each week you'll have about an hour of 'movement homework' -- videos, podcasts and readings -- to make you more effective at organizing a strike. You'll want to complete these each week before your group meeting.

<u>Meeting</u>: Each week, your strike circle has a strike circle meeting, facilitated by your host. We provide meeting agendas, with short training videos for activities you'll do together. These meeting agendas contain all the planning you'll need to grow a powerful movement in your institution for Earth Day.

Building

This is the most important part. In your weekly meetings, you practice the skills that you'll then use outside of your meetings to plan your strike. These include canvassing (getting people in your institution to pledge to strike) and one-on-ones (having conversations with new people not in your strike circle, to ask them to take leadership in planning your strike), and strike planning.

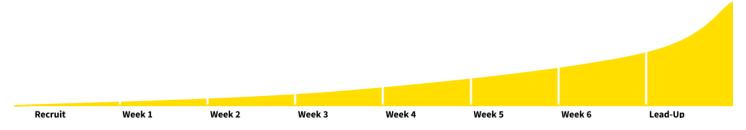
A strike circle is a <u>closed group</u> for 6 weeks -- it is the same people each week, but you'll be recruiting lots of other people to participate in organizing the strike. After the 6 weeks your group can decide if they want to continue to work together and bring in more people by becoming one of the hundreds of Sunrise hubs.

Timeline

Your mission is big and ambitious, because it'll take an ambitious movement in every corner of America to win a Green New Deal. To get there, this program supports you to build a big base of leaders in your institution.

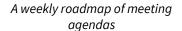
The best way to get good at planning an action is to go out and hold one yourself. So, in Week 6 of the strike circles you'll plan a 'practice action.' You'll deliver a petition to the office of your Member of Congress demanding a Green New Deal. This "practice" action is a lower-stakes chance to practice everything you'll be doing for your Earth Day strike: recruitment, day-of roles at your action, and and to keep delivering the message to representatives across the country that young people demand a Green New Deal!.

After completing your practice action -- we call it your "hype petition drop" -- you'll have built a powerful Sunrise hub in your institution, with hundreds or thousands of supporters. You'll then have 4 more weeks to plan your institution's direct lead-up to Earth Day--and, already, hundreds or thousands of people pledged.



Support You'll Get







Short training videos in your meeting agendas



A personal dashboard to input strike pledges and track your progress



A coach to answer your questions

Your Roadmap

Week	Training 1 hr discussion prep 1.5 hr meeting	Building 2.5 hours
1	The Green New Deal Set up your strike circle	Get to know a member
2	Moral protest How to collect strike pledges	2 strike pledge shifts
3	Transforming public opinion How to bring in new leaders	2 one-on-ones 2 strike pledge shifts
4	Telling your story Building a hub	2 one-on-ones 2 strike pledge shifts
5	Justice, equity & making all welcome Growing a big strike: Absorbing	Art build + open meeting
6	Action and post-action preparation Select your post-program transition	Petition drop action Post-action open meeting

Post-Strike Circle: Ramp up for Earth Day!

Here's an example week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Watch video on "moral protest" Short reading		Strike Circle meeting	Collect strike pledges		Collect strike pledges	

1 hour 1.5 hrs 1 hour 1 hour

FAQ

What support will I get?

We've got you every step of the way. You'll have: a coach, weekly meeting agendas along with meeting videos, and your Strike Circle HQ to help you build! We're not expecting that you'll do everything perfectly but we are expecting that you'll learn a ton, build real power and strong relationships by engaging with this program.

What do I have to do?

Hosts are responsible for the health and functioning of their Strike Circle. Coaches support you every step of the way. You're expected to touch base each week with your coach!

Your first mission: recruit 5-15 people from your school, workplace, or neighborhood to attend your strike circle's first meeting, where they'll learn more about the program and decide if they want to join for the full 6 weeks.

Can I start a strike circle for a place other than my School, College, Workplace, or Neighborhood?

In order to get to the size we need to be, we're basing Strike Circles within the specific institutions we are striking <u>from</u>. If there's another institution that you think can organize a strike, like a community of faith or sports team you belong to, explain in the "Anything else" section, and we'll get back to you!

What about the city-wide strike happening?

If your school is planning the only strike in your town, we think that a large portion of your school striking is the most powerful way to build in your community.

If there is a city-wide strike happening, we recommend starting your strike on campus and then bring your whole school to the city-wide strike. Depending on location, you could event march there!

Why do I need to commit 5 hours per week for 6 weeks to host a Strike Circle?

Strike Circles are an intensive program to build the movement in your community. We think Strike Circle hosts need to commit 5 hours per week in order to pull them off.

The 5 hours are broken into 1 hour of Pre-Meeting "movement homework" where you study past social movements in preparation for your 1.5 hour Meeting. After learning skills and history, 2.5 hours -- at least half of your time -- is devoted to the actual work of building the movement. This is the most essential piece.

As for recruiting group members, your first meeting is open, and everyone else commits 5 hours/week at the end of this meeting. Smaller committed groups work better than large groups for this program

Has this been done before?

Past movements for change have long used groups like these to build power, from labor unions to the women's movement. Sunrise ran a program just like this one for the climate strikes in December.

In New Orleans, a strike circle of committed young people got 50 students to strike, and successfully pressured 3 elected officials to support the Green New Deal. In Bowling Green, Kentucky, a strike circle recruited hundreds to strike, and is now a Sunrise hub! In the Bay Area, strike circles recruited fellow students to walk out from their school and joined a citywide holdout shortly after.

Over 100 strike circles like these met weekly, devoted 5 hours/week to build the movement, and recruited thousands of people to strike with them. But this time, we're shooting to recruit entire institutions to stop business as usual on Earth Day.

What happens after the 6 weeks?

After 6 weeks, you'll have a big and powerful team ready escalate in your institution. There will be 3 weeks between program completion and Earth Day -- a day when millions of people will be striking around the world. With all of your skills and recruited leaders, you can use every hour of these last weeks to grow even BIGGER!

I don't know anyone who cares about the climate crisis or the Green New Deal - where do I start?

There are many reasons why people join this fight -- some people are looking to get involved in something where they can make a difference, other people are concerned about climate change and others want better paying jobs. The only way you'll find people is to have a conversation with people and invite them to your first meeting. Because everyone in our generation has something to gain from a Green New Deal, think outside of just people interested in 'the environment.' Invite everyone who you would like to work with to organize a strike.

Where do we meet?

Meet where is most convenient for the members of your strike circle! As a strike circle host, you might consider opening up your living space, but this is not necessary. People have hosted their meetings in classrooms, at libraries, coffee shops and other places. If you're having trouble finding a spot, your coach can help you troubleshoot!

Why do a 'petition drop' in March before we strike on Earth Day? Isn't the strike enough?

The petition drop can set the stage for your Earth Day strike and any future actions that will pressure your Congressperson to support the Green New Deal. In addition to being a great way to practice taking action and drawing more attention to your work, the hype petition drop can put your Congressperson on notice and give you more legitimacy as you gear up to put pressure on them on Earth Day and beyond. You can think of your petition delivery as a warning -- if your Congressperson doesn't sign on and support a Green New Deal, you'll be back on Earth Day, and again and again, each time with more resolve.

The hype in your school coming out of your first action will help you build your numbers rapidly in the weekly directly leading up to Earth Day. Read more about the action here.

Why are the weekly group meetings 'closed?'

As your strike circle's host, it's your mission to support your strike circle to be strong and mighty. Over the 6 weeks, you'll recruit hundreds of people to join your strike, and many of them are leaders you can bring into other portions of planning the strike. But your weekly meetings are a special place, and will build off of each other.

There will be numerous moments when you bring in other leaders who didn't commit to the strike circle, and after 6 weeks, your strike circle can become an 'open group' by transitioning to a Sunrise hub.

I'm in a Sunrise hub. Should we start Strike Circles? Do one together?

Check out <u>this guide</u> on how to interact with Strike Circles! We think starting and lightly supporting strike circles in institutions across your city is a great way to build a powerful base!

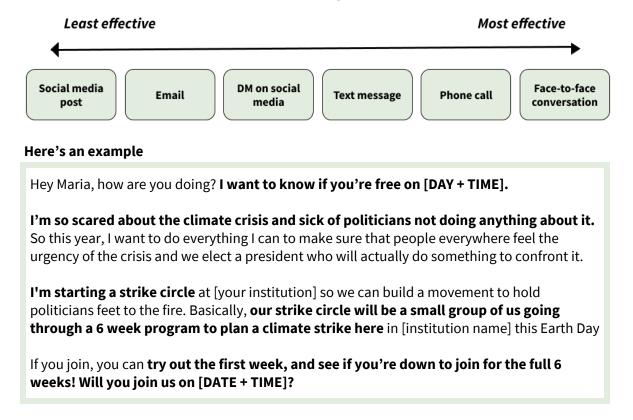
Recruiting to your First Meeting

- **1. Schedule it!** Choose a time and place that'll be accessible to the most people in your school and community. Inevitably, some won't be able to make it. That's ok! Go for a 1.5 hour window when you'll get maximum turnout.
- **2. Make your list!** Reaching out to people in your life directly is the most effective way to get people to come to your first meeting. A great way to start is to write a list of all the people you'd like to come (you can even break it down into different categories e.g. homeroom, major) and then work through the list, contacting each person well in advance.

The wisest organizers will say that for every 20 people you invite to something, 10 say 'yes,' and, of those 10, 5 show up. **This means to get 15 people to your first meeting, you should directly invite at least 60 people!** This is a LOT! But putting in this work now sets you up for long-term success. In fact, it's the single most important thing you can do to ensure a successful strike circle and, ultimately, Earth Day strike.

Your first meeting should <u>not</u> just look like your friend group! So if you have a few friends who are already down to join, that's awesome, but don't stop there! Ask them to recruit with you, to use their own connections to bring in even more folks.

3. Recruit everyone on your list! Face-to-face ensures the highest turnout!



You can also share this video about Strike Circles, and how they fit into our plan to win the Green New Deal.

Remember: People do **not** need to commit to the program to attend the first meeting! The first meeting is a chance for them to **try it out!**

4. Text everyone reminders the day before and the day of! Day of reminders are hugely effective.

Hey Maria! Just a reminder that our 1st Strike Circle meeting is today right after class in Room 201! See you then!





Key Goals

- At least 5 people commit to be members of strike circle
- All members set and agree to your purpose and group norms
- All members schedule a convo with another member

20 (minutes)

Getting to Know Each Other

As people come in, have a section of the wall covered with post-it notes, write names that answer this prompt: "Who would need to show up to pull off the biggest walkout for climate your school/college/neighborhood ever?"

Intros: Go around and share (1) name, (2) <u>pronoun</u>, and (3) what brings you to this meeting! Review the agenda, ask that people stay the full 90 minutes!

5 Share your story

Host shares with the group why they wanted to start a strike circle! Keep it brief & relatable.

20 Green New Deal

Watch: A Message from the Future from Alexandria Ocasio-Cortez

Breakouts of 2-3 people:

- (1) What brings **you** to the fight for the Green New Deal? How do you imagine your life, your community, and your future would look different if our generation succeeded in making this the decade of the Green New Deal?
- (2) Who else do you know who would be excited about this vision? What other pieces of this vision might they be excited about?

Key point: The Green New Deal isn't a policy, it's a vision. We all have something to gain from it!

15 Make it Official

Walk through the timeline, responsibilities of members, and your support in the <u>Program Overview</u>.

Commit: Complete <u>this exercise</u> (next page) to set your strike circle's purpose.

20 Set your Norms and Roles

How should we make decisions?

Principle 7: To make decisions, we ask ourselves, "does this bring us closer to our goal?" We strive to get agreement on a decision from everyone, but use majority-rule when we've discussed and not everyone agrees.

When & where should we have our weekly meeting? Pick a place every member can make it to! Set your roles with this short exercise, and then submit this form!

How should we stay accountable to our commitments (ie. next steps, being on time)?

If someone's late, we suggest a required song or dance -- something silly and a little embarrassing that acknowledges and lapse and honors everyone's commitment. Skeptical? Watch a group doing it here.

5 Review Action Steps + Close

Choose your fellow member to have your **relationship-building conversation** sometime this week.

You'll find a <u>basic agenda</u> for this conversation on Page 12 of this handbook.

Review the Pre-Meeting videos to watch before next week.

Make group chat for all Strike Circle members.

To close, each person stands and shares 1 thing that they're fighting for.

Action Steps Relationship-Building conversation with fellow member

Movement Study

<u>Sunrise principles</u> (5 minute read)

We Must Talk about Race to Fix Economic Inequality (3 min vid)
How the Green New Deal Fixes More Than Just 1 Problem (6 min vid)
Nashville "We Were Warriors" (25 minute video)

Setting your Purpose Statement

A purpose statement helps your circle to unite around goals and responsibilities.

Step 1: Choose your name

We suggest keeping it simple: "Sunrise [Name of your School/Community/Workplace]." (ex. Sunrise Wheaton High, Sunrise Community College of DuPage, Sunrise Pilsen)

Step 2: Set your "strike pledges" goal

Set a <u>specific</u>, <u>realistic</u>, <u>and ambitious number of "strike pledges" to acquire in the next 6 weeks.</u> Remember, this will be after an enormous amount of organizing by your strike circle! As a general guideline, you should aim for at least 25% of your institution pledged to strike. Higher than 60% is probably unrealistic.

Because you'll have further conversations about your strike at a future strike circle meetings, it's ok if this isn't solid. Ask your coach for guidance here!

Step 3: Set the target for your strike and petition drop

In Sunrise, we demand a Green New Deal of the federal government, because only the federal government can pull off the society-wide mobilization we need to stop the climate crisis. We encourage you to select a Federal Representative or Senator (Republican, Democrat, or independent) who does not currently support the Green New Deal. Find your Member of Congress here. And see if they support the Green New Deal here.

In later weeks, we'll discuss choosing the right "tone" for your action and strike, depending on who this Member of Congress is. But don't let these specifics hold you back. More than anything, a target is a tool to organize around. Now, you're organizing a strike with a clear <u>demand</u> for a <u>decision maker</u>.

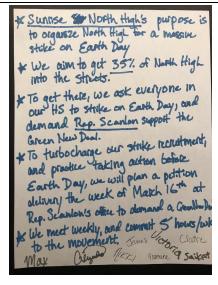
Step 4: Write it out and send a picture your coach

Now, make it official! Write out it out, and have each committed member of the strike circle sign!

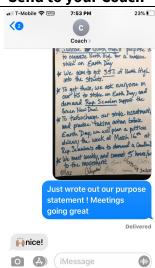
Template

- → Strike Circle Name's purpose is to organize
 Institution Name for a massive strike on Earth Day.
- → We aim to get Your Goal % of our institution into the streets.
- → To get there, we ask everyone in our community to pledge to strike on Earth Day.
- → To turbocharge our strike recruitment and practice taking action ahead of Earth Day, we will plan a 'hype petition delivery' the week of March 16 or March 23 at Member of Congress's office to demand a Green New Deal.
- → We meet weekly, and commit 5 hours per week to the movement.

Write it Out



Send to your Coach



Set your roles

Have you even part of a group project that doesn't get anything done? Maybe you end up doing everything at the last minute -- or by yourself? Setting roles and clear responsibilities is a great way to prevent this from happening.

Discuss these roles, and then decide which role is best for you! If you have more than 5 people who want to have roles, we strongly suggest that only one person holds each of the 5 roles below. The most important responsibilities of the strike circle -- recruiting strike pledges and bringing in new leaders -- are responsibilities every member has!

Pass around a phone/laptop, and make sure every member <u>submits this form</u> during the meeting. That way, we'll be able to answer any questions specific to your role!

If you're a strike circle member but do not have a role, you should <u>still submit this form.</u> It allows us to support you throughout the program:)

Role	Responsibilities	A good fit if you're
Host	Plans and facilitates Strike Circle meetings Ensure the group is on track to meet its goals through dashboard Communicates with your coach	The host! This role is already set.
Recruitment Lead	Schedules everyone's next steps <u>during the meeting</u> Checks in with members over the week to ensure they're taking action	Goal-oriented and organized ('Type A') Persistent reminders
Pledge Tracker	Collects strike pledges from members before meetings Inputs strike pledges on a weekly basis into your dashboard Tracks progress and reports back to members Schedules a 'data → outreach parties' after the Hype Action	Numbers-oriented Excited about hitting our goals
Actions Lead	Responsible for where the petition drop is and how it's run Plans art build for the open meeting. Gets supplies. Make fliers to promote: art build, hype action, and post-action open meeting	Can think on your feet Creative, great for performers or theater geeks.
Comms Lead	Creates social media page, and supports others to livestream / post at Hype Action and afterwards (Week 3) Coordinates press outreach for Hype Action Take pictures at art build, hype action, and post-action open meeting	Committed to telling a powerful stories that invites in our whole generation (training on this in Meeting 2!)



Relationship-Building Conversation with a fellow member

As you embark on this journey, it's essential to build relationships along the way. Have this conversation with someone in your strike circle you don't know yet! Share a snack, keep it focused, and be sure to schedule an hour for it.

Goals:

- Get to know your fellow strike circle member.
- Discover what makes you excited and nervous about this program
- Learn how you can support each other

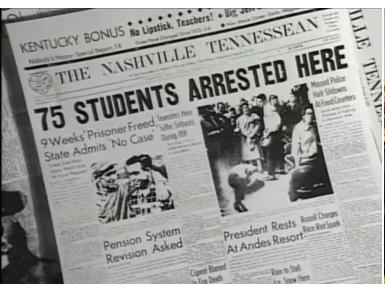
Use these questions to guide your conversation.

What do you do outside Sunrise: Family? Job? School? What made you want to get involved? What in your life brought you to the movement?

What part of the GND's vision is most exciting to you? What are you most excited about our strike circle?

What are you nervous about?
What's one way our strike circle can support you to be a leader in our group?

What makes you feel comfortable in a new group? What principle do you resonate with the most?



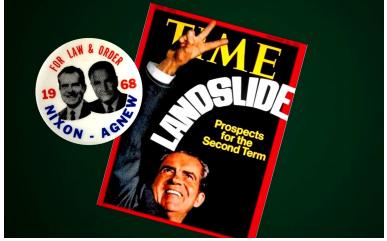
Nashville: We Were Warriors (26:23 - 51:00)

25 minute video - In the 1960s, Black college students in successfully desegregated Nashville's downtown lunch counters in five months.



Sunrise Principles

5 minute read - These are guidelines of our movement which we all commit to uphold. Any action that does not embody these principles is not a Sunrise action.



We Must Talk About Race to Fix Economic Inequality

4 minute video - Heather McGhee and Ian Haney López tell the story of how racism fuels economic inequality and what we can do about it.



How the Green New Deal Fixes More Than One Problem

6 minute video - The Green New Deal is about more than dealing with the climate crisis. It's about dealing with the climate crisis in a way that creates a fairer, better, world.



This is how to WIN the "impossible" Green New Deal

8 minute video

Key Goals

All members can talk about Sunrise and the Green New Deal All members sign up for a tabling or canvassing shift

20 Introductions and Report Backs

(minutes)

If someone's late, they gotta do the dance! (Set this as a norm!)

Report back your member convos: Go around and share something awesome about the person you talked with: "You'll be glad my partner is in our strike circle because ..."

Now, go up to the same member you had a conversation with, and try to "pitch" them on striking for a Green New Deal. (Take five minutes to do this, make sure both get a chance to try.) Debrief: What was fun? Challenging? Surprising?

10 Talking about Sunrise and the Green New Deal

Watch this video together: <u>5 Tips on Talking about Sunrise and the Green New Deal</u>
Discuss: What are 2 things that stuck with you from the video?
What questions do you still have?

15 Reading Discussion

Rhianna Gunn-Wright says that "addressing the dual crises of racial and economic inequality and climate change through a Green New Deal is both moral <u>AND strategic</u>." Why is it strategic?

With the lunch counter sit-ins, a young, multiracial movement in Nashville disrupted business as usual again and again. The sit-ins went 'viral' too. By halfway through the decade, one in every four black college students in the South participated in a desegregation sit-in. What would it look like if 1 out of every 4 people in your institution engaged in that level of sacrifice?

35 Make your Pitch!

Watch this video: Making your pitch: Canvassing, Tabling, and Class Announcements [added soon]

<u>Practice:</u> Practice your canvassing pitch in new pairs with paper petitions. Switch. Do it again, this time in new pairs!

<u>Debrief</u>: First with your pair, then with the group together.

What are you learning about yourself as you pull this off?

What was hard -- and why did you do it anyways?

Sign up: 2 x hour-long shifts of tabling/canvassing with the same partner from this week!

Outreach Lead: Make sure everyone schedules this right now. We're in a friendly competition across all strike circles of who can recruit the highest % to their strike. Make sure everyone has enough petition sheets!! Remember to send your completed sign-ups to the Pledge Tracker as soon as you finish your shift, so they have time to input them!

15 Review Action Steps + Why we Sing in Sunrise

To close out, we're going to do something different that everyone in the movement does. We're going to sing! Singing is kinda like canvassing. It's an invitation to join in, a challenge, a recruitment tool! But society's made it awkward, and we're going to talk a little about why.

Quick pair-share question: What relationship do you have to singing? Why?

Watch video, then sing "Which Side Are You On?" together to close

Action Steps

2 x 1 hour canvass/tabling shifts in a pair



Shift the Spectrum of Support (5 minute read)
Escalate Strategically (4 minute read)
Sunrise and the Office Takeover (5 minute read)
Visual Strategy (15 minute slideshow)



Practice Canvassing Script

Some tips

- Make a hard ask: what, why, why them, why now
- No wishy washy language! Instead of "maybe you might be interested in doing this?" say
 "Will you pledge to strike with us on Earth Day and vote in the 2020 Election?!"
- Be yourself, be conversational, and really listen
- Don't let a straight face throw you off sometimes people are just thinking! Assume they're interested, cause we know our generation is with us.
- Tap into FOMO (fear of missing out!)
- The biggest mistake you can make with canvassing is not doing it. You don't need to have planned your Earth Day strike to ask people to pledge to strike! These pledges will help you identify the leaders who can plan it with you after Week 6!

Be sure to print enough canvassing sheets!		
Strike for a Green New Deal on Earth Day		
NAME AND DESCRIPTION OF THE PARTY OF T		
Click here to print		
more!		

Hey, how's it going?! Have you heard about the Climate Strikes?

[Let them respond]:

Awesome! My name is _____! I'm with a movement called Sunrise that's working to stop climate change and fight for our futures. Last year, 7+ million people joined Climate Strikes all around the world. We're going to hold bigger and bigger strikes until we win a Green New Deal, the only plan to stop the climate crisis, a vision that our [Representative/Senator] currently does not support.

Right now, we're asking people to pledge to join us for a HUGE Climate Strike on Earth Day in our [institution] to demand that [Rep] supports the GND. Will you pledge to strike with us on Earth Day, and to vote in 2020 Election?

Yes, I'll strike!

Thank you so much -- pledge right here! As I said before, I'm part of a movement called Sunrise. We're building an army of young people to stop climate change and create millions of good jobs across the country. Anybody can be involved where they live, so I'm starting a group here. Can I be in-touch about more ways to be involved here locally?

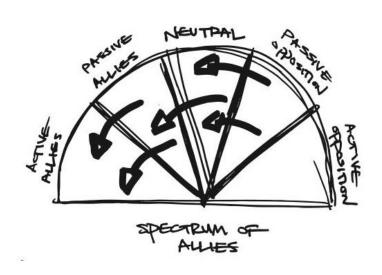
No... Ask why!

No, I can't get in trouble / I'm worried about my grades

- Validate and relate (I hear you on that...)
- **But there's strength in numbers.** A huge amount of our class is gonna walk out, and millions more around the world. With a number that big, we'll have each other's back.
- And our world is on fire! (if it feels right, pump people up about the 'now or never' moment we're in!)

No, striking won't make any difference

- Validate and relate (I felt this way too for a while! I remember feeling...)
- It's historically effective Think about it: civil rights, gay rights, women's suffrage, unions literally none of it would have happened without people in the streets. They didn't have money, but that had millions of people ready to force the government to side with the people -- and they won.
- If we've learned anything from the past several decades, it's that the most influential things in washington are money and people power. Fossil fuel billionaires have been buying out politicians for years, which is why we find ourselves in this mess in the first place.
- Sunrise is following in their footsteps, and we're determined to win. Can we count on you to join us on Earth Day?





Additional Escalation Piece

Shift the Spectrum of Support

5 minute read - Movements seldom win by overpowering the opposition; they win by shifting the support out from under them.



<u>Visual Communication of the Green New Deal</u>

15 minute read



Key Goals

- All members understand + practice one-on-ones
- All members commit to one-on-one 2 people this week
- All members recruit 3 people to start Strike Circles outside your institution

15 Check-Ins and Report Backs

(minutes)

If someone's late, they gotta do the dance! (Set this as a norm!)

Check in: What's something you were grateful for today?

<u>Pledge Tracker</u> reports back numbers from last week. Cheer!

Debrief canvassing/tabling: What was challenging? What was your favorite moment? Who seemed interested in getting more involved? What did you do about it?

10 Reading Discussion

We define "escalation" as increasing levels of sacrifice and disruption over time. By escalating, a movement puts more pressure on its target, by drawing more public attention. Over the next 2 months, you'll be taking 2 actions: your petition drop in Week 6 and Earth Day. Discuss as a group:

- (1) What level of disruption and sacrifice do you think you could engage in for Earth Day, while maintaining mass participation? (ex. A Mass Walkout from class to a politician's office, where some sit-in and risk arrest)
- (2) What level of disruption and sacrifice would you need to convey in your "petition drop" in order to lead up to it?

20 How to One-on-One

One way we grow is by engaging in escalation. But the other way we grow is through building relationships. And we need both. The best way to do that it through "one-on-ones."

Watch How to One-on-One (7 min)

Practice in pairs (20 minutes)

- Scenario: You one-on-one to someone who pledged to strike and interested in getting more involved. But they don't know if they're ready to canvass with you. Your ask: Join us when we're canvassing.

Debrief: What are you learning about yourself in order to pull this off?

What was hard -- and why did you do it anyways?

Identify community members to one-on-one, with the ask of helping petition.

Every person should sign up to one-on-one 2 people this week, and plan to have them join your canvassing shift!

15 Grow the Movement Everywhere!

Growing through relationships includes relationships beyond our institution!

In order to build a massive movement, we're starting another round of strike circles next week, to bring in even more institutions not already in the Strike Circle program.

Every member is responsible for recruiting 3 people to host a strike circle. They can be students at other schools, friends, family members, co-workers... Any young person who is <u>not</u> part of your strike circle's institution.

Take time to reflect on who you can contact. Each member calls 3 people, asking them to <u>start a Strike</u> <u>Circle</u>. If they don't pick up, send a follow up text and schedule a <u>call</u>! Use this to practice 'hard asks!' Not everyone will say yes - but the ones who do will say yes because of your hard ask.

5 Set your "open meeting & art build" + action dates

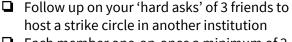
Let's turn back to our petition drop action -- when we'll grow through escalation. It's ok if you're nervous about putting a date on the calendar. With each meeting, you'll get closer to the preparation you need to pull it off!

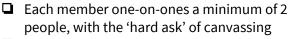
Open meeting/art build is in week 5. Be sure to schedule the open meeting/art build <u>after your strike</u> <u>circle meeting in that same week.</u>

Action is in week 6. Be sure to schedule the action <u>after</u> your strike circle meeting that week.

5 Review Action Steps, and then close: We Gonna Rise Up

Action Steps





Continue canvass/tabling



Story of Self exercise to prep for next week

Practice a One-on-One

First, schedule it!

- 1. Get to Know: During your 1:1 introduce yourself and check-in with them.
 - **Tell them that you** want to get to know them and see how they can get involved in the movement.
 - o **Briefly share your story** about what brings you to this work.
- 2. **Then, learn about their motivations:** This is the most important part!! You need to discover **what's important to them** in order to connect it back to your ask. You need to know why they're invested in this fight.
 - Examples of questions:
 - What made you take this meeting?
 - Why do you care about the climate crisis? -- probe here
 - Are you in school, do you have a job? etc
 - What made you want to join Sunrise?
 - Tell me more about that
 - What places do you call home?
 - What do your parents do?
 - How has that influenced you?

3. **Ask.**

- Share our GND vision + plan to win and why it's important to you.
- o If possible, **relate back** to what they talked about earlier.
- Make a specific invitation to participate. This should be related to their skills and interests.
- You gotta make a hard ask, just like in cansassing
 - A Hard Ask communicates "What, Why, Why Them, and Why Now."
 - No maybes! Yes or No!
 - When you get a no, be sure to ask why. A 'No' can mean:
 - 1. Not now offer a different time!
 - 2. Not that offer a different ask!
 - 3. Or Not ever!

Story of Self

First, read this 7 minute article, Why Stories Matter.

Then, watch this video on story of self.

Prompt: Tell a story about a challenge in your life that helped you become a leader.

To decide what story you share, ask yourself:

- What <u>values</u> move me to <u>take action</u> and might also <u>inspire others</u> to similar action?
- What stories can I tell from my own life about specific people or events that would show (rather than tell) how I learned or acted on those values?

Try drawing pictures here instead of words. Powerful stories leave your listeners with images in their minds that shape their understanding of you and your calling.

CHOICE What is a challenge I faced? Where did it happen? Who are the characters? What was at stake for me? What was on the line? CHOICE What choice could you have made that didn't solve the challenge? What choice did you actually make to overcome the challer why did you make the choice you did? Where did you get the courage - or not? Remember to use details. SIOPE Tope Tope Tow did it feel when you overcame that challenge? Why did it feel that way? What did you learn? How did it shape you? How dhis POSITIVE OUTCOME affirm your commitment to being a leader?	CHALLENGE	
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Key Goals

- All members learn and practice tell their public narrative
- All members each commit to one-on-one 2 people this week
- Roles are set for the open meeting + art build

20 Check-ins and Report Back

(minutes)

Check in

Pledge Tracker reports on progress. Cheer!

<u>Debrief one-on-ones:</u> What was challenging? What was your favorite moment? Who committed, and how did the 'ask' go? Were you able to go a little deeper?

<u>Debrief canvassing/tabling:</u> What are 3 things you're doing well? What's 2 interactions where you could've scheduled a one-on-one with someone? What did you do/feel? What's one thing you're gonna keep doing, and one thing you're going to try out next week?

40 Public Narrative

A powerful way that we can connect with others in groups is by sharing our stories.

Watch Public Narrative Pt 2 (5 min)

Discuss as a group about your 'story of us' and 'story of now.' (10 min)

Add Story of Us and Story of Now to your public narrative. Write some notes. (5 min)

Share full public narrative in pairs (5 min/partner, 2 min of feedback, then switch).

For feedback repeat back the pieces that stuck with you....

Debrief: How did it go? When might I tell my story?

How to Build a Base

To connect with the group of new folks there, you'll be sharing a public narrative during your Open Meeting next week! But why is it an open meeting anyway?

Watch How to Build a Base (or: Why Hold a Strike Circle AND Open Meeting Next Week)

Recruitment lead presents proposal for recruitment

5 Review Action Steps, and then close: This I Know

Action Steps



- Each member one-on-one 2 more people, with the 'hard ask' of helping recruit/petition
- ☐ Continue 1.5 hours of canvass/tabling in pairs



How to Give Feedback (3 minute read)

Make New Folks Feel Welcome (3 minute read)

Class Cultures and Activating the Inactive (14 minute video)

<u>'The 4 Levels of Oppression' & Racial Equity</u> <u>Principles</u> (15 minute read)

Public Narrative Part 2

Watch this video on story of us and story of now. (5 min)

Story of US (Discuss + write together for 7 min)

For this exercise, your "US" should be everyone who's at your petition drop action in your Congressperson's office.

To decide what story you share, discuss as a group:

- Which specific **shared experiences** has this group experienced as meaningful moments? These should be events (not characteristics) that your group feels connected around. Remember, you group still belongs to the same institution, and has shared experiences there.
- Which specific **shared values** stem from these shared experiences?
- What are the **challenges** in these stories? What are the sources of **hope** in these stories?

CHALLENGE What was the challenge we faced?
CHOICE What specific choice did we make?
HOPE What happened as a result of our choice? What hope can it give us?

Story of NOW (Discuss + write together for 7 min)

First, decide your "ask." How will you ask everyone who attends your petition drop to take leadership? (ex. We're asking everyone at our petition drop to attend our open meeting next Tuesday after class, where we will start planning for Earth Day together.)

CHALLENGE

Why is it urgent to act now? What could the future look like if we fail to act? What's the "nightmare"? What stories can you tell to make this challenge, at this time, urgent for this group?

HOPE

What could the future look like if we do overcome this challenge? What's the "dream"? How do you know? What's the source of hope? What makes success possible?

CHOICE

What choice are you asking each person to join you in making right now? Why will it add up? How could it achieve the desired outcome?

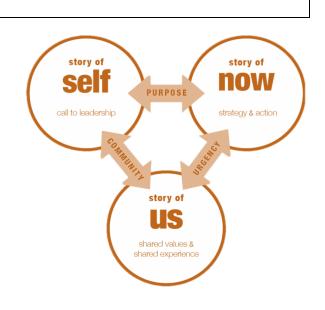
Putting it all together

Practice time!

Your public narrative won't be perfect after a first go, and that's ok!

Practicing is an opportunity to share part of your story with someone else.

More than anything else, appreciate and thank your partner before giving feedback!







Giving Feedback

4 minute read - Feedback is about taking and offering a shared responsibility for learning for the whole group.

Make New Folks Welcome

4 minute read - Recruitment and retention go hand in hand. A few simple procedures for orienting new participants can go a long way to ensuring their ongoing involvement.





Class Cultures: Activating the Inactive

14 minute video - Many groups have inactive members, who come to meetings but are quiet and don't volunteer to do anything. What can the core members do to activate the inactive?

'The 4 Levels of Oppression' & Racial Equity Principles

15 minute read - How do make sense of the different levels that oppression happens at? What are practical tips as we build a movement committed to racial equity?



Key Goals

- All roles for the open meeting are set
- All members commit to 2 hours of recruitment to open meeting.

10 Check-ins and Report Back

(minutes)

Check in

Pledge Tracker reports on progress. Cheer!

Debrief one-on-ones: What was challenging? What was your favorite moment? Who committed, and how did the 'ask' go?

Give feedback on canvassing/tabling: We've been canvassing and tabling for a while now! Because we all have been putting in so much work, we want to honor that time and effort by making it as effective as possible. So, we're going to take a minute to find someone you've canvassed or tabled with, and give them some feedback about how it went!

15 How we Grow

Watch How we Grow

Discuss: Go to your dashboard and look at your progress over the past 5 weeks, when you've been growing through relationships. What patterns do you notice? Why?

What could this graph look like after your post-action open meeting? How does that make you feel? Set the date for your Post-Action Open Meeting. Set it soon (a few days) after your action.

15 Readings Discussion

What did it feel like to give feedback at the beginning of the meeting? What norms can we set around giving feedback as we think about our group after our petition drop action?

In Sunrise, we see our primary role as dismantling <u>institutional</u> oppression through a Green New Deal, although we all strive to embody a commitment to liberation on all of its levels. What conflicts might come up between groups <u>primarily</u> fighting interpersonal or internalized oppression vs. groups primarily fighting institutional oppression?

Making new folks feel welcome... what group norms can help us to uphold our commitment to this?

35 Meeting Facilitation + Open Meeting Prep

Discuss and compile a list together: Who here has ever attended a really bad meeting? What made it bad? What are features of a bad meeting? Follow up: What's at stake? Why do good meetings really matter?

They don't have to be like this! Check out this template agenda for your open meeting -- and for every open meeting a hub puts on. Read it together, assign roles, and practice!

Update on art build from Action Lead

Update from Recruitment Lead

5 Review Actions Steps and close: This I Know

Action Steps

- ☐ Divide up and textbank your full contact list to attend the open meeting + art build
- ☐ One-on-one, with the 'hard ask' of helping recruit/petition

Week 5

Open Meeting Template

Part 1: Open Meeting (1 hour)

Introductions (5 mins)

Turn to someone you don't know well. What brought you to the meeting today?

Strike Circle member's public narrative (5 mins)

This political moment

- Hype speech on why we demand a GND, why actions are the way to win, our vision for the hype action (3 mins)
- Watch AOC video on the GND
 - Discuss in pairs and debriefs as group:
 - What excites you about this vision?
 - Do you know someone outside this room who would also be excited about this vision?

The plan for next week's Petition Drop Action

- Walk through the action scenario and take questions (15)
 - Where to meet + transportation plan
 - Scenario 1: Office open. Enter office, deliver petition. Takeover and sing, tell stories.
 - Scenario 2: Office closed/Unable to deliver petition. Find a way to pass off petition. Rally outside office.
 - Level of risk: Extremely low.
- Role pitch (5)
 - Speakers + storytellers, Canvassers, Livestreamer, Photographer, Marshall, Police Liaison
- Teach 2 songs (5)

Part 2: Art Build (1 hour)

Make art!



Key Goals

- All roles for the action are set
- All members are mentoring someone who is holding a role during the action
- Absorption plan is set

20 Check-ins and Report Back

(minutes)

Check in

Pledge Tracker reports on progress. Cheer!

Debrief Open Meeting: How did recruitment go? What could have been better? How have attitudes in our institution changed over the past 5 weeks?

35 Action Prep

Run through action scenarios

Role-based report backs:

- Action Lead/MC: How's the program? How do speakers/storytellers feel?
- Outreach Lead: How's canvassing and texting outreach? Numbers? How to canvassers feel?
- Comms Lead: How's the press release? Social media plan for absorption? How do livestreamer and photographer feel?
- Logistics Lead: How's the transportation plan? Do we know how to get into the office? Do we have info on going through security, parking?
- Anything else?

15 Act → Recruit → Train (at your <u>Post-Action</u> Open Meeting)

It's important to retain action attendees too! Prepare to hold a debrief immediately after the action to hype + celebrate + invite folks to the texting party.

Ensure there's a location for the absorption open meeting, with an easy way to RSVP online.

Textbanking party post-action on the calendar? Example textbanking script:

- Will you attend?
- If yes, will you share action posts on social?
- If no, can you still share action posts on social?

35 Celebrations + Next Steps

Schedule a full debrief for your strike circle

After your post-action open meeting, you are a Sunrise hub, with a core and base ready for Earth Day! Check back here for parallel meeting agenda templates you can use for your weekly core meeting (formerly Strike Circle meeting) and open meeting.

5 Song to Close

Action Steps



- ☐ Hype lead-up action
- Absorption to open meeting
- ☐ Debrief + first core meeting

Appendix

Planning your Petition Drop Action

Why a petition drop?

By inspiring and supporting thousands and thousands of people to participate in non-violent action, we can raise the level of urgency that society feels around the climate crisis, bring millions more people into the movement, and eventually create the conditions we need to pass something as ambitious as the Green New Deal. **Anyone can plan and hold an action, and the best way to learn how is to run an action yourself.**

We've seen this tactic be hugely effective in the fight for a Green New Deal. Young people engaging with elected officials, whether they are asking them a question or occupying their office, have catapulted climate change and the Green New Deal into the middle of the national conversation, and changed US climate politics forever. Delivering a petition to the office of your Member of Congress and demanding a Green New Deal is a great way to practice planning an action, invite new people into the movement and set the stage for a strike on Earth Day.

What might it look like?

Everyone's petition drop might look a little different, depending on who your Congressperson is, how many people you'll bring to your action, and how many petitions you'll be dropping off. You could do a full-on "office takeover," where you drop your petitions and then occupy the office for a certain amount of time, like <u>Sunrise Ann Arbor did in this video</u>. You can also stand in the hallway or office lobby and hold a shorter program, <u>like Sunrise Virginia</u>. Or, it might make sense for you to just mail in your petitions or have a small group of people drop them off, and hold an action somewhere else, like in your school.

No matter what exact shape your petition delivery takes, you can imagine a group of young people walking into a Congressperson's office. After filing in and filling the room or approaching the front desk, your Action Lead will announce why you are there and what your demand is. "We are young people from [your University] or [your neighborhood] and we are here to demand that [your Congressperson] support a Green New Deal, the only solution to the climate crisis that meets what science and justice demand!" Your group can cheer, sing songs, and share stories about why you are in this fight, all while holding space in the office. If your group isn't planning an extended occupation or to risk arrest, you can wrap up your program after you've heard from all of your speakers, sung songs and chants, and delivered your petitions. When you leave, make sure your Action Leads makes it clear to the staff in the office that your group is planning a big strike on Earth Day - and you'll be back until the Congressperson does the right thing.

The petition drop can set the stage for your Earth Day strike and any future actions that will pressure your Congressperson to support the Green New Deal. In addition to being a great way to practice taking action and drawing more attention to your work, the hype petition drop can put your Congressperson on notice and give you more legitimacy as you gear up to put pressure on them on Earth Day and beyond. You can think of your petition delivery as a warning -- if your Congressperson doesn't sign on and support a Green New Deal, you'll be back on Earth Day, and again and again, each time with more resolve.

This action is designed to do 3 things

- It allows you to issue real demands, and **set the terms** of your strike for a Green New Deal
- It's a lower-stakes chance to **practice** everything you'll be doing for your Earth Day strike
- It's something people in your school or community will see -- and thus a way to **rapidly recruit** more strike pledges
- It allows you to bring in tons of **new leaders** to hold roles, who can continue to grow as leaders on the road to Earth Day.

Step 1: Make Your Action Plan

Creating an Action Plan will make sure you're fully prepared for your action and that you've thought through all the scenarios that might arise.

Goal	What are the 1-2 main goals of this action? Some examples:	
	Pressure my Congressperson to back the Green New Deal	

	Recruit X number of people to attend the action, and have X% of people in a role	
Strategy	How does this action get you to your goal?	
	Ex. Holding an action at our Representatives office is a great opportunity to attract public attention, which will help grow our base of support <i>and</i> put pressure on our elected official in the lead up to Earth Day.	
Metrics	What are the measurable objectives of this action? • # of participants • # of posts on social media • # of petition signatures delivered	
Tactic	Rallying Inside This is your chance to hold your own space and make your voices heard inside the office. Bring everyone, all of your art and banners, all of your spirit and energy into the office and demand to be heard. This can look like having your spokesperson make your demand, singing songs and chants and giving speakers time to share their stories. If you are not looking to have an arrestable action, this is a great option!	
	There are 2 common scenarios: (1) things go as planned, or (2) you get locked out. No matter what happens, you can hold your program and make your demands clear. If things go as planned, you can deliver the petitions yourself. If you get locked out, you can tell a story of politicians who won't even meet with young constituents and still hold a program outside of their office.	
Tone	An Action's tone heavily influences the message, and our ability to recruit and retain participants. If we aren't intentional about our tone, we may end up communicating a message we didn't intend.	
	Your action's tone could be morally grounded, hopeful, joyful, militant, courageous but no matter what it should remain <i>non-violent</i> .	
Message	What are the 1-3 talking points around this action?	
Visuals	List all visuals you will use, like a stack of pledges or petition cards, a banner or some signs.	
Audience	People in your institution (ex. student body), the Representative and their staff and (if applicable) the press, and people who would sympathize with our movement if they saw this action	

Planning your Petition Drop Action

Step 2: Decide on Roles

Roles that should be held by strike circle members	Roles for new leaders from open meeting or one-on-one
 Action lead + MC/Song Lead Manages the Outreach + Comms + Transportation leads to ensure everything in on track. Once in the office, this person serves as the MC for the action, and delivers the main speech that includes the demand. Trains speakers + storytellers to tell their stories in office to livestream. Ensures all action participants feel hype, and plan to stay involved. Conducts full-group debrief immediately after the action. 	Speakers + Storytellers (3)
 Recruitment Lead Tracks a text campaign to all contacts collected thus far by the group. Manages a team of new canvassers at the action. Managers absorption texting campaign and Facebook event, done the day of the action (throw a pizza + texting party!) 	Canvassers (as many as possible!)
 Comms lead Coordinates with Outreach lead on absorption language for social media and press Writes press releases for local coverage Closely trains a livestreamer + photographer for the action During action serves as an art marshall (press liaison, if needed) 	Livestreamer (1) Photographer (1)
 Ensure there's a plan to get everyone to the action, and a plan to meet somewhere close by at least 30 minute before. Scouts the office in the days beforehand, and knows how the group will get in. Manages a team of marshalls and livestreamers. 	



Weekly Responsibilities

- Read over the meeting agenda in advance, and facilitate the meeting
- 2 days before the meeting, confirm every member has completed their action steps
- 1 day before the meeting, remind every member to do their meeting prep
- Weekly coach check-in

Meeting Facilitation Tips

- Expect differences of opinion when handled well, they can contribute greatly to creative solutions.
- Be suspicious of agreements reached too easily test to make sure that people really do agree on essential points.
- Don't let discussion continue between two people, but ask for comments by others. After all, it is the group that needs to make the decisions and carry them out.
- As much as possible, hold people to speaking for themselves only and to being specific when they refer to others NO "some people say", "we all know", "they would not listen". Even though this is scary in the beginning, it will foster building of trust in the long run.
- Keep looking for minor points of agreement and state them it helps morale.
- Encourage people to think of fresh solutions as well as to look for possible compromises.
- In tense situations or when solutions are hard to reach, remember humor, affirmation, quick games for energy change of places, small buzz groups, silence, etc.
- When you test for consensus, state in question form everything that you feel participants agree on. Be specific: "Do we agree that we'll meet on Tuesday evenings for the next two months and that a facilitator will be found at each meeting to function for the next one?' Do NOT merely refer to a previous statement: "Do you all agree that we should do it the way it was just suggested?"
- Insist on a response. Here again the participants need to be conscious of making a contract with each other.
- If you find yourself drawn into the discussion in support of a particular position, it would be preferable to step aside as facilitator until the next agenda item. This can be arranged beforehand if you anticipate a conflict of interest.
- Almost any meeting will benefit from quick breaks in the proceedings energy injections provided by short songs, a common stretch, etc.

Week-Specific Tasks

Week 1

- Recruit <u>hard</u> for your meeting with this guide
- Create a groupchat with all members after your meeting

Week 2

Print out "canvassing sheets" for the meeting

Meeting 3 - 6

 Check-in with Action Lead, Recruitment Lead, and Communications Lead to make sure they're on track with their role-specific responsibilities

Post-Program Transition

 Conduct the program debrief, and help transition your new, strong group as it gears up for Earth Day

Role Guide

Weekly responsibilities

- Before meetings, print out enough canvassing sheets for every member
- During every meeting, schedule every person's action steps (strike pledge sign-ups and one-on-ones)
- Over the week, check in with members to ensure they're completing their action steps
- Make sure members send their canvassing sheets to the 'Pledge Tracker' as soon as they finish
- After members complete their action steps, celebrate them!

Tips to pull it off

- Get specific! Scheduled action steps = specific times + confirmed during the meeting
- Have people set reminders for themselves -- but still follow up yourself!
- Be persistent! Don't be afraid to follow up with people multiple times.
- If there's a pattern of someone not doing their action steps, work with your Host to give them feedback.

Week-specific responsibilities

Week 4

- Textbank all of your contacts to join next week's open meeting + art build
- Create a Facebook event for next week's open meeting + art build

Week 5

- Textbank all of your contacts to join the open meeting + art build
- At the open meeting, recruit people to be 'canvassers' for next week's action
- At the open meeting, make a recruitment plan to get even more people to your action

Week 6

- Coordinate with strike circle to ensure that the 'ask' repeated at your action is the post-action open meeting
- Before action, textbank all of your contacts to join the petition drop action
- During action, manage a team of canvassers
- Right after action, throw a textbanking party for your post-action open meeting (and to celebrate!!)
- Create a Facebook event for post-action open meeting



Role Guide

Weekly responsibilities

- As soon as members complete their canvassing shifts, collect their sheets (they can also text you a picture)
- Before your meeting, input strike pledges into your dashboard
- During your meeting, pull up the dashboard and report back to members on your progress
 - You can add completed one-on-ones live during the meeting, since this is just adding a checkmark

Tips to pull it off

- Be sure to input your strike pledges before the meeting! Reporting back these numbers really matters!
- Coordinate with the 'Recruitment Lead' if people aren't sending you their strike pledges



Responsibilities

- Responsible for where the petition drop happens and how it's run
- Plans art build for the open meeting. Gets supplies.

Tips to pull it off

- Ask people to help you with the art build and fliers, they are fun!
- Research your representative, see if other groups in your area have ever done an action at their office
- Don't be afraid to delegate tasks and direct others (kindly).

Week-specific responsibilities

Week 2

- Do some research on your 'target' in order to decide your petition drop's tone
 - o You should make this decision in coordination with the Communications lead
 - o General guidance:
- Start thinking about how to creatively fund supplies for your open meeting + art build during Week 5

Week 3

- During the meeting, help the group to prioritize starting Strike Circles in new places -- other high schools and colleges in your area, or around the country
- Ensure that the group sets concrete dates for open meeting + art build AND your petition action
- Gather art supplies for your open meeting + art build during Week 5

Week 4

- Scout the office of your petition drop
- Review the roles, and draft a full 'action plan' for the Strike Circle to approve
- Cut your stencils for the art build---or better yet, recruit someone crafty to do it.

Week 5

- Prepare a short presentation on the 'action scenario' to give during the open meeting + art build
 - Practice this first during your Strike Circle meeting
- Identify new folks at your open meeting, and support them to share their story at the action
- Train speakers + storytellers to tell their stories in office to livestream

ullet

Meeting 6

- Once in the office, serve as the MC for the action, and deliver the main speech that includes the demand
- Ensures all action participants feel hype, and plan to stay involved.
- Conduct full-group debrief immediately after the action. Include everyone who attended!



Role Guide

Weekly responsibilities

- Creates social media pages during Week 3 (to prepare to recruit for open meeting and art build), and then
 posts regularly
- Take pictures of your strike circle (at strike meetings, canvassing, your open meeting + art build, action, etc.) to get featured in movement-wide celebration emails! <u>Upload them here each week.</u>

Week-specific responsibilities

Meeting 2

• Write a short op-ed on why you're striking on Earth Day for a Green New Deal, including your demand of [Congressperson]

Meeting 4

• Work with the Recruitment Lead to create a Facebook event for your open meeting + art build

Meeting 5

- Write press releases to get local coverage of your action
- Recruit 2 new folks to be a livestreamer + photographer during the action

Meeting 6

- Check-in with your livestreamer + photographer to make sure they feel good to go
- During action serves as an art marshall (press liaison, if needed)



Which Side Are You On?

Listen here!

Which side are you on now, which side are you on...(x4)
Storms rage and fires burn but you don't hear the call
Cause fossil fuels keep paying you does it weigh on you at all,
Does it weigh on you at all? (x4)

Which side are you on now, which side are you on... (x4)
Corporations raised you up but we can make you fall
You picked a war with our generation does it weigh on you at all
Does it weigh on you at all.. (x4)

Which side are you on now, which side are you on... (x4) When Exxon and the Koch brothers came to pay you off You took 400,000 dollars does it weigh on you at all Does it weigh on you at all.. x4 Which side are you on now, which side are you on.. (x4)

Courage

Listen here!

Courage

Courage

My friend

My friend

You do not walk alone

We will
Walk with you
Walk with you
And sing you spirit home

Light is Returning

Listen here!

Light is Returning
Even though this is the darkest hour
No one can hold back...
Back the dawn

Let's keep it burning Let's keep the flame of hope alive Make safe our journey... Through the storm

And as we're striking We will be standing side by side Our generation...
On the rise

We Gonna Rise Up!

Listen here!

We gonna rise up, rise up til it's won (x2) When the people rise up, the powers come down (x2) They tried to stop us, but we keep coming back (x2)