



Fall 2025

# PONY EXPRESS

Sunrise Therapeutic Riding & Learning Centre

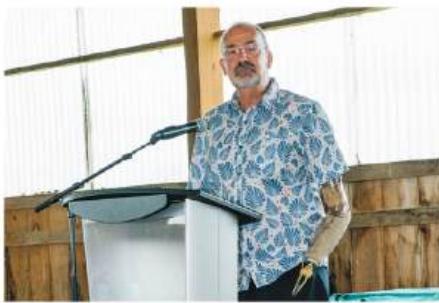
## CELEBRATE SUNRISE! June 22, 2025



This year's signature fundraising event successfully cleared \$79,456 towards supporting the many successful year-round farm-based programs for children and adults with a wide range of disabilities. The weather was exceptionally challenging for those with respiratory issues, and this meant that several of our faithful supporters were unable to attend. As always, Sunrise's amazing Auctioneer, Robert Milburn, kept everyone engaged with the bidding—especially towards the support of our wonderful team of therapy horses!



We were delighted to recognize two new Sunrise Ambassadors, rider Nylan Parthipan (top left) who engaged everyone as he shared how much Sunrise means to him. Jordan Tucker (top right), a longtime Sunrise rider, now a medal winning competitive swimmer, was interviewed by event MC Jeff Tiessen who himself is an award-winning Paralympic champion athlete and record holder in the 400-meter event – and he rides a horse.



Above (L-R): Ann Caine and Anne Day (Guelph Trillium Rotary) join Peter Cummins, recipient of the Rotary Paul Harris Fellow Award in recognition of his outstanding service to Sunrise and the Guelph Community. MC Jeff Tiessen keeping the audience engaged and informed throughout the afternoon. Retiring Celebrate committee chair, Jane Anderson was honoured with a framed print, presented by Ann Caine and Executive Director Lynne O'Brien, in gratitude for her many years of volunteer work. Appreciation is extended to all who supported this event.



Lynne O'Brien  
Executive Director

*Lynne O'Brien*



Ann Caine  
Advisory Council Chair  
& Volunteer Fundraiser

*Ann Caine*

# HIGHLIGHTS FROM CAMP SUNRISE 2025



It was another busy and fun-filled summer camp on the farm. We were blessed with a great team of energetic Counsellors, supported by many teenaged LITs, and led by Camp Coordinator Jenna Sinclair.

Campers of all abilities enjoyed riding, swimming, archery, low ropes course, accessible playground, exploring the ponds and trails, sports and games all on our 102 acre farm. At Sunrise we are so fortunate to have our year-round Canadian (CanTRA) certified riding instructors, and also the many Volunteers, making Camp Sunrise a place where campers return year after year. Mark your calendars - Camp Registration for summer 2026 opens in January and spots fill very fast! At left: Our amazing Camp Sunrise Staff 2025.



(L-R): Farm Discovery campers with visitors from Autism Dogs Services- Camilla, Head Instructor, mounted in background, LIT Briella with camper Mia & camp counsellor Iris G with campers making sure Huey is kept cool in the heat with a sponge bath!

## WE NEED A SPONSOR

Consider crowd funding with a donation of any amount to support our amazing team of therapeutic horses.

Every contribution, big or small, goes directly towards the care, and training of this wonderful group of therapy horses.

Please see enclosed donation slip.

Thank you for your support!



## CONSIDER A LEGACY GIFT



In 2019 Sunrise was awarded a provincial grant to plant 21-acres of native seedling trees. Sunrise supporter, Ted Arscott donates his time and has not only transplanted mature trees from Sunrise's back trails, but also from his tree farm in Caledon, which are found at the entrance to this emerging Forest. Each September we hold a ceremony of Remembrance, and to Honour those who have touched the lives of so many, who have been recognized by the donation of a sapling or mature tree, to ensure that generations who come after us will enjoy the opportunity to walk or ride through this beautiful forest. If you care about conserving the environment for future generations, please consider a legacy gift to maintain this 21-acre Forest at the Sunrise Farm. For more information, please contact Executive Director, Lynne O'Brien at 519-837-0558 Ext. 31 or [lynne@sunrise-therapeutic.ca](mailto:lynne@sunrise-therapeutic.ca).

# HIKE 4 HORSES October 19, 2025

This is a new fall fundraising event— please see flyer insert.

## Additional information:

**NEW:** Participants are invited to walk their dogs on a leash through the beautifully groomed country trails. Entry \$46 includes lunch, snacks, swag bag, Hike 4 Horses cloth badge. The balance of entry fee supports the therapy horses!

**FAMILIES:** Lawn games made and donated by Home Depot stores in Kitchener/Cambridge, face painting, family scavenger hunt with ribbon awards, meet the horses in the stable.

**MARKETPLACE:** Come prepared for early Christmas shopping!

- Strawberry Sunshine, local hand poured soy candles - by Stephanie Scapinello
- Handcrafted Angels- by Leena Kimsto, Cambridge
- Beautiful hand turned wooden bowls by Glenn Swartz, Guelph
- Baked goods, pumpkins & gourds
- Sunrise Life Skills crafts

Cloth event  
patch  
for hikers



Damian B from Kitchener East Home Depot preparing our lawn games.



Marketplace Angels



Back row (L-R): Wedding angel, Christmas tree topper, snow angel  
Second row (L-R): Baby shower angel (boy & girl), Anniversary angels, Rosebud sympathy angel, Country Christmas angel.  
Bottom row: Christmas angel trio

## IN APPRECIATION

These businesses from the Guelph area are longtime & ongoing Sunrise program supporters. We appreciate your consideration in supporting them- let them know you are from Sunrise!

- Milburn's Sales & Service (Aberfoyle)
- Norm's Esso, 67 Surrey St. E Guelph
- Sugo on Surrey, 117 Surrey St E- Alex Tami
- SpaWellness by Tamara, 23 Suffolk St.
- Decadently Yours - Cakes & Cupcakes 119 Surrey St E, Jenn & Rob Bonner
- Strawberry Sunshine (Soy candles) 15 Surrey St W #3 - Stephanie Scapinello
- Paola's Fine Cheeses, 1027 Gordon St (at Kortright) Guelph
- Farm Boy Market, 370 Stone Rd W
- Cobs Bakery, Clair Rd

Looking for a great catering service?

We recommend Little Mushroom Catering, 131 Sheldon Drive Unit 16, Cambridge.

# BREAKING NEWS

## CAPITAL CAMPAIGN PROJECT

### "Village at Sunrise Farm"

On September 17th, the Puslinch Township Council passed a resolution to recommend to the County of Wellington that \$800,000 of the \$1 million Puslinch portion of the County Housing Fund be allocated to Sunrise towards the affordable supportive housing portion of the proposed new building "Village at Sunrise Farm". Approval by Wellington County will mean this would be the single largest contribution to the project to date; and will be a welcome and significant step forward. Longtime dedicated supporters have stepped up with one-time and multi-year capital donations- approval by Wellington County will push us towards the millions of dollars now needed to complete the project... stay tuned!



## IMPORTANT DATES

- October 19 - Hike 4 Horses (5km run or hike)
- December 13 - Last day of Fall Session
- Please note, there will be no lessons on October 11 & 13 (Thanksgiving)
- November 3-8 (break week)

### Sunrise Mission

To develop the full potential of children and adults with special needs through horse riding, therapy, education, recreation, and life skills programs, farm related and social activities.  
To further develop and expand Sunrise programming, to support a Residence/Respite Village Community.



@sunrisetherapeutic

Are you following us on social media?

Like | Follow | Tag | Engage

Newsletter Development and Editing: Ann Caine

Newsletter Design: Rachel Reeve

Photography: Jessica Goyda, Ann Caine & Jenna Sinclair

Please email [office@sunrise-therapeutic.ca](mailto:office@sunrise-therapeutic.ca) or call to receive your newsletter by email, to request this publication in a different format, or to be removed from our mailing list.

### Contact Us

Mail: 6920 Concession 1, Puslinch ON N0B 2J0

Phone: (519) 837-0558 Fax: (519) 837-1233

Email: [office@sunrise-therapeutic.ca](mailto:office@sunrise-therapeutic.ca)

Web: (For further information) [www.sunrise-therapeutic.ca](http://www.sunrise-therapeutic.ca)

Office Hours: Mon - Fri 8:00 - 4:30

(Tours and visitors are welcome by appointment)

Sunrise is a proud member of:

Ontario Equestrian

Guelph Chamber of Commerce

Cambridge Chamber of Commerce

Volunteer Action Centre

SKIC (Supporting Kids in Camp)

Proud Partner of Equine Guelph,

through the Canadian Therapeutic Riding Association (CanTRA)  
Registered Charity # 11920 6027 RR0001

