

Mystery Motivators



“Grandma’s Law” says you can have your dessert when you finish your vegetables. That’s the theory at play when we use **Mystery Motivators**. These short and simple activities motivate children to perform well, even for tasks they do not enjoy like cleaning up or doing homework. Mystery Motivators be be things children are not normally permitted to do.

1. Pick several **free, fun, active prizes** the children may enjoy that will serve as Mystery Motivators. **Consider** taking funny pictures, having a quick dance party, or make paper airplanes.
2. Write each **prize idea** on a slip of paper. Store them in a special jar, bag, hat, or use the Mystery Motivators feature on the PAX Tools App. Ask children to use their imagination with simple fun that does not cost money. Then add them to the PAX Tools App.
3. Draw a **prize as a reward** when the child has performed well. Make it appear **randomly selected**, even if you have a specific one in mind.
4. Do the prize along with the child. **Prizes done together** are the most **fun and motivating**—that cost nothing, yet builds imagination for things without batteries.

This tested and proven strategy jump starts motivation for completing tasks and positive behavior by harnessing the brain’s natural reward-seeking instinct. Mystery Motivators help children’s understanding of cause and effect, while **creating more peace, productivity, health, and happiness for everyone!**

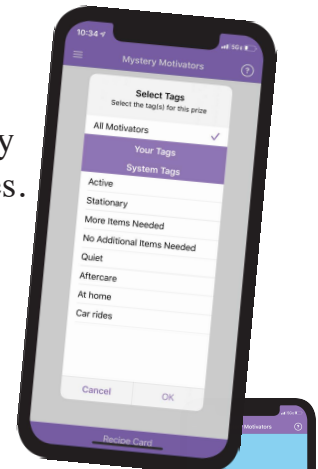
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We love these
wacky, fun prizes!



Wacky Granny
jumps and spins and
the prize appears...

