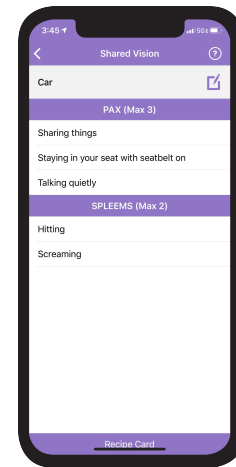
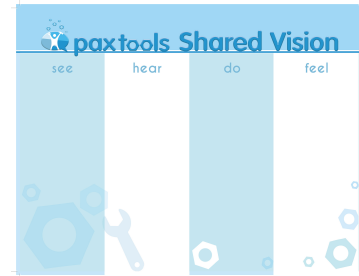


Shared Vision



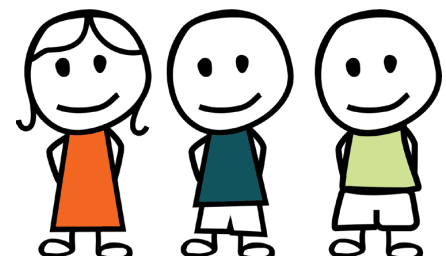
Often, **children aren't on the same page as adults** about expectations. This can lead to frustration and arguments. The solution? **A shared Vision makes expectations clear** and prevent conflict. Please watch the video, <https://bit.ly/PAX-Tools-Vision> to help use shared vision. The *free* PAX Tools App helps create a shared vision for daily activities.

1. Before the upcoming activity, **ask the child, "What do we need to see, hear, feel and do MORE of—to make sure our activity goes well."**
2. Also ask, "What do we need to **see, hear, feel, and do LESS of** to make sure things go well?"
Make sure to create the Shared Vision together.
3. Encourage children to be thoughtful, with questions: "Would throwing things be helpful or hurtful to our family?" This builds self-regulation.
4. Prompt children to give MORE examples wanted actions, out numbering the LESS. For example, "Would **MORE quiet voices and helping each other?** when we're on the phone? A long list of "don'ts" can trigger children to misbehave.
5. Practice first if needed. For example, ask the child to practice different volumes and help choose what "quiet" voice would be best for all. Praise the developing skills—not just perfection.
6. Before an activity, review the Shared Vision. During the activity, compliment children when they exhibit the MORE behaviors. Offer quiet reminders about the LESS behaviors.
7. Talk with your child about how it went after the activity. "What did we do well?" And, "What do we want to work on for the next time?"
8. Make sure to pick a Mystery Motivator from the PAX Tools App to celebrate success.



Shared vision is a tested & proven strategy that **reduces conflict and frustration** by ensuring adults and children are on the same page with expectations before, during, and after an activity. When adults and children have a Shared Vision, **it creates peace, productivity, health, & happiness for everyone.**

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