# Topic 151

In some countries, people are no longer allowed to smoke in many public places and office buildings. Do you think this is a good rule or a bad rule? Use specific reasons and details to support your position.

## 1. Brainstorming

health problems : cancer

damage to others

issues due to cigarette butts : fire, dirty

## 2. Outlining

- Introduction
- smoking : one part of life
- for relieving stress, feeling haziness
- some countries forbid smoking in mutual areas
- opinion: Agree
- Body
- 1. reduction of smoking
- less place to smoke -> more difficult
- don't want to endure irksomeness
- 2. harms to the other people
- breathing smoke from tobacco
- feel awful
- 3. issues caused by cigarette butts
- fire
- floor gets dirty
- Conclusion
- attempts to reduce smoking
- important issue

### 3. Essay Writing

It's not an exaggeration to say that having a short time of smoking after works has been an integral part of lives of people in modern days. Its popularity comes from preeminence in relieving stress, by feeling haziness and addition to it. Though, more and more countries are starting to have caution on people's smoking, soon beginning enforcing regulations regarding smoking actions in any mutual areas. As far as I am concerned, governments' practices on reduction of smoking actions are reasonable, owing to a variety of reasons below.

First and foremost, forbidding tobaccos just in public areas can facilitate the declination of the public's smoking frequency. There are still some places in which the government officially allowed people to smoke, though, the number of them is comparatively very few, as smoking areas can literally be everywhere in the country if they encompass all public places. It will be even more difficult for smokers to find permitted smoking places when public places are ruled out from the smoking area. If the smokers can't withstand their irksomeness and laziness to find legal smoking area, they will eventually decrease their smoke frequency rate.

Second of all, smoking not only adversely affect the smoker himself, but nearby people as well. Merely breathing smoke from tobacco, containing carcinogens such as Carbon Monoxide and Nicotine can cause critical respiratory issues, same as smokers. Although it's just a short space of time that people who have nothing to do with tobaccos breath the smoke, they will probably encounter smokers a lot of times in life. Continuous accumulation of those gas in the body increases the risk of getting severe health problems. Furthermore, it's obvious that people passing by the smokers will feel awful.

Last but not least, the governments can look forward for reduction of incidents caused by cigarette butts thrown away anywhere on the ground. It's a majority of people's inclination to consider a cigarette butt as a minor thing, and throw them away anywhere after using. However, careless attitudes toward cigarette trash can sometimes lead to irrevocable catastrophe. For instance, there are possibilities for small embers inside the cigarette to grow and result in a big fire accident. In addition, cigarettes scattered on the ground looks dirty and unhygienic.

To sum up, restriction of smoking must be executed public places for reasons

regarding reduction, harm to others, and trash of smoking. Indeed, there have been a number of attempts to encourage those who got addicted to tobaccos to quit smoking, even from nongovernmental organizations too. This means that smoking isn't an ignorable issue individually, and for the entire society.

### 4. Speaking

Although smoking has become an integral part of life in modern days, I strongly agree with a prohibition of smoking in mutual areas.

First of all, it is nearby people who also get affected by smoke from tobaccos. Merely breathing the smoke can lead to severe health problems, and can be as unhealthy as smoking. In addition, it's obvious that nobody would like to breath that murky air.

Second of all, there might be issues caused by cigarette butts thrown away anywhere on the ground. For instance, there are possibilities for the ember in cigarettes to grow to a big fire accident. Furthermore, cigarettes scattered on the ground looks dirty.