

<b>Topic 166</b>	People listen to music for different reasons and at different times. Why is music important to many people? Use specific reasons and examples to support your choice.
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<b>1. Brainstorming</b>
<p>the only drug allowed : music</p> <ol style="list-style-type: none"> <li>1. relieve stress</li> <li>2. remove other unnecessary noise</li> <li>3. relieve mental and psychological anxiety : we try to listen to music when scared</li> <li>4. messages conveyed by the music</li> </ol>
<b>2. Outlining</b>
<ul style="list-style-type: none"> <li>• Introduction <ul style="list-style-type: none"> <li>- music : only permitted drug</li> <li>- earphones, airpods have been fixed devices</li> </ul> </li> <li>• Body <ol style="list-style-type: none"> <li>1. relieve mental stress <ul style="list-style-type: none"> <li>- the melody fill the mind</li> <li>- Ex : try to listen to music when scared</li> </ul> </li> <li>2. messages contained in the lyrics <ul style="list-style-type: none"> <li>- music : real experience of singers</li> <li>- sympathize with the feelings of the singer</li> </ul> </li> <li>3. block unnecessary noises <ul style="list-style-type: none"> <li>- a number of noises during daily situations</li> <li>- no coherence, don't harmonize each other</li> </ul> </li> </ol> </li> <li>• Conclusion</li> </ul>

### 3. Essay Writing

A majority of the public in modern days will firmly agree with the statement 'Music is the only drug permitted by the government'. So many people regard listening to music as a profoundly daily activity that it has become a difficult job to discover those who don't. Electronic devices necessary for listening to music have become fixed materials for most of the people. In my opinion, the phenomenon that people enjoy music results from positive mental effects, messages, and functions to block noises.

First and foremost, nothing else can be more efficient for gaining mental relief and avoiding pessimistic feelings than listening to music. Seeping into the ear, the melody soon fills the entire mind, and mentally isolate the person from the reality. Moods of depression and rage are temporarily hidden by the peaceful and familiar auditory treatment. For instance, anyone has probably felt a desire to turn on music in a very high volume when feeling an emotion of fear. They try to forget being afraid by artificially putting themselves into an illusion through the attractive sounds from the music.

Second of all, lyrics of the music take crucial parts in the completion of the music as an auditory piece of art; they contain meaningful messages. Lyrics of the music usually reflect the life or real experiences of the singer, or universal thoughts of the public upon certain topic. Listening to these, people tend to feel sympathy on the mood of the music, and feel relief by the fact that not only themselves but also the others undergo same difficulties during the life. Ultimately, the message of encouragement implicit in the music reaches to the listeners. For instance, most singers used to live an impoverished life during the childhood, and this story is usually contained as a topic in their music. This may encourage poor people that they still have possibilities to become as successful as the singers.

Furthermore, music also provides relatively tranquil surroundings by blocking unnecessary noises from daily situations. From sound of car engines, and chats between classmates to noises of scratching a glass with sharp materials, a number of situations to hear such terrifying sounds exist in modern days. Unlike the normally composed music, these irregular sequences of noises have no coherence at all, so they aren't able to harmonize with each others. This does nothing but posing mental and auditory issues to the listeners.

In short, listening to music is preferred by a lot of people due to the

acquisition of mental relief, messages, and tranquility.

#### 4. Speaking

In my opinion, people prefer to listen to music for two reasons.

First, listening to music brings mental relief to a person's mind. Music fills the listener's mind with its peaceful, and even exciting mood of melody. In addition, it stimulates the listener's emotion of sympathy by narrating pessimistic stories through lyrics.

Second, music also play important roles in blocking unnecessary external noises. People get to hear a number of reluctant sounds during the everyday situations. The incoherent combination of such sounds only result in auditory health issues.