



浙江大学爱丁堡大学联合学院

ZJU-UoE Institute

## The $t$ -test: practical applications and variants

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At the end of this lecture, you should be able to:

- Describe variants of the  $t$ -test
  - 1-tailed vs 2-tailed
  - 1- vs 2-sample
  - Paired vs unpaired
- Choose an appropriate type of  $t$ -test for a given problem
- Describe and use non-parametric alternatives to the  $t$ -test

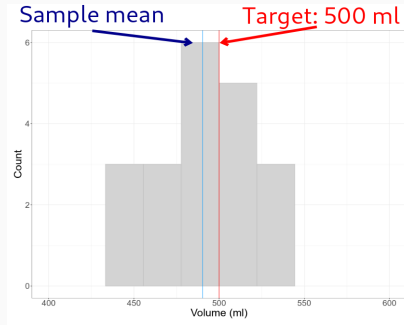


Is the factory filling each bottle with enough Guinness?



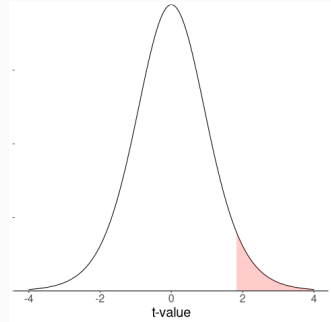
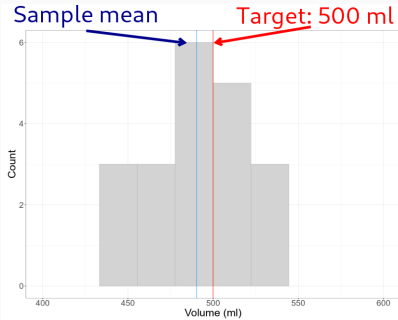
## Our earlier example

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## Variants of the $t$ -test

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## **Variants of the t-test**

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### **1-tailed vs 2-tailed**

## One-tailed vs two-tailed t-test

Compare the following two questions:

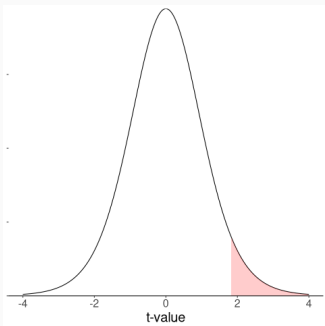
- Is the factory filling each bottle with **enough** Guinness?
- Is the factory filling each bottle with a volume **different** from 500ml?



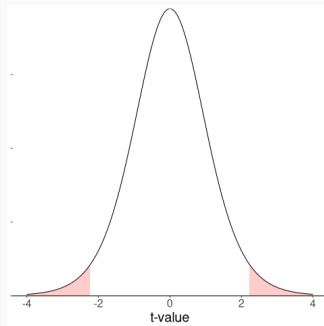
# One-tailed vs two-tailed t-test

Compare the following two questions:

- Is the factory filling each bottle with **enough** Guinness?
- Is the factory filling each bottle with a volume **different** from 500ml?

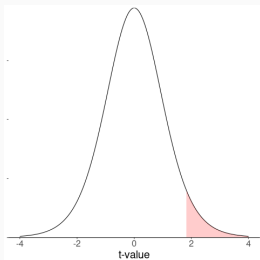


1-tailed - Area of interest is only on one side of the distribution (ex. 5%)



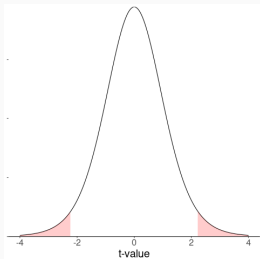
2-tailed - Area of interest is on both sides of the distribution (ex. 2.5% on each side)

## Which one should I use?



### One-tailed

- If we look for outcomes in one direction only, e.g.  $A > B$  (or  $A < B$ )
- $H_0$ : A is not greater (or smaller) than B
- $H_1$ : A is greater (or smaller) than B




### Two-tailed

- If we look for outcomes in both directions, e.g.  $A \neq B$
- $H_0$ : A is equal to B
- $H_1$ : A is not equal to B

## Critical values for 1-tailed and 2-tailed tests

For the same significance level, the critical values for 1-tailed and 2-tailed tests are different!

**One tailed**      **Two tailed**



d.f.	t <sub>.100</sub>	t <sub>.050</sub> *	t <sub>.025</sub> **	t <sub>.010</sub>	t <sub>.005</sub>	d.f.
1	3.078	6.314	12.706	31.821	63.657	1
2	1.886	2.920	4.303	6.965	9.925	2
3	1.638	2.353	3.182	4.541	5.841	3
4	1.533	2.132	2.776	3.747	4.604	4
5	1.476	2.015	2.571	3.365	4.032	5
6	1.440	1.943	2.447	3.143	3.707	6
7	1.415	1.895	2.365	2.998	3.499	7
8	1.397	1.860	2.306	2.896	3.355	8
9	1.383	1.833	2.262	2.821	3.250	9
10	1.372	1.812	2.228	2.764	3.169	10

## **Variants of the $t$ -test**

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**1-sample vs 2-sample**

## 1-sample vs 2-sample t-test

Compare the following two questions



Is the factory filling each bottle with a volume different from 500ml?



Is the factory in Dublin filling each bottle with a volume different from the factory in Glasgow?

# 1-sample vs 2-sample t-test

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difference from the ref. value

$$t = \frac{\bar{x} - \mu}{s/\sqrt{n}}$$

sample standard deviation  
(estim, of the population  $\sigma$ )

standard error of the mean



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diff. of means

$$t = \frac{\bar{x}_1 - \bar{x}_2}{s\sqrt{\frac{1}{n_1} + \frac{1}{n_2}}}$$

combined error

$$t = \frac{\bar{x}_1 - \bar{x}_2}{\sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}}$$

**Equal variances**  
Student's t-test

**Unequal variances**  
Welch's t-test

## 2-sample t-test - an example

Example:

**Sample 1:** 4, 6, 8, 10

**Sample 2:** 1, 5, 3, 4

$$H_0: \mu_1 = \mu_2$$

$$H_A: \mu_1 \neq \mu_2$$

What should we do to test this hypothesis?



## **Variants of the $t$ -test**

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**Paired vs unpaired**

**Paired t-test:** Same subjects are measured at different times or under different conditions.

**Unpaired t-test:** Different subjects are measured at different times or under different conditions.

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**Paired t-test example** You want to study the effect of a drug on the blood pressure of 10 patients. You measure the blood pressure of each patient before and after the administration of the drug.

## Paired $t$ -test - calculating $t$ statistics

The paired  $t$ -test is effectively a 1-sample  $t$ -test on the differences between the two measurements (with reference value = 0).

$$t = \frac{\bar{d}}{\left( \frac{s_d}{\sqrt{n}} \right)}$$

Diagram illustrating the components of the paired  $t$ -test formula:

- The numerator  $\bar{d}$  is labeled "avg. difference between paired measurements" (pink arrow).
- The denominator  $\left( \frac{s_d}{\sqrt{n}} \right)$  is labeled "standard deviation of the differences" (brown arrow).

## t-test variants in R

Use the `t.test()` function in R to perform a t-test.

```
t.test(x, y = NULL,  
       alternative = c("two.sided", "less", "greater"),  
       mu = 0, paired = FALSE, var.equal = FALSE,  
       conf.level = 0.95, ...)
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```

### 1 sample

`mu` = reference value

### 1-tailed

`alternative` = "greater" or "less"

### Paired

`paired` = TRUE

### 2 sample

Must provide two vectors of values as `x` and `y`  
For Welch's t-test `var.equal` = FALSE ()

### 2-tailed

`alternative` = "two.sided" (default)

### Unpaired

`paired` = FALSE (default)

## How to choose the appropriate type of t-test?

State the hypothesis. What is  $H_0$  and what is  $H_A$ ?

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- Samples must be **random**

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- Samples must be **random**
- **Normality** of the sample(s)

For paired t-test, the **differences** must be normally distributed.

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2. What direction are you looking at? 1-tailed or 2-tailed?
3. Are you comparing 1-sample or 2-samples?
4. Are the observations paired or unpaired?

## What to do when assumptions are not met?

- **Normality of the sample(s)**

- If the deviation from normality is small, the  $t$ -test is robust to it, and we can still use it.
- If the deviation from normality is large, we can try transforming the data and see if the data become more normal. Examples of transformations include log, square root, inverse, etc.
- If the data cannot be transformed, we can use a **non-parametric** test instead (see next slides).

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- If the data cannot be transformed, we can use a **non-parametric** test instead (see next slides).

- **Homogeneity of variances**

- We can use Welch's  $t$ -test instead of Student's  $t$ -test.



A **non-parametric** (or distribution-free) test is a statistical test that does not assume that the data follow a particular distribution.

As alternatives to the t-test, we can use the following non-parametric tests:

- **Wilcoxon signed-rank test** - for paired data or one-sample data
- **Mann-Whitney U test** - for unpaired data

## Non-parametric tests

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As alternatives to the t-test, we can use the following non-parametric tests:

- **Wilcoxon signed-rank test** - for paired data or one-sample data
- **Mann-Whitney U test** - for unpaired data

The idea of these two tests is very similar, and in R you can use the same function `wilcox.test()` to perform both tests.

**Wilcoxon:** `wilcox.test(x, y, paired = TRUE, ...)`

**Wilcoxon, one-sample:** `wilcox.test(x, mu = 0, ...)`

**Mann-Whitney:** `wilcox.test(x, y, paired = FALSE, ...)`

## The idea behind non-parametric tests

Wilcoxon and Mann-Whitney tests are based on the **rank** of the observations.

They do not assume a particular distribution of the data, but they do assume that the observations are **independent** and that the **distribution of the observations is the same** (or similar) in the two groups.

They compare medians rather than means.

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Wilcoxon and Mann-Whitney tests are based on the **rank** of the observations.

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They compare medians rather than means.

Note: they have **less statistical power** than the  $t$ -test, so they are less likely to detect a difference when there is one. However, they are more robust to deviations from normality and to outliers.

### **Mann-Whitney test:**

- Combine all observations and rank them from smallest to largest
- Sum the ranks in each group
- Calculate the test statistic  $U$  and compare it to the critical value (we're not going to do this by hand, but R will do it for you!)

### Mann-Whitney test:

- Combine all observations and rank them from smallest to largest
- Sum the ranks in each group
- Calculate the test statistic  $U$  and compare it to the critical value (we're not going to do this by hand, but R will do it for you!)

### Wilcoxon test:

- Calculate the difference between the two observations in each pair
- Rank the differences from smallest to largest
- Sum the ranks of the positive differences and the ranks of the negative differences
- Calculate the test statistic  $W$  and compare it to the critical value

You should now be able to:

- Describe variants of the  $t$ -test
  - 1-tailed vs 2-tailed
  - 1- vs 2-sample
  - Paired vs unpaired
- Choose an appropriate type of  $t$ -test for a given problem
- Describe and use non-parametric alternatives to the  $t$ -test

