

FISHERS HIGH SCHOOL - LUNCH - January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		(1) Winter Break	(2) Winter Break	(3) Winter Break
(6) Winter Break	(7) Entrees <ul style="list-style-type: none"> Greek Pizza (27g Carbs) Breaded Chicken Tenders w Creamy Sriracha Sauce (43g Carbs) Pasta Bar Shredded Chicken (60g Carbs) Pasta Bar Turkey Pepperoni (62g Carbs) Pasta Bar Beef Spaghetti Sauce (69g Carbs) Pasta Bar Veggie Crumbles (65g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Classic Taco Salad (74g Carbs) Asian Chicken Wrap (68g Carbs) Sides <ul style="list-style-type: none"> BBQ Baked Beans (171g Carbs) 	(8) Entrees <ul style="list-style-type: none"> Margherita Pizza (26g Carbs) Korean Chicken Taco (35g Carbs) Hamburger with Toppings (28g Carbs) Cheeseburger with Toppings (29g Carbs) Beef Nachos (22g Carbs) Chicken Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Taco Pasta Salad (71g Carbs) Crunchy Southwest Chicken Wrap (82g Carbs) Sides <ul style="list-style-type: none"> French Fries (13g Carbs) 	(9) Entrees <ul style="list-style-type: none"> Pepperoni Bacon Pizza Roll Up (33g Carbs) Honey BBQ Bone In Chicken Wings w/ Sauce (16g Carbs) Potstickers (31g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Italian Salad (13g Carbs) Sierra Turkey Wrap (74g Carbs) Sides <ul style="list-style-type: none"> Cheesy Broccoli (4g Carbs) 	(10) Entrees <ul style="list-style-type: none"> Calzone Italian Beef Pepperoni (26g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Chicken Caesar Salad (7g Carbs) Chicken Sriracha Wrap (91g Carbs) Sides <ul style="list-style-type: none"> Glazed Carrots (8g Carbs)
(13) Entrees <ul style="list-style-type: none"> White Pizza (33g Carbs) Chicken and Waffles (76g Carbs) 	(14) Entrees <ul style="list-style-type: none"> Philly Pizza (29g Carbs) Grilled Chicken Swiss Sandwich (31g Carbs) 	(15) Entrees <ul style="list-style-type: none"> Veggie Supreme Pizza (28g Carbs) Grilled BBQ Chicken Flatbread (67g Carbs) 	(16) Entrees <ul style="list-style-type: none"> Italiana Pizza (36g Carbs) Drummie with Biscuit (29g Carbs) 	(17) Entrees <ul style="list-style-type: none"> Calzone Italian Beef Pepperoni (26g Carbs)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Entrees</p> <ul style="list-style-type: none"> Taco Wedges w/ Salsa (46g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Chicken BLT Salad (9g Carbs) Protein Bento Box (66g Carbs) Buffalo Chicken Wrap (68g Carbs) <p>Sides</p> <ul style="list-style-type: none"> Cooked Corn (19g Carbs) 	<p>Entrees</p> <ul style="list-style-type: none"> Carbs) Pasta Bar Shredded Chicken (60g Carbs) Pasta Bar Turkey Pepperoni (62g Carbs) Pasta Bar Beef Spaghetti Sauce (69g Carbs) Pasta Bar Veggie Crumbles (65g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Turkey, Apple and Grains Green Salad (59g Carbs) Chicken Teriyaki Wrap (82g Carbs) <p>Sides</p> <ul style="list-style-type: none"> Green Beans (7g Carbs) 	<p>Entrees</p> <ul style="list-style-type: none"> Carbs) Pancake, Egg Scramble & Sausage Breakfast (47g Carbs) Mushroom & Swiss Burger (35g Carbs) Beef Nachos (22g Carbs) Chicken Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Mediterranean Salad (25g Carbs) Chickpea and Feta Wrap (64g Carbs) <p>Sides</p> <ul style="list-style-type: none"> BBQ Baked Beans (86g Carbs) 	<p>Entrees</p> <ul style="list-style-type: none"> Orange Chicken with Fried Rice (76g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Chicken Caesar Salad (7g Carbs) Italian Chicken Wrap (60g Carbs) <p>Sides</p> <ul style="list-style-type: none"> Cheesy Broccoli (4g Carbs) 	<p>Entrees</p> <ul style="list-style-type: none"> Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Asian Salad (30g Carbs) Crispy Chicken Bacon Wrap (79g Carbs) <p>Sides</p> <ul style="list-style-type: none"> Glazed Carrots (8g Carbs)
<p>(20)</p> <p>Martin Luther King Day</p>	<p>(21)</p> <p>Entrees</p> <ul style="list-style-type: none"> Hawaiian Roll Up (39g Carbs) Mini Corn Dogs (33g Carbs) Pasta Bar Shredded Chicken (60g Carbs) Pasta Bar Turkey Pepperoni (62g Carbs) Pasta Bar Beef Spaghetti Sauce (69g Carbs) Pasta Bar Veggie Crumbles (65g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) 	<p>(22)</p> <p>Entrees</p> <ul style="list-style-type: none"> Garden Pizza (36g Carbs) BBQ Chicken Sandwich (51g Carbs) Farmers Breakfast Bowl (62g Carbs) Bacon Cheeseburger w/ Toppings (29g Carbs) Beef Nachos (22g Carbs) Chicken Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Apple Cranberry Salad (99g Carbs) Spicy Chicken Wrap (67g Carbs) <p>Sides</p>	<p>(23)</p> <p>Entrees</p> <ul style="list-style-type: none"> Buffalo Chicken Pizza (35g Carbs) Boneless Wings & Sauce (64g Carbs) Moroccan Chickpea Stew (33g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Greek Salad (10g Carbs) Turkey Club Wrap (55g Carbs) <p>Sides</p> <ul style="list-style-type: none"> Mashed Potatoes (36g Carbs) Cilantro Lime Rice (65g Carbs) 	<p>(24)</p> <p>Entrees</p> <ul style="list-style-type: none"> Calzone Italian Beef Pepperoni (26g Carbs) Bosco Sticks with Marinara (40g Carbs) Calzone Italian Beef Pepperoni (26g Carbs) Calzone Italian Beef Pepperoni (26g Carbs) Chicken Nachos (22g Carbs) Beef Nachos (22g Carbs) Vegetarian Beef Nachos (15g Carbs) Spicy Chicken Salad (16g Carbs)

Monday	Tuesday	Wednesday	Thursday	Friday
	Entrees <ul style="list-style-type: none">Vegetarian Beef Nachos (15g Carbs)Santa Fe Salad (41g Carbs)Grilled Chicken Avocado Wrap (63g Carbs) Sides <ul style="list-style-type: none">Green Beans (7g Carbs)	Sides <ul style="list-style-type: none">BBQ Baked Beans (171g Carbs)		Entrees <ul style="list-style-type: none">Caprese Turkey Wrap (59g Carbs) Sides <ul style="list-style-type: none">Glazed Carrots (8g Carbs)
(27) Entrees <ul style="list-style-type: none">Cheeseburger Roll Up Pizza (35g Carbs)Chicken Parmesan Pasta (82g Carbs)Queso Tomato Soup Dip & Grilled Cheese Dippers (37g Carbs)Chicken Nachos (22g Carbs)Beef Nachos (22g Carbs)Vegetarian Beef Nachos (15g Carbs)Crispy Chicken Salad (23g Carbs)Grilled Chicken BLT Wrap (59g Carbs) Sides <ul style="list-style-type: none">Cheesy Broccoli (4g Carbs)	(28) Entrees <ul style="list-style-type: none">Greek Pizza (27g Carbs)Breaded Chicken Tenders w Creamy Sriracha Sauce (43g Carbs)Pasta Bar Shredded Chicken (60g Carbs)Pasta Bar Turkey Pepperoni (62g Carbs)Pasta Bar Beef Spaghetti Sauce (69g Carbs)Pasta Bar Veggie Crumbles (65g Carbs)Chicken Nachos (22g Carbs)Beef Nachos (22g Carbs)Vegetarian Beef Nachos (15g Carbs)Classic Taco Salad (74g Carbs)Asian Chicken Wrap (68g Carbs) Sides <ul style="list-style-type: none">BBQ Baked Beans (171g Carbs)	(29) Entrees <ul style="list-style-type: none">Margherita Pizza (26g Carbs)Korean Chicken Taco (35g Carbs)Hamburger with Toppings (28g Carbs)Cheeseburger with Toppings (29g Carbs)Beef Nachos (22g Carbs)Chicken Nachos (22g Carbs)Vegetarian Beef Nachos (15g Carbs)Taco Pasta Salad (71g Carbs)Crunchy Southwest Chicken Wrap (82g Carbs) Sides <ul style="list-style-type: none">French Fries (13g Carbs)	(30) Entrees <ul style="list-style-type: none">Pepperoni Bacon Pizza Roll Up (33g Carbs)Honey BBQ Bone In Chicken Wings w/ Sauce (16g Carbs)Potstickers (31g Carbs)Chicken Nachos (22g Carbs)Beef Nachos (22g Carbs)Vegetarian Beef Nachos (15g Carbs)Italian Salad (13g Carbs)Sierra Turkey Wrap (74g Carbs) Sides <ul style="list-style-type: none">Cheesy Broccoli (4g Carbs)	(31) Entrees <ul style="list-style-type: none">Calzone Italian Beef Pepperoni (26g Carbs)Chicken Nachos (22g Carbs)Beef Nachos (22g Carbs)Vegetarian Beef Nachos (15g Carbs)Chicken Caesar Salad (7g Carbs)Chicken Sriracha Wrap (91g Carbs) Sides <ul style="list-style-type: none">Glazed Carrots (8g Carbs)

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GLOBAL FLAVOR OF THE MONTH
NORTH AFRICA - MOROCCO
~MORROCAN CHICKPEA STEW
A FLAVORFUL STEW FULL OF WARM SPICES,
HEARTY GARBANZO BEANS, AND COLORFUL
SPINACH AND TOMATO, SERVED WITH
CILANTRO LIME RICE.
**Available as a meal deal

HARVEST OF THE MONTH
MANDARINQUAT

SERVED DAILY:
· ASSORTED FRUIT
· ASSORTED VEGETABLES
· ASSORTED MILK
· PEANUT BUTTER & JELLY SANDWICH
Menu subject to change based on availability
Links:
Free & Reduced Application
eFunds Meal Payments
Food Services Web Page & Menu
FOOD SERVICES JOB OPPORTUNITIES

a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
(2) fax:
(833) 256-1665 or (202) 690-7442; or
(3) email:
program.intake@usda.gov

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