

Summary

Frederick D. Thomas, Jr. is an accomplished & decorated war **Veteran**, Minister, Citizen, Leader, and Visionary with 29 years of work experience. He is a strong administrator and professional who enjoys solving problems and building valuable relationships in a high-demand and stressful environment. He has **supervised 4,000 hours** weekly. Frederick is defined as **computer-savvy**, an observer of new trends and technologies, and a person who properly assesses risk management and applies critical thinking toward future case scenarios and profitability.

Technical Skills

Languages & Supersets: CSS3 (Proficient), Handlebars, HTML5 (Proficient), JavaScript (Proficient), JSX (Proficient), Markdown (Proficient), PowerShell, Pug (Jade, Ltd.), Python (Ltd.), SASS, Shell, SCSS, TypeScript, TSX (Proficient)

Frameworks & Libraries: Bootstrap 5, express, jQuery, JSON Parsing Libraries, ReactJS

Content Delivery Network: Cloudflare (Proficient), Azure (Ltd.), AWS CloudFront (Ltd.)

Tools: Adobe Creative Cloud, bcrypt, chart.js, Figma, git, JWT Authentication, MongoDB, MongoDB, Mongoose, Mutler, MySQL, NodeJS, Postman, Travis CI, webpack

Version Controls: GitHub, GitLab, Heroku, Vercel

Team Apps: ClickUp, Google Teams, Microsoft Teams, Slack, Skype, Smartsheet, Zoom

Integrated Development Environments & Editors: Atom, CodePen, Repl, Visual Studio, Visual Studio Code

Operating Systems: Android, IOS, Google Chrome, Mac, Ubuntu, Windows

Browsers: Edge, Chrome, Explorer, Mozilla, Opera, Netscape

Office Apps: Microsoft Office Suites, Google Docs, Apache OpenOffice, Kingsoft Office

Customer Relationship Management: Salesforce, Sage, Smartsheet, Oracle

Security Systems: Expert in Multiple Integrated Security Systems such as CCTV, Access Control Systems and Software, Phone and Email monitoring, Security Logs, and Data Base Management (Government, Public, and Private Sectors)

Education and Certifications

Frontend Simplified

Artificial Intelligence + Full-Stack Web Development

University of Washington, Professional and Continuing Education

Certificate of Full-Stack Web Development (MongoDB, Express, ReactJS, Node)

New Testament Christian Churches of America, Inc.

Certificate of Fellowship

New Testament Christian Seminary

Certificate of Religion

DeVry University

Major: Network Communications and Management, BS

Online, Worldwide

Student, Graduating May 2025

Seattle, Washington

Graduate, 2021

Graham, Washington

Licensed Minister since 2012

Graham, Washington

Graduate, 2011

Federal Way, Washington

Sophomore, 2009 to 2011

Honors and Awards

United States Marine Corps Decorations

2001 to 2005

Rifle Marksmanship Badge; Navy and Marine Corp Achievement Medal; Marine Corps Good Conduct Medal (w/2 Stars); Iraq Campaign Medal; Humanitarian Service Medal; Global War on Terrorism Service Medal; Sea Service Deployment Ribbon (w/2 Stars); Global War on Terrorism Expeditionary Medal (Iraq); National Defense Service Medal; Navy Meritorious Unit Commendation; Navy Unit Commendation; Presidential Unit Citation-Navy; Meritorious Mast (x3); Letter of Commendation; Certificate of Commendation; Certificate of Appreciation; and Letter of Appreciation.

AlliedBarton

November 2015

Employee of The Month, Recognized in Regional & National Company Bulletins for Saving Lives during Disaster

Security Industry Specialists, Inc.

Summer 2016

Awarded Secretary of Defense Coin by The United States 25th Secretary of Defense: The Honorable Ashton B. Carter, DPhil; and Awarded SIS Company Coin by Operations Division; Multiple Public Recognition throughout Client Portfolio

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Federal Law Enforcement Training Center (FLETC)

August 2024

Certificated and recognized for exceptional work as a Team Leader (Team B, BOP-2460, Instructor Given Class Award).

Work Experience

Department of Justice, Bureau Of Prisons

Senior Officer Specialist, Federal Law Enforcement Officer

2024 to 2025, Washington State

- A Correction Professional who fostered a humane and secure environment, and ensured public safety by preparing Adults In Custody for successful reentry into our global communities within the scope of his duties; understanding that through the principles of humanity and normalcy, we develop good neighbors.
- Provided supervision, care, and correctional treatment of Adults In Custody.
- Guided junior correctional officers on Department and Agency policies, practices, and institutional supplements.
- Ensured maintenance of the institution unit, which contributed to the health and welfare of the Adults In Custody, and promoted good public relations and the institution's security.
- Held all Adults In Custody accountable for their conduct, by enforcing rules and regulations governing facility security; which ensured judicial sanctions were carried out, and all Adults In Custody remained in custody.
- Trained and authorized to carry firearms on armed posts, and to use necessary physical force situation dictating, including lethal force, to maintain control of Adults In Custody.
- Have worked long and irregular hours, unusual shifts, Sundays, holidays, and unexpected overtime, due to institution emergencies, other periods of heavy workload, and limited staff.
- Held a broad knowledge base to use own initiative in resolving problematic situations: by utilizing information for operations and procedures provided in post orders, BOP program statements, local supplements, custodial manuals, internal correspondence, and staff meetings.
- Embraced a workforce that reflects the diverse experiences and perspectives of the American people and welcomed applicants from the many communities, identities, races, ethnicities, backgrounds, abilities, religions, and cultures of the United States, who shared the Bureau's commitment to public service.
- **243+ Credit Hours** (Bureau Learning University), including but not limited to Disturbance Control; Armed Posts and Public Interaction; Managing Adults In Custody with Disabilities; PREA: Male & Female Populations; Federal Law Enforcement Agency Anti-Discrimination; Implicit Bias for Law Enforcement; Correctional Professionalism; Cardio Pulmonary Resuscitation/Automatic External Defibrillator (CPR/AED); Children of Incarcerated Parents; Reporting Wrongdoing: Whistleblowers and their Rights and Protections; Domestic Violence, Sexual Assault, and Stalking in the Workplace; Approaching and Rendering Safe an Unmanned Aircraft (UAS/Drone); Information Security Awareness; and enrolled in the Mentee-Mentor Program.

Department of Defense, Department of the Army

DA Security Guard (Civilian), Department of Emergency Services

2022 to 2024, Washington State

- Operated and performed queries on the National Crime Information Center (NCIC) workstation terminal(s), in accordance with (IAW) federal and state laws.
- Functioned as the first layer of defense in a security-in-depth concept: to deter, detect, delay, assess, respond to, and document unauthorized access to Army installations restricted to the general public: maintaining safe and secured Federal Installations through compliance with Federal, State, County and Municipal laws, ordinances, agency rules, regulations, and applicable policies on security guard works; thus preserving the life, health and safety of government personnel, military properties and technologies, against threats such as unlawful entry, sabotage, espionage, theft, accidental or willful damage, and destruction.
- Used the prescribed limitations on the use of detention authority and the use of force (including weapons) according to circumstances encountered during the performance of my duties.
- Performed installation access control for pedestrians and vehicles utilizing standard operating procedures (SOPs), written orders, and regulatory requirements as a guide to access determination for a wide range of unique circumstances while conducting searches of people and vehicles entering the installation as directed by the Provost Marshal, preventing illegal weapons and contraband from entering the installation.
- Resolved a full range of both standard procedural and non-recurring/unusual visitor access assignments.
- Provided emergency response during base closures, trained to provide active shooter responses and physical security response in support of the installation of Antiterrorism/Force Protection (AT/FP) measures.
- Multiple **successes** in neutralizing/stopping threats attempting to enter the installation, preventing people under the influence of substance/intoxication from operating vehicles onto Federal Installations, and from damaging lives and property; and preventing people from bringing weapons/contraband onto Federal Installations.
- Have operated two-way communication equipment to summon emergency vehicles and crews when assistance is needed; stood at fixed entry gate checkpoints for long periods; inspected vehicles and personnel for proper identification upon arrival/departure from the installation; and maintained traffic control at the entry points to the installation.
- Assisted/Instructed Junior Guards, Military Police, and Soldiers on day-to-day Standard Operating Procedures and Practices.
- Maintained Physical Fitness, NCIC, M17 9mm pistol, M500 12 gauge shotgun, X23 Taser, CPR, and other various training certifications and requirements.

Backyard Products, LLC

Team Application Tester; Administrative Assistant, Warehouse Clerk

2021 to 2022, Washington State

- Data entry and data management within the sales database, and CRM.
- Liaison to Clients, Clientele, Contractors, Corporate, and Public Walk-In Traffic.
- Administrative functions including email, filing, and processing sales and inventory documents.
- Dispatched, scheduled, and created calendar appointments and tasks, and monitored/determined workflow projection.
- Assisted with inventory schedules, adjustments, and tracking (Total Quality Management and Lean Thinking).
- Assisted with various Procurement Responsibilities in Sourcing, Purchasing, and Payment Stages:
 - Created service appointments & determine/issue payments.
 - Updated Territory Manager on SOQ (Suggested Order Quantity) needs.
 - Requested/Ordered parts, paint, supplies, and other items not processed through the SOQ.
 - Followed up on all Service Appointments (work orders, installation tear-downs, new installations, etc.).
 - Received, Inspected, and Facilitated all RMA and RMT.
 - Helped achieve **record-breaking profits** (#1 national and 13th branch in profitability, originally 30th), and **decreased work orders to 10%** of the workflow (originally 60% to 80%).
- Mobile Applications Tester (test mobile version of team's desktop applications).

Protective and Guard Services (Private Security, Various Affiliates)

Independent Contractor, Special Response Officer, GSOC, Security, Administrator

2014 to 2021, Washington State

- Highly Skilled Physical Security Professional, who has a mastery of Integrated Security Systems (including state-of-the-art security software, badge modification and access control, alarm monitoring, electronic remote access control, and CCTV).
- Recognized/Awarded for prevention of attacks, physical intrusions & neutralizing threats.
- Assisted with Inspections & Walk-Throughs, and the Facilitator's Procurement Process (Mobilization).
- Entrusted to Train/Instruct the Public, Contractors, Officers, Management, Client, and Clientele (several thousand) on daily operations and emergencies, proficient in negotiating and de-escalation tactics.
- Front Desk Liaison, Administrator, and Client/Clientele Customer Service Representative (Face of the Company).

Xerox Services-Affiliated Computer Services

Customer Service Representative/Tier 1 Technical Support

04/2014 to 10/2014, Washington State

- Maintained communications with customers during their problem-resolution process, including **Successfully** de-escalating customers in distress, **preventing four (4) suicides**, and properly warm transferring customers to the suicide prevention line.
- Provided first-level contact and problem resolution for customers with hardware, software, and application problems (Over 3,000 calls per month).
- Resolved user-reported problems using available tools, procedures & policies for handling the support cases.
- Performed top-of-the-level of expected benchmarks (surveys, response times, issue resolutions, etc.).
- Provided accurate and timely logging of problems and resolution for issues in the specified database(s).
- Acted as a liaison between customers and external support staff to assure accurate problem interpretation, while working in a fast-paced environment.

Department of Defense, United States Marine Corps

Non-Commissioned Officer, Platoon Sergeant

Active Duty 2001-2005, Classified

- War Veteran who served in Operations Enduring Freedom (2002) and Iraqi Freedom (2003 & 2004)
- Ensured the well-being of Marines, Sailors, and Soldiers residing in BEQ; and became the Bn Logistics & Embarkation Platoon Sergeant as a Corporal (recommended by previous leaders: Sgt. USMC, and HM2 USN)
- Planned and conducted the routine unit operations, within the policies established, by my senior officers, and within the scope of my Command/Operation Billets (Several Billets, Various Procurement Roles).
- Acted as a liaison between civilians, subordinates, peers, and superior officers (several thousand).
- Has represented the United States of America and the Armed Forces, meeting King and Foreign Sovereign Officials and other foreign and domestic officials throughout his military career.
- **Awarded the Navy Achievement Medal** for helping pioneer a Surgical Shock-Trauma Platoons (SSTP) and Forward Resuscitative Surgery System, where I cross-trained in several military occupations to complete the mission, provided and maintained communications and implemented alternatives to equipment failure and limitations of supply, in a hostile and combative environment.