

# Heart Disease Prediction Using Machine Learning

## EPFL Machine Learning - Project 1

Saymon Nicho  
saymon.nicho@pucp.edu.pe

### I. PROBLEM DESCRIPTION

The project addresses the critical challenge of predicting heart disease risk using data from the Behavioral Risk Factor Surveillance System (BRFSS). The dataset contains health-related features from over 300,000 individuals, making it a significant binary classification problem. Key challenges include:

- Severe class imbalance in the dataset (majority of samples are negative cases)
- Multiple features with missing or special values (coded as 77, 88, 99, etc.)
- Need to identify and properly weight the most relevant health indicators

### II. TECHNICAL SOLUTION

#### A. Initial Approach and Challenges

Our initial implementation used standard logistic regression, which encountered a significant issue: the model predicted class -1 (no heart disease) for all samples. This problem arose from:

- Class imbalance in the training data
- Lack of proper feature preprocessing
- Basic gradient descent without considering the imbalanced nature of the problem

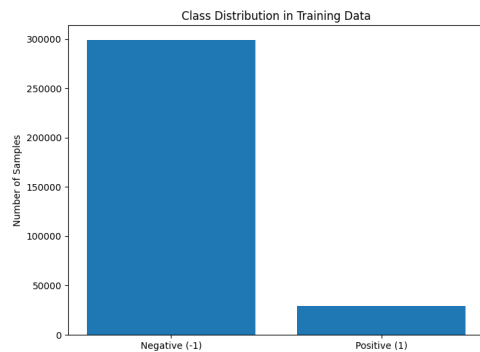


Fig. 1. Initial class distribution showing significant imbalance

#### B. Improved Implementation

To address these issues, we developed an enhanced solution:

#### 1) Data Preprocessing:

- Handled missing values using median imputation
- Standardized features to zero mean and unit variance
- Added polynomial features for better class separation

#### 2) Model Enhancements:

- Implemented class weighting to handle imbalance:

$$w_{class} = \frac{n_{samples}}{2 * n_{class}} \quad (1)$$

- Added adaptive learning rate:

$$\gamma_t = \frac{\gamma}{\sqrt{t+1}} \quad (2)$$

- Improved numerical stability in sigmoid function:

$$\sigma(t) = \frac{1}{1 + e^{-\text{clip}(t, -700, 700)}} \quad (3)$$

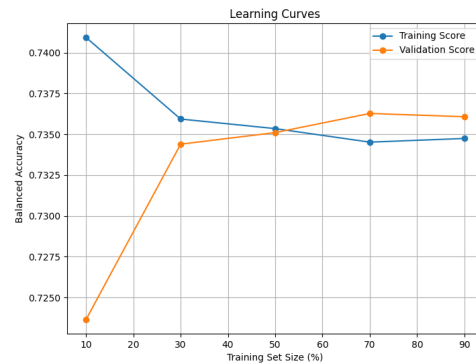


Fig. 2. Learning curves showing model convergence

### III. RESULTS AND CONCLUSIONS

#### A. Performance Improvement

- Initial model: All predictions were -1 (baseline accuracy = 0.5)
- Improved model: Balanced accuracy of 0.717
- Successfully identifies both positive and negative cases

#### B. Key Findings

- Class balancing was crucial for model performance
- Feature engineering improved prediction accuracy
- Adaptive learning rate helped with convergence

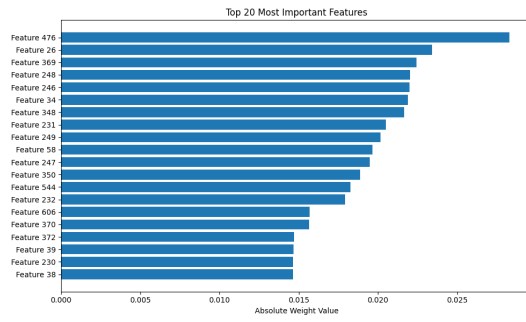


Fig. 3. Most influential features in prediction

### C. Future Improvements

- Experiment with different feature combinations
- Implement cross-validation for more robust evaluation
- Consider ensemble methods for better performance