
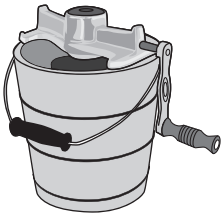




Read the selection and choose the best answer to each question.
Then fill in the answer on your answer document.

A Dessert with a Long History

- 1 When it's hot outside, there's nothing better than ice cream to cool you down. But it hasn't always been possible to order a scoop of ice cream at your local ice-cream shop.
- 2 Hundreds of years before there were electric freezers, people in China made frozen desserts by mixing milk with snow and spices. The Roman emperor Nero sent his fastest runners into the mountains to gather snow. The snow was brought back before it could melt and was mixed with honey, nuts, or fruit juice.
- 3 The Chinese and Roman treats were unlike today's ice cream. These desserts were made with small pieces of frozen ice and were similar to snow cones. By the 1600s flavored dishes in which cream was combined with ice were being produced in several European countries. These desserts looked and tasted more like the kind of ice cream served today.

- 4 When people came from Europe to America in the 1700s, they brought their recipes for ice cream with them. But the frozen treat did not become very popular. It was difficult to find and keep the ice needed to make the dessert. It took a long time to mix the ingredients, and then the mixture had to be frozen for several hours before it could be eaten.

1600s		Flavored ice
1843		Ice-cream machine
1904		Waffle cone
1920		Ice-cream bar on a stick

- 5 All that changed thanks to Nancy Johnson of Pennsylvania. In the 1840s Johnson invented an ice-cream maker that enabled people to make the dessert faster than they could by mixing it by hand. The machine, which could easily be used in the home, froze the ice cream as it was being made. Similar machines are still used today.

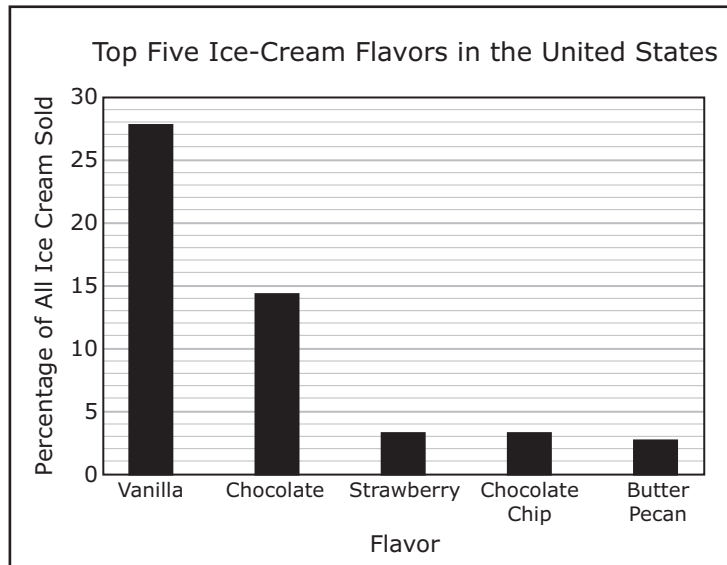


Nancy Johnson's invention allowed people to make ice cream in their homes.

Courtesy of Library of Congress

- 6 Ice cream wasn't placed into a cone until 1904. A man selling crispy waffles at a fair noticed that people would leave his stand and go to the ice-cream booth. They would then drop their ice cream onto his waffles. This gave him the idea of rolling a waffle into a cone shape. The ice-cream cone was born!
- 7 Years later, in 1920, Harry Burt decided to start making ice-cream treats. Burt, a candy maker, covered a small block of vanilla ice cream with thick chocolate. His daughter said that it was good but too messy. Burt's son suggested that he put the ice cream on a stick the same way he would a lollipop. Burt did just that and made the first ice-cream bar on a stick.

- 8 More ice cream is eaten in the United States than in any other country. Every July U.S. ice-cream companies celebrate National Ice Cream Month. The companies spend lots of time testing new flavors such as chunky chocolate cherry and berry blast. Still, the most popular flavor is that all-time favorite: vanilla.



If you “scream for ice cream,” here is an easy way for you and your friends to mix up a batch.

Ingredients:

- 6 tablespoons rock salt
- 1/2 gallon ice cubes
- 1 tablespoon sugar
- 1/2 cup heavy cream
- 1/2 teaspoon vanilla
- 1 large (gallon-size) plastic sealable bag
- 1 small (sandwich-size) plastic sealable bag

What to do:

1. Put the ice and the rock salt into the large bag.
2. Pour the heavy cream, the sugar, and the vanilla into the small bag. Seal the small bag.
3. Place the small bag in the large bag. Seal the large bag.
4. Shake the large bag until the mixture thickens (about five minutes).
5. Remove the small bag from the large bag. Open the small bag carefully. You’re ready to enjoy your tasty treat!

1 Read this dictionary entry.

stand \ˈstand\ *noun*

1. a frame that is used to hold something upright **2.** a small structure from which products are sold **3.** a raised platform from which a person makes a speech **4.** the place where a witness presents information in a courtroom

Which definition of stand is used in paragraph 6?

A Definition 1

B Definition 2

C Definition 3

D Definition 4

2 What problem did people experience when ice cream was first made in America?

F The right spices were not available.

G The ice cream would melt inside the cone.

H The ice cream froze too quickly when being made.

J The ice needed for making the dessert was difficult to find.

3 Which of these best supports the title of the article?

- A** The table next to paragraph 4
- B** The photograph after paragraph 5
- C** The bar graph next to paragraph 8
- D** The recipe after paragraph 8

4 What is the most likely reason that the recipe was included with the article?

- F** To indicate that most people make ice cream at home
- G** To explain the process for using an ice-cream machine
- H** To provide instructions for making ice cream
- J** To show how people first made ice cream

- 5** The photograph of people around the ice-cream maker suggests that —
- A** it takes several hours to make ice cream with such a machine
 - B** making ice cream can be a family activity
 - C** the process of making ice cream has not changed for hundreds of years
 - D** using such a machine is difficult

-
- 6** Harry Burt put his ice-cream treat on a stick —
- F** to keep the ice cream from melting
 - G** so that less chocolate would be needed
 - H** so that it could be sold as a lollipop
 - J** to make eating the treat easier

7 The author organizes this article by —

- A** describing how frozen treats have changed over time
- B** explaining how the ice-cream maker was invented
- C** listing the steps for making ice-cream bars
- D** comparing the different ideas people have about ice cream

8 Which of these is the best summary of the article?

- F** Americans love ice cream as a treat. National Ice Cream Month is celebrated during July. The frozen treat is easier to get now than it was hundreds of years ago.
- G** Hundreds of years ago people began making different frozen desserts. Europeans brought the idea of ice cream to America. New ideas about how to make and serve the frozen treat have led to its wide popularity.
- H** Hundreds of years ago different ingredients were mixed with snow to make frozen treats. Some people traveled far to get the snow. Today many different flavors of ice cream are available.
- J** At a fair in 1904, people began eating ice cream in waffle cones. In the United States, National Ice Cream Month is celebrated during July. People also like to eat chocolate-covered ice-cream bars on sticks.

9 Which sentence from the article supports the idea that early frozen desserts required great effort to make?

- A** *The Roman emperor Nero sent his fastest runners into the mountains to gather snow.*
 - B** *The Chinese and Roman treats were unlike today's ice cream.*
 - C** *These desserts were made with small pieces of frozen ice and were similar to snow cones.*
 - D** *When people came from Europe to America in the 1700s, they brought their recipes for ice cream with them.*
-

10 How were Harry Burt and the man who created the ice-cream cone similar?

- F** They both got ideas for their inventions from others.
- G** They both sold their frozen treats at a fair.
- H** They both used waffles to hold their frozen treats.
- J** They developed their inventions during the same year.