



Biography

A highly competent and enthusiastic Exercise Physiologist with a proven ability to help their patients. Possessing a successful track record of assessing client's cardiac condition, understanding their needs, resolving problems, improving customer satisfaction, and driving overall operational diagnostic procedures.

Contact

 romontejo@gmail.com

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 <http://www.pumpyourhealth.com>

 5 New Street, Urangan 4655 - Queensland

Experience

Sep 2019
current

Active Body Conditioning *Hervey Bay Health Club*

- ✓ Performing Exercise Physiology assessments including Functional, Activities of Daily Living ,postural (PostureCo app) & respiratory testing (IMT through PowerBreath).
- ✓ Delivering independent, high quality Exercise Physiology services for musculoskeletal, metabolic, cardiac and chronic and complex health conditions and other common client presentations utilizing evidence-based practice to guide clinical decision making.
- ✓ Case management of DVA, NDIS and Medicare clients.
- ✓ Develop and deliver quality clinical exercise programs and home exercise routines (Physiotrack).
- ✓ Liaise with other health professionals, doctors and local community organisations.

Jun 2019
Jul 2019

Placement at ROYAL BRISBANE AND WOMEN'S HOSPITAL *RBWH - Brisbane*

- ✓ Perform base level cardiac investigations including, ECG, Holter Monitoring application and analysis, Exercise stress testing, patient monitoring component in Nuclear Medicine stress and Stress Echocardiography testing, tilt table testing, event monitoring and BP monitoring; within a multidisciplinary team in accordance with prescribed professional and ethical standards.
- ✓ Apply increasingly independent clinical judgement to more complex clinical caseloads under the clinical practice supervision or professional guidance of a more senior cardiac scientist.
- ✓ Communicate and work effectively within a multidisciplinary team and with patients, families, carers and other relevant stakeholders.
- ✓ Participate in the identification, development and implementation of quality and service improvement activities that enhance the delivery of cardiac investigation services within the local service area.