



## Experience

Nov 2018  
Dec 2018

### ○ Clinical Placement *QUT Health Clinics*

- ✓ Work under the guidance and supervision of exercise physiology coordinator.
- ✓ Screening, assessing and applying clinical reasoning to ensure the safety and appropriateness of exercise and physical activity interventions for each individual.
- ✓ Assessing movement capacity in people of all ages and levels of health, well-being or fitness.
- ✓ Development of safe, effective individualised exercise interventions.
- ✓ Provision of health education, advice and support to enhance health and well-being.
- ✓ Provision of clinical exercise prescription, for those at risk of developing or those with existing chronic and complex medical conditions and injuries.
- ✓ Provision of exercise-based rehabilitation and advice for patients following the acute stage of injury, surgical intervention, or during recovery to restore functional capacity and well-being.

Oct 2017  
Jun 2018

### ○ Cardiac Scientist *Vega Vega Garcia*

- ✓ Work under the guidance and supervision of cardiologists.
- ✓ Follow established procedures to perform cardiac laboratory tests and report test results.
- ✓ Prepare written documentation as required.
- ✓ Process and analysis report of Holter monitors and ambulatory blood pressure.
- ✓ Perform 12 LED ECG, ABI and assessments for clinical supervision.
- ✓ Perform Exercise Stress Tests under the supervision of the cardiologist.
- ✓ Correct basic equipment malfunction and refer more serious equipment problems to supervisor.
- ✓ Perform instrument maintenance and troubleshooting.



## Education

2019

### ○ Master in Clinical Exercise Physiology *Charles Sturt University*

2009

### ○ Bachelor Exercise & Sport Sciences *University of Granada (Spain)*

2006

### ○ Degree PE Teacher *University of Jaen (Spain)*



## Certifications

### ○ ECG Analysis and Interpretation *University of Queensland - Nov 2018*

### ○ Better Breathing: Respiratory Muscle Training and Airway Clearance *Better Breathing Hippocamp - Aug 2016*

### ○ Accredited Exercise Physiologist *ESSA*