

★ Extra curricular activities

Dec 2009
Jan 2010

Psychology course

Training programs in social skills

Nov 2009

Vocal of the comete

XII Congress of Andalucía psychology of physical activity and sport

Nov 2009

Presentation for the talk

Contents of a psychological basis in sport: conceptual review and study of the coaches thoughts

Nov 2009

Article

Creating a computerized training led to the development of teacher specialist Physical Education. Posted in *Quality Assessment of Higher Education and Research (VI Forum)* ISBN 978-8469235560

✶ Languages

- Spanish *Native*
- English *Competent (6.5 IELTS)*
- French *Basic*



Certifications

- Better Breathing: Respiratory Muscle Training and Airway Clearance *Better Breathing Hippocamp August 29, 2016*
- The Data Scientist's Toolbox *Johns Hopkins University August 30, 2015*
- R Programming *Johns Hopkins University October 4, 2015*
- ESSA membership *Exercise Scientist #10214*
- First Aid Perform CPR *#HLTAID003 Fitness Training Academy (FITTA) Expire date First Aid: 21/03/2018 Expire date CPR: 18/04/2017*
- Certificate Group Exercise Leader *Australian Institute of Personal Trainers*
- Climbing Artificial Surfaces Instructor Top Rope *#SISSS00046 Skill Set Outdoor Training College Statement Date: 05/08/2015*
- Australian Drivers License *Automatic and manual vehicles*
- Blue card Australia



Rocío Montejo Ráez

Areas of Expertise

Sport & Exercise consultant

Lifestyle assessments

Stretching

Core workout

Computerized training

Health mobile applications (m-Health)