






## Biography

A highly competent and enthusiastic Exercise Physiologist with a proven ability to help people achieve their health goals and rehabilitation. Possessing a successful track record of assessing client's physical condition, in special cardiopulmonary condition, understanding their needs, and developing practical and achievable exercise prescriptions for them to reach their goals and improve their health. Possessing the necessary communication skills required to gain the trust of clients and thereby improve their health. Rocio is looking for a job opportunity to work in the Exercise Physiology industry and keep developing her professional and personal skills.






## Education

- 2019  Master in Clinical Exercise Physiology  
*Charles Sturt University*
- 2009  Bachelor Exercise & Sport Sciences  
*University of Granada (Spain)*
- 2006  Degree PE Teacher  
*University of Jaen (Spain)*

## Certifications

-  ECG Analysis and Interpretation  
*University of Queensland - Nov 2018*
-  Better Breathing: Respiratory Muscle Training and Airway Clearance  
*Better Breathing Hippocamp - Aug 2016*
-  Accredited Exercise Physiologist  
*ESSA*

## Experience

- Jun 2019  
Jul 2019  Placement at ROYAL BRISBANE AND WOMEN'S HOSPITAL *RBWH - Brisbane*
  -  Perform base level cardiac investigations including, ECG, Holter Monitoring application and analysis, Exercise stress testing, patient monitoring component in Nuclear Medicine stress and Stress Echocardiography testing, tilt table testing, event monitoring and BP monitoring; within a multidisciplinary team in accordance with prescribed professional and ethical standards.
  -  Apply increasingly independent clinical judgement to more complex clinical caseloads under the clinical practice supervision or professional guidance of a more senior cardiac scientist.
  -  Communicate and work effectively within a multidisciplinary team and with patients, families, carers and other relevant stakeholders.
  -  Participate in the identification, development and implementation of quality and service improvement activities that enhance the delivery of cardiac investigation services within the local service area.