

# MAXIMIZING COMPLIANCE | MITIGATING RISK

## COVID-19 | PCR TESTING FAQ's

#### WHAT IS THE COVID-19 PCR TEST?

The COVID-19 PCR test is a diagnostic test that can find the virus that causes COVID-19. The test samples are collected from patients by inserting a small flexible swab into the nose. Once the collection is complete, the swab and liquid inside the collection tube is put into individual collection plates and analyzed in the laboratory for the presence of COVID-19.

#### SHOULD I BE TESTED FOR COVID-19?

People with COVID-19 can have a wide arrange of symptoms that vary from mild to severe illness. Symptoms may appear 2-14 days after exposure to someone that has the COVID-19 virus.

Some of the COVID-19 symptoms are:

- Cough
- Headache
- •Difficulty Breathing •Sore Throat
- Fever/Chills
- New Loss of Taste or Smell
- Muscle Pain

This is not a complete list of symptoms. Symptoms vary from person to person. Some people that test positive for COVID-19 have no symptoms at all. Please consult your medical provider with questions or concerns that you may have about your symptoms. You can also visit the CDC's website for current information regarding symptoms at www. cdc.gov/coronavirus/2019-ncov/symptoms

#### WHAT IS THE COST OF THE TEST?

## \*\*Bill to your Insurance Company (Order Required)

A physician's order is required to perform this test when paying with health insurance. We will collect your insurance information upon scheduling the test. Many insurances have waived any copay or deductible associated with COVID-19 testing. We strongly encourage you to check with your insurance provider for their specific guidelines.

### \*\*Self Pay (No Order Required)

The cost of the self-pay test is \$135.00

## WHAT IS THE PROCESS OF BEING SCHEDULED FOR A TEST?

#### \*\*Bill to Insurance Scheduling Process:

We must first receive a laboratory order form from your physician. Upon receipt, we will immediately call you to schedule your test.

#### \*\*Self Pay Scheduling Process

Please visit www.ariadxs.com/book-online to schedule your test. Once you click the link to schedule your test, you will receive directions for the payment process. There are no calls to make and no waiting to schedule. You will have access to scheduling and payment in the comfort of your home.

## WHAT PRECAUTIONS ARE IN PLACE FOR THE TESTING PROCEDURE?

Aria medical staff follow the CDC guidelines for patient collection. Each medical test collector will be in full protective equipment (PPE).

The PPE includes:

☐ Gloves ☐ Lab Coat ☐ Facemask ☐ Face Shield ☐ Hair Covering/Surgical Cap

Each medical test collector sanitizes their hands and changes gloves after each patient collection.

## WHAT TO EXPECT UPON ARRIVAL TO THE TESTING LOCATION?

When you arrive at the testing location (5635 West 96th Street, Suite 300) you will drive to the back of the building. There is a large white tent covering the entrance to Aria Diagnostics. You will drive up to the tent. Please do not leave your car. Simply roll down your window and a medical test collector will come to you. If you arrive and there is a line of cars, just file into the line. One car will be tested at a time. When the collection is complete, the next car will move up in line to be collected.

## HOW LONG WILL THE TEST TAKE?

The check-in and test collection will take less than a minute. You will remain in your vehicle the entire time.

## HOW WILL THE TEST BE PERFORMED?

At Aria Diagnostics, we only use foam swabs that are very flexible and comfortable for collection. The medical test collector will come to your vehicle and collect your information. They will have you tilt your head back slightly to open the nasal passage. Relax and tilt your head back against the headrest of your seat. This allows for optimal collection, and aids in helping you not move during the collection. Also, when you are relaxed the collection is much quicker. Once your head is in position the medical test collector will insert the sterile flexible swab into your nose. Once the swab is in the nose, the collector needs to insert the swab slightly more to get nasopharynx. When the swab is in the nasopharynx, the collector will gently tilt the head of the swab in an up and down motion, ensuring the swab touches all areas of the nasopharynx. The swab will be in place for approximately 5 seconds. This will ensure that we have excellent collection. The entire collection process should last no more than 30 seconds. You will then be free to go on with your day!

## IS THE COLLECTION PAINFUL?

Most people describe the test as a "slight discomfort". The swab is a soft foam and very flexible. Some people might experience watering of the eyes due to the tickle in the nose.

## WHEN WILL I GET MY RESULTS?

## \*\*Bill to Insurance Result's Process:

Your physician will be notified of your results either via fax or our physician's portal. The COVID-19 PCR test takes 48 to 72 hours to complete in the laboratory before results are sent to your physician. For your privacy, we cannot disclose any results to anyone except your physician.

## \*\*Self Pay Result's Process

When you schedule and pay for your test you will enter your email address. The COVID-19 PCR test takes up to 72 hours to complete in the laboratory. When your test is complete, your results will be sent to the email address you provided. If you have not received your results in 72 hours, please email covidtest@ariadxs.com. DO NOT CALL THE LAB. WE CAN NOT RELEASE RESULTS OVER THE PHONE.