Medical Report Sample From a Doctor



**Patient Information**

* **Name**: David Lee
* **Age**: 50
* **Date of Birth**: March 5, 1973
* **Gender**: Male
* **Patient ID**: 008765432

**Report Details**

* **Report Date**: October 14, 2023
* **Doctor’s Name**: Dr. Sarah Thompson
* **Healthcare Facility**: Riverside Health Clinic

**Medical History**

* **Current Conditions**: Type 2 Diabetes, High Blood Pressure
* **Past Medical History**: Appendectomy (2005), High Cholesterol
* **Allergies**: None reported

**Physical Examination Findings**

* **Vital Signs**:
  + Blood Pressure: 140/90 mmHg
  + Heart Rate: 80 bpm
  + Blood Glucose (Fasting): 160 mg/dL
* **General Observations**: Mild fatigue, occasional dizziness

**Diagnosis**

* **Primary Diagnosis**: Type 2 Diabetes
* **Secondary Diagnoses**: Hypertension and Hyperlipidemia

**Treatment Plan**

* **Medications**:
  + Metformin 500 mg, twice daily
  + Amlodipine 5 mg, once daily for blood pressure
  + Atorvastatin 20 mg, once daily for cholesterol
* **Lifestyle Recommendations**:
  + Follow a low-carb, low-sodium diet
  + Exercise regularly, at least 30 minutes daily

**Follow-Up Instructions**

* **Next Appointment**: Scheduled for December 14, 2023
* **Monitoring**: Daily blood sugar checks; monitor blood pressure weekly. Report any adverse symptoms immediately.

**Doctor’s Signature**

* **Dr. Sarah Thompson**
* **License Number**: 56473829
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