



October 2016 NEWSLETTER

EdenAthleticClub.org

Eden Japanese Community Center (EJCC)

710 Elaine St. | San Lorenzo, CA | 94580

Parents Orientation

We will be holding this season's
EAC Parents Orientation
at a **new location**,

Bancroft Middle School on
Friday, October 7th at 7:30pm.

All families are welcome!

New families and returning 2nd
year parents are highly
encouraged to attend!

Thank you!
~Eden Athletic Club Board



Tip Off Celebration Dinner!

Our scrumptious 2016/2017 **Eden Tip-Off Dinner** is coming up soon on **Saturday, October 15th at 5:30pm** at Canyon Middle School in Castro Valley. in Castro Valley. There is always good food and good times at the dinner—a very nice way to start our season and to get to know all the families.

Karen Sakai, who is our Assistant Athletic Director and Jimmy's mom on C Boys Gold, will also be our Tip Off Dinner Coordinator this year. The Eden Athletic Club will be providing white rice, chicken wings, BBQ Pork fried rice, chicken chow mein, & stir fry vegetables from Jasmine in San Leandro and fried chicken from Lucky's. Our Eden families will bring side dishes, desserts, and drinks.

Karen will need a head count from each Team Manager of the number of people attending the dinner from each team so that we can order the right amount of food. Below is the list of items each teams should bring by **5:30pm** on Saturday.

Team Managers, please poll your team families and by **Tuesday, October 11th** email Karen with:

1) Team name, 2) Number of adults, and 3) Number of kids who will be attending the dinner.

If a family has kids on more than one team, please total them in with the team of the oldest kid.

Team families please bring the following:

Cold Drinks (24 per player):

B Boys
C Boys Gold

Some kind of salad (green, pasta, etc) for 15 people:

C Girls Silver

Any kind of side dish for 15 people (hot or cold):

D Girls Gold
D Girls Bronze
D Boys Gold
D Boys Silver

Dessert for 25 people:

E Gold
E Bronze
E Silver Boys

Please bring serving utensils, and label them so that they will find their way back to their families.

Swapping items assignments among families is encouraged if people have a favorite dish, but are in the wrong category. For example, if any family is willing to take on making spam musubi, but is in the desert group, feel free to reach out to other families to trade. It is not necessary to inform Karen about trades.

Please contact Karen at both@the-sakais.com or 510-867-5100 cell if you have any questions/suggestions.

EDEN ATHLETIC CLUB WEBSITE

For practice schedules, gym locations, newsletter, and league info, go to www.EdenAthleticClub.org



How do you want to make this season more successful by participating and contributing towards your Family Work Credits (FWC) ??

Upon your registration this season, there are many ways to earn your credits by not only participating in our events, but also through committees, coaching, team managing, and representation for your team on the 2016-2017 EAC Board.

Please see the Family Work Credit Policy at the end of this newsletter for further details and list of events.

Eden is on Facebook !



Visit and Like us at

<https://www.facebook.com/EdenCommunityCenter>

NEWSLETTER CONTRIBUTIONS

We welcome anything you would like to share with the Eden Community and have posted in next month's newsletter, please send to ChrisKitWong@gmail.com by the 25th day of the month for publication to the following month. Thank you!



Welcome our 2016-2017 teams to the beginning of our exciting new season!

B Boys

Kai C
Takumi C
Ben F
Brandon G
Rikiya H
John S
Renzo T
Coach: Kevin Valerio
Manager: Leelind Gee

C Gold Boys

Devyn G
Alexander L
Bryant L
Ryu N
James S
Ethan W
Coach: Erik Nakamura
Manager: Pam Kato

C Silver Boys

Alexander F
Evan G
Tennkou G
Seiji L
Tatsuzo K
David M
Kori M
Nicholas W
Coach: TBD
Manager: Tomomi White

C Silver Girls

Kristen B
Kaylee C
Corinne D
Alisa J
Maggie L
Michelle L
Kotomi S
Marina T
Coach: Elvis Chan
Manager: TBD

D Gold Boys

Matthew L
Kai N
Collin N
Colby O
Nathan Y
Coach: Tony Lee
Manager: Jecina Ng

D Gold Girls

Elena C
Emily C
Kaelyn G
Brionna L
Cynthia L
Lauren S
Katie T
Kayla W
Kaitlyn Y
Coach: Roger Lee
Manager: Wendy Tan

D Silver Boys

Kai E
Kaijiro K
Matthew L
Leo P
Kiyoshi S
Maxwell S
Isaac W
Coach: Genro Sato
Manager: Elisa Feng

D Bronze Girls

Tessa C
Miku G
Emilyn H
Gabrielle H
Momoka J
Carrie L
Courtney S
Sofia T
Coach: Dean Seiji
Manager: Ruth Corley

E Gold Boys

Joshua B
Francisco F
Ian H
Michael L
Liam L
Kai S
Coach: Sid Hsu
Manager: Pam Kato

E Silver

Logan D
Maximillian F
Connor T
Kurtis L
Dominic N
Hiro N
Brandon N
Coach: Alain Nakamura
Manager: TBD

E Bronze

Genevieve H
Devin T
Skyler W
Katelyn W
Spencer W
Coach: Kyle Tanamachi
Manager: Jessica Wong



EAC Basketball Scholarship Award

The Eden Athletic Club is pleased to sponsor its annual EAC Basketball Scholarship Award for graduating high school seniors. We encourage all eligible students to apply for this \$500 cash award.

Scholarship Eligibility:

- All applicants must be a graduating high school senior during the year of his/her application submission.
- Male applicants must have played basketball for 4 or more years with the Eden Athletic Club.
- Female applicants must have played basketball for 2 or more years with the Eden Athletic Club.

Applications shall consist of:

1. High school transcripts. Unofficial copies and photo-digital copies are acceptable.
2. A two-part essay written by the applicant that contains the following information:
 - Part 1 should describe what the applicant learned while playing basketball with the EAC.
 - Part 2 should describe the applicant's goals and objectives during the next stage of his/her life.

Applications will be reviewed by the EAC Board of Directors, which will determine the winner. Applications can be submitted electronically to edenad.eac@gmail.com, aaronc1999@aol.com, or mailed to the following address:

Athletic Director
Eden Athletic Club
P.O. Box 264
San Lorenzo, CA 94580

Applications must be **received by November 30, 2016**. Good luck!



- **EAC Parents Orientation Meeting** – Friday 10/7/16 7:30pm @ Bancroft Middle School, San Leandro
- **22nd Annual Eden Holiday Craft Show – FREE Admission -**
Saturday October 8, 2016 9:00 am – 4:00 pm – Marina Community Center,
15301 Wicks Blvd., San Leandro

A portion of the proceeds will benefit the Eden Japanese Community Center.
The Eden Senior Center will also hold a fundraiser selling home-made manju
and spam musubi.
- **EAC Tip-Off Dinner** - 10/15/16 @ 5:30pm– Canyon Middle School
19600 Cull Canyon Rd, Castro Valley, CA 94552
- **EAC Board Meeting** - 10/19/16 @ 7:30pm– Eden Japanese
Community Center

Asian Accents presents the 22nd Annual

EDEN HOLIDAY CRAFT SHOW

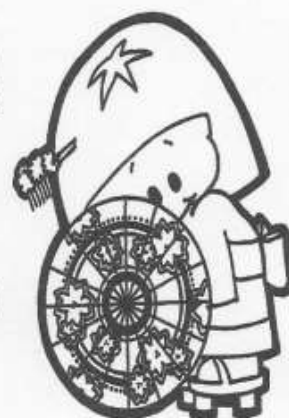
Part of the proceeds benefit: EDEN JAPANESE COMMUNITY CENTER

Great Asian, Country & Contemporary Items!!!
Clothing, Ornaments, Jewelry, Food & Gifts



GREAT NEW ITEMS!!!

SATURDAY,
October 8, 2016
9 a.m. to 4 p.m.



MARINA COMMUNITY CENTER
15301 WICKS BLVD., SAN LEANDRO, CA

FREE Admission! Open to the public!

Accepts debit cards/VISA & MC/cash/checks.

©Leigh's Wishing Well

FROM OAKLAND: Take Hwy. 880 South; take Marina Blvd.(West) exit; follow Marina Blvd. to Merced St./Wicks Blvd.; Turn left onto Wicks Blvd.; Community Center is on the right hand side of the street, across from the baseball fields (Stenzel Park).

FROM FREMONT: Take Hwy. 880 North; take Hesperian Blvd. Exit; turn right onto Hesperian; a quick left on Lewelling Blvd. Follow Lewelling Blvd. (west) to Wicks Blvd. And turn right onto Wicks. Community Center is on the left hand side of the street, across from the baseball fields (Stenzel Park).

Eden Basketball Gym Schedule

October 2016

	10/7/16	10/14/16	10/21/16	10/28/16
Bancroft**	7-8:30: EB, ES 8:30-10: BB	7-8:30: EB, ES 8:30-10: BB	7-8:30: EB, ES 8:30-10: BB	7-8:30: EB, ES 8:30-10: BB
John Muir**	7-8:30: DGB, DGG 8:30-10: CGS	7-8:30: DGB 8:30-10: CBS, CBG	7-8:30: DGB, DGG 8:30-10: CBG	7-8:30: DGB 8:30-10: CBS, CBG
Fred Korematsu High**	7-8:30: DBG 8:30-10: CBS	7-8:30: DBG, DGG 8:30-10: CGS	7-8:30: DBG 8:30-10: CBS, CGS	7-8:30: DBG, DGG 8:30-10: CGS
San Lorenzo High (East gym)	7-8:30: EG, DBS 8:30-10: DADS	7-8:30: EG, DBS 8:30-10: DADS	7-8:30: EG, DBS 8:30-10: DADS	7-8:30: EG, DBS 8:30-10: DADS
McKinley				

Practice schedule is subject to change due to gym availability. Your team's manager will notify you of any changes.

Coaches:

EB: E-Bronze – Kyle Tanamachi
 ES: E-Silver – Alain Nakamura
 EG: E-Gold – Sid Hsu
 DBS: D-Boys Silver – Genro Sato
 DBG: D-Boys Gold – Tony Lee
 DGB: D-Girls Bronze – DeanSeiji

DGG: D-Girls Gold – Roger Lee
 CBS: C-Boys Silver – TBD
 CBG: C-Boys Gold – Erik Nakamura
 CGS: C-Girls Silver – Elvis Chan
 BB: B-Boys – Kevin Valerio
 DADS: Dad's Club

****RULES regarding the use of John Muir, Bancroft and Fred Korematsu: 1) No street shoes allowed—only athletic shoes. Absolutely no spiked heels on the court. 2) NO food is allowed in the gym. Please be sure to wipe up any spills and pick up any bottles after your practice or game.**

We must stress how important it is to follow the rules if we are going to continue to be allowed to use these gyms. Thank you!

Bancroft Parking: Gym is located at Bancroft and Callan Ave. Additional parking can be found across the street from the school. The driveway is on Callan Ave.

San Lorenzo High East Gym – Use the parking lot entrance on Ashland Ave. to access SLz High's East Gym. Turn right at the end of the parking lot and the gym will be to your left. You can park alongside the gym on the blacktop.

Fred Korematsu High School Gym is located at the corner of E. 14th St and 138th Ave. Street parking is available.

If you have any problems or concerns with the gyms, please contact Karen Sakai at (510) 867-5100 or at both@the-sakais.com.

GYM LOCATIONS

Bancroft Middle School

1150 Bancroft Ave., San Leandro, CA 94577

(Additional parking can be found across the street from the school. The driveway is on Callan Ave.)

Fred Korematsu High School (FTK)

2200 Bancroft Ave., San Leandro, CA 94577 *The gym is located at the corner of E. 14th St. and 138th Ave. Street parking is available.*

John Muir Middle School

1444 Williams St., San Leandro, CA 94577

McKinley Elementary School

2150 E. 14th St., San Leandro, CA 94577

San Lorenzo High East Gym

50 East Lewelling Blvd., San Lorenzo, CA 94580

(Use the parking lot entrance on Ashland Ave. to access the East Gym. Turn right at the end of the parking lot and the gym will be to your left. You can park alongside the gym on the blacktop.)

GYM RULES and SAFETY

- Due to insurance/liability issues, only EAC players are allowed on the courts.
- Children who are not Eden players must not be left unattended in the gyms.
- Climbing and playing on the bleachers or gym structures is prohibited.
- Refrain from eating and drinking beverages (except water) inside the gyms.
NO food is allowed in the gym. Please be sure to wipe up any spills and pick up any bottles after your practice or game.
- **No street shoes allowed**—only athletic shoes. Absolutely no spiked heels on the court.

Everyone's adherence to these rules will ensure the EAC's continued use of these gyms.

Thanks for your cooperation!

Upcoming **COMMUNITY EVENTS**

Nature Detectives Now on Fridays

Hayward Shoreline Interpretive Center, 17800 Redwood Road, Hayward

October-Marvelous Marsh Martians

Fridays-1:00pm-1:45pm

Let's get outside and explore the wonders of the marsh, from the smallest critters to the largest animals. What weird adaptations have these animals developed from living in such a harsh marsh environment? Ages 3 to 5. Fee: \$7 per child.

Oct 7 Oct 14 Oct 21 Oct 28

#39148 #39149 #39150 #39151

For more information go to HaywardRec.org
or call [510-881-6738](tel:510-881-6738).

After School Programs

Ashland Community Center, 1530 167th Avenue, San Leandro

Matt Jimenez Community Center, 28200 Ruus Road, Hayward

August 22-December 16, 2016

M/T/Th/F - 3:00pm-6:00pm

Wednesdays: 1:00pm-6:00pm

\$50 per person

A safe and fun environment where staff blends intentional programming with recreational games and activities to promote positive social interaction and encourage growth through adventure. This supervised drop-in recreation program includes activities such as: arts and crafts, computer games, board games, homework club, sports, and group games. \$2 drop in is available at both sites.

For more information go to our [website](#) or
call [510-881-6700](tel:510-881-6700).

Seasonal Camps

Matt Jimenez Community Center, 28200 Ruus Road, Hayward

San Felipe Community Center, 2058 D Street, Hayward

**September, October, November and
December**

A camp designed to keep your child active and learning while on break from school. Enjoy hands-on intentional programming and activities in art, music and active games.

For more information go to our [website](#) or
call [510-881-6700](tel:510-881-6700).

Slimy Squids

Hayward Shoreline Interpretive Center, 17800 Redwood Road, Hayward

Sunday, November 6

11:00am-12:00pm

Learn all about amazing cephalopods like octopuses and squid. Make a cephalopod craft you can take home, then dissect a squid to understand and appreciate its adaptations. Feed some of our squid to the fish in the Bay Tank!

Ages 6 to 12. Fee: \$6 per child.

Class #39125

For more information go to HaywardRec.org
or call [510-881-6738](tel:510-881-6738).

Halloween in Japan

By Shizuko Mishima

Although Halloween wasn't celebrated in Japan until recent years, it's becoming popular year after year. Many stores sell colorful Halloween decorations, costumes, and sweets. Also, many Japanese cities/towns, shopping malls, and theme parks hold fun Halloween events in September and October. Halloween parades, costume parties, and trick-or-treat events are often observed in fall. People in Japan enjoy ghost storytelling and haunted attractions more during the summer.



Kosupure (cosplay) has been popular among Japanese youth. It's a Japanese word for costume play. Costume play in Japan usually means masquerade. People dress in anime/movie/computer game character costumes, uniforms, samurai/ninja costumes, kimono, and more. Lots of people enjoy wearing various costumes and make-ups/masks and becoming to their favorite characters



For those who can't get enough of pumpkin-flavored treats during Halloween, McDonald's Japan is offering french fries covered in pumpkin and chocolate sauce.

The fast-food chain came up with the "Halloween Choco Potato" to mark its 45th anniversary in Japan, where trick or treaters enjoy pumpkin-spiced food and beverages to celebrate the October holiday.

"The flavors of pumpkin and chocolate went unexpectedly well and it was quite tasty," Ayano Ishikama, 22, said after sampling the fries at one of the chain's restaurants in Tokyo.



An employee of McDonald's Japan poses with the company's 'Halloween Choco Fries - Pumpkin & Choco Sauce' that is McFry Potato served with pumpkin and chocolate sauces, at a McDonald's restaurant in Tokyo, Japan.

Family Work Credit for EAC Operations

Purpose:

The Eden Athletic Club (EAC) relies on involvement from member families to function. This policy serves to define the minimum required involvement of all member families.

Policy:

Every member family is required to participate in EAC operations.

There are 3 mandatory events. The following events are **mandatory**: Mochitsuki, Eden Jamboree, and Eden Bazaar. All parents, B team players, C team players, and D Gold team players are required to work a shift at each of these 3 mandatory events.

Mandatory Events:	Mochitsuki
	Eden Jamboree
	Eden Bazaar

Table 1. Mandatory Events

Mandatory Participants:	Parents
	B team players
	C team players
	D Gold players

Table 2. Mandatory Participants

In addition to the mandatory events, families are required to participate in additional activities to meet the minimum requirements. There are two options for meeting these requirements. Family members may take on additional work shifts at required events or parents may take a leadership position (see Work Credit Events below). Table 3 indicates the minimum credits required of all EAC families.

Families with:	1 player	2 credits
	2 players	3 credits
	3 or more players	4 credits

Table 3. Additional minimum required work credits

For single parent families, the minimum required work credits will be reduced by 1.

Eden Jamboree requirement:

Each family will also be required to generate a minimum of \$30 per player per team in ads for the Jamboree program. It has been a tradition to provide programs to all participating coaches and players and this requirement will be in effect until the Jamboree committee decides to no longer produce a program.

It is the responsibility of the member family to ensure that they have completed enough work shifts or projects to satisfy their work credit requirement.

This policy is applicable for the fiscal year beginning July 1 and ending June 30. All families start the season with a balance of zero work credits. Credits above minimum requirement do not carryover toward the requirement for the subsequent season.

Failure to fulfill family work credit responsibility:

The penalty for failing to fulfill the work credit responsibility will be \$50 for every credit short of the minimum requirement. Example: If a family completes 1 credit against a minimum requirement of 2 credits, the family will be levied a fine of \$50.

At the start of the season (September 1), all families will pay a \$200 deposit. Fines will be deducted from the \$200 deposit. If fines exceed the value of the deposit, the difference must be paid in full on or before registration for the subsequent season. Registration for all players of a given family will be delayed until the family's fine is cleared. The Board will not vote on waiving a player if the family has any outstanding fines.

The deposit for families continuing with EAC may be rolled over for the subsequent season. If fines have been levied, however, the family must replenish their deposit to the required \$200 amount. The deposit, less any fines, will be returned to families discontinuing their involvement with EAC at the end of the season (approximately June 30).

Work Credit Events:

Each of the following is considered one work credit:

- **Additional** Mochitsuki shift
- **Additional** Eden Jamboree shift
- **Additional** Eden Bazaar shift
- Kick-off Dinner Chairperson/Committee
- Coaches Dinner Chairperson/Committee
- Eden Basketball Clinic Coach
- Uniform Coordinator
- EAC Photographer/Photo Committee

Each of the following is considered two work credits:

- Mochitsuki Planning Committee
- Eden Jamboree Planning Committee
- Eden Bazaar Planning Committee
- Assistant Coach (only one per teamⁱ)

Each of the following is considered three work credits:

- Eden Jamboree Chairperson
- Team Managerⁱⁱ
- EAC Board Member
- Head Coach

Work credit will be assigned for special projects upon approval by the Board. Special project example: Rebuilding the mochi grinders.

Disputes:

Disputes related to this policy, including work credit discrepancies, should be brought to the Board's attention. A representative of the event Chairperson or Committee, and a representative of the family, will be called to state their position to the Board. The Board will decide on how best to resolve the issue.

ⁱ Per league rules, each team may only have one Assistant Coach. Unofficial assistants may help the team, but they will not awarded a work credit.

ⁱⁱ Team manager credits can be split between co-managers.