**1. Core Purpose (1-2 sentences)**

What's the main problem this app solves? Who's it for?

The core purpose of the app is displaying a status of health and productivity. It should be a single page application (both mobile and desktop friendly). The app solves the problem of displaying daily health goals and a measure of productivity at a single place. It can be used by any person who wishes to track their health and productivity at one place.

**2. Productivity Features (pick what matters)**

What do you want to track/manage?

* The app should allow users to add to-do items and also mention notes related to those items in sort of a hidden dropdown

**3. How Health + Productivity Connect**

* So I was thinking of combining the health and productivity aspect and display it as a smiley within the health rings(as shown below)   
  A colorful circle with eyes and a smile

  AI-generated content may be incorrect.
* Left side of the smile can represent productivity and the right side can represent health. A complete smile depicts that both goals are complete. Health goals can be considered complete if all the rings are closed. Productivity can be measured based on the number of items checked off on that day from the to do. Different tasks take different amount of effort, so an llm call can be made to define the score per task by understanding the task and providing a total score to determine the amount of smile on one side of the simpley.
* A short summary of step count calories and distance can be show below this visualization
* Below there should be an area provided to add and mark to-dos as done with a day/week view

**4. Key Screens/Views**

What pages/sections do you envision?

* There should be a single page with a visualization on top
* Below this there should be quick health stat summary with the step count and other details
* The above two can be displayed side by side in desktop view
* Next, below all this should be a section to add/update/delete and mark as done to dos
* There should also be a nav bar with a light/dark view toggle and a profile icon on the top right(with an option to log out)

**5. Data Storage**

* Need a backend/database to show the same information across devices

**6. Priority**

All the features described above are must haves

**7. Tech Stack**

React/Next JS you make the choice. Any free database.   
Langchain for llm calling, and use claude llm, I’ll provide an api key.

I want to have a completely free tech stack.