

COVID-19 REPORT

PATIENT
Jai Prakash Ji
Male, 41 years old

DATE 20-12-2019
REF. BY Self

Test Results

| Center ID | NIV Sample ID | Date of Collection | Specimen Type | Result |
|-----------|---------------|--------------------|----------------------|----------|
| C-124 | 2019 nCoV-10 | 20-12-2019 | Nano Pharyngeal Swab | NEGATIVE |

About the Virus

Coronaviruses are a family of viruses that can cause illnesses such as the common cold, severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS).

Symptoms

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

- Tiredness
- Fever & Cough
- Dry Cough
- Loss of Taste and Smell

Who should be more careful?

People with:



Diabetes



Obesity



High BP or
Heart diseases

If you have any of these, please seek help immediately.

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TIPS

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Avoid crowded places and physical contact by maintaining distance from others in public and those who are sick. When someone coughs, sneezes, or speaks they spray small liquid droplets from their nose or mouth which may contain the virus.

Avoid touching eyes, nose and mouth. Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.

Vitamin D is a powerful Immuno booster and protects against viral infection. Ensure you have healthy levels.



Wash Hands



Soap



Use disinfectants



Avoid handshakes,
Maintain distance

Dr. Vijay
Pathologist

*** End of report ***