> str(dat)

'data.frame': 3110 obs. of 19 variables:

$ zz\_nr : int 999988888 999988887...

$ myage : int 41 45 51...

$ mysex : Factor w/ 2 levels "male","female ...

$ mybmi : num 32.8 21.1 23.2 ...

$ mysysbp : int 121 154 109...

$ mydiabetes : logi FALSE FALSE FALSE ...

$ mytotalchol: num 203 176 159...

$ myhdl : num 51.3 38.2 50 ...

$ mytreat : logi FALSE TRUE FALSE...

$ myantilipi : logi FALSE FALSE FALSE...

$ mysmoking : logi FALSE TRUE...

$ myevent : num 0 0 0 1 ...

$ myfatal : num 0 0 0 0 ...

$ myearly : num 0 0 0 0 ...

$ mycompete : num 0 0 0 0 ...

$ mytime : int 7400 11130 10542 ...