



**Sri Aurobindo & The Mother
on
Religion and Yoga**



Religion may be divine in its
ultimate origin; in its actual
nature it is not divine but human.

The Mother, CWM, 3: 76

The Divine Truth is greater than any religion or creed or scripture or idea or philosophy—so you must not tie yourself to any of these things.

(Sri Aurobindo, CWSA, 28:411)



... reason stops short of the Divine and only compromises with the problems of life, and culture in order to attain the Transcendent and Infinite must become spiritual culture, something much more than an intellectual, aesthetic, ethical and practical training.

Sri Aurobindo, CWSA, 25: 173

A serene beach scene at sunset. In the foreground, a large, circular mandala made of smooth, multi-colored stones (purple, blue, yellow, and grey) is arranged on the sand. The ocean stretches to the horizon under a sky with soft, wispy clouds. The sun is low on the horizon, casting a warm glow over the entire scene.

True spirituality transforms life.

(The Mother, CWM, 14:32)

**Religion is always imperfect
because it is a mixture of man's
spirituality with the errors that come in
trying to sublimate ignorantly
his lower nature.**

(Sri Aurobindo, CWSA, 28:412)



The attitude to be taken towards religions

A benevolent goodwill towards all worshippers.
An enlightened indifference towards all religions.
All religions are partial approximations of the one
sole Truth that is far above them.

The Mother, CWM, 15: 28



The whole world is in a process of progressive transformation; if you take up the discipline of Yoga, you speed up in yourself the process.

(The Mother, CWM, 14:32)



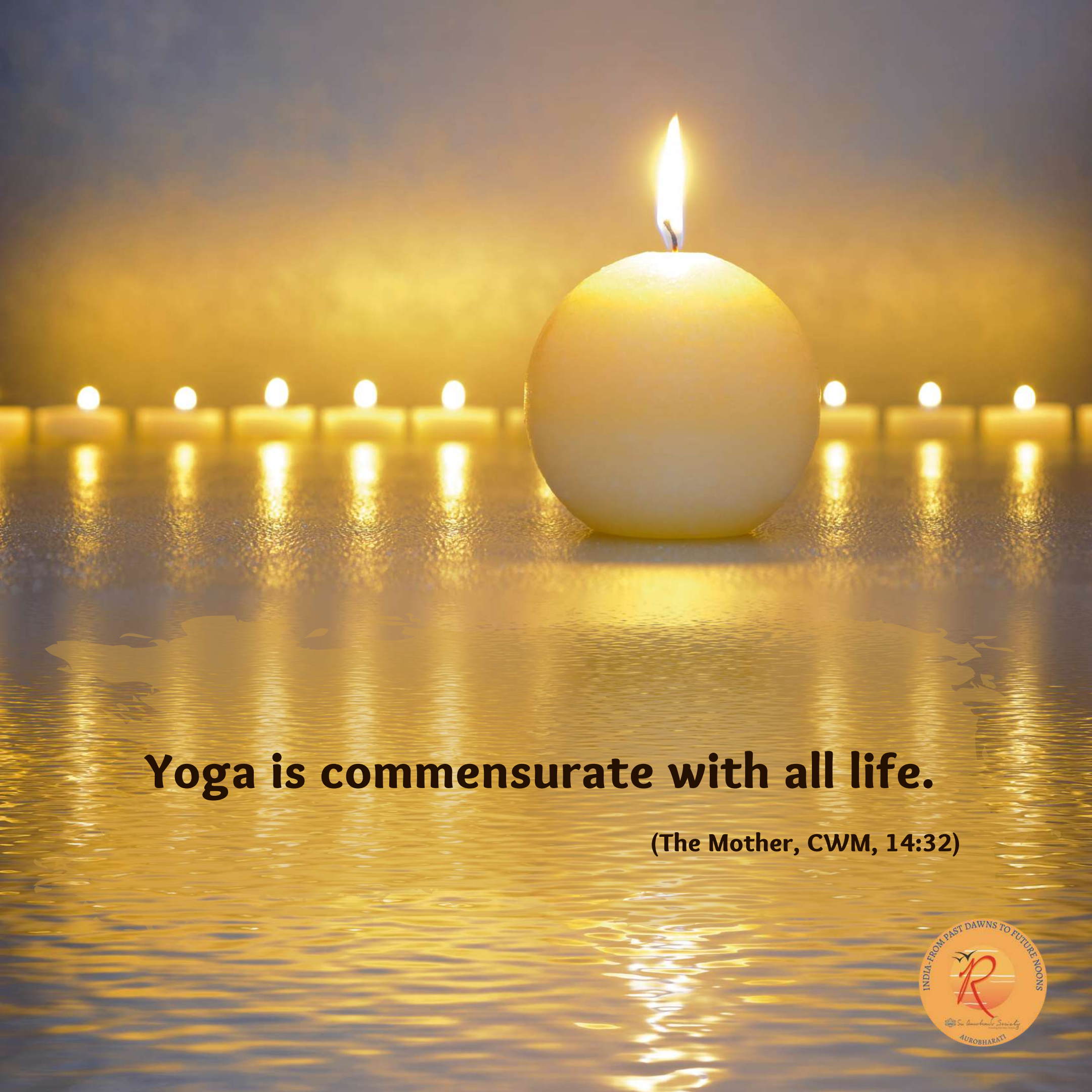
Yoga is the science, the process, the effort and action by which man attempts to pass out of the limits of his ordinary mental consciousness into a greater spiritual consciousness.

(Sri Aurobindo, CWSA, 12:327)

Yoga is not a matter of theory
or dogma, like philosophy or popular
religion, but a matter of experience.

Sri Aurobindo, CWSA, 24: 555





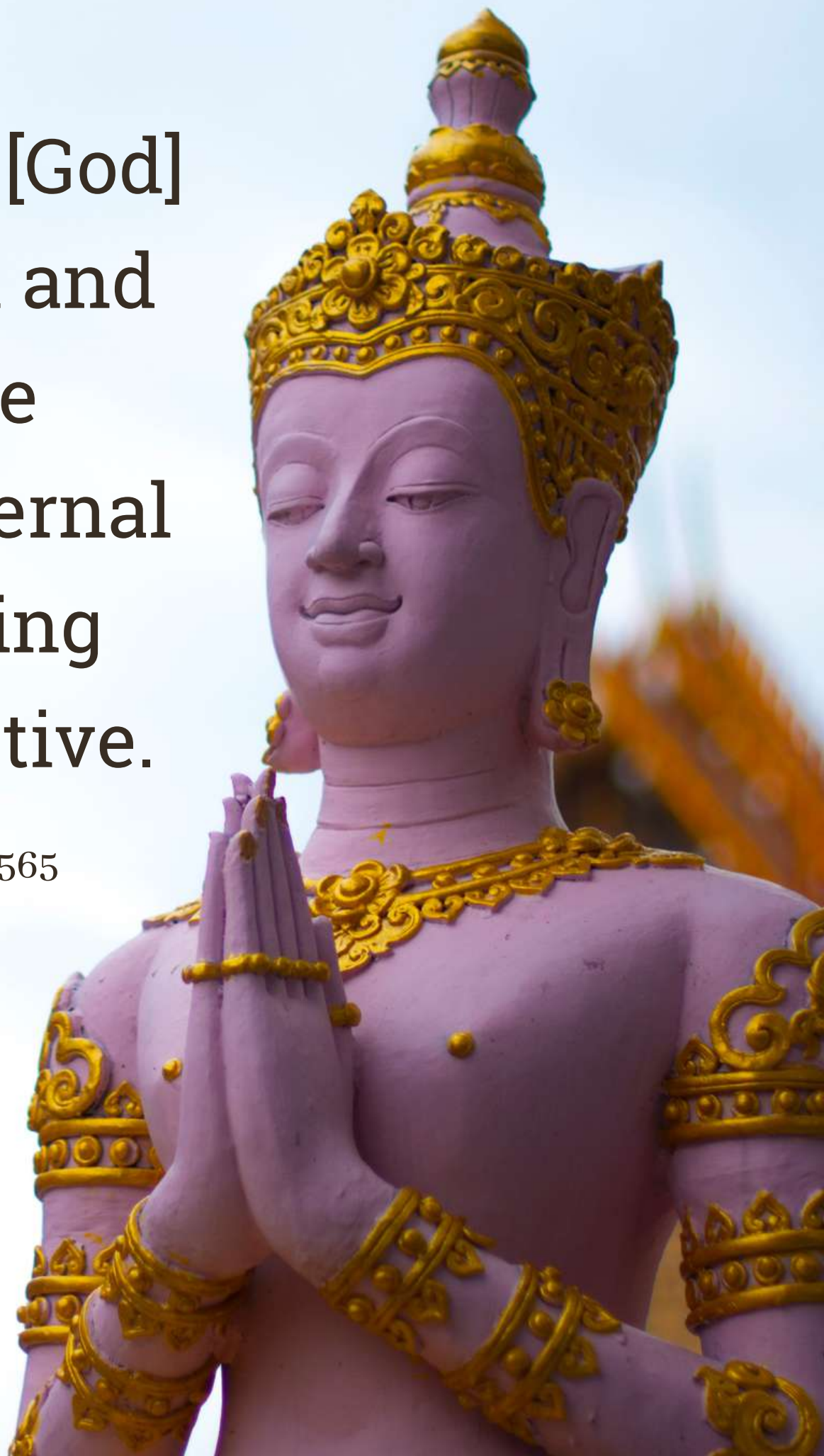
Yoga is commensurate with all life.

(The Mother, CWM, 14:32)



Not fear of him [God]
but love of him and
aspiration to the
freedom and eternal
purity of his being
must be the motive.

Sri Aurobindo, CWSA, 24: 565



**All Yoga is a turning of the
human mind and the human soul,
not yet divine in realisation, but
feeling the divine impulse and
attraction in it, towards that by
which it finds its greater being.**

(Sri Aurobindo, CWSA, 24:517)

