





Guidance from The Mother



An offering on the occasion of The Mother's Birthday

21 February 2023

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BE SIMPLE.

BE HAPPY.

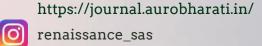
REMAIN QUIET.

Do your work as well as you can.

Keep yourself always open towards me.

This is all that is asked from you.

-The Mother, CWM, 13: 77





Be grateful for all ordeals, they are the shortest way to the Divine.

-The Mother, CWM, 14: 225



EVERY ONE OF YOU SHOULD HAVE AN AIM.

But do not forget that on the quality of your aim will depend the quality of your life.

-The Mother, CWM, 12: 3



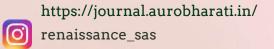




FORGET YOUR DIFFICULTIES.

Think only of being a more and more perfect instrument for the Divine to do His work and the Divine will conquer all your difficulties and transform you.

-THE MOTHER, CWM, 14: 225







The Grace, the Grace alone can act.

That alone can open the way, that alone can do the miracle.

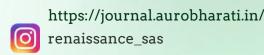
-The Mother, CWM, 14: 91



Do not trouble yourselves with what others do,
I cannot repeat it to you too often.
DO NOT JUDGE, DO NOT CRITICISE,
DO NOT COMPARE.

That is not your lookout.





LEARN TO SMILE ALWAYS AND IN ALL CIRCUMSTANCES;

as well as your joys, your sufferings as well as your hopes, for in a smile there is a sovereign power of self mastery.

-The Mother, CWM, 14: 177



Must go on smiling, smiling still more when the difficulties come.

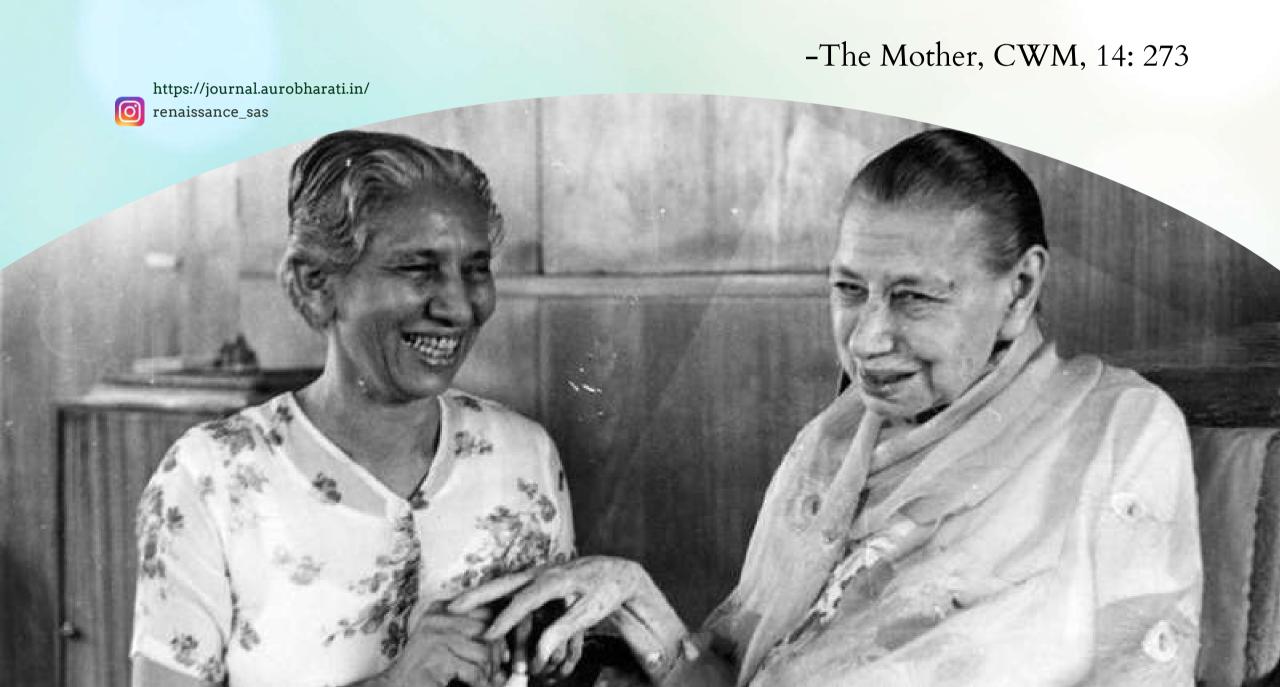
Smiles are like rays of the sun, they dissolve the clouds... And if you want the radical remedy it lies in this: frankness, be absolutely frank; tell me fully all that is going on in you, and soon the cure will come, a complete and happy cure.

-The Mother, CWM, 16: 101





One must have a **sympathetic outlook** and learn to **cooperate** with one's fellows, building them up and **helping** them instead of sneering at whatever seems not up to the mark.



"HE WHO CHOOSES THE INFINITE HAS BEEN CHOSEN BY THE INFINITE."

Never forget this promise of Sri Aurobindo and keep courage inspite of all difficulties. You are sure to reach the goal, and the more you keep confidence, the quicker it will come.

