

## Red Team Fundamentals – TryHackMe Completed!

Excited to share that I've successfully completed the Red Team Fundamentals room on TryHackMe!

This room gave me a strong foundation in understanding how Red Teams operate in real-world cybersecurity environments.

### What I Learned:-

- 1) What is a Red Team and how it differs from Blue Team
- 2) Red Team engagement lifecycle
- 3) Rules of Engagement (RoE)
- 4) Threat Intelligence & Reconnaissance basics
- 5) Social Engineering concepts
- 6) Importance of stealth and operational security (OpSec)

### Key Concepts Covered:-

- 1) Penetration Testing vs Red Teaming
- 2) Adversary simulation
- 3) MITRE ATT&CK framework overview
- 4) Legal and ethical considerations
- 5) Reporting and documentation

This room helped me understand how organizations simulate real-world attacks to test their defenses and improve their security posture.

Looking forward to diving deeper into advanced red teaming techniques!



**Share your win with your peers**

Your progress can inspire others in your community.

**Red Team Fundamentals completed!**

suryakantakapure93 completed another room on their cyber security journey.

Completed tasks	7
Points earned	88
Streak	1

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