The LocalDate represents a date in ISO format (yyyy-MM-dd) without time.

```
LocalDate localDate = LocalDate.now();
LocalDate.of(2015, 02, 20);


LocalDate.parse("2015-02-20");

LocalDate tomorrow = LocalDate.now().plusDays(1);

DayOfWeek sunday =
LocalDate.parse("2016-06-12").getDayOfWeek();

int twelve =
LocalDate.parse("2016-06-12").getDayOfMonth();

boolean leapYear = LocalDate.now().isLeapYear();

boolean notBefore = LocalDate.parse("2016-06-12")
  .isBefore(LocalDate.parse("2016-06-11"));


boolean isAfter =
LocalDate.parse("2016-06-12").isAfter(LocalDate.parse("20
16-06-11"));


String localDateString =
localDateTime.format(DateTimeFormatter.ISO_DATE);

localDateTime.format(DateTimeFormatter.ofPattern("yyyy/MM
/dd"));
```

```
ZoneId id = ZoneId.of("Europe/Paris");
ZonedDateTime zoned = ZonedDateTime.of(dateTime, id);
assertEquals(id, ZoneId.from(zoned));


Duration duration = Duration.ofSeconds(3, 5);
Duration oneDay = Duration.between(today, yesterday);
```