

Gapminder / international questions

- Around 5% of adults used drugs in 2020.¹
- In 2019, less than 1% of all deaths were caused by people overdosing on illegal drugs.²
- The global suicide rate decreased by around 25% in the last 20 years.³
- 5% of people worldwide suffer from depression.⁴
- 7% of the world's population suffer from alcohol use disorders.^{5 6}
- The global average lifespan is 73 years, while in NZ this is 82 years.⁷
- 85% of one-year-olds had vaccinations as of 2023.⁸

Some other information used in the form:

830 million people have diabetes, about 10% of the global population.⁹

4.4% of NZ is a part of the LGBT+ population.¹⁰

2% of people worldwide have green eyes.¹¹

Topic - Mental health / addiction in NZ

Autism / neurodiversity

- Approximately 1 in 5 young people are neurodiverse¹².
- 2.9-4 percent of people aged 5-14 years are diagnosed with ADHD¹².
- Autism NZ estimates that around 1.8 percent of New Zealanders have autism¹².
- An estimated 280000 kiwis have ADHD¹³.

Alcohol / drug use

- According to 2018/19 data, 4 in 5 adults had consumed alcohol in the past year¹⁴.
- According to 2022/23 data, 50.9% of 15-17 year olds reported drinking in the last year, or 105000 people¹⁵.
- In 2020, 1.1 percent of the population had used amphetamine for recreational or non-medical purposes, or to get high, in the last 12 months¹⁶.

¹ <https://upgrader.gapminder.org/t/sdg-world-03/1688/explanation>

² <https://upgrader.gapminder.org/t/sdg-world-03/1655/explanation>

³ <https://upgrader.gapminder.org/t/sdg-world-03/1/explanation>

⁴ <https://upgrader.gapminder.org/t/sdg-world-03/1508/explanation>

⁵ <https://www.who.int/news-room/fact-sheets/detail/alcohol>

⁶ <https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/understanding-alcohol-use-disorder>

⁷ <https://ourworldindata.org/life-expectancy>

⁸ <https://upgrader.gapminder.org/q/33/explanation>

⁹ https://www.who.int/health-topics/diabetes#tab=tab_1

¹⁰ <https://www.stats.govt.nz/information-releases/lgbt-plus-population-of-aotearoa-year-ended-june-2021/>

¹¹ <https://www.healthline.com/health/eye-health/eye-color-percentages#eye-color-percentages>

¹² <https://www.health.govt.nz/system/files/2024-08/h2024036865-briefing-overview-on-neurodiversity.pdf>

¹³ <https://www.adhd.org.nz/navigating-adhd/adhd-is-more-common-than-you-think>

¹⁴ <https://resources.alcohol.org.nz/resources-research/alcohol-research/nz-statistics>

¹⁵ <https://www.actionpoint.org.nz/trends-in-adolescent-drinking-in-new-zealand>

¹⁶ <https://www.parliament.nz/media/7832/methamphetamine-in-new-zealand--a-snapshot-of-recent-trends.pdf>