

## Reflection (Week 5)

Name: Vishnu Soranam

Total Points: 100pts

### What did I do to prepare for class this week? (5pts)

- I have read through the reading materials on ilearn. The topic was largely on professionalism, and I took some time to ponder on this topic after completing my study of the pre-learn materials.

### What did I learn from the study material? (5pts)

- I have come to know that professionalism is an important element for a person to function well in a group. It teaches a person to act appropriately and respectfully when giving and taking in opinions and ideas.

### Why is this week's topic important? (5pts)

- This is important because to function effectively as a team, each team member must act professionally in which they present themselves competently to work on a project with team effort and unity. This increases the success rate of a project when each team member shares the same cooperation.

### Summarize this week's scenario? (5pts)

- Professionalism influences the way how we present ourselves. A professional person usually acts according to facts, not emotionally or negatively. It usually results to better outcomes of a discussion as they can get the most out of it when everyone is cooperative and respectful towards each other.

### What is the most significant take-a-way you have gained from your study this week? (10pts)

- I learned that my actions are super important because it reflects my personality and behavior. Just say if I am late person, it reveals that I lack discipline and accountability. Professionalism is not just about protecting my image, but it helps me to increase my efficiency and productivity when working with anyone especially in groups. I also

learned that it retains unity and respect among team members as well so we could better work together in achieving our targets and goals.

**How would you explain this week's topics to a person not in this class? (10pts)**

- I would briefly explain the motive of being professional. Professionalism is all about proper self-presentation, respect and understanding towards others. To identify your level of professionalism, you could analyze the result of your personality test to see which part you still can improve. Having to act professionally in groups or teams increases group productivity and functionality to be more headed towards succeeding projects. It can avoid unnecessary misunderstandings or conflicts which could slow down progress and shift the primary focus of a particular project.

**Why is this week's topic important for teamwork? (20pts)**

- Professionalism influences the way we act and react to things. For example, when we work in groups to complete a project successfully, it requires effective and productive discussion and team effort. If professionalism is absent, a team is less likely to succeed as they may not be able to agree with each other's ideas, and conflicts and misunderstandings may escalate more quickly. That can be a massive barrier to stop progress from flowing. These things may seem absurd, but they are facts that I have seen from my own experiences. Professionalism plays the role to handle things appropriately and accurately to stay focused and concentrate to the objective of a project.

**How does your experience relate to other experiences you have had? (20pts)**

- In my mission, I had to deal with a lot of disagreements and misunderstanding. I was involved in numerous leadership discussions to help the mission to move forward. The objective was to help all missionaries to be more productive despite the on-and-off lockdown. The main goal was to provide the missionaries with clear instructions and ideas of what they can do to retain their spiritual health by staying productive in the respective apartments. There was this one time where a missionary showed their strong disagreement toward my idea and humiliated me on the spot live. I was pretty upset with her reaction, but I know that as a leader, I must be able to take both constructive and destructive criticism nicely. So, I chose to respond professionally to her salty feedback and tried to stay focused on the main objective of the discussion. I find myself to have better self-control of my actions when I react professionally, and I avoided potential conflicts that would slow the progress to fulfill the main and important

objective of the discussion. In conclusion, I learned how to react professionally instead of emotionally, and learned from the consequences of every action type, too.

**If this was a religion class, how would you relate this week's topic to the gospel? (20pts)**

- Professionalism reminds me quite a lot about Jesus Christ. He handled a lot of harsh and mean disagreements very professionally without acting back violently. He showed the consequences of behaving and acting professionally in every situation. This showed how focused he was to achieving His main objective which is the salvation of our souls so we could be redeemed from our sins. His faith alongside professionalism helped him to tackle distractions so well where He was even able to overcome Satan's persuasion to eat when He was fasting for 40 days. He must be super hungry, but His focus kept him going. This illustrates that professionalism also helps us to handle distractions effectively and make choices wisely. Likewise Jesus, He was able to present Himself as the person He described himself. He was super calm and patient during His ministry. As a result, all of His goals were achieved successfully where He performed the atonement which fulfils His objective to save us from bondage.