

Reflection (Week 7)

Name: Vishnu Soranam

Total Points: 100pts

What is the most significant take-a-way you have gained from your study this week? (10pts)

- My biggest take-away for this week is knowing how to be learning new ways of being more committed in a work environment. Commitment is so important as it reflects our understanding of a responsibility.

How would you explain this week's topics to a person not in this class? (10pts)

- In general, I'd say that this week's emphasis is learning to be professional and smart to show commitment. It involves implementing effective ways to put in the actions needed in order for something to be successful. For example, when I am in a situation of being given a task which I disagree, what are the appropriate things that I must do to resolve the disagreement.

How do plan on contributing to the team, besides completing your tasks? (20pts)

- Showing commitment includes being courageous to voice out opinion in the most appropriate way. For instance, sometimes it may be hard to say "no" to something, which usually having us to develop negative feelings that can affect our performance and focus. I plan to be bold, instead of keeping opinion to myself when I am in a group discussion. Each team member's opinions are crucial to the success of a group project. Keeping it to myself won't do anything good for the group.

Why is this week's topic important for teamwork? (20pts)

- Understanding the importance of being committed helps to carry our responsibilities for seriously. When a person is not committed, he will usually show lack progress and may eventually fall behind from other team members. This can badly affect the functionality of a team, where the responsibility is to succeed a group project can be hindered or delayed. However, if a person shows good commitment, he will tend to see the responsibility as somethings that extremely important and implement the execution plays to do his part in contributing to the success of a group project.

How does your experience relate to other experiences you have had? (20pts)

- Seeing myself as a high school student, I was not very committed into completing my assignments which affected my grades. I learn that every action has its own consequences. For example, my lack of commitment caused me to procrastinate a lot,

and I couldn't define the priorities in my life at that time. All I could think of was just playing video games and sleep for hours. However, I developed the sense of commitment in my mission, where I was able to see a wider view of life, what it has to offer and my very own potentials. I learned to do things that were demanding, which had caused me to stretch and see my abilities that I might never know. I have come to know that being commitment requires the commitment to keep up with the responsibility given, and they go along well with consistent effort and hard work.

Tell me about what you taught someone? And what did they learn, that they didn't know before? (20pts)

- In my mission, I was privileged to train a new missionary who knew less about "commitment" and "responsibility". He opened up to me about his willingness to change and learn to become a better person in life. His desire to be committed has touched my heart where it is a good starting point to progress. Hence, after conducting all the demanding tasks of missionary work, he expressed that it was pretty stressful to him, and almost everything that we were doing were not within his comfort zone. He was in a deep culture shock. However, that did not stop me from showing him how being committed is related to hard work, so we kept doing all the things over and over again until it reached to a point where he felt more confident. The ups and downs were inevitable, but through that, he learned to see his weaknesses and do the things that took him to refine himself into being more committed. There were days where he felt unmotivated, and I explained to him that it may be a sign of laziness which will not bring any good to our assigned areas. Motivation is a good friend of commitment where they produce remarkable outcomes in which we took our personal study time to absorb the spiritual motivation and urgency that we needed and use that to work our days through. In conclusion, I learned that preparation also plays an important role to prepare us to being more committed.