**AIMEE JETTE**

Masters Candidate, Creative Arts Therapy Counseling, Hofstra University, May 2019

62 High Ridge Ave, Ridgefield, CT

+1 203 253 4837

[aimee@artincommon.org](mailto:aimee@artincommon.org)

<https://www.linkedin.com/in/aimeejette/>

https://www.facebook.com/ArtinCommonNonprofit/

www.artincommon.org

**MASTER’S THESIS**

May 2019

To examine stress levels in college students and explore how art therapy and modified Dialectical Behavioral Therapy (DBT) can aid in emotional regulation and decrease stress levels.

**PRESENTATIONS/AWARDS**

* Testimony, Connecticut Joint Public Health Committee, H.B. No. 5444, In Licensure for Art Therapists <https://youtu.be/OlIqEFJ6lxQ>
* Presentation, Hartford Capitol, Hartford, Connecticut, Art Therapy Licensure Advocacy Day, “Art Therapy Licensure.”
* Workshop, California Avenue Elementary School, Hempstead, New York, “Connecting Communities After Tragedy.”
* Workshop, John F. Kennedy High School, Bellmore, New York, “Connecting Communities After Tragedy.”
* Poster Session, Hofstra University Art Therapy Conference, March 2019, Hempstead, New York, “Art Therapy and DBT.”
* Received scholarship award for excellence Fall 2018, Hofstra University Creative Arts Therapy
* Student of the month, March, 2019, Creative Arts Therapy Counseling, Hofstra University

**PROFESSIONAL EXPERIENCE**

**Art in Common, Inc.**

President, Founder, Feb 2016 – present

Fundraising, event planning, media communication for yearly Poetry Evenings honoring Black History Month; multiple exhibitions supporting resettled refugee work and promotion (100% of profits go to artist); mural collaboration with and funding for legendary New York City graffiti artists and resettled refugee youth focusing on country of origin and new home in USA; interviewing, video-editing, press releases, social media design and media promotion (newspaper, radio); art workshops that include painting, collaboration, drawing, sculpture, illustration.

* Community Art Teacher/Program Lead:
  + Fairfield University’s Ubuntu Academy and Project Citizen (age 12 – 18)
  + International Institute of Connecticut (IICONN) – resettled refugee youth, (age 4 – 18)
  + Rocket Art Studio, Ridgefield, CT (teens and adults)

**Saltzman Community Services Center, Hempstead, NY**

Internship, May 2018 – May 2019

Member of Clinical Dialectical Behavioral Therapy (DBT) Team, collaborating with Clinical Director, Clinical Psychologist, PsyD, Ph.D., and master’s candidates, serving patients with Borderline Personality Disorder and chronic suicidality. Carrying current client cases in art therapy, collaborating with marriage and family therapist interns. Providing counseling and art therapy services at Joan and Arnold Saltzman Community Services Center in Hempstead, New York. Providing Art Therapy services to elementary age students California Avenue Elementary School (at-risk children), homeless students, collaborating with school social worker, teachers, and administration. Art Therapy groups for Pre-school and Pre-K children, Mindfulness Meditation Group for Pre-School and Pre-K; and clients with dementia.

**Saint Vincent's Hospital, Westchester, Harrison, NY**

Practicum, January – May 2018

Working within Personalized Recovery Oriented Service (PROS), a day program for adults with serious mental health issues and addiction. Observing and assisting Art Therapists during 50-minute sessions.

Heartsong.org, White Plains, NY

**Heartsong, White Plains, NY**

Practicum, October 2017 – January 2018

Assisting Art Therapists with individuals with special needs, medical fragility, developmental, neurological and cognitive delays and dexterity (fine & gross motor skills); art projects, group support, community and social skill building.

**CURRENT INITIATIVES**

**Connecting Community After Tragedy**

January 2019

Collaboration between John F. Kennedy High School, Bellmore, New York, California Avenue Elementary School, Hempstead, New York and Marjorie Stoneman High School, Parkland, Florida. Worked with approximately 1000 high school students in Bellmore, New York and 300 5th and 6th graders in Hempstead, New York to introduce Art Therapy as a healing strategy and engender connection and support in anticipation of first anniversary of school shooting in Parkland Florida.

**Ignition: An Evening of Poetry**

February 2019

Poets of all ages and walks of life come together to give voice to their dreams and fears, providing an evening of entertainment and provocative thought. Event planning, marketing and organization for Art in Common’s third consecutive year offering this critical event to artists and poets. Third annual poetry evening in partnership with community.

**Connecticut Art Therapy Association (CATA) President-elect**

May 2018 – present

Working with board and members to bring awareness of Art Therapy services, benefits, and endeavors to the greater community. Advocacy efforts for Art Therapy licensure for the state of Connecticut, speaking to public and political leaders. Testimony and advocacy Licensure of Art Therapists (H.B. No. 5444); Supporting current CATA president in preparation for 2020 term.

**Gartner, Inc.**

Producer, Senior Producer, May 2007 – March 2014

User-experience and design for front-end development and web strategy for Gartner for IT Leaders, a $750M client portal, other large-scale Gartner products, and e-learning curriculum for Gartner Sales Force. Initiation and execution of the workflow, interface design, web-functionality, collaboration across all divisions. Conducted client and analyst interviews, vendor research, administration of focus groups and metrics analysis. Strategy, implementation, and execution of Gartner Peer Connect, a dynamic global network, grew the community from 50 to 12,500 Gartner clients. Initiated new designs to accommodate client access to thousands of user searches, delivered 120,000 documents across 1,200 technology and business topics, managed Harvard Business Review content.

**Consultant (Web Design and Development)**

Aimee Jette Design, LLC, March 1996 – May 2007

Website design and development for A&E Television Networks; Scholastic Library Publishing; National Geographic Society, NYU Medical Center, Cogito Learning Media, Grolier Publishing

**ART SHOWS/PRESENTATIONS**

* 2017 “America Mural” Art in Common, Inc. 100-foot wide mural for resettled refugee youth
* 2017 “Hekla, Volcano Series” Hastings on Hudson, NY
* 2017 “Expressions, An Evening of Poetry” Ridgefield Library, Ridgefield, CT
* 2016 “Freedom & Unity Mural” Art in Common, Inc. 100-foot wide mural for resettled refugee youth
* 2016 Pursuing Truth and Justice: Student-Faculty Panel “Who Built the House, and Who Has the Key? An Examination of Racial Privilege versus Racial Exclusion”
* 2016 Maonyesho, Exhibition 2016, Fairfield Fine Art, Ridgefield, CT
* 2016 Gulkistan Residency, Laugarvatn, Iceland
* 2005 "imperfect," Gallery 30, Gettysburg, PA
* 2004 FUSE!, Norwalk, Connecticut
* 2002, 2004 "Group Exhibition," Bethel Arts Junction, Connecticut
* 2002 "Intro," Bethel Photoworks Gallery, Connecticut
* 1993 "Emerging Artists Exhibition," Central Connecticut State University, Connecticut

**CONFERENCES**

Creating Solutions to the Crisis of Addiction, Hofstra University, March 2019

Psychotherapy Networker, Washington D.C. March 2019

American Art Therapy Conference, Miami, November 2018

American Art Therapy Conference, New Mexico, November 2017  
Expressive Therapies Summit, New York, October 2017

**AFFILIATIONS**

American Art Therapy Association, (AATA); Connecticut Art Therapy Association (CATA) President-elect

Ridgefield Refugee Committee (acculturation/mentor), Ridgefield, CT

International Institute of Connecticut (mentor), Bridgeport, CT

**EDUCATION**

**Hofstra, Hempstead, NY**M.A. Creative Arts Therapy Counseling, May 2019, GPA: 4.00

**Albertus Magnus College, New Haven, CT**Bachelor of Arts, May 2017 GPA: 3.97

#### **General Assembly**

#### Data Analytics Circuit; Digital Marketing Circuit; HTML, CSS & Web Design Circuit

**FAA Certified Private Pilot**Sept 2009 – present; Total flight hours: 200+