

**Sushant Khatri**

Banksia, NSW

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**Objective**

Compassionate and skilled individual with a Certificate IV in Aged Care, specialising in providing care to elderly residents, including those with dementia and behavioural challenges. Successfully completed 120 hours of hands-on placement, gaining experience in personal care, mobility assistance, and addressing the unique needs of residents with cognitive impairments. Seeking a Personal Care Worker role to apply my training, empathy, and understanding in enhancing the lives of elderly residents.

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**Education****Australian Catholic university**

Bachelors of Cybersecurity (1<sup>st</sup> year second semester)  
(Currently studying)

**Kathmandu University High School**

(Science scheme)

2021-2023

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**Experience****Aged Care Placement**

The Jesmond Group, Strathfield

(120 hours)

- Assisted elderly residents with daily living tasks, including personal hygiene, dressing, and meal preparation.
- Provided mobility aid and supported residents in moving safely around their environment.
- Managed and supported residents with dementia, addressing challenging behaviours with empathy and patience.
- Engaged residents with dementia in meaningful activities to stimulate cognitive function and provide social interaction.
- Ensured medication administration was conducted according to care plans and reported any changes in behaviour to supervisors.
- Maintained a clean, safe, and comfortable environment for all residents, ensuring their dignity and respect.

**Food and beverage attendant****The field at east rugby, Rose Bay**

- Greet guests, take food and drink orders, and ensure a positive dining experience.

- Deliver orders to customers, ensuring proper presentation and timely service.
  - Maintain a tidy dining area by cleaning tables, utensils, and glasses.
  - Process customer payments, provide receipts, and ensure accuracy in transactions.
  - Collaborate with kitchen staff, bartenders, and management to ensure smooth service.
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### **Certifications**

- Certificate IV in Aged Care
  - CPR & First Aid Certified
  - Manual Handling Training
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### **Skills**

- Assist residents with Activities of daily living such as showering, dressing, toileting, continence management, assisting with meals, oral care and required personal care.
- Provide residents with the support on physical exercise and mobility.
- Competent on manual handling such as standing machine and full hoist.
- Maintain safe care and living environment to the residents.
- Experienced in food delivery Implementing strategies for managing dementia and other health issues.
- Focus on patient-centred care according to their preferences.
- Respect resident's culture and tradition

### **Reference**

- Prakriti Khatri (Registered Nurse)  
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- Shashikala kc(Registered Nurse)  
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