



# DISCUSS THROW

SHRUJAN 2.0

GIET UNIVERSITY, GUNUPUR



Team Size: Individual Participant

Event Details:

1. The discus can only be thrown by an athlete when he or she will stand inside a circle which has a diameter of 2.5m.
2. During the course of throw, the athletes are prohibited from touching the top of the rim. However, they can touch the inner part of the rim.
3. An athlete cannot touch the ground beyond the circle.
4. If the athlete leaves the circle before the landing of the disc on the ground, then it will be considered as a foul throw.
5. In the Olympic matches, each athlete is given 8 chances to showcase their talents.
6. There is particular boundary of landing of the disc. If the disc lands outside that zone then that throw is considered invalid.