

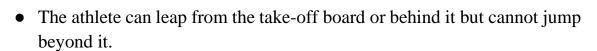
## TRIPLE JUMP



## **SHRUJAN 2.0**

GIET UNIVERSITY, GUNURUR

No of Players: Individual participant Rules and regulation:



- If an athlete hits the ground beyond the take-off board during their leap, it is a foul.
- A foul is committed if the player returns through the landing area.
- The distance should be calculated from the takeoff point to the heels' backs or the closest point to the sand.