

Right feelings in Relationship

1. Trust FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE

जब हम इन भावों से जी रहे होते हैं, तो हम सुखी होते हैं।

जब हम परस्परता में इन भावों का निर्वाह एवं मूल्यांकन से उभय सुख होता है।





'Respect'

The Right Evaluation

Respect (सम्मान)

Respect = Right Evaluation

↓ ↓

सम्मान = सम् + मान

↓ ↓

सम्यक् मापना

ठीक ठीक आंकलन करना

Over evaluation

अधिमूल्यन

– to evaluate for more than what it is

अधिक आंकलन करना

Under evaluation

अवमूल्यन

– to evaluate for less than what it is

कम आंकलन करना

Otherwise evaluation – to evaluate for other than what it is

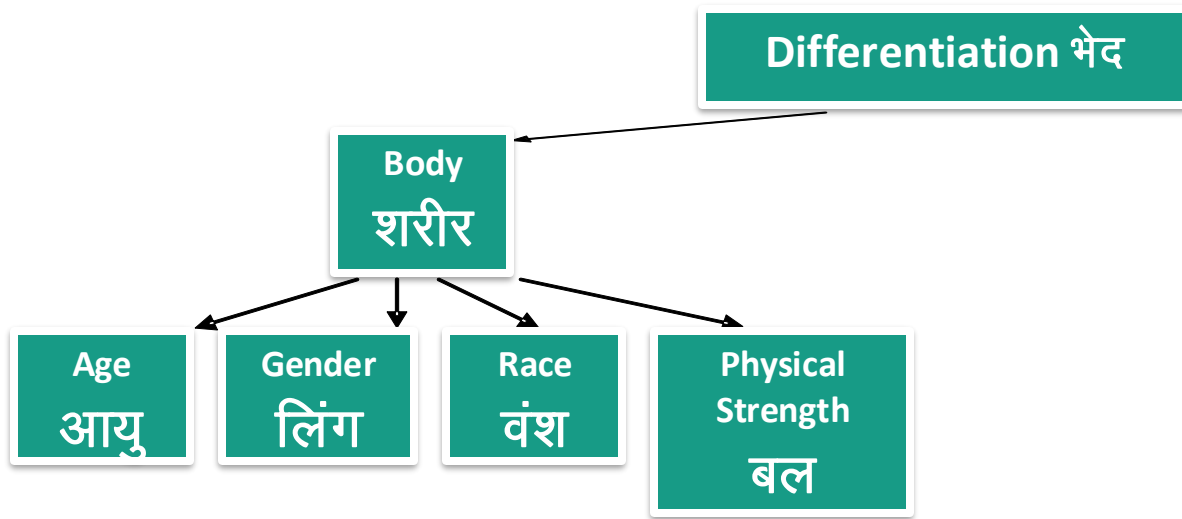
अमूल्यन

अन्यथा आंकलन करना

Disrespect
अपमान

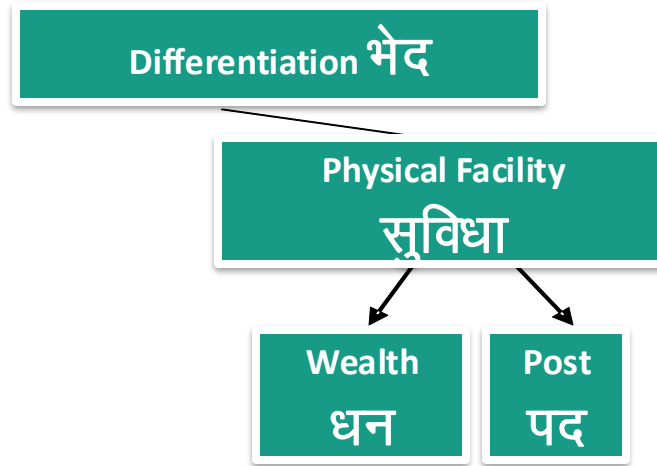
Respect: Right Evaluation

**Will the right evaluation be on the basis of
the Self (I) or the Body?**



The Gross Misunderstanding is “Human Being = Body”

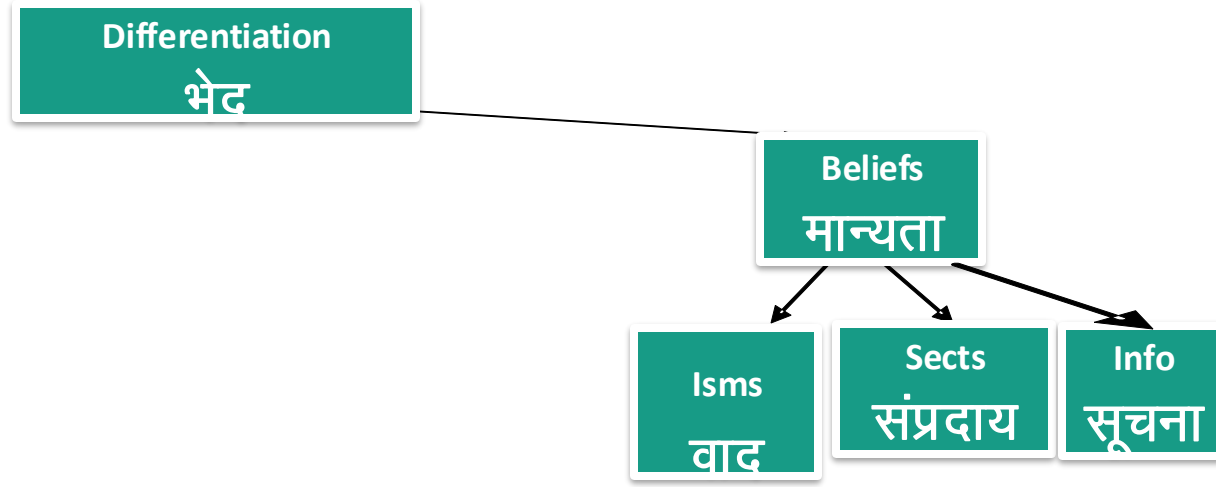
While the reality is “Human Being is co-existence of Self(I) & Body”



The Gross Misunderstanding is “Physical Facility = Happiness”

While the reality is “Happiness is being in a state of Harmony”

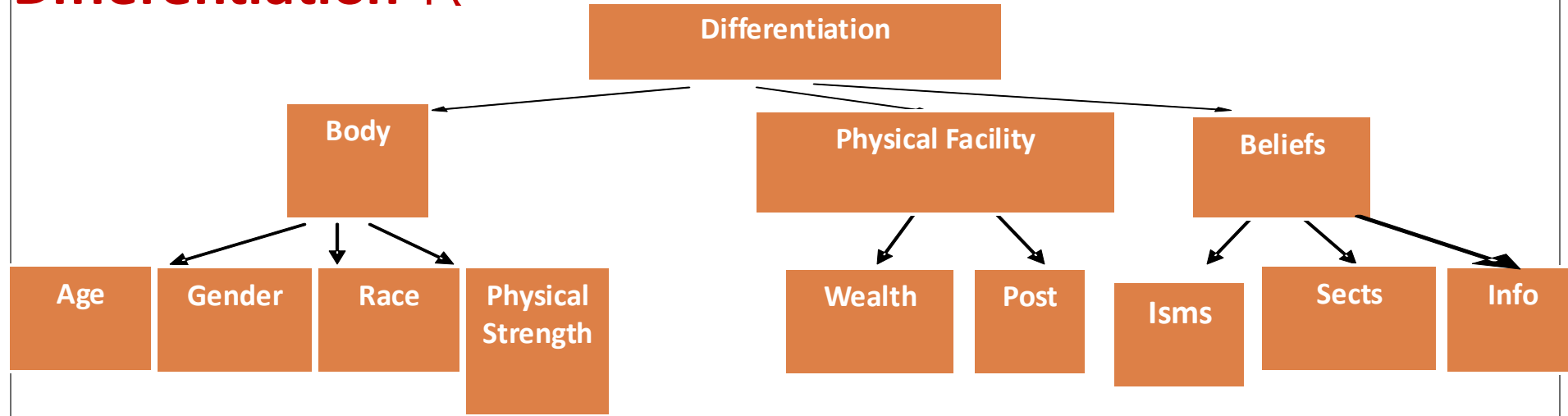
भेद



The Gross Misunderstanding is “If the pre-conditioning of the other matches my preconditioning, then the other is like me”

While the reality is “Every Human Being is like me”

Differentiation भेद



Differentiation = Disrespect

Not Naturally Acceptable... Opposition... Movement...



Respect: Right Evaluation – on the basis of Self (I)

1. Purpose – Our purpose (Natural Acceptance) is same
2. Program – Our program is same
3. Potential – Our potential is same

The Other is Similar to Me

Competence – On basis of right evaluation of our mutual competence, I recognize our complementarities and fulfill it:

If the other has more understanding, is more responsible than me

- I am committed to understand from the other

If I have more understanding, I am more responsible than the other

1. I live with responsibility with the other, unconditionally, unperturbed by the behavior of the other
2. I am committed to facilitate understanding in other (once other is assured in relationship, not before that)

✱ COMPLETE CONTENT of RESPECT

The Other is Similar to Me. We are complementary to each other



Differentiation

I evaluate on the basis of body, physical facilities or belief (pre conditioning). I compare, compete, differentiate...

I am different from the other

I make effort to accentuate the difference, to manipulate, exploit the other

Respect – on the basis of Self (I)

Our purpose, program, potential is same

The other is similar to me

We are complementary to each other

If other has more understanding than me

- I am committed to understand from other

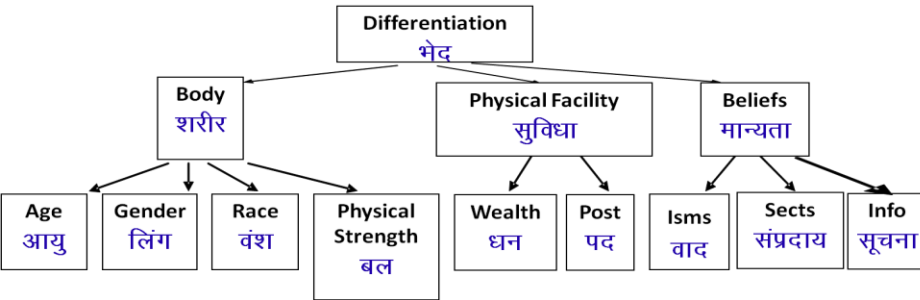
If I have more understanding

1. I live with responsibility with the other
2. I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)



शरीर, सुविधा एवं मान्यता के आधार पर तुलनात्मक में दूसरे से भिन्न (विशेष) हूँ

मैं भेद को बढ़ाने में, दूसरे के शोषण में प्रवृत्त होता हूँ।



1. लक्ष्य—हमारा लक्ष्य सहज स्वीकृति एक है
2. कार्यक्रम— हमारा कार्यक्रम एक है
3. क्षमता— हमारी क्षमता एक है

दूसरा मेरे जैसा है।

हम परस्पर पूरक हैं।

यदि दूसरा मुझसे अधिक समझदार, जिम्मेदार है।

— मैं समझने को तत्पर होता हूँ।

यदि मैं दूसरे से अधिक समझदार, जिम्मेदार हूँ

— मैं दूसरे के साथ जिम्मेदारी पूर्वक जीता हूँ
(निरंतर, बिना प्रतिक्रिया के)

— मैं दूसरे को सही समझने, जीने में सहयोग करता हूँ(संबंध में आश्वस्ति के आधार पर)



[This Photo](#) by Unknown Author is licensed under [CC BY-ND](#)