

# Using R as a Research Tool.

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## 1 Introduction

### 1.1 What is R?

**R** began its life in New Zealand in 1993 as a language and environment for statistical computing and graphics. It is an interpreted programming language, meaning that rather than pointing and clicking, the user instead types in commands. It is **free** and works across all platforms.

### 1.2 Why use R?

“This is R. There is no if. Only how.”  
-- Simon ‘Yoda’ Blomberg, R-help (April 2005)

Almost anything is possible in **R**. It is fast becoming the *lingua franca* of academic research and data science. It is used for:

- Processing and tidying data
- Statistical analyses
- Data visualisation (ggplot)
- Creating interactive web applications (shiny)
- Generating reports and presentations (knitr, slidify)
- Creating portable projects (RStudio Projects)

The analytical power of **R** lies in its many packages (11,172 at the time of writing). At least 300 of these are written for ecologists and evolutionary biologists. A list of packages are hosted on the Comprehensive R Archive Network (known as **CRAN**): <https://cran.r-project.org/>.

### 1.3 What we hope to achieve in this session.

Before beginning this course, we asked you to complete the

## 2 Getting Started: R and the RStudio Environment.

### 2.1 Installing R and RStudio.

R can be downloaded from the CRAN website. Whilst the CRAN download version provides a simple user interface, we recommend that R is run through the software RStudio. This is open-source, free, and available at <http://www.rstudio.com/>. [NB. It is important to install R first and RStudio second.]

### 2.2 Using RStudio.

Open a new R Script (File > New File > R Script) and save it. RStudio should look something like Figure 1.

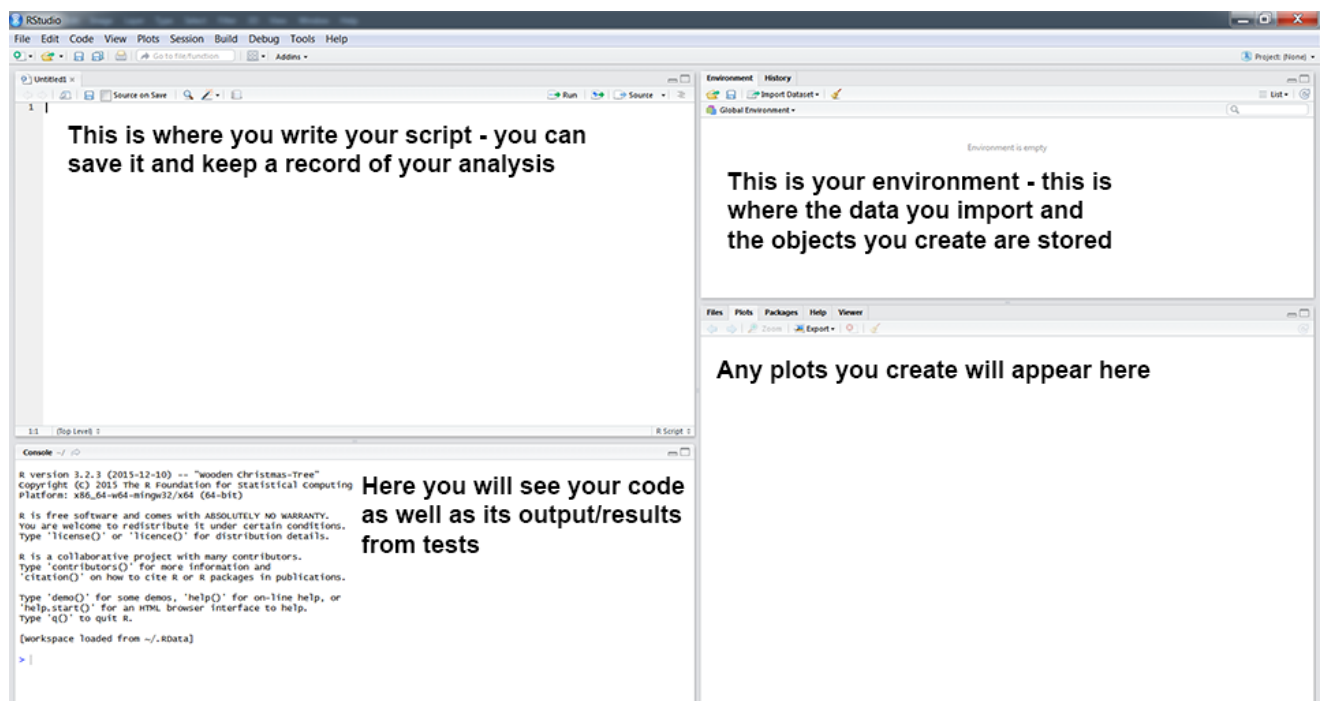


Figure 1: The RStudio Environment. Taken from OurCodingClub.io

On the lower left is the *Console* pane - this is the engine of R. You can give instructions to R by directly typing at the prompt (>).

On the upper left is your new R Script - here, you can write commands and send them to the console by clicking “Run” or by typing Ctrl-Enter (or Cmd-Enter).

On the lower right, you can browse the packages installed on your machine, open files and search R Help. This pane will also show plots when we run them later in the practical.

### Exercise 1.

Try running some basic commands directly in the console and from the R Script:

```
> 2+3

[1] 5

> 1:10

[1] 1 2 3 4 5 6 7 8 9 10

> seq(1, 20, 4)

[1] 1 5 9 13 17

> mean(c(3, 6, 9, 3, 6, 7))

[1] 5.666667
```

Let's assign a sequence of numbers to an object, x:

```
> x <- 1:10
> x

[1] 1 2 3 4 5 6 7 8 9 10

> y <- seq(0, 4.5, 0.5)
> y

[1] 0.0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5
```

You can see that in the upper right pane, we can see this new objects x and y in the environment.

## 2.3 Finding Help with R.

The fastest way to find help in R is to search using `?`. For example:

```
> ?mean
```

should bring up a help page for the function `mean()` in the lower right corner. Typing two question marks:

```
> ??mean  
> ??"standard error"
```

will search all help files and return a list of those that match.

### Exercise 2.

1. Using only `?` and/or `??`, find a function for calculating the standard deviation. What is the standard deviation of `x`?
2. Using `?`, find the help file for the `sort()` function. Sort `x` and `y` in reverse order.

## 2.4 Troubleshooting and finding help outside of R.

- Coding Club Tutorials & Useful Links <https://ourcodingclub.github.io/>
- Stack Overflow <https://stackoverflow.com/>: Try searching with the tag [R]
- Google
- RStudio Cheatsheets <https://www.rstudio.com/resources/cheatsheets/>

## 3 Loading and Preparing Data.