

# Surgery

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## Contents

<b>Deep Vein Thrombosis (DVT)</b>	<b>2</b>
Virchow's triad . . . . .	2
Factors . . . . .	2
Common sites . . . . .	2
Prevention . . . . .	2
<b>CABG</b>	<b>3</b>
Investigations for IHD . . . . .	3
Indications for surgery . . . . .	3
Graft selection . . . . .	3
Types . . . . .	3
<b>Transfusion</b>	<b>3</b>
Indications . . . . .	3
Complications . . . . .	4
Single transfusion . . . . .	4
Massive transfusion . . . . .	4
Blood & blood products . . . . .	4
Clinical factoids . . . . .	4
<b>Burns</b>	<b>5</b>
Mechanism of fluid loss . . . . .	5
Assessment . . . . .	5
Fluid resuscitation . . . . .	5
Indications . . . . .	5
Principles . . . . .	5
Definitive management . . . . .	5
Superficial partial-thickness burns . . . . .	5

Deep partial-thickness/full-thickness burns . . . . .	6
Nanocrystalline silver dressing . . . . .	6
<b>Important anticancer drugs</b>	<b>6</b>

## Deep Vein Thrombosis (DVT)

Formation of semisolid coagulum in a deep vein.

### Virchow's triad

- Abnormal surface (endothelial damage)
- Abnormal flow (stasis / turbulence)
- Abnormal blood (thrombophilia)

### Factors

- Immobility
  - Age
  - Obesity
  - Prolonged surgery
  - Pregnancy
  - Puerperium
  - Varicosity (effect of immobility, the rest are causes)
- Hormone-replacement therapy (high oestrogen)
- Previous DVT / PE
- Thrombophilia

### Common sites

- Popliteal vein
- Femoral "
- Iliac "

### Prevention

- Early mobilization
- Hydration
- Compression stockings
- Prophylactic LMW heparin
- Calf pumps
- Minimal use of tourniquets

# CABG

## Investigations for IHD

- ECG (first line)
- Cardiac enzymes (in acute coronary syndrome)
- Exercise tolerance test
- Echo: Evaluate
  - ventricular function
  - regional wall motion abnormalities
  - valvular lesions
- **Coronary angiography: gold std**
  - Extent, severity and location of stenoses
  - 70% reduction of diameter (i.e. >90% reduction of cross-sec) => severe

## Indications for surgery

- 50% stenosis of the left coronary artery (“*left main stem*”)
- 50% stenosis of the proximal *LAD*
- 2/3 main coronary arteries diseased (*RCA*, *LAD*, *LCx*)

## Graft selection

### Types

- **Venous:** long saphenous vein
- **Arterial:**
  - LIMA most common (left internal mammary / left internal thoracic artery)
  - Others
    - \* RIMA
    - \* Radial
    - \* Gastroepiploic
    - \* Inf epigastric

## Transfusion

### Indications

- Acute blood loss
- Periop anaemia
- Symptomatic chronic anaemia

## Complications

### Single transfusion

- Haemolysis (haemolytic transfusion reaction)
- Fever (febrile transfusion reaction)
- Allergic reaction
- Infections
  - Hep B, C
  - HIV
  - Malaria
  - Bacterial inf
- Air embolism
- Thrombophlebitis
- TRALI

### Massive transfusion

- Coagulopathy
- Hypothermia
- Hypo-Ca
- Hypo-K
- Hyper-K

## Blood & blood products

- Whole blood
- Components
  - Packed red cells
  - FFP
    - \* Plasma stored at -40 to -50°C
    - \* Rich in *coagulation factors*
    - \* 2y shelf-life
  - Cryoprecipitate
    - \* Supernatant of FFP
    - \* Rich in *factor VIII* and *fibrinogen*
    - \* Stored at -30°C
    - \* 2y shelf-life
  - Platelet concentrate
  - Prothrombin complex concentrate

## Clinical factoids

- Target Hb level: 10g/dL
- 1 unit transfusion = 1g/dL improvement

# Burns

## Mechanism of fluid loss

Intense inflammation in burnt areas  $\rightarrow$   $\uparrow$  permeability  $\rightarrow$  leakage of fluid into extravascular compartment

## Assessment

- Rule of 9:
  - First approx
  - Adult
    - \* Head-neck  $\rightarrow$  9%
    - \* Each upper limb  $\rightarrow$  9%
    - \* Torso front 18%
    - \* Torso back 18%
    - \* Each lower limb 18%
    - \* Perineum 1%
- Lund and Browder chart
  - More accurate
- For smaller burns, a piece of paper about the size of the hand to measure the burnt area directly. Size of hand  $\approx$  1%.

## Fluid resuscitation

### Indications

- **If  $>10\%$  TBSA in children or  $>15\%$  TBSA in adults (B&L)**
- To correct hypovolaemia
- " " electrolyte imbalance
- To prevent shock
- To provide nutrition

### Principles

- **Parkland formula:**  $4 \cdot W \cdot A$  mL fluid for the 1st 24h
  - Infuse  $\frac{1}{2}$  over 8h,  $\frac{1}{2}$  over 16h
- First 12h  $\rightarrow$  crystalloid only (massive fluid shift to extravascular compartment takes protein out with it)
- Then add colloid (human albumin solution)
  - Provides necessary oncotic pressure for keeping infused fluid within the vascular compartment

## Definitive management

### Superficial partial-thickness burns

- Regular dressing
- Heal spontaneously within 2 wks without scar irrespective of choice of dressing

## Deep partial-thickness/full-thickness burns

- Nanocrystalline silver dressing until surgery (to prevent colonisation)
- Escharotomy for circumferential full-thickness burns
- Debridement + split-skin grafting
- Without surgery, heal by hypertrophic scarring

## Nanocrystalline silver dressing

- 1% silver sulfadiazine
- 0.5% silver nitrate
- Mafenide nitrate
- Silver sulfadiazine + cerium nitrate

## Important anticancer drugs

- **Mitosis interferers**
  1. Vincristine
  2. Vinblastine
  3. Taxanes (e.g. Paclitaxel)
- **Antimetabolites** (i.e. DNA synthesis inhibitors)
  1. Methotrexate
  2. 5-FU
- **DNA damagers**
  1. Platinum drugs
    - Cisplatin
    - Carboplatin
    - Oxaloplatin
  2. Cyclophosphamide
  3. Bleomycin
  4. Doxorubicin
  5. Etoposide
- **Hormones**
  1. Tamoxifen: ER blocker (Breast ca)
  2. Goserelin: GnRH analogue; downregulate ant. pituitary → ↓ testosterone (Prostate ca)
  3. Flutamide: Androgen antagonist (Prostate ca)
  4. Bromocriptine: D2 agonist; blocks ant. pituitary stimul (Pituitary tumour)