



PDF PATTERNS

M7987

>> **MEN'S
SHORTS AND
PANTS**

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PIECES AND
NOTIONS

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INSTRUCTIONS



McCALL'S®

Find the Perfect Fit!

**THINGS YOU NEED:**

- > A,B,C: 7" (18 cm) Regular Zipper, Hook and Bar Closure.

SUGGESTED FABRICS:

- > Chino, Twill, Cotton Blends, Wool Blends. Lining: Lining Fabrics.

Your printed tile pieces should be assembled before you move on to this step!

PIECES (14)**SHORTS A, PANTS B, C** 14 LEFT WAISTBAND

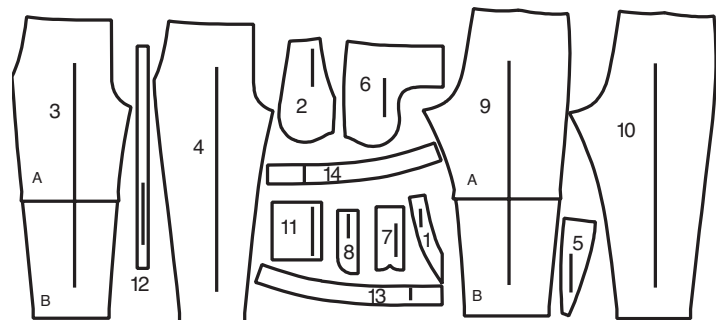
- 1 POCKET INTERFACING
- 2 POCKET FACING

- 4 FRONT C
- 5 SIDE FRONT
- 6 POCKET
- 7 RIGHT FLY
- 8 LEFT FRONT FACING

- 10 BACK C
- 11 BACK POCKET A,C
- 12 CARRIERS
- 13 RIGHT WAISTBAND

14 PATTERN PIECES

14 PIEZAS DE PATRON



CHARTS

YARDAGE CHARTS

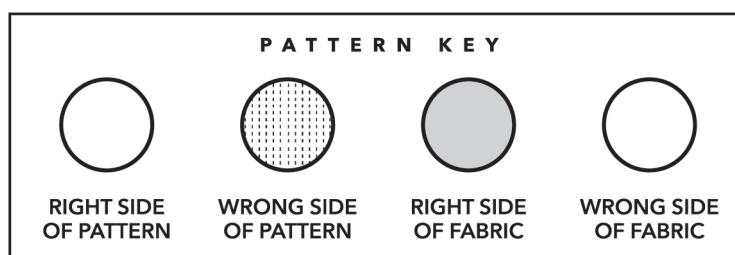
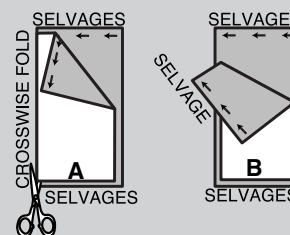
| SIZES | 30 | 32 | 34 | 36 | 39 | 42 | 44 | | |
|--|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------|--|
| VIEW C | | | | | | | | | |
| 45*** | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{5}{8}$ | 2 $\frac{3}{4}$ | 2 $\frac{3}{4}$ | 2 $\frac{7}{8}$ | 2 $\frac{7}{8}$ | yds. | |
| 60*** | 1 $\frac{1}{2}$ | 1 $\frac{1}{2}$ | 1 $\frac{5}{8}$ | 1 $\frac{3}{4}$ | 2 | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | yds. | |
| FUSIBLE INTERFACING A,B,C | | | | | | | | | |
| 18,20 | $\frac{3}{4}$ | $\frac{3}{4}$ | $\frac{3}{4}$ | $\frac{3}{4}$ | $\frac{3}{4}$ | $\frac{7}{8}$ | $\frac{7}{8}$ | yds. | |
| LINING A,B,C - 45** - $\frac{5}{8}$ yd. | | | | | | | | | |

BODY MEASUREMENTS

| SIZES | 30 | 32 | 34 | 36 | 39 | 42 | 44 | | |
|-------------------|----|----|----|----|----|----|----|-----|--|
| WAIST | 30 | 32 | 34 | 36 | 39 | 42 | 44 | in. | |
| HIP (SEAT) | 37 | 39 | 41 | 43 | 45 | 47 | 49 | in. | |

CUTTING AND MARKING

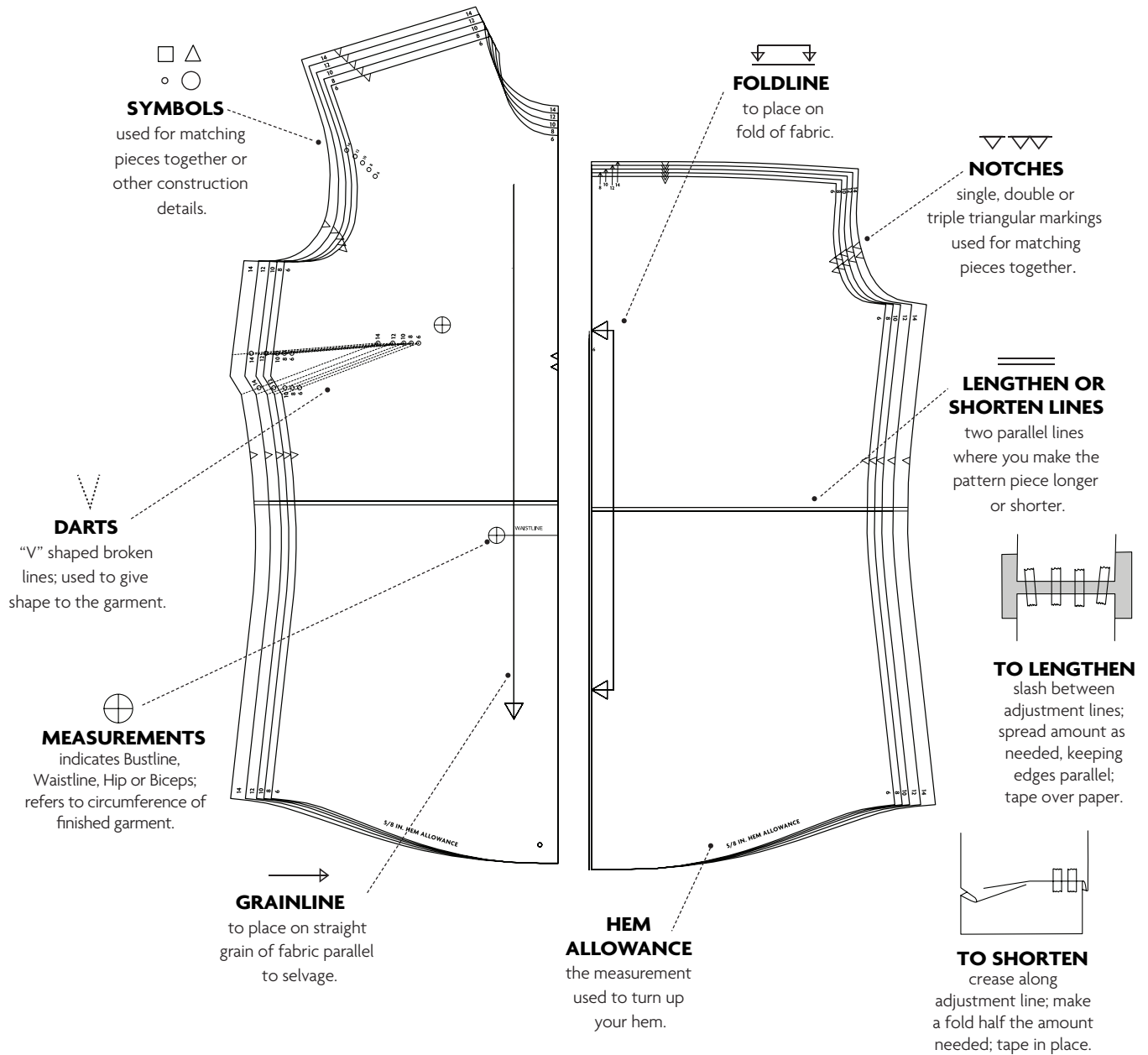
- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > ***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.



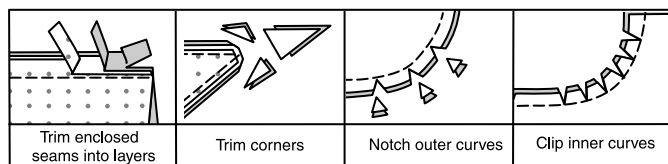
FABRIC KEY



PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

SEAM ALLOWANCES:

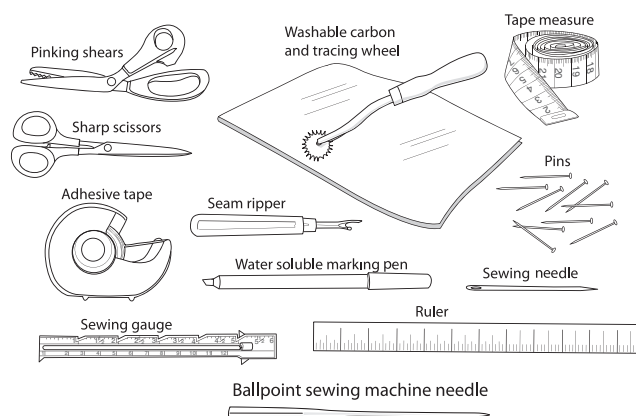
- > Use 5/8" (1.5 cm) seam allowances unless otherwise indicated.
- > Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.
- > Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



LEARN TO SEW

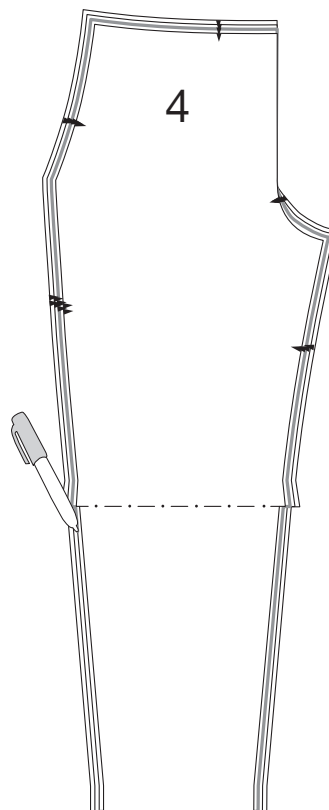
SEWING SUPPLIES

In addition to the notions listed on the back of the envelope the following supplies are good to have:



SELECT YOUR SIZE AND PATTERN PIECES

SELECT your size by comparing your chest, waist and hip measurements to the measurements on the envelope flap. Choose the size closest to your measurements.



SELECT pattern pieces for the view you are making:

Shorts A: 1,2,3,5,6,7,8,9,11,12,13,14

Pants B: 1,2,3,5,6,7,8,9,12,13,14

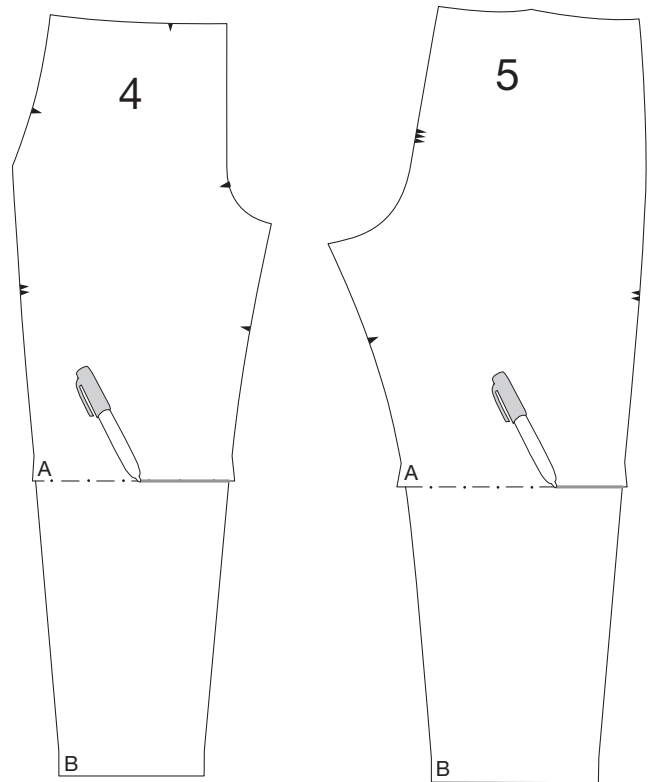
Pants C: 1,2,4,5,6,7,8,10,11,12,13,14[

SEPARATE your pattern pieces, leaving a tissue margin around all pieces.

PRESS each piece with a dry iron.

This pattern has more than one size.

Using a color pencil or highlighter, carefully mark the cutting lines for your size. Also mark the pattern markings for your size. (See Pattern Markings.) NOTE: Illustration shows Views A/B/C pattern pieces.

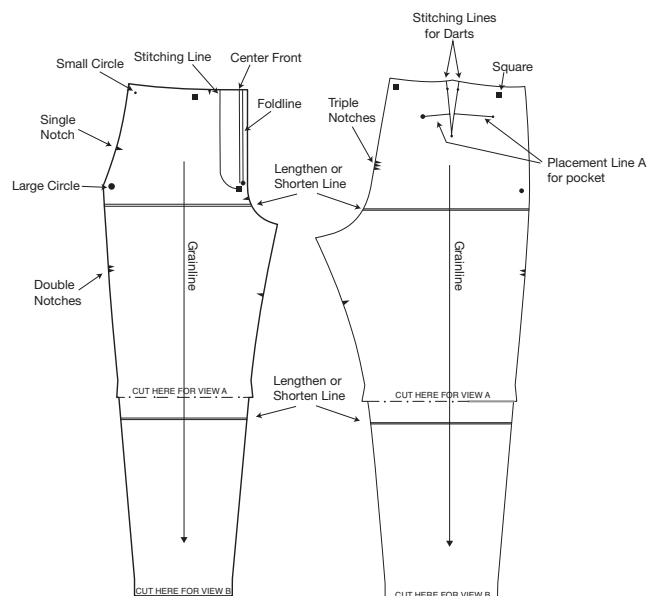


CUT pattern pieces close to the marked lines for your size and view, leaving a tissue margin around all pieces.

PATTERN MARKINGS

1 Solid lines are Foldlines and Center Markings. Lines with an arrow on one end are Grainlines. Broken lines with dots indicate Cutting Lines for the different views. Rectangular Lines with arrows pointing to a solid line marked "ON FOLD" indicate to place the line on the fold of the fabric and NOT TO CUT along that line.

The following are symbols: Notches, Squares, Large Circles, Small Circles and Triangles.

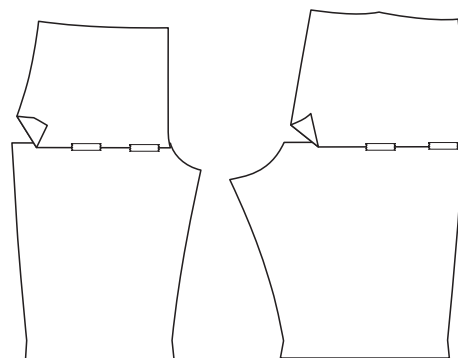


ADJUSTING PATTERN LENGTH

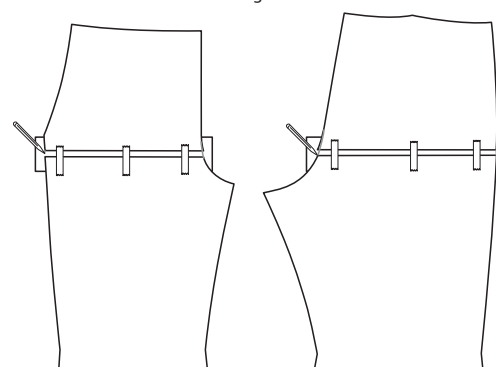
Use the double horizontal lines marked lengthen or shorten on the pattern to adjust the length. Be sure to make the same adjustment to both the front and back pattern pieces.

TO SHORTEN: Cut pattern apart along the line marked lengthen or shorten. Overlap the pieces the determined amount you want to shorten the pattern. Tape the pattern together.

TO LENGTHEN: Cut the pattern apart along the line marked lengthen or shorten. Spread the upper and lower halves apart the determined amount you want to lengthen the pattern using the grainline arrows to keep the pieces aligned. Slip a piece of paper underneath and tape the pieces in place. Connect the side cutting lines.



Lengthen



LAYOUTS

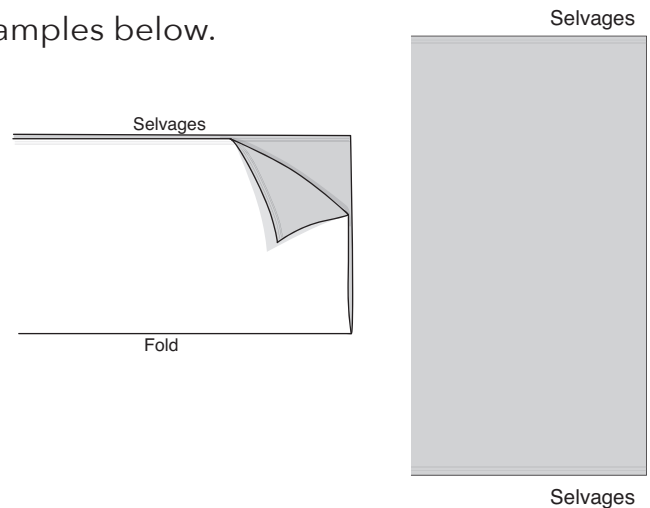
It is a good idea to wash or pre-treat fabric to preshrink it before cutting. Wash or pre-treat the fabric as you would the finished garment. Press fabric if necessary.

Circle the layout for the view, size and width of fabric you are using.

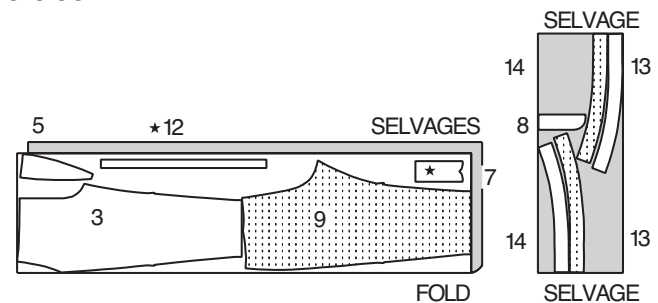
Make sure you have all the pattern pieces listed for that layout.

Fold the fabric to match the layout. See examples below.

The fabric is folded, right sides together, along the lengthwise grain. In some layouts the selvage edges will be even with a fold on one side and the selvage edges on the other. In other layouts, the fabric is folded just enough to fit the pattern piece that is cut on the fold, with a fold on one side and uneven selvage edges on the other. In other layouts, you have a fold on both sides and the selvage edges meet in the body of the fabric. In other layouts, the fabric is not folded (single layer) with selvages on both sides.



Place the pieces on the fabric according to the diagram you circled. White pieces in the diagram indicate the pattern is face up. Dotted pieces in the diagram indicate the pattern is face down. Place the pieces with the grainline parallel to the selvage or fold edge of the fabric with the arrows pointing in the same direction. Place pieces marked "ON FOLD" along the folded edge of fabric to create a full piece when cut out. The fold edge is not to be cut. Secure the pieces with pins or weights. NOTE: The layouts are a general placement of the pieces for all the sizes. Depending on your size, your pieces may fit closer together.

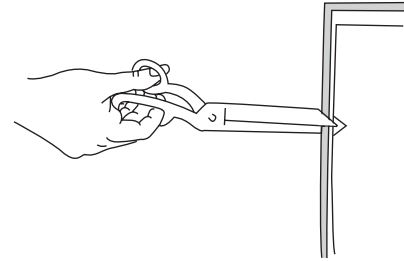


After laying out all your pieces, cut them out. Pieces that extend beyond the selvage edge of the fabric and are marked with a star symbol indicate to cut one of that piece. Cut the other pieces first, then open the fabric out to cut the starred pieces.

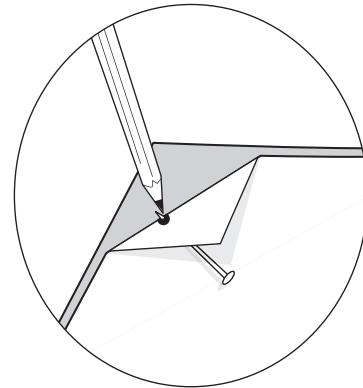
TRANSFER MARKINGS

Transfer markings on the pattern tissue to the fabric pieces before removing the tissue. It is a good idea to keep your tissue pinned to your fabric piece until you are ready to sew. Follow the instructions below to transfer markings on the pattern to the fabric pieces.

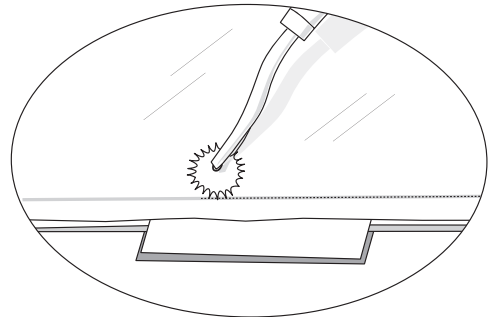
NOTCHES: Make a tiny clip at notch marking no more than $\frac{1}{8}$ " (3mm) into the seam allowance, instead of cutting out the shape of the notch. **NOTE:** For clarity, illustrations in the instructions show notches cut outward.



SYMBOLS: Poke through the tissue with a pin at the symbols. Lift tissue and mark fabric with a water soluble marking pen or marking pencil at the pin, OR, mark symbols with a cross using washable carbon paper and tracing wheel.



STITCHING AND FOLDLINES: Using washable carbon paper and tracing wheel, trace stitching lines and foldlines to fabric.



After cutting out the pieces, label them on the wrong side of the fabric with tape. That will help to keep track of the pieces and distinguish the right and wrong sides on fabrics where both sides look the same.

SEWING PROCEDURES

Read the instructions through before beginning. Wind extra bobbins. Set the machine for regular stitch length, 10-12 stitches per inch (4-5 stitches per centimeter). Start each new project with a new sewing machine needle.

SEWING SEAMS

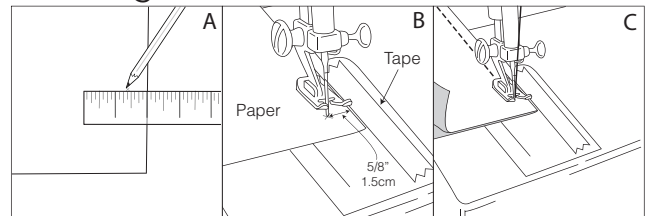
5/8" (1.5cm) seam allowances are included for all seams unless otherwise indicated on the pattern piece or in the instructions.

Mark the seam allowances on your pieces for ease and accuracy of sewing.

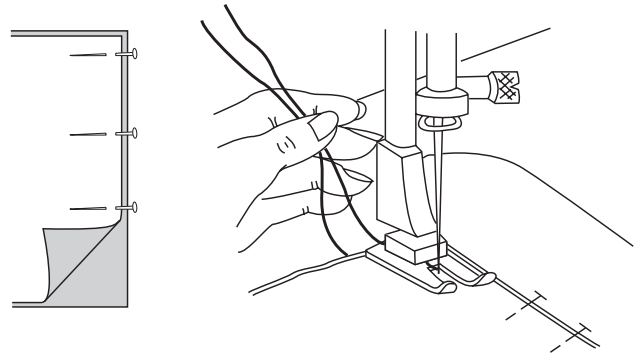
Pin the pieces being sewn, right sides together, matching the 5/8" (1.5cm) seam allowances, unless otherwise indicated in the sewing instructions.

If not marking the seam allowances, it does help to follow the stitching guide on the throat plate of your sewing machine. If your sewing machine doesn't have a marking, you can make your own.

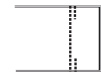
(A). Measure and mark 5/8" (1.5cm) from the edge of a piece of paper. (B). Align the marking on the paper under the foot of your machine with the edge of the paper to the right of the needle. Lower the needle until it hits the mark and place a piece of tape at the edge to act as a guide. (C). Use the tape to guide your fabric.



Pull the bobbin thread and the needle thread toward the back of the machine underneath the presser foot. Place the pinned pieces under the presser foot with the raw edges along the stitching guide. Lower the presser foot and begin to sew the seam. Remove the pins as you stitch. Do not sew over the pins.

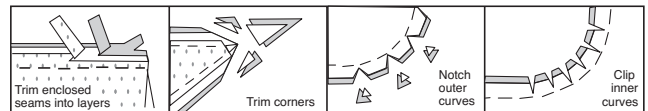


Secure the beginning and end of the seam by backstitching. To backstitch, sew a few stitches and stop. Change the setting to reverse stitching and stitch a few stitches in reverse, stitching back over the stitches that were just stitched. Change the setting back to regular stitching and stitch to the end of the seam and repeat the backstitching procedure. Trim the thread ends.



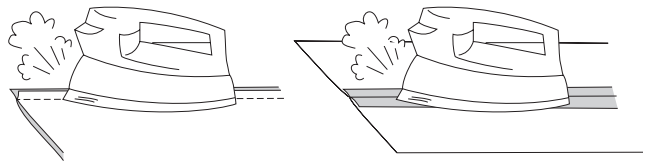
TRIMMING AND CLIPPING SEAMS

Trimming and clipping the seam allowances reduces bulk on enclosed seams.



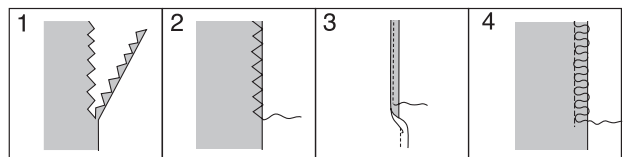
PRESSING SEAMS

Press seam allowances flat. Then press open or as directed in the sewing instructions. Clip seam allowances where necessary so they lie flat.



FINISHING SEAMS AND RAW EDGES

When working with a fabric that ravel, or to give a more finished look to the inside of the garment, finish the seam allowances or raw edges using one of the following methods:



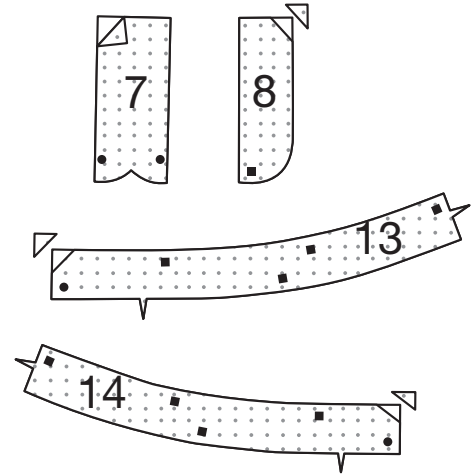
- (1) Trim the edge using pinking shears.
- (2) Stitch a zigzag stitch along the edge.
- (3) Stitch $\frac{1}{4}$ " (6mm) from raw edge. Turn in along stitching and stitch close to fold.
- (4) Using a serger sewing machine, stitch along the edges without trimming away fabric.

SEWING DIRECTIONS SHORTS A, PANTS B, C

NOTE: Under each sub-heading the first View will be illustrated, unless otherwise indicated.

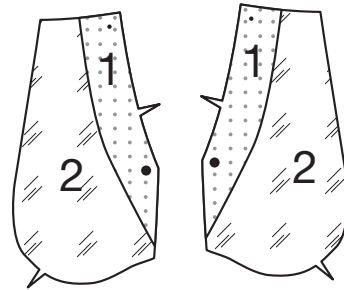
INTERFACING

- 1** Pin INTERFACING to wrong side of each matching FABRIC section. Trim corners diagonally inside seam allowance, as shown. Fuse, following manufacturer's instructions.

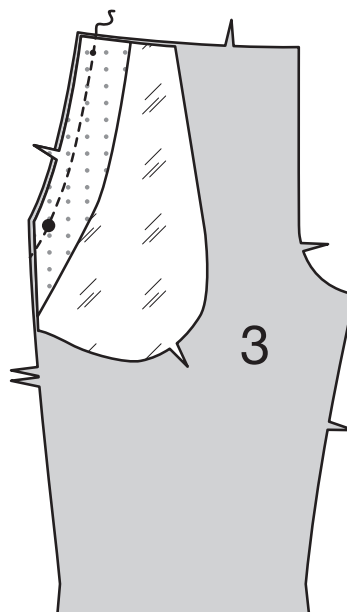


FRONT AND BACK

- 2** Pin POCKET INTERFACING (1) to wrong side of POCKET FACING (2), matching symbols. Fuse, following manufacturer's instructions.

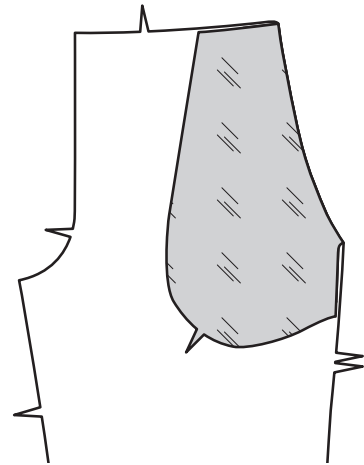


- 3** Views A, C: Pin pocket facing to upper side edge of FRONT (3), matching notches and symbols. Stitch. Trim seam allowances.

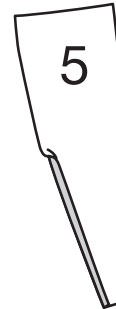


All Views:

- 4** Turn pocket facing to inside; press.

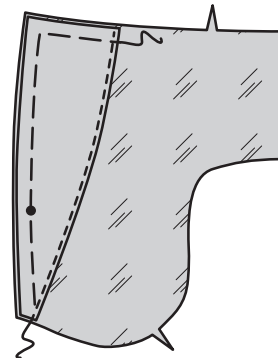


- 5** Turn in $\frac{1}{4}$ " (6mm) front edge of SIDE FRONT (5), as shown. Press, easing in fullness if necessary.

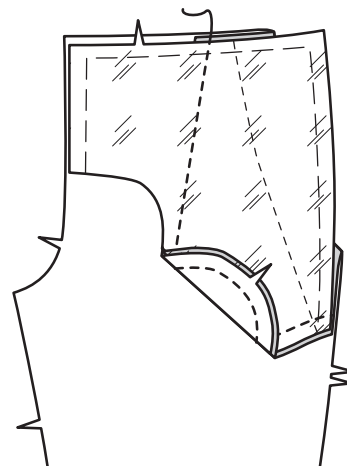


- 6** With right sides up, pin side front to POCKET (6), matching symbols. **EDGE STITCH** pressed edge by carefully stitching close to edge, using presser foot as a guide to keep stitching straight. Press.

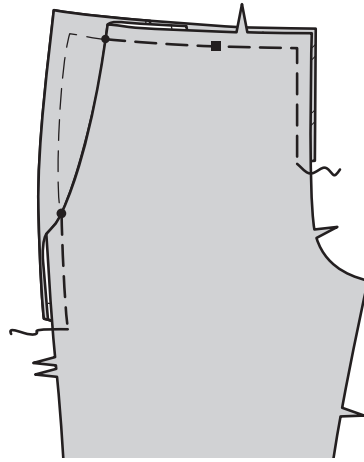
Baste upper and side edges, as shown.



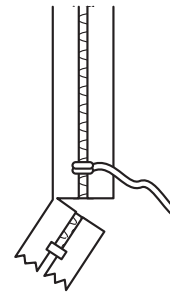
- 7** With right sides together, pin pocket to pocket facing, placing seamline on pocket facing along stitching line on pocket. Stitch lower edge, continuing along stitching line, as shown, keeping front free.



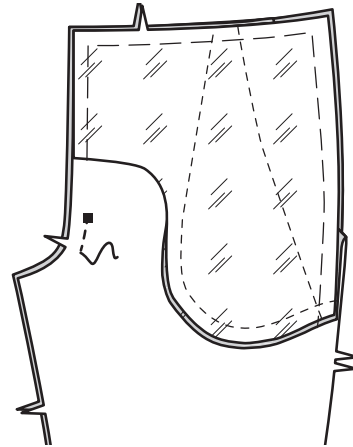
8 Baste raw edges together.



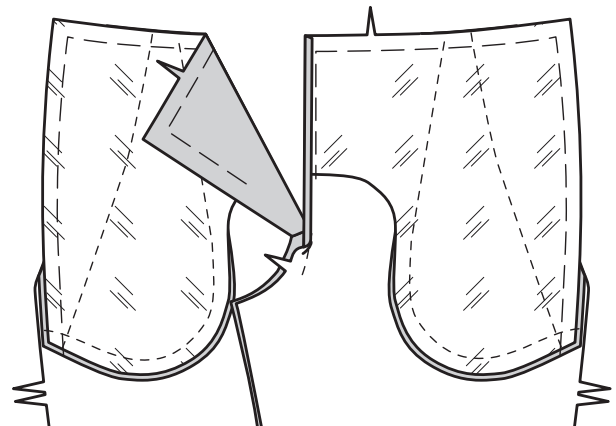
9 NOTE: It may be necessary to shorten zipper. To make new zipper stop, place zipper along opening edge with pull tab $\frac{3}{8}$ " (1cm) below seamline. Mark placement of new zipper stop. Whipstitch across teeth at marking. Cut zipper $\frac{3}{4}$ " (2cm) below the new stop.



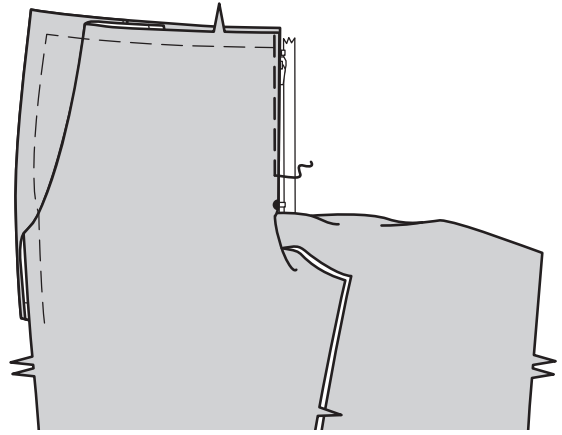
10 Stitch front sections together at center front between notch and square.



11 Turn right front opening edge to inside along foldline, as shown. Press.



- 12** Place closed zipper (face up) under pressed edge of right front, placing zipper stop at large circle and zipper teeth close to pressed edge. Baste in place.



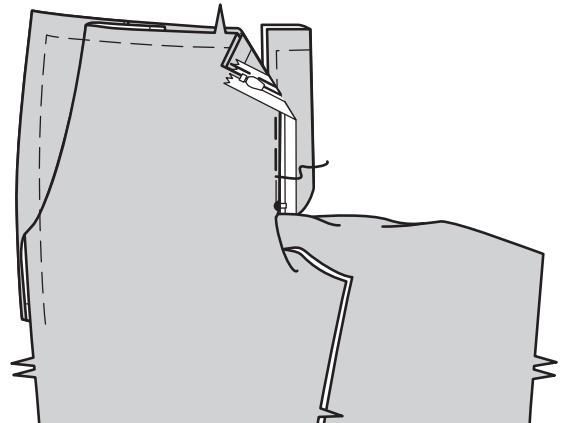
- 13** With right sides together, fold RIGHT FLY (7) along foldline. Stitch lower edge, as shown. Trim seam allowances.



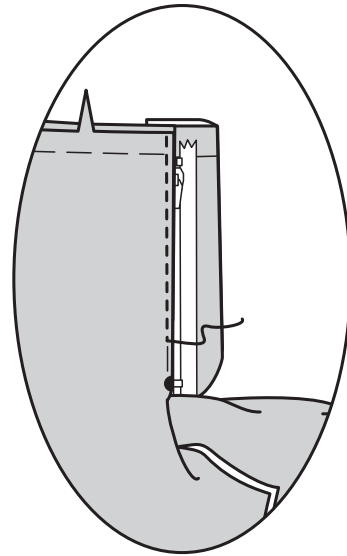
- 14** Turn fly right side out. Press. Baste raw edges together.



- 15** Lap right front and zipper over fly, matching large circles. Baste through all thicknesses.

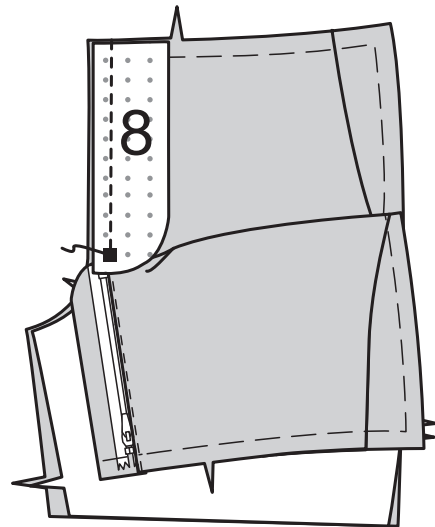


- 16** On outside, using a zipper foot, stitch right front close to basted edge, using presser foot as a guide to keep stitching straight.

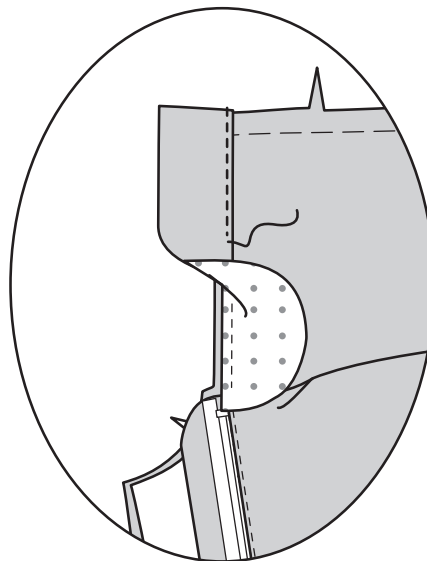


- 17 FINISH** curved edge of LEFT FRONT FACING (8) using one of the methods described under **FINISHING SEAMS AND RAW EDGES**.

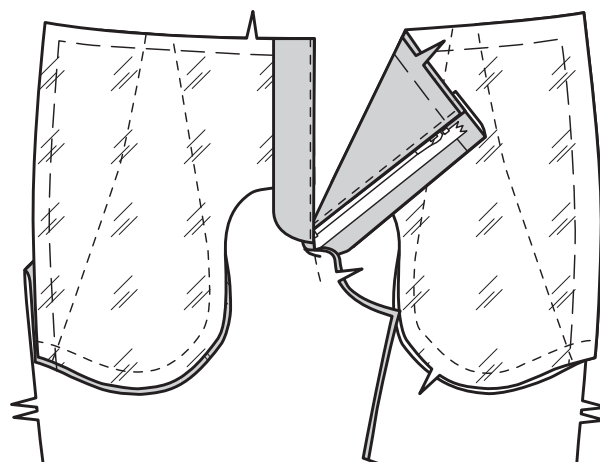
Pin left front facing to left front opening edge, matching large circles. Stitch, ending at large circle. Trim seam allowances.



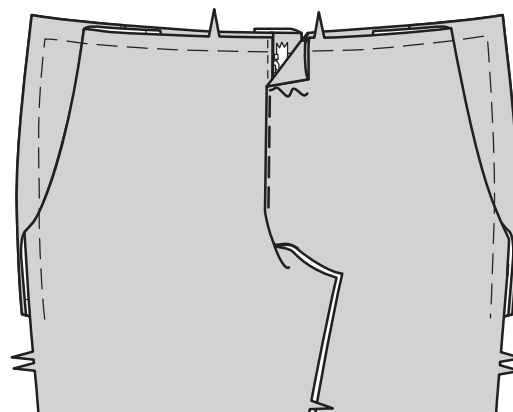
- 18** **UNDERSTITCH** facing. To **UNDERSTITCH**, press seam allowances toward facing. Stitch through facing and seam allowances close to seam.



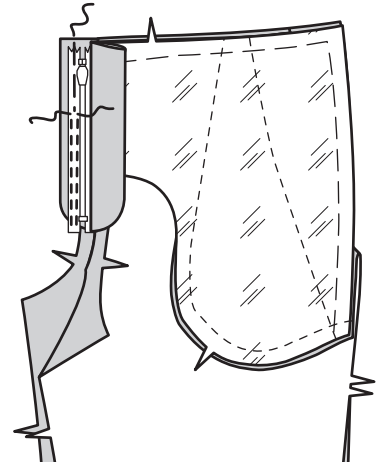
- 19** Turn facing to inside. Press.



- 20** Lap left front opening edge over right, matching centers. Baste close to edge through all thicknesses.

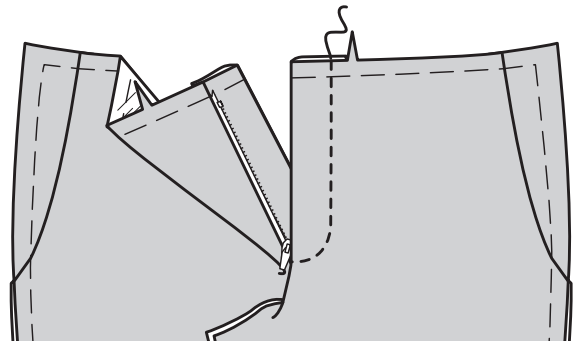


- 21** Pin remainder of zipper tape to left front facing. Baste. Using a zipper foot, stitch in place close to teeth and outer edge of tape, as shown, keeping front and fly free.

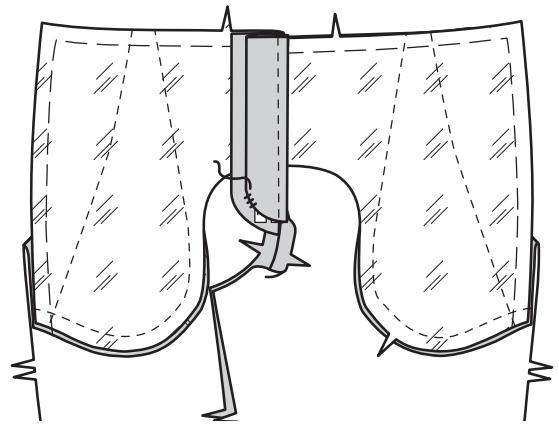


- 22** Turn left front facing toward left front. Baste in place.

On outside, stitch left front along stitching line, keeping fly free.

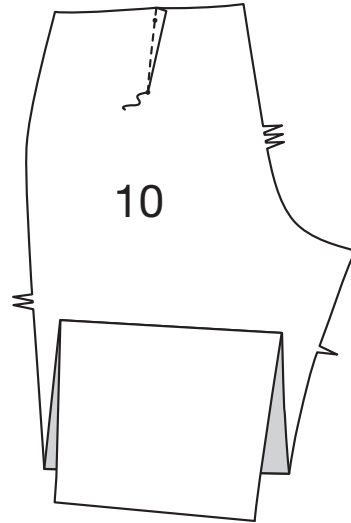


- 23** On inside, tack lower edge of fly to facing, as shown.



24

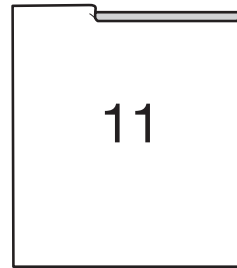
View C: Stitch dart in BACK (10). Press toward center.



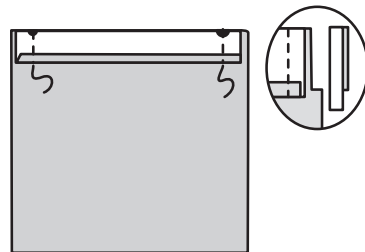
Views A, C:

25

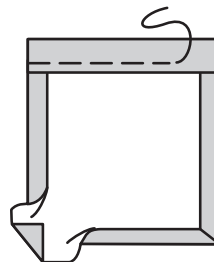
Turn in $\frac{1}{4}$ " (6mm) on upper edge of BACK POCKET (11). Press.

**26**

Turn upper edge to outside along foldline; stitch ends. Trim.

**27**

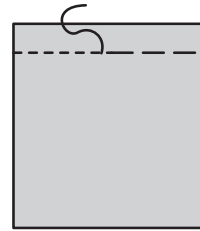
Turn upper edge of pocket to inside, turning in remaining seam allowances, diagonally folding corners. Press.



28

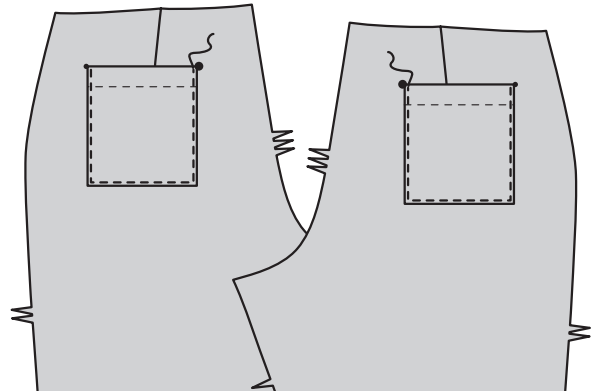
Hand-baste close to inner pressed edge, using long running stitches.

TOPSTITCH pocket along basting.



29

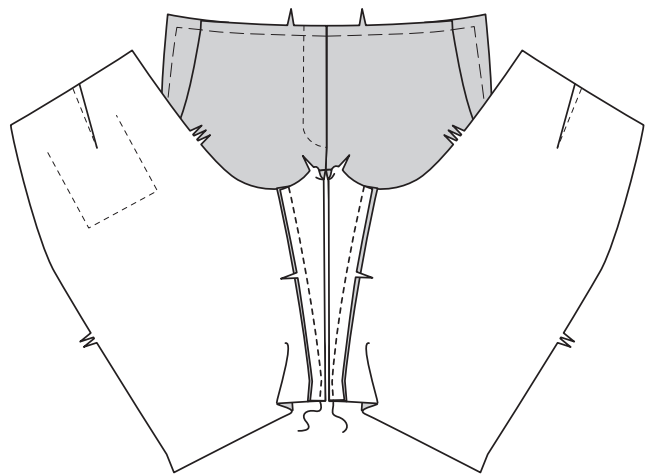
View C: Pin pockets to each back section, matching symbols. Stitch side and lower edges by carefully stitching close to edge, using presser foot as a guide to keep stitching straight.



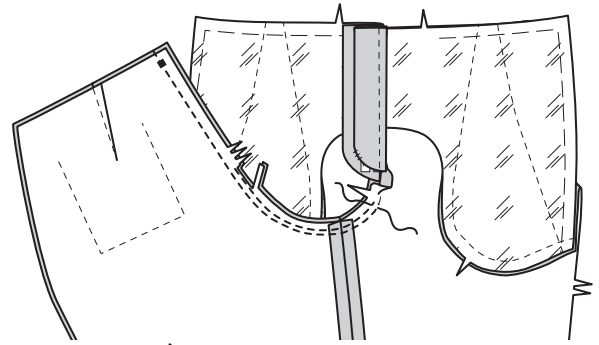
All Views:

30

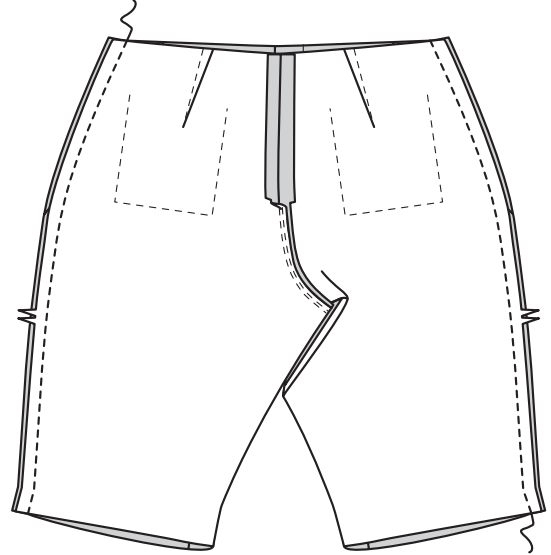
Stitch front and back together at inner leg, stretching back between upper edge and notch to fit.



- 31** Pin remainder of crotch seam, matching inner leg seams and center backs. Stitch. Stitch again $\frac{1}{4}$ " (6mm) away from previous stitching in seam allowance between notches. Trim close to second stitching.



- 32** Stitch front to back at sides.

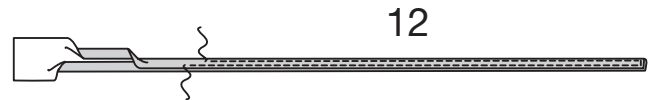


CARRIERS AND WAISTBAND

- 33** Turn in $\frac{1}{4}$ " (6mm) on long edges of CARRIERS (12); press.

With wrong sides together, fold carriers in half lengthwise, having edges even; press.

EDGE STITCH by carefully stitching close to edge, using presser foot as a guide to keep stitching straight. Press.



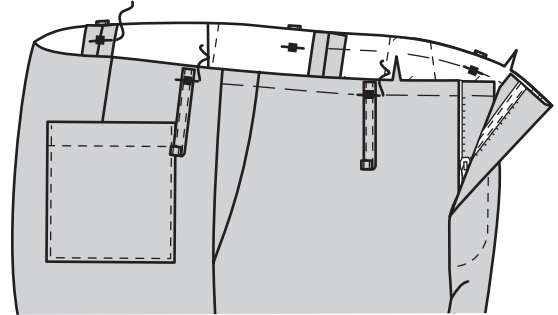
- 34** Cut carriers into 5 sections, each $3\frac{5}{8}$ " (9cm) long. NOTE: Extra length has been allowed.



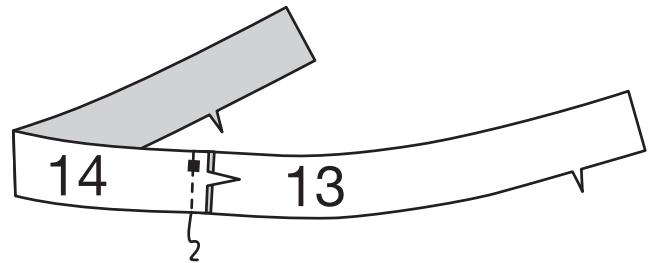
35 Turn in $\frac{5}{8}$ " (1.5cm) seam allowance on one end of each carrier. Press. Trim pressed seam allowance to $\frac{1}{4}$ " (6mm).



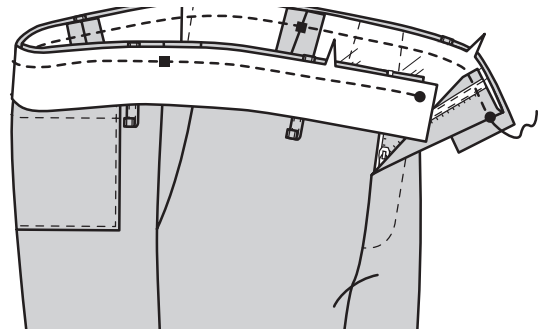
36 Pin remaining end of carriers to upper edge of pants, centering over squares, having raw edges even. Baste in place.



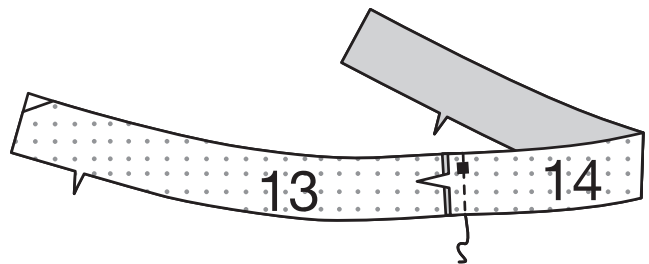
37 Stitch uninterfaced RIGHT WAISTBAND (13) section to uninterfaced LEFT WAISTBAND (14) section at center back. Note: Interfaced waistband sections will be used for facing.



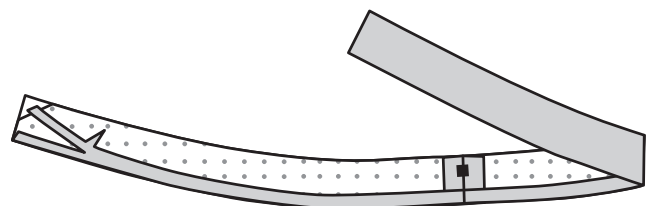
38 With right sides together, pin waistband to upper edge of garment, matching squares to side seams and large circles to opening edges. Baste. Stitch. Trim seam allowances. Press seam toward waistband.



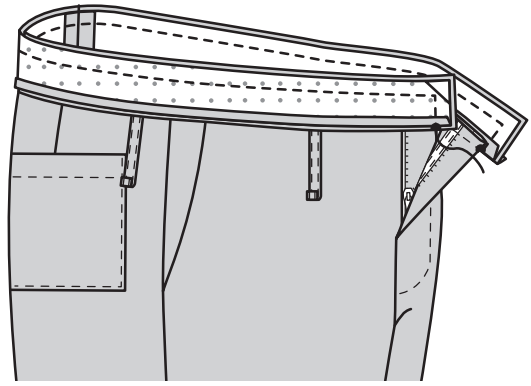
39 Stitch right waistband FACING (13) to left waistband FACING (14) at center back.



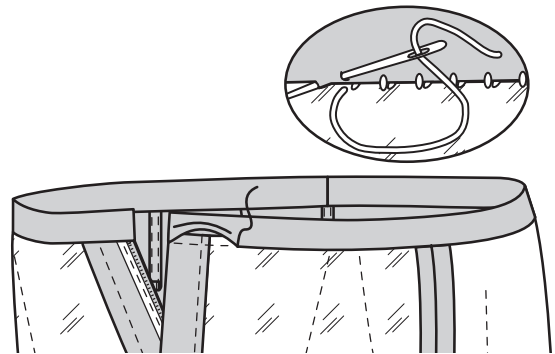
40 Turn in seam allowance on notched edge of waistband facing. Press, easing in fullness. Trim pressed seam allowance to $\frac{3}{8}$ " (1cm).



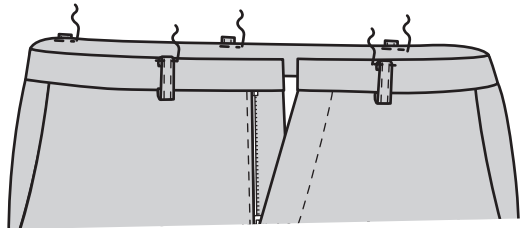
- 41** With right sides together, pin facing to waistband. Stitch front opening and upper edges. Trim seam allowances.



- 42** Turn facing to inside. Press. **SLIPSTITCH** pressed edge of facing over seam by catching only a few threads each of facing and garment. Stitches should not show on outside. Press.

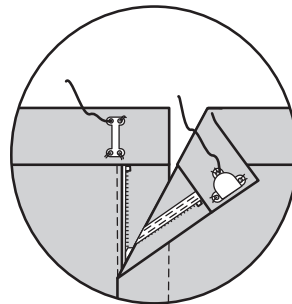


- 43** Turn carriers up over waistband, centering pressed ends over squares. Baste in place. **EDGESTITCH** close to pressed ends by carefully stitching close to edge, using presser foot as a guide to keep stitching straight. Press.

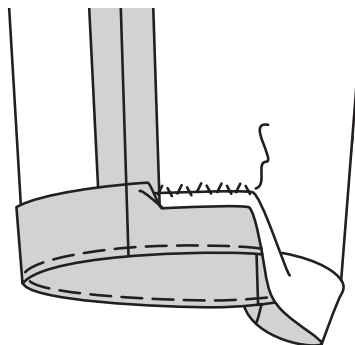


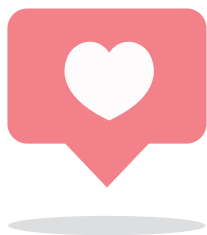
FINISHING

- 44** Sew hook and bar to waistband, as shown.



- 45** Turn up a 1 ¼" (3.2cm) hem on lower edge of garment. Hand-baste close to fold using long running stitches. **FINISH** raw edge using one of the methods described under **FINISHING SEAMS AND RAW EDGES**. Sew in place. Press.





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