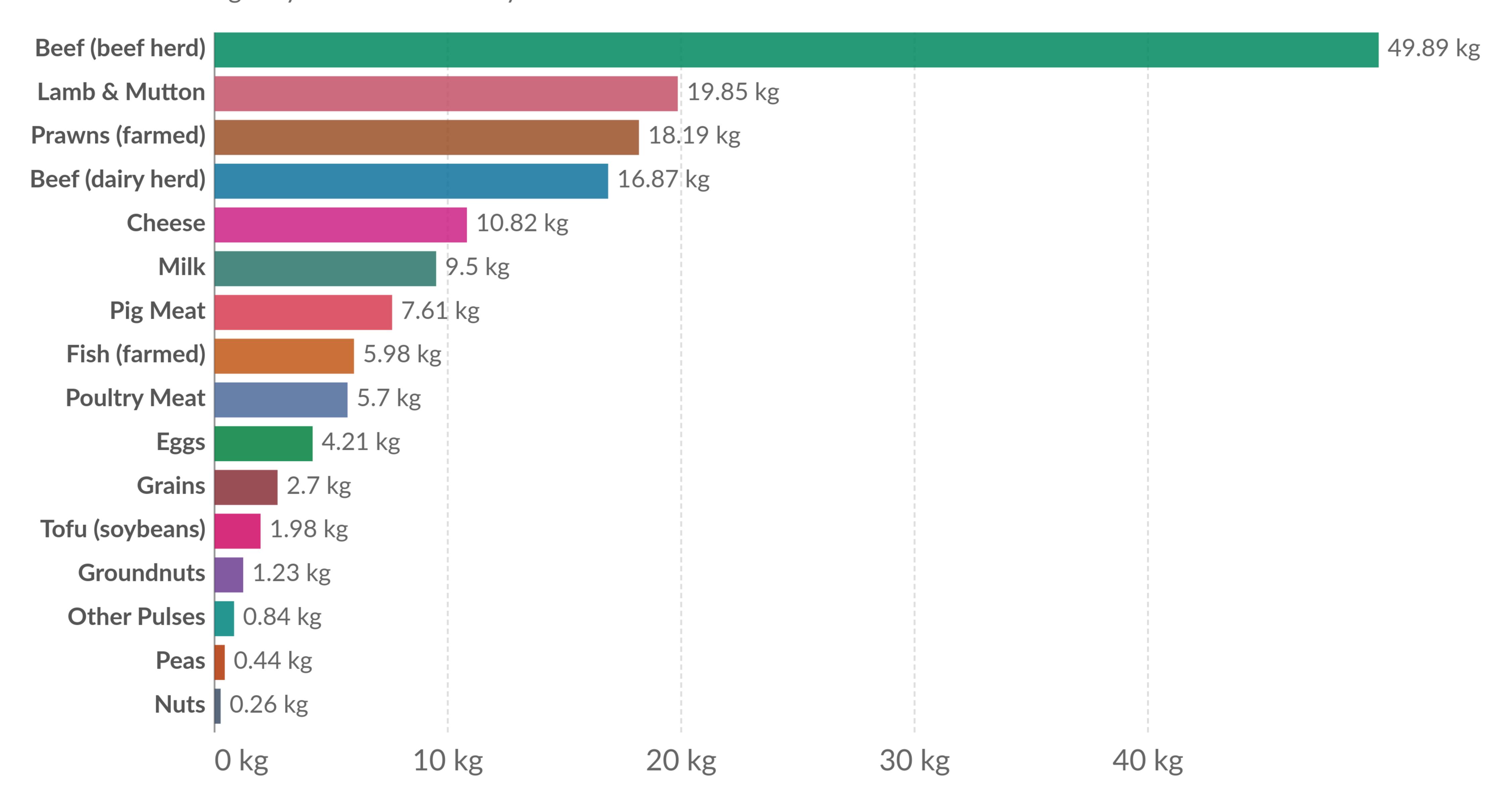
Greenhouse gas emissions per 100 grams of protein



Emissions are measured in carbon dioxide equivalents (CO2eq). This means non-CO2 gases are weighted by the amount of warming they cause over a 100-year timescale.



Source: Poore, J., & Nemecek, T. (2018). Additional calculations by Our World in Data.

Note: Greenhouse gases are weighted by their global warming potential value (GWP100). GWP100 measures the relative warming impact of one molecule of a greenhouse gas, relative to carbon dioxide, over 100 years.

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