

Suthakaran Siva

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CAREER OBJECTIVE:

To utilize my compassionate nature and experience in providing personalized support to enhance the quality of life for individuals in need, ensuring their physical and emotional well-being, and promoting their independence.

Summary of Skills

- 2 years of experience supporting individuals with physical and mental developmental disabilities across a wide age range (6 years old to elderly).
- 6 - 7 years of experience enriching youth through compassionate support, by fostering personal growth, and cultivating a safe and inclusive environment that empowers them to reach their full potential.
- Possess strong organizational, time management, and communication skills (written and verbal), demonstrated through report writing, documentation, and case management.
- Passionate about creating inclusive and enriching activities for individuals, tailoring them to their unique interests and abilities.
- Committed to collaboration with teams, families, support staff, and healthcare providers, and Experienced in de-escalation techniques and positive behaviour support strategies.

Technical Skills

- Proficient in Microsoft Office, SharePoint, Sharevision, virtual platforms (Zoom, Teams), Doodle, LMS, Outlook, scheduling software, email, internet research, and social media.
- Adept at managing individual schedules, appointments, and transportation needs.
- Valid "G" licence and clean driving record.

Education

Sheridan College - **Computer Science (PBACS)** September 2022 - Expected graduation 2026

Relevant Work Experience

Recreational Support Worker

January 2022 - Present

Reena, Thornhill, ON

- **Comprehensive Client Support:** Provided personalized care to individuals with disabilities, including assistance with personal hygiene, feeding, dressing, and mobility—adapted strategies to accommodate individual needs and preferences.
- **Safe & Engaging Environment:** Fostered a safe, comfortable home environment by performing light housekeeping, laundry, and meal preparation. Assisted clients with physical activity and safe use of amenities like pools, gyms and other activities.
- **Collaborative & Compassionate:** Worked closely with team members, therapists, and families to ensure consistent care and communication of client progress. Maintained a positive and empathetic approach in all interactions.

- Program Development & Facilitation: Designed and implemented engaging recreational, social, and life skills programs for individuals, carefully adapting activities to ensure full participation and enjoyment for those needing 1:1 support.
- Crisis Management & Collaboration: Responding to crisis situations with compassion, prioritizing participant safety and well-being while collaborating closely with the team, supervisor, support staff, and families.

Youth Leader

June 2020 - August 2021

Urban Promise Summer Camp, Toronto, ON

- Designed and led engaging recreational activities for groups of 15 children from low-income communities, fostering a safe and enjoyable camp experience.
- Provided direct care to children, including feeding, cleaning, and creating a nurturing environment.
- Assisted with transportation of groups to events, utilizing vehicles and public transit systems.

International Languages Summer Team Lead

June 2017 - June 2020 (Seasonal)

International Languages - Summer Program, Toronto, ON

- Provided one-on-one support to children and teens from diverse backgrounds, facilitating both academic and engaging camp activities.
- Coordinated with multiple classrooms to ensure a smooth program experience, fulfilling supply needs and supporting teachers' requirements.

Other Professional Experience

Lumberyard Associate

March 2021 - September 2022

RONA, Toronto, ON

- Provided exceptional customer service, advising on lumber and materials while operating a forklift to retrieve and load customer orders.
- Utilised power tools (strapping, saws, etc.) safely and efficiently to prepare materials for customer projects and shipments.
- Demonstrated conflict resolution skills by effectively handling customer concerns and de-escalating situations.
- Exhibited a collaborative attitude by resolving logistical issues with customers and co-workers to ensure smooth operations.

Extracurricular Activities/Awards

Junior & Senior Boys Volleyball Team, North Albion C.I

June 2019-2021

Certification And Training

SMG Assurance Measures (Safe management Group)	March-2025
First Aid/CPR C	August-2025
Quality Assurance Measures (QAM)	May-2024
AODA Integrated Accessibility Training Certificate	May-2024
RHPA: Controlled Acts Training (Insulin)	May-2024
Safehaven: Controlled Acts - Enteral Feeding	May-2024
Outreach: Medication & Pharmacology Training	May-2025
Outreach: Reducing the Risk & Reducing Vulnerability	May-2024
Controlled Acts: Glucometer & Insulin	May-2022
Workplace Hazardous Materials Information System (WHMIS)	March 2022